

# It's Market Day!

nd time to fill my grouding

By Vickey Bell

It's Market Day! My mind is willing but my body mumbles fifteen more minutes. Okay, ten more minutes and then it's "up 'n at 'em!" A retiree needs to shake the routine up a little bit...going to the Hillsborough Farmers' Market on Saturdays to {wo}man a booth for myself and Farmer Brown for the eight o'clock opening is my choice. Not one to greet the day quickly, "up 'n at 'em" means getting up around six-thirty so there's time to quietly ease into wakefulness.

Don't get me wrong, I am capable of jumpin' up and goin' but it really must be important. Catching a flight, oversleeping, someone pounding on the door...these are a few instances where taking time to blossom into a considerate human being is just not possible. My sister needs her cup of coffee before speaking; I need enough time to see without squinting my eyes, time to shake off the hazy brain

fog, and time to fill my growling belly with a leisurely breakfast.

Breakfast is a huge factor in my retirement routine. As my eyes clear and the brain haze lifts, homemade bread (finally, a no-fail bread recipe) is toasted on the darkest setting, an egg is in the frying pan (sometimes poached or scrambled, I'm not completely anal) and King Cole tea is steeping in the pot. This all takes time. Time that coaxes me into the day. Time that sets a smooth, easy "cha, cha, cha" rhythm throughout the morning, afternoon and evening.

One, two, cha cha cha. Hello World!

Here I am! How's it goin'!?!

Fully awake, the drive through Dawson is lovely, even in the rain. So many shades of green in the trees and bushes. Such beautiful flowers blooming in people's

Continued on page. 4

# Keep in Touch

Sign up (for free) to receive this publication by email ten times a year. In your email inbox, you will receive a link to the pdf. See past issues and subscribe at www.connectingalbertcounty.org/newsletter.

Picture by Janet Wallace

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#### **Connecting Albert County**

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**Our Mission:** To connect rural Albert County through on-line and print communication.

#### **Connecting Albert County**

reflects the passion and hard work of many people in Albert County including Lisa Brown, Joanne Butland, Deborah Carr, Joseph Gallant, Mindy Holmstrom, Susan Quinn, Catherine Rhyno, Victoria Stroud & Janet Wallace (Coordinator/ Editor).

To donate funds, submit articles or provide feedback, email **info @connectingalbertcounty.org** or send mail to CAC, 5836 King St., Riverside-Albert, NB E4H 4B9

#### **Distribution sites:**

Limited numbers of free copies are available at the following:

**Hillsborough:** Scotia Bank, Hillsborough Freshmart, Village Office

**Hopewell Cape**: Albert County Museum (when open)

Riverside-Albert: Albert County Pharmacy, Crooked Creek Convenience, Forest Dale Home, Albert County Health & Wellness Centre, Village Office

**Alma:** Harbour View Market and Restaurant, Fundy General Store, Village Office

Copies are also available at www.connectingalbertcounty.org/newsletter

The opinions in our newsletter and website do not necessarily reflect the views and opinions of the individuals who make up Connecting Albert County.

# **Albert County Health and Wellness Centre – Hours**

The Albert County Health and Wellness Centre has changed its hours. Please note current hours below. For appointments in Riverside-Albert or Hillsborough, or information about other services, call 882-3100.

#### **Riverside-Albert Health Centre**

Hours of Operation: Monday to Thursday: 7:00am to 4:30pm;

Friday: 8:00am to 4:30pm

Nursing Services: Monday to Friday: 8:00am to 4:00pm Lab Services: Monday to Thursday: 7:00am to 11:30am

To better serve our patients and communities, the Health Centre will be offering extended hours in the fall.

<u>Hillsborough Satellite Office</u> (the "Old Church," 2807 Main Street)

Lab Services: Tuesdays & Thursdays: 8:30am to 11:30am

Primary Health Care Services: The Nurse Practitioner is currently offering Primary Health Care services to patients residing in the greater Hillsborough area (call 882-3100 for details). The Health Centre is exploring options for extended hours at the Hillsborough Satellite Office.

#### Tele-care (call 811):

Free and confidential health care advice with a registered nurse 24 hours a day, seven days a week.

**Emergency** (call 911): If you have an emergency, call 911 immediately. An ambulance will take you to the nearest Emergency Department.

#### The BACH 3rd Annual Golf Tournament in June 2017 raised \$11,000!



Funds will be used to support the Albert County Health and Wellness Centre and many community initiatives in rural Albert County.

#### A gift of colour from Gary Steeves Insurance

Connecting Albert County would like to thank Gary Steeves Insurance for their generous contribution of printing colour copies of our newsletter.

# **Country Cruise-In**

The Gary Steeves Insurance Annual "Country Cruise-In" was held on July 6th, 2017. All around the Kiwanis Center in Hillsborough, NB, shiny vehicles were parked — Classic Cars, Street Rods, and Muscle Cars. People sauntered around, relaxed in lawn chairs or looked under hoods.

Eddie Chase and Graffiti Four provided the soundtrack: their live music gave the event a fun atmosphere. The Hillsborough Kiwanis Club fed the huge crowd. All proceeds went

towards the many good causes they support.

Want to see more classic cars? Every Tuesday evening for the summer (weather permitting), Gary Steeves Insurance hosts a Classic Car (and motorcycle) Cruise night at the parking lot of the

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Railway Diner and Broad View Power Sports in Hillsborough.

According to Gary Steeves Insurance, there will be music, door prizes, weekly specials at the diner and a "Car of the Night" award each week. Festivities begin at 6:30pm; prize draws are at 8:30pm. No registration or entry fee but donations accepted (all monies raised go to the Hillsborough Drop In Program). For more information, visit www.garysteevesinsurance.com/events.



#### "Market Day" from p. 1

yards and along the side of the road. Purple columbine has self-seeded in several places. Once I saw a gawky pileated woodpecker on a telephone pole. Even the wait for the solar-powered traffic light to turn green offers up a chance to peek into the dark woods to see

if the wildlife living there might be crossing a path.

The former Hillsborough Baptist Church is an ideal venue for the market. Special thanks to Oliver for helping fulfill the market vision. No longer used to worship the creator in a formal way, the space is now a place to come together and enjoy the camaraderie of the local vendors; listen, sing, or play along with the talented musicians of Celtic Path; and to "catch up" with friends and neighbours.

The aroma of perked coffee, breakfast sandwiches and waffles teases me into a second breakfast and sometimes "elevenses" like an undernourished hobbit. Imagine slathering a bagel with some of the homemade jams and jellies available. Hmmmm, I wonder if the meat vendor would cook up some bacon. Imagine a fry-up with fresh local eggs and honeyed bacon!

If you've missed breakfast, check out what's sizzling on the BBQ outside.

You can keep the drippings off your clothes by wearing a jazzy apron or kid's bib, keep your head, hands and feet warm with knitted items, drink from an artisan's pottery mug and



wash up later with crafted soap. You'll find jewelry, art, spices, teas, pickles, sweets, veggies and dog treats. For a small, local market, the variety of vendors continues to grow. There's even a free table for local charities to set up and raise awareness for their causes.

Soooo, when the alarm wakes me with CBC chatter on Saturday mornings this summer,

I will not press snooze. I will take on this new adventure from daily routine and I will "See you at the Market!"

Vickey Bell was born and raised in Albert County. She is six of eight born into Margaret Steeves' clan. She has been retired for three years and indulges herself in gardening, reading and supporting causes in the surrounding communities.



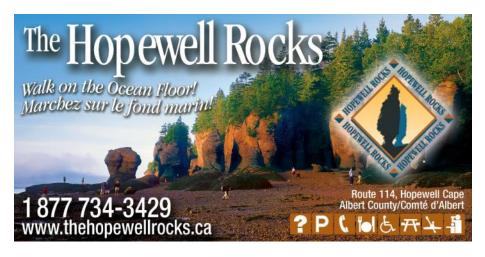
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#### Good times in Riverside-Albert!

Shepody Days were held in Riverside-Albert July 7-9<sup>th</sup>, 2017, and a good time was had by all. On Friday night, the kick-off to Shepody Days featured Chase the Ace, cake and fireworks. On Saturday, there was a Flea Market with lots of cool stuff, face painting, bouncy castles, Little Engine Rides, car extrication and more. The day ended with a variety concert at the Exhibition Grounds featuring lots of local talent.

On Sunday afternoon, the kayak races were (as always) a hit.

Tele-Drive, Crooked Creek Pathfinders and Riverside-Albert Fire Department were the recipients of the proceeds from Saturday night. Proceeds from the canteen throughout the day went to support the Albert Vocational Centre.

In celebrating Canada 150, it was nice to give back to local initiatives that do so much for our communities!

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#### Senior's Day is Wednesday August 30th!

Seniors receive 20% off most regularly priced items in the store.

Please see Jackie, Kelly, or your Pharmacist for details!

ALBERT COUNTY PHARMACY

5883 King Street, Riverside-Albert, NB, E4H 4B5 **Ph:** (506) 882-2226 **Fax:** (506) 882-2101

# Hillsborough Public Library Summer Reading Club

<u>Tuesday</u>: Morning Story Time. Story time for younger children with great Canadian books and crafts.

**STEAM Workshop.** In the afternoon Science, Technology, Engineer, Arts and Math activities for school-aged children.

**Wednesday: Great Canadians Day.** Book readings, crafts & activities to celebrate a great Canadian each week.

<u>Thursday</u>: Experience the Outdoors. Activities to keep kids active while helping them learn to love reading. In poor weather, we will show a movie inside.

<u>Friday</u>: Canada Craft Day. Canada-themed crafts for kids of all ages.

<u>Saturday</u>: East Coast Day. Games, crafts & books about eastern Canada.

#### For activity times and themes contact the library.

The 2017 Summer Reading Club closing party will be on Saturday, August 19 from 1:30-4pm (location to be announced). Children who are signed up for the summer reading club should bring their final reading count to either the closing party or to the library by August 25.

The Hillsborough Public Library board is holding a quilt raffle for a Teddy Bear Rag Quilt. Tickets(\$2 for 1 or \$5 for 3) are available at the library.

The winning ticket will be drawn Sept. 5, 2017.

#### Hillsborough Public Library Hours

Tues., Weds., Fri. & Sat.: 10am-12pm & 1-5pm
Thursday: 1-5pm & 6-8pm

Follow us @ Facebook.com/hillsboroughpubliclibrary



Shorebirds will soon return to Mary's Point. J. Wallace

#### REGULAR EVENTS

#### Mondays

Free Grocery Trips. Free door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested, call 875-1190 or teledriveac@gmail.com.

Wellness Walkers. 6:15pm. Meet at the Four Corners (Old Bank Museum & Crooked Creek Convenience) in Riverside-Albert.

**Pickleball.** 6:30pm. Riverside-Albert Recreation Center. Come out and see what this new sport for all ages is all about!

#### **Tuesdays**

**Zumba, Riverside Albert.** Drop-ins welcome. 7:30-8:30pm. Riverside Consolidated School. For details, contact Evelyn Wachs at 882-2831.

**Community Drop-in**. 10:15-11am. Visit with Forest Dale Home residents and have coffee or tea with muffins.

Hillsborough Cruisers Night. 6:30-9pm. During the summer, Classic car cruise night at Railway Diner parking lot in Hillsborough. Music, door prizes and weekly specials at the Diner. Car of the Week award, and much more. No registration required. Donations go to Hillsborough Drop In Program.

#### **Wednesdays**

**Shepody Food Bank**. 1-3pm. Albert County Health & Wellness Centre. Bring Medicare numbers for all household members.

## Need a high school diploma?

The South East Regional Adult Learning Board provides GED courses, equivalent to a high school diploma, for adults. Funding may be available. Classes are held at the Albert County Health and Wellness Centre in Riverside-Albert.

For details, call 882-1010, opendoorsged.ca

#### Wednesdays (continued)

Hillsborough Kiwanis Bingo 5:30-8:30pm. Doors open at 5:30pm and games begin at 6:30pm.

Wellness Walkers. 6:15pm. Meet at the Four Corners (Old Bank Museum and Crooked Creek Convenience) in Riverside-Albert.

#### **Thursdays**

Chase The Ace - Friends of the Hills-borough Arena. At Hillsborough Golf Course. Buy raffle tickets (3 for \$5) from 6-7pm. Draw 7:15pm. You must be present to win. Proceeds to upgrades & improvements to Hillsborough Arena.

Ladies Night at the Creek. 6pm. Call ahead for reservations. Bring a friend or come and make some new ones in a 2-hour paddle on Crooked Creek.

#### **Country & Gospel Music Night.**

7-9pm. Hillsborough Kiwanis Centre. Canteen, 50/50 & Door prizes. This is an open mic so join us with your singing voice and/or instrument. Admission \$7.00

#### **Fridays**

Chase the Ace. 6-7:30pm. Last ticket sale 7:15 (3 for \$5). CCRC & Fundy Curling Club are raising money for curling club & Lifelong Learning Centre at Riverside Consolidated School. At Curling Club, RA. Light supper available. 882-2573, 882-2052, 882-2626.

#### Saturdays

Foods of the Fundy Valley Farmer's Market. 8am-1pm at the Old Church, 2807 Main Street, Hillsborough. To become a vendor or learn more, send an email to market@ foodsofthefundyvalley.ca.
www.facebook.com/Hillsboroughnb farmersmarket

See library events on page 5.

Visit Connecting Albert County's Calendar at www.connectingalbertcounty.org/calendar

Feel free to add community events to the calendar. If you need help, email info @connectingalbertcounty.org



#### **COMMUNITY CALENDAR**

#### Friday, July 28

**\$2** Movie Night 9-11pm. Forest Dale Home is holding an outdoor movie, featuring "Beauty and the Beast." Canteen available.

#### Saturday, July 29

Lunch and Learn: Acadian Fricot & Summer Savory. Learn how to make Acadian fricot and how to grow and harvest summer savory, and enjoy lunch and a garden tour at the Albert County Museum. Cette démonstration est offerte en français et en anglais; this demonstration is offered in French and English.

Cost for lunch, garden tour & talk: \$10 or \$8 with museum admission or ACHS membership. Please reserve tickets at the museum or call 734-2003 by July 26. For details about the lunch and/or garden project, contact Janet Wallace at garden@albert countymuseum.com or Melody Land at 734-2003. The project has been made possible in part by the Government of Canada.

#### Thursday, August 3

Get to know the Albert County Chamber of Commerce. 6:00-8:30pm Have you ever thought of joining a chamber of commerce, but don't understand how it works? Perhaps you have questions on how a chamber might help your business. Join us at the Riverview Public Library for a presentation on how the chamber can work for you and a question and answer session, along with a presentation on services available to businesses at the library.

#### Saturday, Aug. 5 to Sunday, Aug 6.

White Hills Pony Club Horse Show 9am-4pm Albert Fair Grounds. Hunter over fences, jumper & English flat classes both days. Kids' leadline & costume classes on Sunday. Canteen on site. Spectators welcome!

#### Sunday, August 6

**NB Day Weekend Brunch** 10am-2pm Celebrate New Brunswick Day at Broadleaf Guest Ranch with brunch.

#### Monday August 7

**New Brunswick Day at Hopewell Rocks** 8am-8pm Free admission, face painting, musician and a magician on site from 3-6pm.

#### Tuesday, August 8

Kids Fun Day 11am-1pm Crooked Creek Adventures. Games, Ice Cream & Canoe Races. Free. Kids aged 3-11

#### Thursday, August 10

**Blood Pressure Clinic.** 9:30am-12:30pm. Held by ACHWC at Albert County Pharmacy the 2nd Thursday of each month until September.

Royalty Tea 1-3pm. Albert County Museum. Celebrate the Queen's 91 birthday in style. Tickets must be purchased in advance \$15 at the museum or by calling 734-2003. albertcountymuseum.com

#### Saturday, August 12

Hodgepodge Lunch & Learn 11:30am-2pm. Albert County Museum. Discover how to make hodgepodge, a traditional Maritime meal. Hodgepodge, dessert, tea/coffee and garden tour for \$10 or \$8 with museum admission/historical society membership). Or, enjoy lunch and a play (see next page) for \$20. Tickets must be purchased by Aug 10th at the museum or by calling 734-2003. albertcountymuseum.com

# Yes, I want to help have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre

BENNETT & ALBERT COUNTY

I would like to contribute a monthly amount of \$  I would like to contribute a one-time gift of \$	TO BE [	DEDUCTED ON: 🗖 1st or 🗖 15th of the month
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#### Saturday, August 12 (cont).

Theatre Production: The Story of Peter Mitchell 2-4:30pm Albert County Museum. The Friends of Beaubears Island. \$15 per person or \$20 for hodgepodge lunch and the play (see previous page for details).

Canadian Coasters Welcome 1-4pm BBQ will be held for the Canadian Coasters who will be traveling through our area. All hobbyists are welcome to attend! Bring your car to show off to our new friends. Gary Steeves Insurance Show Field at 2 Young St, Hillsborough.

#### August 18, 19 & 20 Rising Tide Festival

Now in its eighth year, the rising tide festival showcases Atlantic Canadian Talent in Fundy National Park's extraordinary natural setting. During this family-friendly event, festivalgoers will enjoy several musical performances and craft workshops. www.pc.gc.ca/en/pn-np/nb/fundy/activ/festivals/mareemontante-risingtide.

#### Friday, August 18

10am-noon Soap in a Sweater workshop 2- 4pm Copper bowl creation workshop 7-8pm Bedtime Reading

#### Saturday, August 19

10-11:30am Bookbinding/Solar Printing workshop 10am-1pm Smart Phone Photography Workshop 12:30–1:20pm Kim Dunn\*

1-2:30pm Bookbinding & Solar Printing workshop 1:40-2:30pm Ian James\*

2-4pm Copper Earrings Creation workshop

2:50-3:40pm Joey Robin Haché\*

4-4:50pm The Kendra Gale Band

5:10-6:00pm Amelia Curran\*

7:30pm Singer-Songwriter Circle

9pm Live Music at the Octopus Garden Café

#### Sunday, August 20

10am- noon Copper Bowl Creation workshop

10am- noon Mini Woven Tapestry workshop

12:30-1:20pm Keith Hallett\*

1:40-2:30pm The Joel LeBlanc Trio\*

2-4pm Copper Earrings Creation workshop

2:50-3:40pm Caroline Savoie\*

4:00pm-4:50pm J. P. Cormier\*

\*Fundy Outdoor Theatre

#### August 19-20

# Lower Cape Baptist Church 125th Anniversary Celebration

#### **Saturday**

4pm. **Opening Remarks**. Butter & ice-cream making, quilting and old time games. Bring a lawn chair 5:30pm. **Potluck sandwiches and sweets**, drinks provided.

7pm. **Old Time Hymn Sing** with special music from the church Sunday

2pm. Special Anniversary Worship Service. Music by Daybreak, history of the church, guest speaker, tree planting & potluck.

#### Sunday, August 20

**Broadleaf Brunch.** 10am-2pm Enjoy mouth-watering brunch and try free activities at Broadleaf Guest Ranch.

**Trial By Jury** 3-4pm Albert County Museum. Musical Production. 734-2003

#### Friday, August 25

**\$2** Movie Night 9-11pm Forest Dale Home holds an outdoor movie, featuring "Boss Baby" Canteen available.

#### Saturday, August 26

Basket Weaving Demonstration 10am-4pm Albert County Museum. Watch and learn how to weave baskets from willow branches. Demonstration is offered in French and English. Free with museum admission or membership been made possible in part by the Government of Canada. For details, email garden@albertcounty museum.com or call 734-2003.

#### Monday, September 4

Albert County Appreciation at Hopewell Rocks. 9am-7pm. Support local foodbank and bring monetary or non-perishable food donations. Your efforts will be rewarded with free entrance to Hopewell Rocks.

#### September 14-17

Albert County Exhibition. The 2017 Exhibition is sure to offer the best of Albert County culture and entertainment. Please come to see us at the 104th exhibition. For details, visit www.albertcountyexhibition.com.

#### Saturday, September 16

**Canada 150 Harvest Feast** at the Albert County Museum. Details to come.

#### Sunday, September 17

Antique Roadshow. 2-3pm. Albert County Museum. Have your antiques appraised! You never know what unknown treasures you might be hiding in your attic. Cost \$5 per item or 3 for \$10. For details, visit albertcountymuseum.com

#### Sunday, September 24

Sauerkraut, kimchi and more: learn the traditional art of lacto-

**fermentation.** Albert County Museum. Details to follow. For more information, contact Janet Wallace at garden@albertcountymuseum.com



Rising Tide Festival

Image by Tim Isaac.

# Summer Savory -The Herb of Acadie

Summer savory plays a significant role in the food culture of Atlantic Canada. The herb is associated with holiday food and traditional meals. For example, turkey stuffing is often made with summer savory rather than sage (which is common in the rest of Canada).

Summer savory (which is called "sarriette" in French) plays a special role in Acadian food culture. The herb is the main seasoning in fricot (rabbit or chicken stew) in Acadian communities in New Brunswick. It is also a component of the Herbes de Provence mix.

L'Ancienne d'Acadie is a Canadian variety of summer savory with a multicultural history

- reflecting the various people who have lived in the region. It may have originally been brought to what is now New Brunswick by French or British settlers. Compared to modern varieties of summer savory, l'Ancienne d'Acadie is a short, stocky plant with a strong flavour.

The variety has been passed down from generation to generation. Jean Prudent Robichaud (1867-1958) received the seed from a woman from the Esgenoôpetitj First Nation at Burnt Church, NB, while working he was Mi'kmaq farms using his draft horse. Burnt Church was a French settlement and Mi'kmag community named for the incident in 1758 when the British

burned the community's church as part of the Acadian expulsion. Jean-Prudent's descendants maintained the variety, which has been incorporated in the Slow Food Canada Ark of Taste.

Learn how to grow summer savory and enjoy a delicious meal of fricot at the Albert County Museum on Saturday, July 29. The meal with a garden tour and a lively discussion of the origins of fricot, costs just \$10 or \$8 with museum admission or membership in

the Albert County Historical Society. The event is offered in French and English. Please reserve tickets before uly 26 at the museum, by phone at 734-2003 or email at melody@albertcountymuseum.com.

This is part of Growing Together – a project which celebrates Canada's 150th year through food, seeds and stories! This has been made possible in part by the Government of Canada. For details about the museum garden and story project, please contact Janet Wallace at garden@albertcountymuseu m.com.



### Jocelyne Gauvin's Acadian Chicken Fricot (Approx. 10 servings)

- 3 lb (1.4 kg) chicken pieces,
   bone and skin (stewing hen gives a more flavourful broth)
- 10-12 cups (2.5 L) water
- 6 potatoes, peeled, bite size
- 4 carrots, peeled and sliced
- 2 onions, large, chopped
- 2 tbsp (30 mL) butter
- 1 tbsp (15 mL) flour
- 1 tbsp (15 mL) salt/ salted chives
- 1 tsp (5 mL) pepper
- 1-2 tbsp (15 mL) summer savory (or branch and leaves)

In large pot, simmer the chicken, onion and summer savory in boiling water until chicken is tender (~30 min.). Remove the meat with a slotted spoon, saving the broth. Let the chicken cool slightly. Once cool, remove bones and skin and cut chicken into bite-size pieces. Add carrots to the broth; boil for a few minutes until almost cooked. Add

potatoes and chicken. Continue boiling gently while you prepare dumplings. Potatoes will be partially cooked when you add dumplings. Adjust seasoning to taste.

#### **Dumplings:**

- 1 cup (250 mL) flour
- 1 tsp (5 mL) salt
- 1 tbsp (15 mL) baking powder
- 1/2 cup (125 mL) cold water
- Summer savory (optional)

In a bowl, mix flour, salt and baking powder. Gradually add cold water. Dough will be sticky. Drop the mixture into the simmering fricot, a spoonful at a time (fricot liquid must be gently boiling when dumplings are dropped). Cover and cook for 5-7 minutes. Turn heat off and leave cover on for another 10 minutes. Do not stir the fricot too heavily as the dumplings will be broken and lost as a thickener in the fricot broth.

# **Supporters of Connecting Albert County**

Connecting Albert County would like to thank the following supporters. To advertise your business or organization, and/or support our work, see www. connecting albert county.org/supporters.

# <u>Platinum Support</u>

The Bennett and Albert County Health Care (BACH) Foundation raises funds for the Albert County Health and Wellness Centre and community initiatives including Sistema-Hillsborough, Tele-Drive, Literacy Express, the Imagination Library, spin bikes in classrooms and Connecting Albert County. www.bachfoundation.com

# **Gold Plus Support**

**Albert County Pharmacy** is a locally-owned Guardian pharmacy offering prescription services for over 30 years. Post office, gift ideas, treats, household and personal needs. www.albertcountypharmacy.ca

**Gary Steeves Insurance** has been a proud supporter of Albert County since being established in 1980. Contact them today for your Home, Auto, Classic Car, RV, Motorhome, Motorcycle, Boat, Cottage, Hole in One Golf, Travel and Commercial insurance needs. 506-734-3403 or 1-800-595-3403. www.garysteevesinsurance.com

# **Gold Support**

**Broadleaf Guest Ranch:** Experience the new hiking trail, canoe/bike adventures, full service campground and playground OR traditional home cooked cuisine, country style lodging and horseback riding. Check Facebook for monthly Special Events & Sunday Brunch dates. broadleafranch.com

**The Hopewell Rocks**: Located along the Bay of Fundy, home of the highest tides in the world, Hopewell Rocks offers a unique natural experience of both high and low tides. Enjoy full access to this unique provincial icon for two consecutive days; providing you the flexibility to view both high and low tide while taking in the breath-taking beauty of the Albert County region. www.thehopewellrocks.ca

**ProPost Foundations South East New Brunswick.** Made of galvanized steel, Pro Post Foundations' helical piers support 25% more weight than any other pile, and they are 40% stronger in traction. Your best defense against frost heave. Installed by Jeff Beers, 863-3089, southeastnb @propostfoundations.com, propostfoundations.com.

**Tele-Drive Albert County Inc.** Providing affordable transportation in rural Albert County. Find Tele-Drive on Facebook, call 875-1190, or email teledriveac@gmail.com

# Silver Support

**Crooked Creek Adventures**: The place to go for a self-guided kayak, canoe or bicycle adventure in the heart of the Fundy Biosphere Reserve. www.crookedcreekadventures.com

**Crooked Creek Convenience:** The place to find gluten-free, celiac-safe food, fresh coffee, snacks and, groceries, along with free books and welcoming smiles. crooked-creekconvenience.wordpress.com

**East Coast Kids Child Care & Learning Centre:** Licensed, quality child care in safe, fun and educational environments. Come play, laugh and learn with us today! www.eastcoastkids.ca 962-5868

**OMISTA Credit Union**: Complete banking for people who want to bank local while making the place they live even better. www.OMISTA.com

#### **Ponderosa Pines Campground:**

Immerse yourself in nature at the closest campground to Hopewell Rocks, less than 40 km from Moncton and Fundy National Park. www.ponderosapines.ca

**Village of Riverside-Albert:** The Village of Riverside-Albert is located on Shepody river, which flows into Shepody Bay, at the upper reaches of the Bay of Fundy. www.riverside-albert.ca

# Bronze Support

**Albert County Chamber of Commerce:** www.albertcountychamber.com

Chipoudy Communities Revitalization Committee (CCRC): chipoudycrc.org

**Fundy Highlands Motel & Chalets**: fundyhighlandchalets.com

**Jeff MacDougall, SouthEastern Mutual Insurance**: 506-386-5500

**South East Regional Adult Learning Board**: opendoorsged.ca