

Connecting Albert County

January 2023

Alma Beach in late December

Photo taken by Greg Rossiter

Happy New Year

Join our Team in 2023

As editor of the Connecting Albert County Newsletter and on behalf of the board or directors I would like to wish all of our readers, volunteers and contributors a happy, safe and prosperous new year. 2022 has been an interesting year and I am looking forward to everything that 2023 has to offer. I want to invite any of our readers, local organizations or businesses to contribute to our newsletter in the months to come. If you have an event you would like to share, an article you would like to write about or something to share with the people in Albert County, please contact me at info@connectingalbertcounty.org.

We are always looking for new articles to be included in the newsletter as well as new volunteers to join our board or our proofreading team.

Thank you for your continued support,
Amanda Rossiter

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Connecting Albert County

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Our Mission: Building connections and fostering pride of place and culture in rural Albert County by publishing in print & online.

Connecting Albert County Inc. is a registered non-profit organization.

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To volunteer with CAC, advertise, donate, submit articles or letters, email [info@](mailto:info@ConnectingAlbertCounty.org)

ConnectingAlbertCounty.org or mail CAC, 8 Forestdale Rd., Riverside-Albert, NB E4H 3Y7

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Community Member & Business of the Month Nominations

Do you know a person or business in the communities within Albert County who goes above and beyond what is expected of them? Who supports the community whenever the opportunity arises and who is always willing to help people or groups in need? Why not nominate that person or business for some small recognition in print in the new columns in the Connecting Albert County "Community Member of the Month" and "Community Business of the Month." All nominations are being received via email to info@connectingalbertcounty.org. Please include the name and address of the person you are nominating, as well as your own name and address. Also include a description of what makes this person or business special and a pillar in the community. If possible, please include a photo as well. We look forward to hearing from you.

Community Member of the Month ~ Nomination

(Email all nominations to info@connectingalbertcounty.org)

Name of Nominee: _____

Address of Nominee: _____

Name of Nominator: _____

Address of Nominator: _____

Please give a description of what you believe qualifies this person to be recognized as the Community Member of the Month for Albert County. (500-750 words) (If possible, please include a photo of the person as well.)

Community Business of the Month ~ Nomination

(Email all nominations to info@connectingalbertcounty.org)

Name of Nominee: _____

Address of Nominee: _____

Name of Nominator: _____

Address of Nominator: _____

Please give a description of what you believe qualifies this business to be recognized as the Community Business of the Month for Albert County. (500-750 words) (If possible, please include a photo of the business as well.)

Community Member of the Month

January - Teresa O'Hara

Teresa O'Hara is a person who is always there for everyone and no one is more deserving than she to be honored for her generosity and going that extra mile for her friends, neighbors and community.

Words from Riverside-Albert Volunteer Fire Department

"Behind every man stands a great woman." In the department, Teresa is the lady behind the scenes helping keep things in order as the Secretary/Treasurer of our fundraiser funds, assisting on medical calls when she is not on shift at Ambulance New Brunswick (ANB), first aid training officer for our team for over 30 years, and is always looking out for the welfare of our team.

She puts her heart and soul back into her community through her work and experience as a paramedic. Our community members always know they can call on her for medical assistance. No matter the time of day she will always answer their call. When families are doing at-home hospice care, she will check in with the family, sit with them at the end and help through the process in any way she can.

Teresa O'Hara will always be a valued member of our department and community. She always goes above and beyond the call of duty and expects nothing in return.

Words from Village of Riverside-Albert, Mayor & Council

Teresa O'Hara has dedicated her life's work to being an avid volunteer and member of the Riverside Holy Ghost Catholic Church, Riverside-Albert Volunteer Fire Department and the St. John Ambulance. In 2007, ANB took over EMT services for St. John Ambulance in our area and Teresa took on the role of full-time paramedic. Even when she is not on shift, she is known to



make the occasional house call, help families convince their stubborn loved ones to get the medical care they need or go to work on her days off to ensure that her local ambulance services do not go understaffed.

Whether it be volunteering at a roast beef supper for her church, organizing the Alma & Riverside-Albert Fire Department's 50/50 draw or answering an emergency medical call, Teresa goes above and beyond the call of duty. She enriches our community fabric with a selfless, humble spirit and asks for no recognition in return.

Words from Father Phil Mulligan

Teresa has a wonderful gift of making everyone she meets feel welcome. As the pastor of four churches, including Holy Ghost Church to which Teresa belongs, I do not know how I would get along without Teresa's help. Like I said, she makes everyone who walks through the church door feel special, whether they are Catholic or not, whether they are a regular parishioner or people visiting for the first time.

Each Saturday, as I travel from Riverview to Riverside-Albert, I have no worries that the church will be open, that the heat is turned on if needed, and that everything that we need to worship well will be in place. It's worry-free because Teresa's dedication and commitment to her church makes it so. She takes pride in her church, and it shows.

Teresa spearheads the church decorating not only at the high seasons of Christmas and Easter, but also all throughout the year. She travels to Riverview on a regular basis to pick up supplies and participate in regular meetings.

Teresa looks after everything so that Mass can go smoothly and she also looks after all the administrative (including financial) aspects of Holy Ghost Church. We depend on her so much...maybe too much!

Teresa's generosity with her church community spills over into the greater community. As an EMT, Teresa brings her expertise, compassion and generosity of time to her job. Her "paying" job, much like her "volunteering" job at the church, is more than a job—it's a vocation. It's done with her whole heart.

Whenever there is a function at the community center, involving the church or not, Teresa is front and center, with sleeves rolled up ready for work. In all the time I have known her, I've never known Teresa to look for acknowledgment or praise.

Words from members of her community

With the eyes of a 27-year-old woman, I see

Teresa O'Hara is an outstanding woman and citizen. She has made her career the foundation of her life and takes pride in everything she does. Being a paramedic stationed in your local community is not an easy task. Regardless of the situation, whether Teresa is on shift or off, she is always ready to help others. There have been many occasions where a day of necessary relaxation and rest has turned into her heading out to the scene of a local accident as no paramedics on shift could get there at that time. She is dedicated and reliable to her job and community. She spends her spare time volunteering in her local church and volunteer fire department. She is strong and courageous and will take the shirt off her back to help a neighbor, or even a stranger.

Teresa gives 100% or more, selflessly every single day for nothing more than the knowledge that she has helped or comforted someone to the best of her ability. She is a humble and compassionate woman. Teresa is a role model for us young generations to look up to; she is humble and compassionate and she shows this through her actions. Teresa O'Hara deserves to be recognized not only for what she has done or will do, but also for just being who she truly is. Her authenticity is something we should all look and strive for. To me, she's the definition of a true Albert County Woman. - **Casey**

I have known Teresa personally and professionally for over 40 years. Teresa is an individual within our community whom we should all aspire to become. Her dedication to her church, community and profession is endless. Teresa gives her time, day and night, to our community without wanting anything in return, and always without judgment.

On a personal note, Teresa has been a true friend to me, my husband and family. We have reached out to her on many occasions to seek advice on a medical question or help with family funerals in the church, or just a need for someone to talk to. Her kind and caring nature is

to send a text message, drop off a note, call or sometimes just be present when she knows there is a need.

In closing, Teresa is a vital part of our community, always going above and beyond the call of duty, no matter who or what part of the community is calling. - **Loretta**

Teresa O'Hara has been an active member of her community for most of her life. She is a volunteer for her church, Holy Ghost Catholic Church, where she cleans, helps with fundraising, looks after the church meetings, and does everything behind the scenes. She is the one I call on when a funeral is going to be held in the church and she is always there when needed, even vacuuming the floors at all hours of the night to make sure everything goes well and is ready for the service. She is also very involved in the Holy Ghost Cemetery Commission.

She was with the Volunteer St. John Ambulance where she volunteered countless hours to make sure everyone who needed first aid was cared for. She eventually joined the EMT Paramedics when it moved to being provincially owned. Teresa is there for everyone, even when she is not on call. She has made many stops to my family personally when my father was not well, just to check on him and give her advice, as she has done for many families in the community. When she is not on call, she still will go just so the families are comforted by knowing her and that she will do whatever she can to make sure their loved one is cared for in the best way possible.

She also volunteers her time with the Riverside-Albert Volunteer Fire Department and is their treasurer. When they get a fire call, she is always ready to go and help them. She helps with the 50/50 draws for the Fire Department and is always the first person you see at their Annual Pancake Breakfast Fundraiser.

She is always supporting local causes. She is known to the CCRC as she purchases tickets for their draws on every Friday night for Chase the

Ace, goes to all the Christmas Markets and anything else that is going on locally.

She is very humble and expects nothing in return. She has a good heart and is there for everyone, day or night. Some refer to her as Albert County's Florence Nightingale. She exudes light in dark times and has a way of taking control of situations without being forceful. She is a very caring, generous person who always has a smile. It must be trying at times to serve your community in this way, but Teresa has never wavered and is a strong woman who always puts the needs of others before her own. The fact is they don't make them like Teresa anymore. She is one of a kind who truly deserves recognition by her community and I consider it a privilege to know her. - **Lisa**

We have so many people who could express their gratitude to Teresa, but this article would go on forever. If you know Teresa and she has impacted your life, please be sure to let her know how special she is and what a valuable part of our community she truly is.

As a way of showing our thanks, a collection of donations to the Riverside-Albert Volunteer Fire Department, Alma Volunteer Fire Department and Hillsborough Volunteer Fire Department will be made in honour of Teresa in thanks for all her hard work and dedication to her community.

Thanks again for all you do, it does not go unnoticed. From your friends, neighbours and community.



thank
you!

Albert County Community Health Center

We are continuing all visits by appointment only in Albert and in Hillsborough. Now is the perfect time to book an appointment with our diabetic nurse, dietician or social worker. Services provided to the public with a requisition from a health care provider are X-Rays, ECGs, Holter Monitors, IV/Infusion therapy, PICC care, Port-A-Cath flushing, physiotherapy, wound care, suture removal, etc. Currently we are having covid booster clinics on Thursdays for ages 18 years and older and we are using Pfizer Bivalent.

Call Riverside-Albert to book appointments at our Hillsborough Office, open Tuesday, Wednesday & Thursday 8:15-11:15am for bloodwork, blood pressure checks, B12 injections, etc.

At home covid test kits are available by appointment through www.gnb.ca and can be picked up at our Hillsborough Office and in Albert.

On January 18th from 1:00-3:00pm we are having a BP Clinic at the Albert County Pharmacy in Riverside-Albert. Our center is not a walk-in clinic as our health care providers only see their own patients. If you need a family doctor, you can register for one by calling 811.

If you have any questions, call us at 882-3100.



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The Founding Mayor and Council of Fundy Albert

by Hanna Downey Chief Administrative Officer

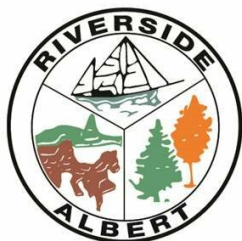
The founding councillors of the newly formed Fundy Albert took the Oath of Office at a special ceremony December 19, 2022, at the Community Hall in Hopewell Cape. Hon. Mike Holland was present to offer congratulatory words to the group who were elected on November 28, 2022, as part of the local governance reform initiative. Mayor Robert Rochon stated during his inaugural address, "It's now time to begin to chart a positive path forward for our community. One that strives to leverage our individual strengths and capitalize on partnerships with community groups and organizations. We will also need to engage citizens and work collaboratively with other levels

of government to make Fundy Albert the vibrant and successful community it so rightfully deserves to be."

The Council of Fundy Albert is composed of six councillors and one mayor, who will take power of the entity on January 1, 2023. Statements submitted by some Council members follow this article.

Information and updates about the newly formed Village of Fundy Albert can be found on the Facebook page at [Village of Fundy Albert | Facebook](#)

Pictured below from left to right: Ward 1 Councillor John Ereaux, Mayor Robert Rochon, Ward 2 Councillor Loretta Elderkin, Ward 3 Councillor Jeff Land, Ward 4 Councillor Jeff Jonah, Ward 5 Councillor Jim Coates, and Ward 6 Councillor Heather Ward.



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Village of Hillsborough

Robert Rochon—Mayor Jeff Jonah—Councillor
Jeff Land—Councillor Melody Land—Councillor
Trent A. Steeves—Councillor

Mayor Robert Rochon

I would like to thank the many individuals who offered during the recent municipal election. Unlike in some areas of New Brunswick, our community saw good interest in becoming an elected official and good overall voter turnout. I offer thanks to the citizens of Fundy Albert who encouraged me to offer, who supported me along the way, and who voted for me as their mayor. I will work hard for all constituents and do my absolute best to meet your expectations.

This coming year will be a very challenging one for Fundy Albert's new municipal council, mostly because of the changes that will be happening with governance reform. There will be many questions to answer and adjustments to make along the way. These will include a new council composition, a new governance and organizational structure, positions with different roles and responsibilities, and new service delivery obligations that don't currently exist. Our term in office will begin with briefings relating to budgets that were developed by the province, the new organizational structure, and also the various roles and responsibilities of employees and members of council. There will also be an opportunity to develop a strategic plan and carry out a review of municipal policies and bylaws for the community.

The communities of Alma, Riverside-Albert and Hillsborough each have important projects currently under development, including those related to water exploration and infrastructure, and affordable and appropriate housing. In my role as mayor, I will advocate for the completion of these because of their importance to the individual communities and the impact they will have on Fundy Albert's ability to grow and prosper. In addition, we will have to work to understand how we can contribute to the needs of the broader community, including for the many who have never had elected representation before.

I mostly look forward to meeting with our new council members to begin charting a path forward for the community. I'll work with our Chief Administrative Officer and council to formalize the various systems, processes and procedures required to provide efficient and effective municipal services. In the short term, I hope to deliver on my commitment of increased transparency in government as well as better communication and opportunities for citizen engagement.

None of this will be possible without citizen involvement and input. My hope is to develop a productive and collaborative approach to government, foster good partnerships with community groups and organizations, and good working relationships with other communities, service providers and levels of government. Together, I'm confident that we will build a good foundation for future councils to build on.

Ward 2 Councillor Loretta Elderkin

I am humbled and appreciative of the community support in the recent election in which the residents of Ward 2-Fundy Albert have elected me as their councillor.

As we enter 2023, the work of the councillors will just be beginning. I will strive to be a strong voice for Ward 2 as I collaborate with the elected team throughout the transition into Fundy Albert. This will be a new adventure for all of us, but I believe the team will strive to work for the best interests of our community.

I am fortunate to have grown up here, raised my own family here and continue to call this area my home.

I am looking forward to being part of the Fundy Albert team!

Ward 1 Councillor John Ereaux

First of all, I would like to thank all the voters who supported my candidacy and to express to everyone my sincere commitment to do my best in representing all of the people of Ward 1 on the Fundy Albert Municipal Council.

One of the key aspirational goals of those who championed the amalgamation project was that, as an amalgamated community, we would be able to achieve things collectively that we could never achieve alone as independent small villages and rural areas. What I look forward to most of all as a member of Council is achieving successful examples of this cooperative synergy in action in our newly amalgamated community.

We have many challenges ahead of us – this is most certainly an understatement. Not only will we need to create and promulgate an entirely new set of by-laws and policies for Fundy Albert, but also we will need to address the challenges of budget shortfalls that we will undoubtedly experience during the transition period when the Province is dictating fiscal and taxation policies to us. On top of this will be the fact that our former local government areas must now operate collectively, no longer as independent municipalities or districts. As a Council, and also as an amalgamated community, we must now begin to do all the things that will promote unity, and harmony, and the common good among us, in all of the six Wards of the single Fundy Albert community. All the while, we must remain mindful of the fact that, for the foreseeable future at least, we have within Fundy Albert six district taxation areas, each with its own unique property tax rate. Fairness issues will likely be a constant concern because of this.

In terms of the priorities I see for our new Council, the following would be the most critical high-level objectives:

- preparing a five-year strategic plan for the entire community as a whole, and also for each of the six Wards,
- beginning to implement the five-year plans,
- overseeing the successful development and implementation of all the required bylaws, policies, systems and processes that the local government council, administration and community will require to operate effectively and efficiently as an amalgamated entity.
- completing the critical Alma Water System Expansion Project, which can only be accomplished with the crucial support from our Provincial and Federal Government funding partners.



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Ward 5 Councillor Jim Coates

Jim has listed his priorities as follows:

- Many rural communities and subdivisions are located in Ward 5. I will work on signage to promote the area,
- Help seniors stay in their homes,
- Concerns on policing in rural areas and villages,
- Reliable Hi Speed Internet and cell service for Fundy Albert. Many areas of Fundy Albert have no access to either cell or reliable internet service, and
- Support tourism and infrastructure.

Ward 6 Councillor Heather Ward

It is an honor to have been elected as the Councillor for Ward 6 of the community of Fundy Albert. The support that I have received by the residents, family and friends has given me the strength and encouragement to take on this journey with pride, knowing that what I set out to accomplish will indeed be fulfilled.

Over the next few months there will be a lot of listening and learning as the new council prepares for the years ahead. Having the background and understanding of the governance reform will be helpful in moving our community forward. One of the first tasks will include meeting with the provincial departments that provide services to our area to understand the current structure and how this could be improved.



Hon. Mike Holland
Minister
MLA-Albert

1037 Rte 114 Lower
Coverdale, NB E1J 1A1
Constituency Office:
(506) 856-4961

mike.holland@gnb.ca

For me, being transparent continues to be important as well as being able to continue listening to residents and bring their concerns, issues and priorities back to the table. Some of these issues include property tax rate increases, vandalism and RCMP presence and, of course, having access to our healthcare system.

As many of you know, I am a supporter of enhancing and keeping our agriculture industry viable; therefore, working with our agriculture producers who provide our community and the world population with local food will be a top priority. Understanding the rural landscape and the importance of agriculture-zoned land with urban encroachment will also continue to be a top priority.

I look forward to working with our new mayor, Robert Rochon, and the elected officials from the other wards to make sure our community succeeds as we navigate through this reform over the next four years.

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Survey on Mental Health and Addiction Support Available for NB Seniors

Seniors' addiction and mental health care is an issue that concerns many New Brunswickers. The NB Department of Health, Addictions and Mental Health Services Branch, is conducting a **scan of existing mental health and addiction resources available to support New Brunswick seniors**. A scan of seniors' programs in Canada and other jurisdictions identified by the Branch is also being undertaken to identify benchmarks and best practices. This research will help to uncover potential opportunities for New Brunswick to make changes and/or improve available resources.

The Branch wants to ensure that it receives input from as many people as possible. **A brief (10 minute) survey has been developed** to collect this information. The survey will be open from December 6, 2022 to January 6, 2023 for input. This is the link to take the survey:

[Click here for the survey in English](#)

[New Brunswick Seniors' Addiction and Mental Health Programs Survey for the Community \(surveymonkey.com\)](#)

Please take a few minutes to check the online publication and respond to the survey to give your perspective.

Results of this research will inform the development of future programs and resources in New Brunswick for seniors with mental health or addiction needs. We will keep you apprised of progress and our findings.

Thank you for your support,

Dr. Linda Hoyt,

Medical Officer, Addictions and Mental Health Services, Department of Health, GNB



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MP, Fundy Royal

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New Year's Greeting from Albert County Historical Society

by *Dawne McLean* President of Albert County Historical Society

May 2023 bring you happiness, peace and prosperity!



With the beginning of the New Year, it seems appropriate to reflect on the past year of the Albert County Historical Society (ACHS) and the Albert County Museum, which included commemorative celebrations, bus tours, school visitations, special events and accomplishments. Gracious thanks are extended for the support received from all levels of government, community organizations, volunteers, Society members and visitors in contributing to a successful 2022!

The year 2022 celebrated the 60th anniversary of the Albert County Museum, which was established by the Albert County Historical Society and officially opened in May 1962. The "2022 Official Opening" on May 21 included a re-enactment of the ribbon cutting ceremony held in 1962, displaying the same museum artefacts, as well as the Museum's 1962 Guest Book. For the 60th anniversary, a "commemorative ornament of the Court House" was designed by Aitken's Pewter as a keepsake and to initiate the fundraising campaign for needed conservation repairs to the Court House.

To celebrate the 70-year reign of Her Majesty Queen Elizabeth II, a "Platinum Jubilee Ceremony" was held June 4 on the portico of the

Court House. A reception and IODE presentation were held in the Community Hall where Royalty displays and a Mildred Bennett Chapter IODE exhibit were also enjoyed.

The annual "RB Bennett Day", celebrated on July 3, included the Official Opening of the refurbished RB Bennett exhibit by RB's nephew, Mr. William Herridge from Toronto. Another highlight was the "one day display" of PM Bennett's Privy Councillor uniform jacket, a treasured artefact, which was transported by a conservator from the New Brunswick Museum. The heritage video titled "Canada's New Brunswick-Born Prime Minister: The Honourable R. B. Bennett" was professionally recorded in both English and French to be used as heritage resources for NB schools and to be included in the Museum's Bennett exhibit.

The return of the regular "Quilt Show & Sale" in July was greatly appreciated and well attended! Thanks to the Quilt Show Committee members for their dedication and work in organizing this important event.

The "Love Your Covered Bridge Day", held on Sunday, July 31 at Sawmill Creek Bridge, was a success with a good attendance, lively music and a great time for everyone!

The "Children's Festival", held August 12 and 13, was a first time family event. All children received the "Living by the Sea" Children's Activity Book and enjoyed the fun activities of games, crafts, music and presentations by children's authors.

Throughout the summer and fall, bus tours regularly enjoyed visiting and touring the Museum.

The book presentation on September 28 by Janet Coulter Sanford, local author of the book "Memories on the Bounty", was well attended and greatly enjoyed.

The "2022 AGM" welcomed three new directors to the 2022-2023 ACHS Board that now has 13 Directors!

November 5 brought the exciting book launch of "A Glimpse of Past Days", a book compiled and authored by Dawne McLean in order to preserve in print and share many heritage photos and historical accounts of Albert County's rich and interesting past.

The Museum received numerous artefact donations that were greatly appreciated throughout the year. Just prior to Remembrance Day, the Museum was honoured to receive the exceptional donation of the WWI Memorial Cross that honoured the sacrifice of Private Clifford Oulton who was killed in 1916 at Passchendaele. The Silver Cross, which was discovered buried in the ground by a local man using a metal detector, is an amazing story that was shared on CTV news. The Memorial Cross was generously donated to the Museum to be a treasured artefact displayed in the WWI exhibit.

The November 11 "Sunrise Remembrance Ceremony" at the Hopewell Cape square had an increased attendance of over 40 people this year. The admission donations received to tour the Museum during the Nov. 11 afternoon were donated to the Hillsborough Legion Poppy Fund.

In December, the Museum participated during the two weekends of "Christmas in the Country".

Completed work and improvements:

A condition assessment of the Court House was completed by a heritage engineer to provide

guidelines in the future repairs necessary to preserve the iconic heritage building.

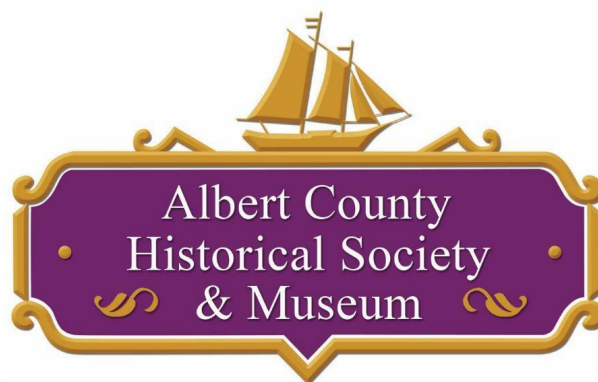
The two end columns at the Court House were stabilized by Timber Restoration Services and the exterior fluted woodwork around the columns was completed.

Improvements for "accessibility and safety" for seniors at the museum included 1) the installation of the new electronic accessibility door at the Community Hall entrance and 2) the purchase of a club car to transport Museum visitors with mobility issues to and from the museum buildings.

The ACHS acquired ownership of the former Municipal Office building and property from the province! The building will provide secure storage for accessioned artefacts, as well as offices for the Historical Society and the Museum Manager.

Please join in a toast for having a successful 2022 and now looking forward to a prosperous and exciting 2023!

"Here's to a bright New Year and a fond farewell to the old; Here's to the things that are yet to come and to the memories that we hold."



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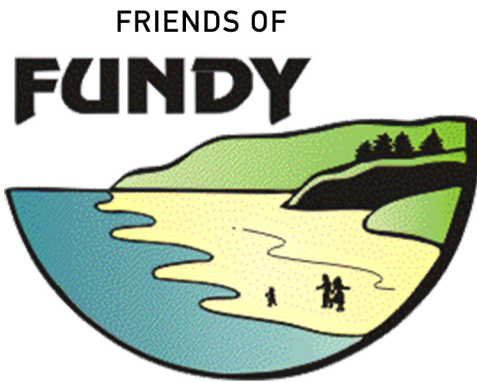
The Old Church Farmers' Market

2807 Main Street,
Hillsborough

Saturdays 9am to 2pm

Meet friends at The Old Church Farmers Market for Oliver's German Bakery, meats, eggs, farm foods, crafts, knitting, art, jam, syrups, soaps, potions, vegetables, with a spot of music and Buddha Bear coffee.

Friends of Fundy Hosting Community Events



The School St. Gallery Space

Starting January, Friends of Fundy is opening up the School Street Gallery Space for community-led events:

Fit Together Fundy - Sarah Morley will be hosting 6 weeks of yoga classes on Monday and Thursday starting January 2nd from 5:30 to 6:30pm. We'll be posting how to register for classes on Facebook - start the year off on the right foot!

<https://www.facebook.com/FundyFriends>

Family Games and Craft Nights -

Beginning on January 11th, we'll be partnering with the Alma Recreation Council on Wednesdays to offer family activity nights from 6 to 7:30pm. Open to all ages, you can drop in and join us for a game of cards, learn how to play new board games, puzzle building, paint by number, and other activities. The first 3 evenings are tentatively scheduled for:

- January 11: Family games night. There will be Jenga, Battleship and cards or you can bring a game from home!
- January 18: Paint and sip! Enjoy hot cocoa while you follow along on a simple painting tutorial. Materials are provided.
- January 25: Introduction to lino printing! Come and try out making a print of your very own design. Materials are provided.

Keep your eye on the Alma Rec Council's Facebook page for more details: [Alma Recreation Council | Facebook](#)

Submitted by Ian Duncan

Dog Days of Winter

This February Moncton Dog Runners, Fundy National Park and Friends of Fundy are partnering to bring Dog Harness Racing back to Fundy National Park. Whether you're an experienced harness sports athlete, curious about trying it out, or simply want to watch these dynamic teams in action, plan to visit Fundy National Park and the community of Alma on the Family Day Weekend, Feb 18-20. The full schedule of events will be out this month!



Upper Bay of Fundy Rural Region Destination Development Summit

On November 1-3, community members and leaders, local business owners and operators, not-for-profit organizations, and representatives from all levels of government gathered from across the county and convened at the Poley Mountain Resort to share ideas and experiences and to plot a course forward for the Upper Bay of Fundy Rural Region. Based on what we learned together at the Summit, the Upper Bay of Fundy Rural Destination Development Project will focus on the following tasks over the next six months:

- determine the organizational structure for a new stakeholder-led destination management organization,
- collaborate to host professional development workshops for operators and community organizations,

- convene follow-up facilitated sessions to build off the work we began at the Summit,
- continue to develop relationships and explore potential for formal partnerships with the Upper Bay of Fundy's five levels of government, and
- continue to engage throughout communities in the region to welcome new people, groups and organizations into the conversation.

We'd like to thank Poley Mountain Resorts for being an excellent host; Pete Grandy, Angela MacDougall, and Jeremy Wilbur for teaming up for a delicious, locally-sourced feast; and Shane Douthwright for providing music.

If you want to stay in the loop as this project moves forward, email community@friendsoffundy.ca to be added to the mailing list and follow us online <https://www.ruralfundyregiondevelopment.com/> and on Facebook [Rural Upper Bay Of Fundy Regional Destination Development Project | Facebook](#)



Community Business Development Corporation

WESTMORLAND ALBERT

Business financing, support and advice

SELF-EMPLOYMENT BENEFIT PROGRAM (SEB)

The Workforce Expansion Self-Employment Benefit Program helps unemployed individuals create a job for themselves by starting a new business. The program provides various types of support during the initial development phase of the business including financial assistance, coaching and ongoing technical advice. Coaching is tailored to meet individual needs and can include subjects such as business plan development, accounting, and marketing.

Contact us today for more information! CBDC Westmorland Albert
337 Main Street, Shediac, www.cbdc.ca Tel: 506-532-8312, 1-800-925-6677



Michel Gallant
michel.gallant@cbdc.ca



Kynan Philippe
kynan.philippe@cbdc.ca



Myriam Sonier
myriam.sonier@cbdc.ca

Funded by the Government of Canada and the Province of New Brunswick through the Canada-New Brunswick Labour Market Agreements.



January Pantry Challenge

by Angela MacDougall Herb n' Joy Fundy Farms: local harvest

It's January! Time for eating hearty, soul nourishing meals we have put away in the cold room, cupboards and freezers. It's time to do the deep clean of all the food in our houses - rotate, use up, save on groceries and get creative in the kitchen! What else are you going to do with all the snow and cold temperatures coming our way?

If you've been around for a while, you know the Pantry Challenge drill, but with so many new faces in the community, let's do a quick overview.

The Pantry Challenge is to help you: save money, reduce waste, rotate through your food, learn new recipes and get the family involved in some fun in the kitchen. The concept is to not buy groceries for the month of January, BUT you are your own rule maker. So! If you need to buy dairy products, or bread or whatever it is, no sweat! You make your own rules. The goal is just to buy less and try to go as long as possible without grocery shopping.

This year we are really excited to learn some new cooking techniques and introduce new styles of cooking into our repertoire. We will be highlighting foods made with flour (Yikes! Not my comfort zone.) with our new community member Kasia Diana. Kasia is going to teach us to make some dishes from her Polish background. We are excited to get together in the kitchen and cook with friends. (This is also something YOU could do, too.)

We will be sharing all our meals, discoveries, recipes and ideas on our social media pages. We invite you to follow along under Fundy Farms: local harvest on Facebook and Instagram. We hope you will get involved and join in on the fun. You can also follow #threeriverschallenge #pantrychallenge2023 on Instagram to see what others are doing for the challenge as well.

Yes, I want to help

have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre



BENNETT & ALBERT COUNTY
HEALTH CARE FOUNDATION

I would like to contribute a monthly amount of \$ _____ TO BE DEDUCTED ON: 1st or 15th of the month

I would like to contribute a one-time gift of \$ _____

Name: _____ Telephone: _____

Address: _____

City/Town: _____ Province: _____ Postal Code: _____

E-mail: _____

I have enclosed a cheque made payable to the
Bennett and Albert County Health Care Foundation

I prefer to use my: VISA MasterCard

Card Number: _____

Expiry Date (month/year): _____

Signature: _____

Charitable Registration: 869019133 RR0001

Bennett and Albert County Health Care Foundation
8 Forestdale Road, Riverside-Albert, NB E4H 3Y7
Tel 506-882-3100 Fax: 506-882-3101

Donate online at www.bachfoundation.com





Urban/Rural Rides Appreciates their Volunteer Drivers

by Kelly Taylor



On Dec 2, Urban/Rural Rides held their annual Driver Appreciation Event at the Riverview Lions Club. The volunteers give their time throughout the year to help others, so it is important to take time to thank them and acknowledge their generosity.

A delicious breakfast was prepared by volunteers of the Riverview Lions Club. Several door prizes donated by local businesses such as Universal Accessories, National Tire Distributors and others were well received by those who won them.

Volunteers were presented with certificates of appreciation and gifts. A client testimony was shared and one of the volunteers, Louise, shared

what being a volunteer means to her and how it has impacted her life. A video of her story is on our Facebook page and website for viewing.

The volunteer drivers are what makes this program work and they truly do change lives one ride at a time with their kindness, generosity and willingness to help others. Words are not enough to express how much they are appreciated.

If you would like to be part of the team of amazing volunteers, please call 962-3073 or visit the website at urbanruralrides.ca

Christmas Bird Count in Fundy National Park

by Dan Sinclair



More than 36 different bird species spotted as annual holiday tradition celebrates 58 years!

Birds are fascinating, fun to watch and an important part of our ecosystem. They are mobile and come in many shapes and sizes. Some even connect our hemispheres through their annual migrations.

Their sensitivity to changes in habitats and their environment make them important indicators of whether we are being good stewards of the planet.

Christmas Bird Counts engage bird enthusiasts of all ages to get outside and explore their love for nature while contributing to one of the world's oldest and most important wildlife censuses.

On Friday, December 16th 2022, Fundy National Park hosted its 58th annual Christmas Bird Count. Close to fifty participants explored, observed and counted birds throughout Fundy National Park and the village of Alma count area.

The day began with participants gathering at the Fundy National Park Salt and Fir Centre where they were divided into groups and sent off on specific counting routes.

Over 36 different species of birds were observed. Some of these included: Black-capped chickadees, American Crows and Downy and Hairy Woodpeckers.



Some of the more interesting observations included: Boreal Chickadees, Northern Cardinals, a Winter Wren, and a Pileated Woodpecker. Even a Great Horned Owl was heard.

Birds were not the only observations made throughout the day. A raccoon, skunk and even a yellow-spotted salamander were seen.

In addition to groups venturing out into the park, a few participants stayed home and observed the activity at their feeders. These counts were submitted at the end of the day.

Observations and data recording contribute to identifying important long-term trends in winter bird communities.

Anyone wanting to participate in a bird count in the future is encouraged to find a count that is local to them. Visit www.birdscanada.org for more info.



Do you live in the Chipoudy Communities from Albert Mines to Alma ?

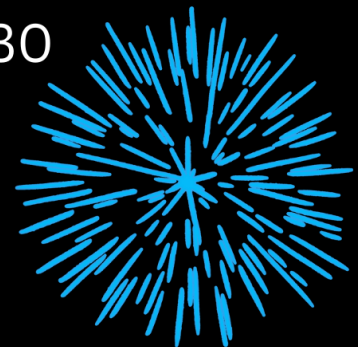
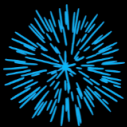
You are Invited to a January Jamboree

January 15, 2023

Riverside Albert Rec Center

2:30 - 4:30

- Kids games
- Refreshments
- Meet your Neighbours
- Prizes
- Community Information
- Open House Format



Sponsored by

Chipoudy Communities Revitalization Committee

Horizon Health

Riverside Albert Recreation Council

NEW BRUNSWICK
SENIOR CITIZENS' FEDERATION'S



Don't miss your chance to win big while helping a good cause with our weekly 50/50 lottery! Please help us promote the New Brunswick Senior Citizens' Federation's 50/50 lottery as we need your support now more than ever. We are not government funded, so the only revenue for the NBSCF comes from membership cards (clubs, individuals and affiliates), the 50/50 draw, and some corporate sponsors. This is very important to help us contribute the funds needed to promote our Federation. Our main goal is to provide the necessary tools to have a better quality of life for all seniors in New Brunswick.

You can help us by getting people around you to buy 50/50 lotto tickets. For \$104, they are automatically entered into the system for a full year and a chance to win every week, but they can also purchase the amount of weeks they want from 1 to 52. What a lovely wedding anniversary or birthday gift for friends and family! Also, don't forget that the 50/50 lottery is for everyone, you don't have to be 50 and over to purchase tickets or win! Our draw takes place every Wednesday at noon. Please spread the word! Here is a chart showing some of the different advance purchase possibilities:

✓	Number of tickets per draw	Number of weeks of advance draws	Cost per ticket	Total amount of your order
	1 (one)	26 weeks	\$2.00	\$52.00
	1 (one)	52 weeks	\$2.00	\$104.00
	5 (five)	26 weeks	\$5.00	\$130.00
	5 (five)	52 weeks	\$5.00	\$260.00
	20 (twenty)	26 weeks	\$10.00	\$260.00
	20 (twenty)	52 weeks	\$10.00	\$520.00

Advance tickets can be ordered and delivered by mail, or you can purchase them in person at the NBSCF office or at any of our participating stations: COOP Gas Bar in Bouctouche; Shediac COOP; COOP Cartier in Richibucto; Cocagne Variety; People's Park Tower Rite Stop in Moncton; Memramcook Esso; and Dépanneur CM in Tracadie-Sheila. You can pay by cash, credit card, or debit card.



Your tickets can be mailed out to you anywhere!

Don't forget to buy or renew your lottery tickets! Join the winners and help New Brunswick seniors!

Please include this completed form with your order.

.....
Your name (*the one to appear on the tickets*)

Mailing address:

Town: _____

Province: _____

Postal Code: _____

Telephone: _____

Email: _____

Signature:

Payment:

cheque included

Credit card
(Please call me for details)

You can also call Lise at the office with your credit card at
**1-800-453-4333, (506-857-8242 local), or send in a cheque made out to NBSCF to:
NBSCF, 451 Paul Street, Suite 209G, box 23, Dieppe, NB E1A 6W8**

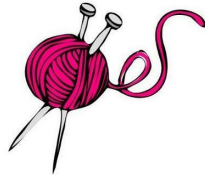
Upcoming COMMUNITY EVENTS

Visit our Community Calendar and add your upcoming event today!!!

<https://www.connectingalbertcounty.org/calendar.html>

Tuesdays, starting January 10

Stitch & Tea. 7-8pm. Royal Canadian Legion, 31 Legion St., Hillsborough. Bring your mug and the project you're working on. Meet your neighbours, make new friends and enjoy the conversation.



Fridays

Chase the Ace. 4-7pm (until Jan. 27, 2023). Fundy Curling Club, 16 Mill St., Riverside-Albert. Draw takes place at 7:30pm. Attend in person or watch it live on Facebook @communityrevitalization.



Saturdays

Karaoke Shenanigans. Ongoing. 7-11pm. Ships Landing Bar at the Royal Canadian Legion, 31 Legion St., Hillsborough. Entertainment, 50/50 draw and bar. Cover charge \$5/person.



Sunday, January 15

January Jamboree. 2:30-4:30pm. Riverside-Albert Recreation Centre, 8 Bicentennial Rd. Residents of the Chipoudy communities from Albert Mines to Alma are invited to this open house event. Meet your neighbours and enjoy kids' games, refreshments, prizes, and community information. Sponsored by the Chipoudy Community Revitalization Committee, Horizon Health and Riverside Albert Recreation Council.

<p>Hillsborough Public Library</p> <p>Tue 12-4pm; 5-7pm Wed 10am -12pm; 1-5pm Thu 10am -12pm; 1-5pm Fri 10am -12pm; 1-5pm Sat 10am -12pm; 1-5pm</p>	<p>Bibliothèque publique de Hillsborough</p> <p>Mar 12h-16h; 17h-19h Mer 10h-12h; 13h-17h Jeu 10h-12h; 13h-17h Ven 10h-12h; 13h-17h Sam 10h-12h; 13h-17h</p>
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Time for some fun and frolic on ice

2022/2023 Hillsborough Arena Ice Times

Monday - Preschool Skate 10 am - 11 am (free)
Tuesday - Adult Skate 1 pm - 2 pm
Thursday - Adult Skate 1 pm - 2 pm
Friday - Public Skate 8:15 pm - 9:15 pm
Saturday - Public Skate 2 pm - 3 pm & 8 pm - 9 pm
Sunday - Family Skate 2:15 pm - 3:15 pm

\$2.00 per person
 \$5.00 Family

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