

# Connecting Albert County

May 2017

Picture by Jennifer Shelby

## Springtime in Albert County

*Fishing season has opened. The frogs have started to call. Robins, woodcocks, flickers and hawks have returned. After many spring snowfalls, dramatic temperature swings and a long winter, spring might be here to stay!*

We are pleased to welcome a new contributor to the magazine. Phyllis Sutherland will write about gardening and landscaping -- the Albert County way. Phyllis brings a wealth of knowledge from her own experience of creating beautiful organic gardens at her home and business, Ponderosa Pines Campground. She has also studied gardening in England, Maine and Canada, including taking a Master Gardener course. Please send your gardening questions to [info@connectingalbertcounty.org](mailto:info@connectingalbertcounty.org)



Look inside to learn what's happening in rural Albert County this spring.

If you would like to get a copy of this newsletter in your email, please subscribe at [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org).

The sign-up form is on the newsletter page.

*Janet Wallace, Connecting Albert County*

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*(left) Fishing at Crooked Creek By Jennifer Shelby*

## Connecting Albert County

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**Our Mission:** To connect rural Albert County through on-line and print communication.

### Connecting Albert County

reflects the passion and hard work of many people in Albert County including Lisa Brown, Joanne Butland, Deborah Carr, Joseph Gallant, Mindy Holmstrom, Susan Quinn, Victoria Stroud & Janet Wallace (Coordinator/Editor).

To donate funds, submit articles or provide feedback, email **info@connectingalbertcounty.org** or send mail to CAC, 5836 King St., Riverside-Albert, NB E4H 4B9

### Distribution sites:

Limited numbers of free copies are available at the following:

**Hillsborough:** Scotia Bank, Hillsborough Freshmart, Village Office

**Hopewell Cape:** Albert County Museum (when open)

**Riverside-Albert:** Albert County Pharmacy, Crooked Creek Convenience, Forest Dale Home, Albert County Health & Wellness Centre, Village Office

**Alma:** Harbour View Market and Restaurant, Fundy General Store, Village Office

Copies are also available at [www.connectingalbertcounty.org/newsletter](http://www.connectingalbertcounty.org/newsletter)

The opinions in our newsletter and website do not necessarily reflect the views and opinions of the individuals who make up Connecting Albert County.

## *Special issue coming soon*

***A great opportunity to get the word out - Connecting Albert County in every household!***

Thanks to the generous support of the Bennett and Albert County Health Care (BACH) Foundation, once again we're mailing our June issue of Connecting Albert County to every household in rural Albert County. This special full-colour issue will be filled with interesting articles, exciting news, upcoming events and more.

Make sure your upcoming news, events or projects are included in this special issue by emailing us the details before May 10th. Space is limited, so let us know as soon as possible.

Please add events to [ConnectingAlbertCounty.org/calendar](http://ConnectingAlbertCounty.org/calendar) before May 15th.

We're offering a valuable advertising opportunity to businesses and organizations. Your message will reach a targeted audience of more than 2000 local households **plus** you'll show your support for community initiatives. Although we're calling it our June issue, it's a keeper, as it will contain dates for Albert County's summer festivals, fairs and upcoming events.

The deadline for advertising is May 5th, so please act fast. Find full details on the supporters page of [ConnectingAlbertCounty.org](http://ConnectingAlbertCounty.org) or email us with your questions at [info@connectingalbertcounty.org](mailto:info@connectingalbertcounty.org).

## ***Albert County Health Care***

**T**he Albert County Health & Wellness Centre (ACHWC) is based in Riverside-Albert but its services are available throughout rural Albert County. The family doctors and nurse practitioner at the clinic continue to accept new patients. To make an appointment or learn about the services, call **882-3100**.

**Riverside-Albert:** Services include:

- visits with doctors, nurse practitioner, and/or nurses
- x-rays
- physiotherapy
- blood and specimen collection
- Well Woman Program
- education for living with diabetes
- Healthy Lifestyle, Smoking Cessation & Cardiac Rehabilitation programs
- nutrition counselling
- 24-hour blood pressure monitor
- Holter (heart) monitor

**Hillsborough:** Lab services (including blood tests and specimen drop-offs) are available at 2807 Main St., Hillsborough (Former Hillsborough Baptist Church), Tuesdays & Thursdays 8:30-11:30am. Walk-in service. Must bring Medicare Card and Lab Requisition .

The ACHWC Community Advisory Committee will work with the Health Centre and community partners to move forward with offering additional outreach services to the residents of Hillsborough and surrounding areas.

## ***Creative writing brings community together by Deborah Carr***

For the past six weeks, a group of community members and Forest Dale Home residents have been gathering to learn creative writing tips and techniques for generating memories and getting them down on paper.

These weekly three-hour 'lunch and learn' sessions were the brainchild of Forest Dale Home administrator, Vickie Caissie and were made possible through Federal funds from the New Horizons for Seniors Program. They bring residents and community members together for shared learning and socializing, while providing something of value to both. We spend two hours learning creative writing techniques and exercises, then finish up with a light lunch.

What can be better than food, socializing and creative pursuits? Twenty-six people signed up for the sessions, and have been learning how easy it is to write about our lives... when you know some of the tricks.

I've been a vocal advocate for the health benefits and emotional well-being that comes when seniors begin exploring their life stories, so was tremendously excited to have the chance to do this in my own community. Working with people and seeing what happens when they excavate some of the large and small events of their lives inspires me, too. It can be a surprising and profoundly moving experience.

The work we do requires no special skills, talents or even

previous experience...in fact people who have never written creatively before always surprise themselves with the words and memories that spill out upon the page.

Garda Clark of Baltimore was never a fan of journaling or writing until she started these

pleased with the memories and stories that have emerged during the sessions.

"This is also time just for me, which is kind of nice," she says.

And, we haven't stuck to just creative writing...Jo-Ann Brine of Willow Yoga came in to



sessions. "But, since I'm now writing about things that are important to me, I'm really enjoying it and the way it brings back memories from my childhood that I can leave for my grandchildren," she says. "It makes me think about things in a different way than I usually do."

She says that she is 'a list person' and rarely thinks about descriptions, so this has opened new pathways to memory as she works to describe events, people, and surroundings. Since she has no brothers and sisters, she knows if she doesn't write down her memories for her grandchildren, no one else will and they will be lost. She's been very

give us a session on easy yoga stretches, and artist Karin Bach led us through an incredibly powerful session on the expressive art of collage.

The finale will be a storytelling session with students from Riverside Consolidated school where participants share their stories and memories with a young audience.

And isn't this really what it's all about? We build strong ties and bonds with each other when we share our stories and pass on the wisdom of our lived experience. This is how we live full circle.

*Continued on page 4.*

## A Yoga Moment

by Vickey Bell



After participating in a relaxing yoga presentation by Jo-Ann Brine (Willow Yoga) during a Writer's Workshop taught by Deborah Carr at Forest Dale Home Inc., I renewed an appreciation for the benefits of this gentle form of exercise.

The teaching brought back memories of stretching, breathing and mindful techniques learned during a winter excursion into the yoga fold several years ago.

I envisioned myself in my favorite pose - Corpse. Ahhhh, the beauty of it all! Lying on the carpet face-up, after molding myself into Downward Dog and a variety of other yoga poses, I would allow my body to seek its angle of repose.

I remembered the soothing tones of surround-sound new age music playing softly. "Turtle thoughts" slowing even more as the instructor dimmed the lights in the room. "Nowhere to be/No place to go" was the mantra for this pose back then. I would cocoon beneath a colourful, cozy blanket that I imagined as my pal.

I remembered hearing the soft snuffle of tears from someone's washed-away anxiety, a "fluff" of flatulence (no embarrassed dozing disciples at those sessions) or a little concerto of z's from a truly relaxed devotee filling the quiet spaces.

I would befriend the darkness for ten blissful minutes and, as the lights broke into a new dawn, I would rise up no longer a corpse but a renewed, energized new me. Lately, I'm tempted to perform Corpse Pose at home even if it might be considered an afternoon "nap"!?!

*Vickey Bell: Born and raised in Albert County, I am six of eight born into Margaret Steeve's clan. Have been retired for three years and indulge myself in gardening, reading and supporting causes in the surrounding communities. Writing has always been an interest on the back burner until now. Thank you Deborah Carr for bringing this pot to a boil and Janet Wallace for a chance to publish.*

### The Albert County Museum needs your help!

We are looking for volunteers to fill a variety of roles for the 2017 season. This is an exciting opportunity to get behind the scenes at the museum – you can learn more about our heritage, and learn new skills, such as organic gardening, saving seeds and restoring artifacts.

Opportunities include gardening, building and yard maintenance, researching and documenting artifacts, tourist information, storytelling, kitchen work, the list goes on!

All ages, all skill sets, and all people are welcome - we will help you find your niche. Hours are flexible to meet your schedule. For details or to sign up, please contact Melody Land at melody@albertcountymuseum.com, 734-2003, or 381-8747 (cell). You can also find us on Facebook

"Creative writing" Cont. from page 3.

I hope you'll consider joining us in the fall when Albert County Lives: Writing our Stories starts up again for a repeat 8-week session. Dates are not finalized yet, but it will take place through the October-November period. Please contact Mindy Holmstrom (office@forestdalehome.ca) if you're interested or have questions.

Deborah Carr has been a freelance writer and writing coach for over a decade and regularly gives writing workshops for all ages. She also is the author of Sanctuary: The Story of Naturalist Mary Majka, the biography of the woman behind the Mary's Point Shorebird Reserve. [www.deborahcarr.ca](http://www.deborahcarr.ca); [www.natureofwords.com](http://www.natureofwords.com).

## WEEKLY EVENTS

### Mondays

**Free Grocery Trips.** Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested in this free service, call 875-1190 or email [teledriveac@gmail.com](mailto:teledriveac@gmail.com).

**Wellness Walkers** - 6pm meeting at the Four Corners in Riverside-Albert (Old Bank Museum and Crooked Creek Convenience).

### Tuesdays

**Zumba, Riverside Albert** - Drop-ins welcome. 7:30-8:30 pm. Riverside Consolidated School. For details, contact Evelyn Wachs at 882-2831.

**Free After School Program** 2-6pm Hillsborough Baptist Church, open to all children grades K-5. Snacks, arts & crafts, gym time, bible lesson and supper are provided. For details, call New Life Mission at 859-4277 or 734-2379.

### Wednesdays

**Shepody Food Bank.** 1-3pm. Albert County Health & Wellness Centre. Bring Medicare numbers for household members.

**Hillsborough Kiwanis Bingo** 5:30-8:30 pm Doors open at 5:40pm and games begin at 6:30pm

**Wellness Walkers** - 6pm meeting at the Four Corners in Riverside Albert (Old Bank Museum and Crooked Creek Convenience).

### Thursdays

**Chase The Ace - Friends of the Hillsborough Arena.** At Hillsborough Golf Course. Buy raffle tickets (3 for \$5) 6-7pm. Draw 7:15 pm. You must be present to win. Proceeds to upgrades & improvements to Hillsborough Arena.

**Zumba, Riverside Albert** - Drop-ins welcome. 7:30-8:30pm. Check CAC calendar for location. For details, contact Evelyn Wachs at 882-2831.

**Dart Night** 7:30-8:30 at Riverside-Albert Recreation Centre. \$5 membership needed to participate.

### Fridays

**Chase the Ace.** 6pm-7:30pm. Last ticket sale 7:15. Effort of CCRC & Fundy Curling Club to raise money for the ice plant & Lifelong Learning Centre at Riverside Consolidated School. At Curling Club, RA. 3 tickets/\$5. Light supper available. 882-2573, 882-2052, 882-2626.

## Hillsborough Public Library – May Events

**Star Wars Day!** May the 4th be with you! Come and check out our Star Wars themed activities. May 4, 6:00-7:30pm.

**Story Time.** May 5 & 19, 10:30-11:15am. A time for stories and songs every other Friday.

**Family Movie Matinee.** May 5th starting at 1:30pm.

**Kids Craft.** May 6 during open hours. Come and make a personalized Mother's Day Card.

**Afterschool STEAM Drop-In.** May 10, 17, 24 & 31. Try out our STEAM items. STEAM stands for Science, Technology, Engineering, Arts and Math.

**LEGO®Night.** May 11, 6:00-7:30pm. We provide the blocks, the kids provide the ideas.

**Library Spring Open House.** May 27 during open hours. Come learn about the services we offer or register for Summer Reading Club. Refreshments available.

### Hillsborough Library Hours

Tuesday, Wednesday,  
Friday & Saturday:  
10am-12pm &  
1-5pm

Thursday: 1pm-5pm &  
6pm-8pm

Follow us @ [Facebook.com/hillsboroughpubliclibrary](https://www.facebook.com/hillsboroughpubliclibrary)

Visit the  
*Connecting Albert County calendar*  
or submit an event at

[ConnectingAlbertCounty.org/calendar.html](http://ConnectingAlbertCounty.org/calendar.html)

## COMMUNITY CALENDAR

### Tuesday, May 2

**Home School Club** 11am—12pm.  
At the Hillsborough Public Library.  
See pg 5 for details.

### Friday, May 5

**Story Time** 10:30am—11:15am.  
At the Hillsborough Public Library.  
See pg 5 for details.

**Family Movie Matinee** 1:30pm.  
At the Hillsborough Public Library.  
See pg 5 for details.

### Saturday, May 6

**Kids Craft** At the Hillsborough  
Public Library. See pg 5 for de-  
tails.

### Wednesday, May 10

**CBDC Business Information Ses-  
sion** 12-1pm. Register by calling  
506-532-8312

**Shepody Food Bank AGM** 7pm.  
Education Room at Albert County  
Health and Wellness Center

### Thursday, May 11

**Foods of the Fundy Valley AGM ,  
Fair & Soup Bar** 5pm Curryville  
Outreach Center. AGM will in-  
clude the famous Soup Bar. This  
year a “Celebrate Local” fair con-  
sisting of display tables will be on  
the upper level. Email food-  
softhefundyvalley@gmail.com to  
reserve your table. Attendance is  
free for current members and \$5  
for non-members.

### Saturday, May 13

**Mother’s Day Tea and Craft Sale**  
2-4pm. Alma Leisure Center  
West River. UCW’s 34th Annual  
Mother’s Day Tea and Craft Sale.

### Sunday, May 14

**Mother’s Day Brunch** 10am-2pm  
Broadleaf Guest Ranch. Regular  
Restaurant Hours 9am –8pm

### Saturday, May 20

**Hopewell Rocks 8k’ish Run or  
Walk** 12:30pm. Register 11am on  
race day or pre-register with  
Garth & Helena Millar, 721-1553,  
or events.runningroom.com.  
Volunteers welcome and wanted.

### **Hillsborough Farmers’ Market**

Foods of the Fundy Valley’s first  
farmers’ and crafters’ market of  
the season. See page 7.

### Thursday, May 25

**\$2 Movie Night** 6:30pm Forest  
Dale Home Inc. Canteen Available  
May feature—*A Dog’s Purpose*

### Saturday, May 17

**Beekeeping Workshop** (10 am - 4  
pm) Albert County Museum.  
Guest Speaker Robyn McCallum,  
Apiculturist, will give a lecture on  
Spring and Summer Management,  
including Spring dwindling, moni-  
toring and managing common  
pests and diseases, splitting hives,  
swarm management and other  
topics. Beekeeper Don Porter will  
give a workshop on how to  
properly approach and open a  
hive, inspecting a hive, determin-  
ing if the colony is queen right,  
and monitoring for varroa mites.  
Preregistration is required. The  
fee for the workshop is non-  
refundable, and includes lunch  
and refreshments. \$40 for Foods  
of the Fundy Valley members, \$45  
for non-members. Register at  
foodsofthefundyvalley.ca/  
beekeeping-workshop-spring-  
2017.

### Saturday, May 17

**Paint Nite** at Broadleaf Guest  
Ranch. 6:30pm. Get your tickets  
before May 13th deadline. Buffet  
of lasagna, caesar salad and garlic  
bread from 5:00 pm to 6:30 pm  
for \$13.95. This is a fundraiser for  
Albert County Tourism Associa-  
tion. Buy your ticket at  
[www.paintnite.com/buy/1168106](http://www.paintnite.com/buy/1168106)

### Saturday, June 17

#### **BACH Golf Tournament**

Bennett and Albert County Health  
Care (BACH) Foundation’s 3rd An-  
nual Golf Tournament at the Hills-  
borough Golf Club. This is a fun  
fundraiser. BACH supports the  
Albert County Health & Wellness  
Centre and many community pro-  
grams. For details on sponsorship  
& registration, call Bob Rochon  
734-3491. Individuals or teams of  
4 can register. Cost: \$20/person  
for members, \$50pp for non-  
members (+\$15pp for PowerCart).  
See page 9 for details.

### Tuesday, June 20

**Forest Dale Home & Forest Dale  
Home Foundation AGM** 6:30pm  
Forest Dale Home.

### July 11-15

**41st Annual Fibre Arts & Quilt  
Fair** from 9:30am-5:30pm daily at  
the Albert County Museum. Fibre  
art encompasses quilting, embroi-  
dery, rug hooking, needle felting,  
weaving, knitting, crocheting, and  
smocking. The event is a show  
and sale. Registration forms at  
[www.albertcountymuseum.com/  
fibreartquiltshow](http://www.albertcountymuseum.com/fibreartquiltshow). **Deadline for  
registration is June 9.**

# Gardening the Albert County Way ~ Tina & Cam Fenton

By Phyllis Sutherland

*Phyllis Sutherland's first gardening column is a tribute to Tina & Cam Fenton in recognition of their role in helping Albert County's gardeners. Following columns will focus on gardening and landscaping techniques, approaches, questions and answers, and more.*

Most of us are familiar with a number of gardeners in Albert County. Whether they are known for their vegetable or their flower gardens, or both, they add that special touch of cultivated beauty to our landscape.

Christina (Tina) Fenton was such a gardener. But she went another step. With her husband, Cam, she started Country Garden Nursery in 1984 in Shepody., and by doing so, she made a difference in the local scenery and in many individual garden endeavours.

One rarely visited Tina's nursery without a guided visit to all her plants. One never left her nursery without detailed instructions about how to care for each species that was just purchased. Tina spent her winters buying and reading books and

attending workshops so she could share her knowledge with her customers. Her daughter, Debbie (Ogilvie) remembers visiting her mom and being told a story about the uniqueness of each plant. "She knew so much. She was always learning about each plant. For Mom and Dad, it was a business of love."

Tina was keen on sharing her ideas about garden design. Whether it was suggestions of placing plants to highlight their scent, or providing complementary or contrasting color effects, or placing specimen plants in key spots, she promoted creativity amongst her customers.

Tina and her husband Cam ran the nursery for 16 years. She was 58 when she was diagnosed with cancer. They managed to hang on one more year, but had to sell as it became too difficult



for them. Tina died in 2000, leaving a beautiful property that still displays her and Cam's investment of love.

*Please send your gardening questions to [info@connectingalbertcounty.org](mailto:info@connectingalbertcounty.org).*

## Hillsborough Market Opens Saturday, May 20

Foods of the Fundy Valley is excited to announce the opening of our newly relocated FFV Farmers' Market at the Old Church, 2807 Main Street, Hillsborough, also home to Oliver's German Bakery. Our new space is in a beautiful, historic church that has now been transformed into a business centre. We have much more indoor space for vendors and customers to enjoy in all kinds of weather.

Our new Market Committee is very energized and ready to create an amazing Farmers' Market of vendors from both ends of Albert County, making this a 100% local market.

In addition to our existing vendors, we have lots

of interested new vendors, tons of free parking, and Oliver will be back at the market, with the bakery open every Saturday.

We welcome new vendors of local foods and crafts. Make it, bake it or grow it in Albert County, and come sell your wares at our market.

The market will run every Saturday from 8am to 1pm, starting Saturday, May 20th for the Victoria Day long weekend. The market will be open until Thanksgiving weekend with the last day being October 7.

If you or someone you know is interested in being part of our market, please contact our market managers at [market@foodsofthefundyvalley.ca](mailto:market@foodsofthefundyvalley.ca), [www.facebook.com/Hillsboroughnbfarmersmarket](http://www.facebook.com/Hillsboroughnbfarmersmarket).

## Nature Corner: Spring frogs

by Denis Doucet, Fundy National Park

**W**ood Frogs are typically the first frogs to emerge here in New Brunswick each year. They can do this because of the "antifreeze" in their body (not actually antifreeze, but sugars) that enable them to freeze solid (!) and to resist temps down to -10°C!

Spring Peepers are our smallest frogs, only about the size of a loonie. Despite that, they emerge shortly after Wood Frogs, so they are remarkably resistant to cold temperatures too, despite being "cold-blooded." Peepers are named after their loud calls which can be heard reverberating around ponds and vernal pools in spring and early summer.

As part of Parks Canada's ecological integrity monitoring program, we record the calls of these species with special equipment to register when they start singing in the spring. Changes in the number and seasonal timing of the calls will give us information which will help better assess ecosystem health in the park over time.



Photo above is a wood frog. Photo to the left is a spring peeper — much larger than the actual size! Photos by Denis Doucet, Fundy National Park.

## Albert County Seed Library

The Hillsborough Public Library is starting a seed library. You can "borrow" seeds for your garden. All we ask in return is that you save some seeds from the plants that grew and return them to the library. For more information about the Seed Library and how to participate, please contact the library.

**ALBERT COUNTY PHARMACY** **Guardian**  
Feeling Better Starts Here

**Save Smart, Shop Local.**

- Fill your prescriptions at Albert County Pharmacy and get Guardian Rewards.
- Receiving high-priced prescriptions from another pharmacy? Ask us how to keep your business **local** and get **better value**. Ask our pharmacist how you can pick up your prescriptions on Saturdays.

**Wednesday, May 31 is Seniors Day!**

Customer Appreciation Days will be held on **Saturday, May 6, and Saturday, May 20th**. On these days, all of our valued customers will receive 20% off most regularly priced items in the store!

We also have some amazing one-day only specials on **Saturday, May 13 and Saturday, May 27th!**

We just received new giftware and cosmetics at amazing prices!

*Come in and see the great deals we have for our community every day!*

**ALBERT COUNTY PHARMACY**  
5883 King Street, Riverside-Albert, NB, E4H 4B5  
Ph: (506) 882-2226 Fax: (506) 882-2101



## ***BACH Golf Tournament 2017 - June 17th***

June 17th marks the date of the 3<sup>rd</sup> Annual Bennett and Albert County Health Care (BACH) Foundation Golf Tournament. The focus of the day is “fun, friendship and charity,” according to Bob Rochon, a member of BACH’s Board of Directors.

The tournament is a four-person scramble. In each team, all four players hit off the tee. The team then picks which ball to use for the next shot. The result is a game is focused on fun more than on competition. As Bob says, “You don’t need to be a good golfer to enjoy a scramble, and on a par-3, anything is possible. With a bit of luck, even a mediocre golfer can do well.”

The great golfers do, however, have a better chance of winning the big prizes. Golfers in previous tournaments had a chance to win a new Jeep for a hole-in-one. We anticipate that our golfers will again have an exciting chance to win a new vehicle in the 2017 tournament.

In mid-June, playing the course at the Hillsborough Golf Club is a treat. The scenery is beautiful. While golfing the

course in past years, Bob has seen deer, foxes (including a mother and her young) and the resident golden eagle. Also, the course is challenging with many shots that need to be hit over water. This isn’t like a city golf course: At Hillsborough, when you hit out of the rough, the ball ends up in the woods. The hilly 18-hole course is surrounded by natural forests. There is even a covered bridge on the grounds.

***The focus of the day is “fun, friendship and charity.”***

The four-person teams can be corporate teams, groups of friends or even ad hoc teams. If you want to golf but don’t have a team, call the Hillsborough Golf Club. They will try to form teams with all the individuals and couples who want to play. Last year, 16 teams participated.

The event, which is held rain or shine, has a shotgun start at 10am. Teams play for five to six hours. Some bring their lunch but many eat at the Golf club’s restaurant. By late afternoon, people gather in the clubhouse

for refreshments and the awarding of prizes.

All players, regardless of their skill levels, have a chance to win prizes, including lobster, a Stihl trimmer, gift certificates and more. Many prizes are given for performance but there are also raffles, where only luck is involved. “A lot of people will walk away with something,” says Bob.

Beyond the prizes and the sense of well-being that comes from spending a day outside with friends, the players leave knowing they have contributed to our community.

The BACH Foundation contributes to rural Albert County in many ways. In addition to providing invaluable support to the Albert County Health and Wellness Centre in Riverside-Albert and the Hillsborough Satellite office, BACH also supports a great number of progressive community initiatives including Tele-Drive, Sistema Hillsborough, the Imagination Library, Spin bikes in schools and Connecting Albert County. Read about these at [ConnectingAlbertCounty.org](http://ConnectingAlbertCounty.org). Search for “BACH” and you’ll see links to stories.

*If you would like to be a tournament sponsor, call Bob Rochon (Tournament Committee Member & BACH Foundation Director) at 734-3491.*

*Individuals or teams of four can register. For Hillsborough Golf Club members, the cost is \$20/person; \$50 for non-members. Add \$15pp+tax if a Power Cart is required.*

*Article by Janet Wallace.*



***Bennett & Albert County Health Care (BACH) Foundation’s 3rd Annual Golf Tournament, Saturday, June 17<sup>th</sup> at the Hillsborough Golf Club.***

# Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters.

## **Platinum Support**

### **Bennett and Albert County Health Care (BACH) Foundation**

The Bennett and Albert County Health Care (BACH) Foundation raises funds to help the Albert County Health and Wellness Centre. The foundation also supports community initiatives including Sistema in Hillsborough, Tele-Drive, Literacy Express, the Imagination Library, spin bikes in classrooms and Connecting Albert County. [www.bachfoundation.com](http://www.bachfoundation.com)



BENNETT & ALBERT COUNTY  
HEALTH CARE FOUNDATION

## **Gold Support**

**Albert County Pharmacy:** locally-owned Guardian pharmacy offering prescription services for over 30 years. Post office, gift ideas, treats, household and personal needs. [www.albertcountypharmacy.ca](http://www.albertcountypharmacy.ca)

**Tele-Drive Albert County Inc.** The registered charitable organization provides affordable transportation in rural Albert County with door-to-door pick-up service. Tele-Drive Facebook, 875-1190, [teledriveac@gmail.com](mailto:teledriveac@gmail.com)

## **Silver Support**

**OMISTA Credit Union:** Complete banking for people who want to bank local while making the place they live even better. [www.OMISTA.com](http://www.OMISTA.com)

**Village of Riverside-Albert:** The Village of Riverside-Albert is located on Shepody river, which flows into Shepody Bay, at the upper reaches of the Bay of Fundy. [www.riverside-albert.ca](http://www.riverside-albert.ca)

**Crooked Creek Convenience:** The place to find gluten-free, celiac-safe food, fresh coffee, snacks, groceries, along with free books and welcoming smiles. [crookedcreekconvenience.wordpress.com](http://crookedcreekconvenience.wordpress.com)

## **Bronze Support**

**Albert County Chamber of Commerce:**  
[www.albertcountychamber.com](http://www.albertcountychamber.com)

**Chipoudy Communities Revitalization Committee (CCRC):**  
[chipoudycrc.org](http://chipoudycrc.org)

**Fundy Highlands Motel & Chalets:** [fundyhighlandchalets.com](http://fundyhighlandchalets.com)

**South East Regional Adult Learning Board:** [opendoorsged.ca](http://opendoorsged.ca)

**Need a high school diploma?** The South East Regional Adult Learning Board provides GED courses, equivalent to a high school diploma, for adults. Funding may be available. Classes are held at the Albert County Health and Wellness Centre in Riverside-Albert. For details, call 882-1010. [opendoorsged.ca](http://opendoorsged.ca)

***Do you want to see your name on this page?***

*Advertise your business and support our work at [www.connectingalbertcounty.org/supporters](http://www.connectingalbertcounty.org/supporters). Buy an ad before May 5th and your business will be advertised in our special issue—a full-colour issue mailed to all households in rural Albert County! More than 2300 issues will be printed and nearly 500 emailed.*