

Connecting Albert County

January 2021



Women of the Wilderness: WOW!

By Donna Glenen-Cruickshank

What do you get when you cross a beautiful starry night in Fundy National Park with twelve fun and creative women? You get so much more than you could have ever imagined! Women of the Wilderness (WOW!) was born out of fun, friendship, laughter, and the need for connection with nature and each other. And it was born right here in Albert County just two years ago.

Since that evening, our group has grown to hundreds of members and explored many beautiful and challenging places in and around Albert County. One recent favourite was a Remembrance Day hike at Crooked Creek in Riverside-Albert. The sixteen women who took part didn't only enjoy the lookoff, a picnic lunch and the beautiful

falls, they also shared stories about family who served in wartime. They found that honouring the 11th hour with two minutes of silence in the forest was a very powerful way to connect the past and future.

As if we needed any more challenge than a hike to Third Vault Falls or kayaking at Cape Enrage, in the fall of 2019 we brought 36 ladies together at Pointe Wolfe for a week-end of oTENTik camping. Those who had never camped in their lives sure were thankful for the ladies who are skilled at all things camping and, thankfully, willing to share their knowledge. Throw in community meals, special dietary needs, several hikes each day, along with talk of camping equipment, knee pain and bladder control, and a ukulele to serenade us, and you'll see why we had so much to talk and laugh about around the campfire. And speaking of campfires, how much more exciting could it be than for a newbie camper to start her very first fire to light up the night and bring us all some physical warmth!



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Letter from the Forest Dale Home Foundation

The Forest Dale Home Foundation was formed 10 years ago as a registered non-profit charitable organization. The foundation members are all volunteers from the community who are dedicated to helping residents have a fulfilling life during their stay at Forest Dale Home.

The foundation runs independently from the nursing home's operating budget. While necessities are mostly covered by government funding, funds required to provide enhancement to the lives of the residents must come from another source. We endeavour to provide these funds.

In the past our foundation has been responsible for purchasing activity supplies, an aquarium, multi-sensory room equipment and a piano, as well as the installation of enhanced Wi-Fi throughout the home. We also were instrumental in the purchase of the Forest Dale van, which is also used as part of the Tele-Drive program.

There are many projects we would like to move forward with but are currently unable to do so. As with many other organizations, we have been unable to fundraise during this difficult time. If you would like to donate to our foundation, you may send a cheque (made out to the Forest Dale Home Foundation) to Forest Dale Home (5869 King Street, Riverside-Albert NB E4H 4B9) or e-transfer to fdhfoundation@forestdalehome.ca. Also, memorial cards are available at most funeral homes. You may also visit the foundation's webpage for more information at www.forestdalehomefoundation.ca.

Susan Chase, Chair, Forest Dale Home Foundation

Letter from the President of Albert County Chamber of Commerce

Dear friends,

As we move into a new year, it is hard not to reflect on the year that has passed.

Every year has its challenges, but 2020 brought circumstances that none of us shall ever forget. Some of us experienced hardships we could not imagine, others were scared for our loved ones... Most of us saw our businesses change, for better or for worse, but through it all, Albert County has shown that it has strength in its community.

We created the Atlantic Bubble, we moved businesses online, we brought in social distancing measures in our workplaces, we supported each other in unique and creative ways, and as a community, we ensured that COVID would not bring us down.

I would like to say that 2021 will be easy, that things will "get back to normal," but it doesn't seem like this will happen any time soon. Instead, I want to make you a promise. As President of the ACCC, I can promise you that we will create new support and opportunities for all our members and the community as a whole. I can promise you that we will do our utmost to showcase just how special Albert County is, and that we will help you to connect with like-minded people, new deals, and new ideas.

Whatever 2021 may hold, it will not catch us off guard in the same way as 2020. We have a strong foundation, strategies in place, and we will support each other. We will end 2021 with our community in a better place than ever before. We will make 2021 our year and the ACCC will be there to support you.

Stay safe and have a fantastic start to your year.

Michelle Alcorn, President, Albert County Chamber of Commerce (ACCC)

ACCC - promoting economic and commercial prosperity in Albert County. For more information about the ACCC and how to join, visit www.albertcountychamber.com.

"WOW" continued from page 1.

Camping and hiking are regular activities within our group, but what's so great is that we love to try new activities together, such as axe throwing, paddle boarding, glamping and dragon boating. I recently had a true thrill when I arranged a small group trail ride at Broadleaf Ranch. What a gem right here at home! I hadn't ridden a horse in more than 30 years and felt a lot of fear at the thought of doing it again. As my horse was prepared for me, I could feel the fear, excitement and tears welling up. Thankfully my WOW pals encouraged me. The memory of that one-hour marshland trail ride still brings me great excitement, and I'm so thankful for such a wonderful group of women who helped me "get back on the horse"!



Women of the Wilderness has grown into a group of women who love nature and have found so much pleasure on the roads of New Brunswick. We love to stop at local businesses to enjoy their fare. Homemade ice cream at the Elgin Country Kitchen after hiking the Mapleton Acadian Forest anyone? How about a hot bowl of delicious soup at

Cinnamon Soul Café in Hillsborough after a trip to Hopewell Rocks or any of the beautiful hiking trails in the area? Yes, please!

How much better can life in Albert County get? We'll let you know as we continue our wilderness escapades!

Looking to connect with the Women of the Wilderness?

We welcome women of Southeastern NB who love to hike, camp, and spend time in nature. Look up Women of the Wilderness (WOW) on Facebook, answer a few simple questions, and we hope to see you soon.



Donna Glenen-Cruikshank is a founding member of WOW. Images: camping trip on page 1, many founding members (left) and WOW's "fearless leader" Sarah Lord (above).



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Drug Intervention Program Reaches Albert County *By Janet Wallace*

For young adults struggling with drug addiction, it may be hard to know where to go or who to ask for help. Fortunately, there is an option that is free and convenient: Youth Impact offers one-on-one addiction counselling. With the support of the Bennett and Albert County Health Care (BACH) Foundation, the program is now expanding into rural Albert County.

The Drug Intervention Program is available for anyone from 15-24 years of age. There is **no cost** for the program and no waiting list. It is completely **confidential** and **voluntary**. It's up to the person with the addiction to sign up.

How the program works

Once someone decides to take part in the program, he/she meets with a youth care worker. While they chat, they discuss the youth's needs. Sometimes, the care worker might recommend other services, for example to help find housing, seek legal advice or escape an abusive relationship. The initial needs assessment helps determine the next steps.

In most cases, the youth will meet with the same youth care worker throughout the program. Rather than formal appointments, the two have comfortable conversations in which they get to know each other. They might meet in a coffee shop, school or health care centre, or just talk in the car while the youth care worker drives. The key is that they choose a time and place where their conversation is confidential and the youth feels safe.

As one participant states, he likes the fact that he "can be brutally honest about his addictions" when talking with his youth care worker.

During meetings, they discuss the client's goals. Some join the program because they feel their drug addictions are an obstacle to getting a job. Others might want to finish high school or improve a relationship with a girlfriend/boyfriend.

Setting goals and being reminded of the goals throughout the program makes it easier for the person to take the steps in reducing drug use. For example, one client started using marijuana in grade 8 and was a daily user when he joined the Drug Intervention Program in grade 10. He and his care worker started with small steps, such as turning down marijuana once during a week. Once he did this, he realized it wasn't a "big deal" and he accepted the next step of turning it down more often. Over the course of the program, his grades went from the 50s to 70s, his relationships improved, and he overcame his addiction.

"We look at the entire life of the person," says Jonathan Thibodeau, Manager of the Drug Intervention Program.

The youth care workers are available even for problems that are not drug-related. For example, they might talk about how to deal with bullying at school or at home. The care workers help the youth build self-confidence and learn healthy coping mechanisms.

A strength-based approach is used throughout the program, Thibodeau explains. "The focus is on the positive, and being supportive and understanding. When something bad happens, we try to find the positive part of it."

The program is done at the pace of the client. The youth decides when to meet, how often and for how long. Some people see their care workers twice a week and others just once a month. The counselling might last for a few months or a couple years. It's up to the young adult to decide.

If you are considering joining the program yourself, one of the current participants suggests "just give it a try." He didn't think the program would help but he stopped smoking "weed" within a week of joining. "Just try and things will work out," he concludes.

If you know of someone who might benefit from this program or want to join yourself, call Jonathan Thibodeau at 506-856-2633 or see www.youthimpact.org.

The vision of the Bennett and Albert County Health Care (BACH) Foundation is "to have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre with the support of our community."

The foundation raises funds for staff training and equipment purchases for the Albert County Health Community Health Centre, and supports community initiatives including Tele-Drive Albert County, Sistema-Hillsborough, Connecting Albert County, Hillsborough After-school Drop-in, Imagination Library, Literacy Express and much more. You can learn more and donate at www.bachfoundation.com (see form on next page).



Happy New Year from The Old Church Farmers Market

By Jim Kitts

We are thrilled by the community support we received in 2020. It was a nerve-racking challenge pulling The Old Church Farmers Market forward with our friends and neighbours. Health concerns sidelined several of our customers and vendors, and halted our out-of-province tourist income altogether. Your support and purchases of our food, art and crafts saw us through and kept our doors open. Fundy Farms: local harvest and the Backyard Herbalist kept going after Thanksgiving even when the rest of us gave up, and I'm not wholly convinced they are out of the picture yet. They will have planted their new earth-battery greenhouse by the time you read this.

In 2020, the building's owner provided us with a new roof, electrical panel and LED lights. We bought three large electric heaters with fans to keep you warm for the cold season and an industrial fan to cool you when it is hot (and to circulate the air as a COVID control measure).

The Old Church Farmers Market is an autonomous collective. It is not organized to the point of being able to qualify for grants and, even if it were, we stubbornly want to pay our own way. However, it is becoming clear that our core members and our customers exist as an island of talent in an expanding lake of need. In 2020 (given all the new arrivals to the area), we referred people to all sorts of local services that you can imagine - everything from real estate transactions to children's music. In the coming year, as we better understand the depth of talent of our members and associates, we may start partnering with other organizations to help connect the dots to help them reach their community goals.

The fact that farmers' markets were classified as an essential service by the province gave us the confidence to join in with the traditional Christmas in the Country festival. When our zone switched to orange, we lost about 20% of our vendors. Thankfully, we went back to yellow on the last day of the sale. The event was spread out across two weekends: four days to accommodate social distancing. Everyone was masked. Our COVID plan included the usual things plus we "blew out" the air in the building at the end of each day with our industrial blower to keep the air fresh. We were inspected by the troops. They particularly liked our sign asking visitors to keep apart by "one comfy market pig distance, that's 24 pigs feet."

And we had a little fun and drank too much locally roasted Buddha Bear coffee. It is amazing how you can recognize people by their eyes, hair and how they carry themselves. We saw such great masks. We had live music all four days. Fundy Ceilidh played two days. We were treated to a performance by Gareth Pearson (aka The Welsh Tornado), an awesome guitar player from Wales who happened to be stranded in our area. Also, "Jampan" played while masked children accompanied on the drum and danced.

Have a coffee (that's a locally roasted coffee) and think of us during the New Year... we will be thinking of you.

Sign up to receive Connecting Albert County's publication by email at ConnectingAlbertCounty.org/e-magazine.

<p>Yes, I want to help have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre</p>  <p>BENNETT & ALBERT COUNTY HEALTH CARE FOUNDATION</p>	<p>I would like to contribute a monthly amount of \$ _____ TO BE DEDUCTED ON: <input type="checkbox"/> 1st or <input type="checkbox"/> 15th of the month</p> <p>I would like to contribute a one-time gift of \$ _____</p> <p>Name: _____ Telephone: _____</p> <p>Address: _____</p> <p>City/Town: _____ Province: _____ Postal Code: _____</p> <p>E-mail: _____</p> <p><input type="checkbox"/> I have enclosed a cheque made payable to the Bennett and Albert County Health Care Foundation</p> <p>I prefer to use my: <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard</p> <p>Card Number: _____</p> <p>Expiry Date (month/year): _____</p> <p>Signature: _____</p> <p>Charitable Registration: 869019133 RR0001</p>	<p>Bennett and Albert County Health Care Foundation 8 Forestdale Road, Riverside-Albert, NB E4H 3Y7 Tel: 506-882-3100 Fax: 506-882-3101</p> <p>Donate online at www.bachfoundation.com</p> 
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Take the Pantry Challenge *By Angela MacDougall*

Save money, prevent food waste, avoid going to town and organize your kitchen: what else are you going to do in a pandemic?

I was asked recently if I like or dislike winter. As I was contemplating my answer, I thought about what I do during the winter and what the next few months will bring. I quickly realized that January is Pantry Challenge month. Excitement filled me as I imagined what food I would find in the back of the pantry or the bottom of the freezer, and the creative, fun and crazy meals we will eat. I know countless images of oversized plates of shepherds' pie is what my husband is hoping for. I'm thinking more about all the small amounts of lentils, beans and grains that didn't quite get used up and how they will make a delicious soup. January seems like the perfect time to do a pantry challenge. It's the time of year when I seem to lean towards warming, hearty soups and comforting casseroles.

The Pantry Challenge

Your challenge this month is to purchase as little as possible by making meals from what you already have. It's fun (honestly!) and you can save money. The first week seems like a breeze. By the second week, I usually run out of cheese. By the third week, we're getting creative and by the fourth week, we're eating popcorn for

supper with a side of canned olives. The pantry challenge is a great way to save money in a difficult month, try new things, get creative with substitutions and do something fun with your family.

The pantry challenge was great last year, particularly because other people joined in the challenge. It was fun to watch people post their meals each day on social media. Last year, Jeff Schnare from The Maplegrove Inn (and Albert County Tourism Association's President) was one of those people. I loved seeing the meals he had prepared from food he had put up during the summer and fall.

It's fun to take on a challenge, but don't get too serious. Make your own rules. For instance, we still allow ourselves to buy milk and Jeff's rule is that they can still purchase dairy and salad greens.

It is very exciting to have Michelle Alcorn, President of the Albert County Chamber of Commerce, join in the fun this year. Michelle hosts a weekly virtual Cooking Club from her kitchen. She is joined via YouTube with people from around the world who are learning English through healthy, wholesome cooking. Tune in on Sunday January 9th at 9am when Michelle will share The Pantry Challenge with her Cooking Club and create amazing dishes from what she already has on hand (details follow). It's bound to be exciting and delicious: don't miss it!

Roasted Beet Hummus

2 cups rinsed and drained chickpeas (one 19-oz can)
3 garlic cloves (I like a lot of garlic)
Juice of 1 lemon (or 3 tbsp of bottled juice)
2 tbsp tahini
1/2 tsp ground cumin
1/4 tsp Himalayan or other salt
2-4 tbsp olive oil
2 beets
Wash two beets, cube and roast in the oven at 425F until soft.

Put everything except the oil into the bowl of a food processor. Turn on the food processor and slowly pour oil through the feed tube until you reach the desired consistency.

Since everyone probably has a can of chickpeas hiding in the back of their pantry and a beet in the bottom of the fridge, the recipe above can get you started.

If you want to see what we're cooking in our pantry challenge adventure, follow us on Facebook or Instagram at Fundy Farms: local harvest or follow others from around the world with #januarypantrychallenge. To watch Michelle's Cooking Club Pantry Challenge, go to youtube.com/channel/UC-EE2gYiZwuS1cvurf6_dw.

We also suggest you visit the Eurocentres Atlantic website eurocentres-atlantic.canada.com and click on 'Join Our Cooking Club' to get recipes and weekly reminders.



Roasted beet hummus

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The Importance of Winter Tourism in Rural Communities

Text & images by Annick Butland

Albert County blesses us with breathtaking scenery year round, but the first snowfall truly transforms it into a magical, winter wonderland. We find peace in exploring our favourite spots and enjoying a meal in one of the few rural restaurants brave enough to remain open throughout the "off season."

I've worked in tourism for several years and in all sectors (provincial at Hopewell Rocks for many years, federal at Fundy National Park and non-profit at Fundy's Cape Enrage). I've personally witnessed the struggle and financial hardships of surviving unemployed winters on EI. The winter offerings in the off season are slim in rural areas. I have been challenged in finding activities and things to do, or an open restaurant or accommodations for friends, clients or media to enjoy. This is true in many of the rural communities throughout Atlantic Canada that rely on tourism as a key economic driver.

The challenge of the seasonal nature of our tourism is not a new one, and certainly remains a complex issue. We see the boost in excitement, activity, experiences and economy from May to October each year ever since we became an international destination. We also experience the vast changes come mid-October when the bulk of the rural tourism employees are laid off and businesses close.

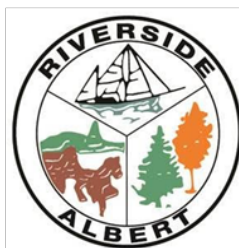


What would stronger shoulder and winter tourism seasons mean for residents and businesses of Albert County?

Longer tourism seasons would provide employees with more weeks of work and additional jobs. This would strengthen our businesses while bringing in outside revenue .

As a spin-off of the additional awareness and exposure, our communities would thrive year-round, not just during the busy months. Although July and August would remain the most popular months to visit, we may see some of the pressure taken off of those 8-10 weeks of high demand. We would have more experiences, products and services to promote and offer.

(Continued on next page.)



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Over time, we would have a greater balance. We could overcome our idle winter tourism season and increase opportunities for our communities.

This certainly doesn't happen easily, or quickly. Understanding the "end of season burn-out" that many of us have felt come October, I know a longer season is not for everyone nor for every business.

Working together and with receptive operators, such as ABConnect, Albert County businesses gain an advantage. They develop a greater marketing reach, and stronger hooks and incentives to keep visitors here longer with longer planned trips. They can work together in cross-promotion.

Certain Albert County businesses can remain open during the off season and offer unique and safe experiences that enhance the richness of a visit to the area. Activities include snowshoeing, glamping, fat-biking, maple fun, artisan shopping and, of course, restaurant feasts.



If these difficult times - what I refer to as a "throat-punch tourism year" of 2020 - have taught us anything, it's that it's time entrepreneurs look at doing business differently.

As the new year begins, it's time for owners of tourism-related businesses to review their business model and goals. Understanding that demand needs to warrant the expenses, energy and labour costs; entrepreneurs can review their business model and goals. Is there flexibility to offer some year-round products/ services? Could the business open by appointment or part-time? Are there options of selling online or by pick-up only during COVID?

I encourage everyone to get outside and take part in activities this winter while supporting our local tourism businesses.

Annick Butland is the owner of ABConnect Travel & Tourism Services, which offers day trips and multi-day trips with activities and meals. www.abconnect.ca

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- help doctors distinguish between flu and COVID-19 infections (which can appear very similar) and
- help protect vulnerable populations.

It can take up to two weeks for the flu vaccine to take effect so be sure to get your flu vaccine as soon as possible.

Please call ahead to book an appointment or if you would like more information. Call now while the vaccine is still available.

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www.ConnectingAlbertCounty.org ~ 8

New Year's Social Media Clean-up *By Zoey Hughes*

We've made it to a new year, and we are all keen for a fresh start! As a county, we came together and showed 2020 who's boss and now we're ready to show the rest of Canada our can-do spirit! Whether you are using social media to boost your business or just for personal purposes, the new year is the perfect time to dust the metaphorical cobwebs from your profiles. Follow these steps to have a profile you are excited to share:

Profile pictures

Make sure you have an up-to-date, professional photo on your profile. This is front and center for potential employers, business partners and more: it should reflect your current self in the best light. If you have multiple social media accounts, using the same photo on all of them will produce a consistent and curated (i.e., intentionally selected) effect.

Do a photo audit

We don't always post the photos that show us in the best light, but the new year is the perfect time to change that! Do an audit of all your existing images (yes, even those from years ago!) and remove any that don't complement your business or personal brand. Spend time choosing your cover image carefully too and consider creating something specific if you don't find a suitable image.

Check your bio

As a good rule of thumb, you should review your bio on an annual basis, even if there have been no notable changes. Our lives develop organically, and you may be surprised at how out of date it can become. Again, create something that can be displayed consistently across your social media platforms, so it is simple for people to recognize you.

Check your position and skills

This one is LinkedIn specific. LinkedIn is the number one platform for B2B contact and a great place to showcase your business or your skills. Your position should be accurate (the title wording should match that of the business'

website), and any changes noted. You can list up to 50 skills too: review these carefully, swapping options in and out as your role develops.

Audit your business details

If you have social media profiles for your brand, use the January downtime to check that your information is accurate and up to date. Common culprits include opening hours, phone numbers and website addresses.

Start unliking

In the early days of social media, we were all fiendishly liking and following everything we could think of, but this can dilute the efficacy of this function. Review your likes, your follows and your groups and cut them down to those that are relevant. That "I love peanut butter" group really isn't doing you any favours!

(Continued on next page.)



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Shop Local

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Revoke permissions

On the same note, check the list of third-party permissions on your profiles and remove any that are no longer relevant. The more permissions you have given, the greater the likelihood you will be affected in a data breach, so remove any that are not in use.

Ask for recommendations

LinkedIn lets you showcase recommendations and endorsements; Facebook has reviews. There is no shame in asking, although it is polite to return the favour if applicable. Use this quieter period to follow up on any reviews that aren't stellar, ask happy customers for recommendations and get endorsements of your skills.

Our lives are an evolution, and our social profiles should be too! If you would like some help creating or tidying a social media profile for your business or your personal brand, we would love to hear from you. Get in touch on social media or find us at cyberprarmy.com.

Tele-Drive Volunteers

By Kelly Taylor



Tele-Drive and Urban/Rural Rides depend on volunteers to provide transportation for those in the community who do not have access to transportation either because of physical, geographic or economic barriers. Many of our volunteers are retired people who want to give back to their community and who recognize that everyone needs a little help at times. Some say they volunteer now because the day may come when they are no longer able to drive, and they want to make sure this service is there to help them if needed.

If you want to be a part of this amazing team of community drivers, **changing lives one drive at time**, there is always room for more! Volunteers come from all over Westmorland and Albert Counties including Riverview, Hillsborough, Alma and Riverside-Albert.

Drivers are reimbursed \$0.41/km. Volunteering as a driver is a great way to meet and help neighbours in the community. Drivers are provided with personal protective equipment to use when transporting clients and doing deliveries.

If you or someone you know has a few hours a month or more and want to be part of a team working together to overcome the effects of poverty, please call 215-2100 or email r.r.ruralrides@gmail.com for more information. Drivers need to be over the age of 21, have a valid driver's license, have a reliable automobile, carry \$2 million liability (we will reimburse the extra charge up to \$80 per year), sign an oath of confidentiality, clear a police record check, driver's abstract and provide two references.

Kelly Taylor is Executive Manager of Urban/Rural Rides.



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   **UNB** | Cardiometaabolic Exercise and Lifestyle Lab

Hillsborough Public Library

The Hillsborough Public Library offers Curbside Pick-up service.

1. Contact the library to select titles or to let us know what you like so we can select books for you.
2. Reserve a time to come pick up the items.
3. Phone the library (734-3722) when you arrive. A library employee will bring items out to you.
4. Read, enjoy, repeat!

Hillsborough Public Library

2849 Main St., Hillsborough, 734-3722

Curbside Pick-Up:

Tuesday-Saturday 10am-12pm

Open to the Public:

Tuesday-Saturday 1pm- 4pm

We encourage you to use our online services at www.gnb.ca/publiclibraries.

Contributed by Victoria Stroud-Arsenault

Talk to Your Kids About Money

Free Webinars for Parents & Educators

JANUARY 19 @ 8PM Dealing with "Influencers" that try to affect the decisions that we make in terms of spending money and borrowing money. How to help our kids control their own decisions.

cfee-org.zoom.us/webinar/register/WN_5o1fUonjRD6TnyOpRtOLHg

FEBRUARY 16 @ 8PM Why we pay taxes, the kinds of taxes people pay, and the ways to lower the amount of tax you pay. cfee-org.zoom.us/webinar/register/WN_KL2qFtcoQXKr6CDrU5eZeQ

MARCH 16 @ 8PM Saving money for travel, for when we can travel again. cfee-org.zoom.us/webinar/register/WN_MluOBhWqSzuZYeETzBvqFg

APRIL 13 @ 8PM How to save money when shopping (food, transportation, clothes, etc.). cfee-org.zoom.us/webinar/register/WN_9Yj1LsliSNircSbLitzVKw

For information, contact Garth Wade (gwade@cfee.org), the provincial representative for CFE (Canadian Foundation for Economic Education), a non-profit organization that promotes financial literacy across Canada.

'Talk With Our Kids About Money' has been in NB for six years. The goal is to provide free resources to parents/families and educators so that meaningful conversations can be held with the children and youth of New Brunswick. Scotiabank sponsors the initiative, which is delivered by CFE.

ROB MOORE

MP, Fundy Royal



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506-832-4200

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Celebrate 175 Years of the Land, the Sea & the People of Albert County

Over the course of 2020, we are telling the stories of every community in Albert County, which includes River-view and hugs the shores of the Petitcodiac River to the Bay of Fundy. Albert County features some of the most iconic treasures in New Brunswick, such as the beautiful Fundy National Park, Hopewell Rocks, Cape Enrage, and inland areas stretching beyond Caledonia Mountain in all directions. This celebration is presented by the Albert County Historical Society, Government of Canada, Province of New Brunswick and Hopewell Rocks.

Digital means of storytelling will be used, including "Photo-A-Day," an AC175 Podcast, "Home Schooling" history reading lessons, social media platforms and videos. We are also working with publications, such as *Connecting Albert County* and other media outlets including tv, radio, newspapers and magazines, bringing the story of Albert County to you!

You may have received the special Albert County 175 Souvenir Booklet in your mailbox! We sent copies to every household in Albert County, all 15,000 of them according to Canada Post! An additional 5,000 copies were printed and extra copies are available at the Albert County Museum (by donation). If you did not receive a copy or have a request for several copies for your community group, school or business, please let us know and we will make arrangements to provide copies. Call us during business hours at 734-2003.

Albert County 175 Collectors Pins! Only 500 will be available. These are made in New Brunswick by Aitkens Pewter! Priced at only \$25, you will receive a one-of-a-kind lapel pin featuring the beautiful AC175 logo, a membership to the Albert County Historical Society, a season's pass to the Albert County Museum for both the 2020 and 2021 seasons, a copy of the Souvenir Magazine and an entry into the draw for the Albert County Prize Package. The proceeds go towards supporting the work of the Historical Society and AC175 programming. Purchase yours while supplies last at albertcountymuseum.com/AC175Pin.

Enter to win at AC175.ca! We are drawing for an Albert County Prize Package! There are three ways to enter:

- 1) Visit our website and fill out a prize ballot.
- 2) Enter a photo or story, and your name will go into the draw.
- 3) Visit the Albert County Museum and a prize ballot will be given for every paid admission.



Albert County 175 Events

December 28-30 - **Photo Show AC175 Finale Event.** A showcase of photos taken by residents of Albert County showcasing life from 1845 to 2020. Participate by sending your photos from years past and your love for our community today! The photos will be collected and added to the Albert County Museum's permanent collection. The Photo Show will feature some of the best entries; prizes will be awarded in three categories: Historic, Albert County Today, and Youth Photos (18 and under). What a great way to celebrate the year!

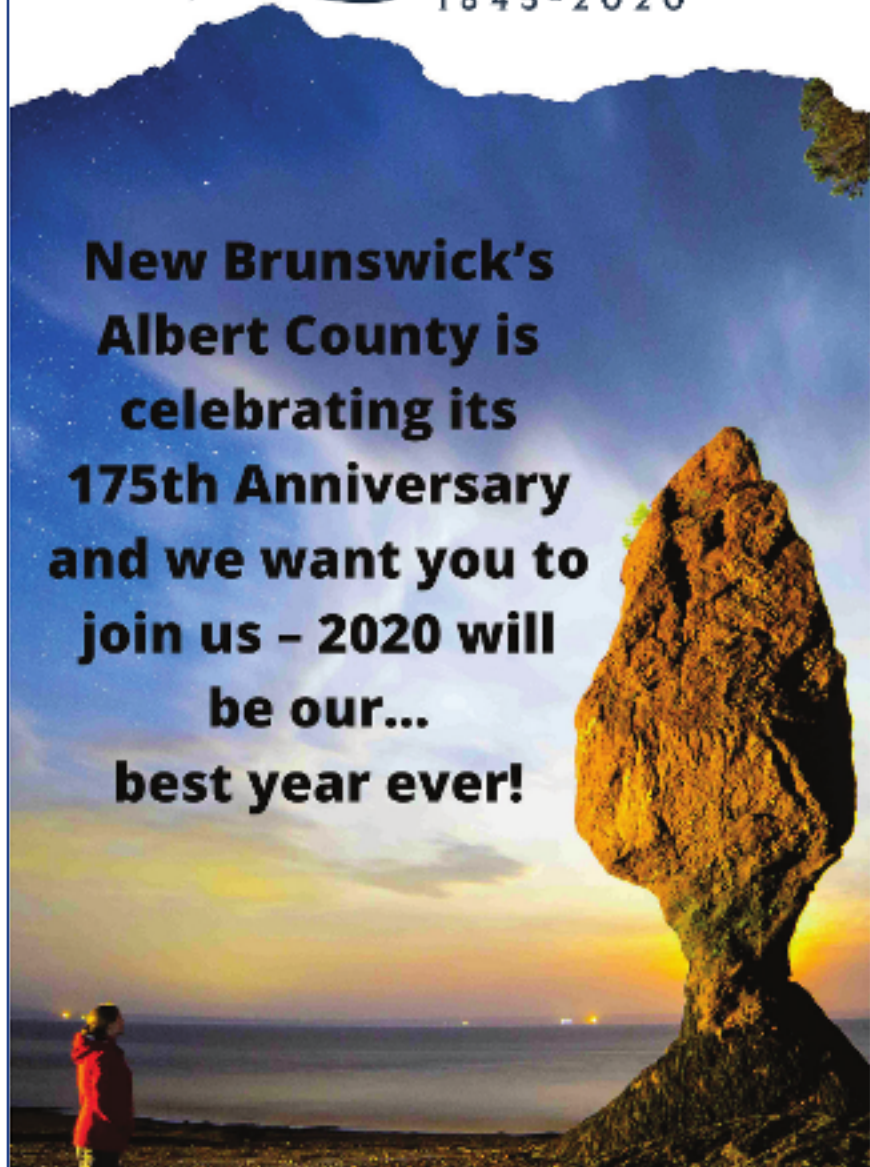
AC175 Barn Quilt - In honour of the Annual Quilt Show & Sale and the Barn Quilt Trail that we will be working on in the coming years, we have designed and painted a special AC175 Barn Quilt. Visit the Albert County Museum to see the beautiful barn quilt featuring the iconic scenes of our county!

The Albert County 175 celebration is presented by the Albert County Historical Society and is supported by the Governments of Canada and New Brunswick, Hopewell Rocks, Albert County Tourism Association, Albert County Chamber of Commerce, Friends of Fundy, Bayview Chalets & Motel, Connecting Albert County, Ponderosa Pines Campground, Town of Riverview, Villages of Hillsborough, Alma and Riverside-Albert, and Broadleaf Guest Ranch.

Learn more at AC175.ca, [Facebook/albertcountymuseum](https://www.facebook.com/albertcountymuseum), call 734-2003 or email ac175@albertcountymuseum.com.



**New Brunswick's
Albert County is
celebrating its
175th Anniversary
and we want you to
join us - 2020 will
be our...
best year ever!**



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*Enjoying a winter walk. Image by
Annick Butland (see page 7.)*

Connecting Albert County relies on
volunteers, donations and advertising to
share the stories of our community.

If you would like to help out in any way,
please contact Janet Wallace (info@ConnectingAlbertCounty.org) or visit
ConnectingAlbertCounty.org.

You can find out how to donate or
advertise. You can also discover many
great articles about rural Albert County.

Enjoy!

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Village of Hillsborough villageofhillsborough.ca

Village of Riverside-Albert riverside-albert.ca

The Garden Guy (Micheal McBurnie) [Facebook.com/thegardenguymicheal](https://www.facebook.com/thegardenguymicheal)

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Chipoudy Communities Revitalization Committee [Facebook.com/communityrevitalization](https://www.facebook.com/communityrevitalization)

Falcon Ridge Inn B&B www.falconridgeinn.nb.ca

Fundy Highlands Motel and Chalets www.fundyhighlandchalets.com

Hillsborough Baptist Church hillsboroughbaptist.org

Jeff MacDougall, SouthEastern Mutual Insurance jeff.macdougall@semutual.nb.ca

Village of Alma villageofalma.ca

For seven years, Connecting Albert County has provided our community with information on people, places and events in rural Albert County. Every month, hundreds of people read our publication. The electronic issue is emailed to 550+ subscribers and many others read the issue online. Hundreds of free print copies are distributed each month throughout rural Albert County.

To volunteer, contribute a story or find out more, email info@ConnectingAlbertCounty.org. To find out more about ads or donations to support our work, visit ConnectingAlbertCounty.org.

For details, please email info@ConnectingAlbertCounty.org or mail CAC, 8 Forestdale Road, Riverside-Albert, NB E4H 3Y7.

We hope you will consider supporting Connecting Albert County.

www.ConnectingAlbertCounty.org ~ 14