

# Connecting Albert County

January

2020



FREE PUBLICATION

## Albert County 175 *By Janet Clouston*

We are celebrating Albert County's 175th Anniversary in 2020 and we want you to join us! The Albert County Historical Society (ACHS), with support of the Federal and Provincial Governments, is pleased to announce the 175th Anniversary of Albert County. A series of landmark events will be taking place throughout the year.

Join us at the kick-off as we host a New Year's Levee on Saturday, January 4th with Albert MLA, Minister Mike Holland. The event is taking place at Broadleaf Guest Ranch (5526 Route 114, Hopewell Hill, NB) from 1pm to 4pm. Admission is free and there will be food & drink, live music and sleigh rides. Also, bring your snowshoes! This event is presented by the Albert County Historical Society and is supported by the Governments of Canada and New Brunswick, the Albert County Tourism Association, Friends of Fundy, and many local community partners. Learn more by visiting [AC175.ca](http://AC175.ca), calling 734-2003 or emailing [ac175@albertcountymuseum.com](mailto:ac175@albertcountymuseum.com).

In 1845, Albert County was established from parts of Westmorland and Saint John Counties by a proclamation signed by Queen Victoria, when she was only 26 years old! Albert County, now home to 30,000 people, includes Riverview and hugs the shores of the Petitcodiac River to the Bay of Fundy. The county features some of the most iconic treasures in New Brunswick such as the beautiful Fundy National Park, Hopewell Rocks, Cape Enrage and inland areas stretching beyond Caledonia Mountain in all directions.

*(Continued on page 3.)*

### Table of Contents:

- **Albert County 175~1**
- **Letters to the Editor~2**
- **Fundy Curling Club~4**
- **Early School Memories~5**
- **Pantry Challenge~7**
- **Trees of the Acadian Forest~8**
- **Cutting Ice~10**
- **Protecting Shepody Mountain~12**
- **Hillsborough Wellness Drop-in~14**
- **Birds of Fundy~15**
- **Deepening Community in Riverside-Albert~17**
- **Mystery of Flying Flyers~18**
- **Appreciating Volunteers~18**
- **Library Events~19**
- **Community Calendar~20**
- **Hillsborough Rink Hours~20**
- **Weekly/biweekly Events~22**
- **Addresses for Events~23**
- **Supporters of CAC~24**

## Connecting Albert County

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### Our Mission:

Building connections and fostering pride of place and culture in rural Albert County by publishing in print & online. Connecting Albert County Inc. is a registered non-profit organization.

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Victoria Stroud-Arsenault

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Letters and articles may be edited. Statements in our publication and website do not necessarily reflect the views and opinions of Connecting Albert County's volunteers and staff.

### Distribution sites:

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***We thank Gary Steeves Insurance for the generous gift of printing our publication.***

## Letters to the Editor & Comments on our Website

In addition to our monthly publication, all our articles are posted online at [www.ConnectingAlbertCounty.org](http://www.ConnectingAlbertCounty.org).

The December 2019 issue and particularly the article "Memories of Christmas" by Idella Steeves/Lazar triggered the following notes.

"Always enjoy your County magazine. Reading about Yuletide traditions puts me in a Christmas mood. I wish all of you who put together this magazine a Very Merry Christmas." *Ena*

"I look forward to every new monthly newsletter to see the amazing work that this team does to share interesting information for everyone to enjoy. As Ena said, this is a very special copy this month and very well put together. Thank you." *Don Bowman*

"Idella, that was very well written and brought back many memories of Christmas at our home. Hope you and your family have a Blessed Christmas." *Barb Ayer*

"Hi Idella. I am writing to say I have enjoyed all your stories. I have to say, however, that you have OUTDONE yourself with your Memories of Christmas story in the December issue!

"So many of our memories are virtually identical, and I suspect you will hear that again and again from other readers. I grew up outside Fredericton and my mother's family were farmers. We were seldom far from the farm and the Baptist traditions and values of our grandparents. Too, from what you describe, it seems the NB Christmas of the late 50s and early 60s was not much different from what you experienced in the 40s (except for refrigeration maybe). School concerts. A real tree (often less than perfect) from the forest. Icicles on the tree. Mincemeat pie. Presents displayed under the tree for way too long so Mum could show the gifts to visiting friends and relatives. And lots and lots of family: cousins, aunts and uncles galore.

"I could go on, but I have taken enough of your time. I just wanted to send my thanks to you for generously sharing your memories of Christmas. In the morning, I will go to the online version of the newsletter and forward your article to my siblings. I know they will enjoy it as much as I have. Merry Christmas and thanks again!"  
*Sharon MacFarlane Milton*

We also received the following letter by email.

"Me and my wife, Dominique, would like to thank everyone who helped set up, arrange, clean-up, and attended our baby shower for the twins we are expecting in January. We are grateful for the community support, gifts, and well wishes we have received, and the promises of help as well! Thank you to everyone!"  
*Dominique and Gabriel, Riverside-Albert*

("AC175" continued from page 1.)

"The Albert County 175 celebration in 2020 is an exciting opportunity for our Historical Society to promote an awareness and pride of the rich heritage and history of Albert County," says ACHS President, Dawne McLean. "Every community in Albert County has inherited valuable knowledge and priceless stories that need to be shared and preserved for future generations. Let's join together in the celebration of Albert County's 175th anniversary to strengthen our sense of community and appreciation of our past!"

Over the course of the year, we will host events, lectures, live music and celebrations in every parish in the county. Highlights will include the 150th Birthday of New Brunswick-born Prime Minister RB Bennett on July 1st, a special festival with live music on August 8th at the Albert County Museum, and other events featuring local artisans, food & drink, and home-grown musical talent!

A unique mobile exhibit is being created to tell the amazing stories of the Land, Sea and People of Albert County who helped Canada become a nation, created CBC radio, helped win WWI, formed one of the nation's beloved National Parks and live near the world's highest tides. Spanning 175 years, from 1845 to 2020, the interactive display will be travelling to the county's schools, businesses, festivals and events. We are thankful to NB Tourism, Heritage and Culture for their support of this project.

The events are presented by the Albert County Historical Society and are supported by the Governments of Canada and New Brunswick, as well as by the Albert County Tourism Association, Friends of Fundy, and many local community partners.

Learn more at [AC175.ca](http://AC175.ca).

**Albert County Museum & RB Bennett Centre,**  
734-2003, 3940 Rte. 114, Hopewell Cape NB E4H 3J8  
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## Fundy Curling Club *By Alan Demaline*

It is hard to believe that the Christmas rush has passed, noisy New Year's Eve celebrations are about to be ushered in, and resolutions have been made and many have already been broken, including mine! Oh well, that's the way the Christmas cookie crumbles, and now it is time to get you up to date on all the exciting happenings at the Fundy Curling Club (FCC).

Speaking of resolutions, it appears many in the community have made 2020 the year to get involved in the game of curling. We were very happy to see that our three-day adult learn-to-curl program attracted the attention of twenty eager soon-to-be curlers. Participants quickly learned that curling is a fun and interactive activity that promotes social interaction as well as increasing flexibility, strengthening muscles and improving aerobic fitness. I am also certain they are now out and about in the community using terms like Hog line, In turn, and Hack. Don't be surprised if you walk across the street in Riverside Albert and slip on a bit of ice and hear one of our new curlers spontaneously yell out "Hurry hard!" To all those who participated, thanks and welcome to our club.

To grow a club of any type, it is essential to get the kids involved, which is why we are all so excited about our Little Rocks curling that starts January 5th. Thanks again to the Bennett and Albert County Health Care (BACH) Foundation for purchasing a set of Little Rock curling stones. We are now able to offer a ten-week program for kids aged 6-12. The club also launched a Little Rocks Sponsorship Program to help raise funds for youth curling in the years to come. We are pleased to announce that the 16 sponsorship spots available have already sold out. All proceeds

raised will be directed to youth curling at the FCC. Sponsorship benefits include your name or company name permanently engraved on a Little Rocks curling stone and displayed on a banner to be hung at the club, as well as seeing all those smiling little faces as they slide down the ice! The club has already used some of the funds to purchase Little Rocks curling brooms and sliders for all of the kids starting the program this January. Thanks to all our Little Rocks Curling Program sponsors!

Be sure to stop at the club on the weekend of January 31st, February 1st and 2nd to watch some exciting action in our mixed bonspiel. Entries are limited to the first 16 teams and is open to members and non-members. Register your team early to avoid missing out.

See you on the ice!

*Alan Demaline for the Fundy Curling Club.*



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# Memories Of Early School Days In Elgin

*By Idella Steeves-Lazar*

If I were to ask you what the word "school" means to you, what would you say? Homework, studying, the strap, graduation, a favourite teacher, sports, Christmas concerts, bus rides, grades, or...? I would anticipate answers such as "I hated it," "I was so glad to get out of there" or "I loved it" and so on.

Personally, I loved school. Yes, I even liked to study, especially history. I was impatient to get into high school to learn algebra and geometry, but not trigonometry. I never did grasp the basics of "trig" and I suspect this is why many people would say they hated math, or what we called arithmetic in my younger years. Who recalls the Spelling Bees? Our teacher stood us in a line and whoever got the correct answer went to the head of the line. I believe you stayed there until you made a spelling error. There was also an Arithmetic Bee for adding exercises. I expect some students hated the bees, but I enjoyed the challenge.

I have always liked reading and I think that knowing how to read is very important to succeed in school, or even life. Our mother was a good example since she liked to read and write letters. We had many books in our living room library including encyclopedias and a two-volume dictionary. Our mother was very quick to correct our grammar. She only went to Grade 8. She had hoped to attend high school, but it was too far away for daily travel and her family could not afford for her to stay at a boarding house. Who knows where her life might have led had she furthered her education.

Our family lived about a mile from the Elgin Superior School, which I attended from Grades 1 to 12. There was no kindergarten in those days. Up to mid-Grade 3, I walked to school and did not miss classes unless I was ill or school was cancelled because of storms. If the roads weren't plowed, we walked in the fields where the drifts weren't so deep.

For my first years of school, classes were in the old parsonage, then a residence, because the school (built in 1885) had burned in 1945. I remember a little platform at the front of the room where the teacher sat at her desk. I also remember the outhouse because it was so dark and eerie to me.

I am told that I was late only once and that was for good reason! I had to walk by a house that was burning and you can imagine the commotion since there was no local fire department in those days. It was so traumatic for me that I couldn't bring myself to walk by and ended up being very late for class.

In February 1948, our new school opened; it was like a palace compared to the old one. It was a one-storey building with four classrooms with three grades to a room, as I recall. It also had a kitchen and auditorium in the basement with a stage, huge furnace and bathrooms! (The old school had box stoves for heating and outhouses.) The bathrooms had two sinks and several stalls but minus doors! For a little privacy, you would have a friend stand in front of the stall.

In earlier times, the schoolyard was divided into boys' and girls' playgrounds. My Dad said that in his time the boys would peek through the knotholes in the fence to watch the girls! I wonder if any dates were arranged in that fashion?

In 1951, the Parish added two more school rooms after the small schools in outlying areas were being closed and more students were being bussed in. We had a ping pong table in the basement which the boys "hogged" in the same way they did the ball field, leaving the girls' team without enough time to play.

Our first "bus" was a blue panel truck owned and driven by a local resident. It sure beat walking. Later the Parish provided a yellow panel bus with benches down each side. It could be hot and stuffy because there were no windows.

We remember the Dick and Jane readers with beautiful drawings and repetitive words, ("Watch Spot run!") that we had to read out loud. We used slates and lead pencils. We took very good care of our books which we had to buy in later grades. We taped covers on them from brown paper bags and decorated them with crayons or drawings. Books were often handed down or sold to students in the grade behind you.

One teacher had a "flower calendar." Whoever brought in the first flower of the season had their

*("School Memories" continued from page 5.)*

name with the name of the flower in her hand-made calendar. The person with the highest total "won" the calendar to take home at the end of the school year. It was a wonderful learning experience and went from early spring to the last day of school. In our family of three girls, there was a lot of competition and walking the fields!

We had films, sing-songs with the piano, Red Cross meetings, Christmas concerts and our graduations in the basement auditorium. For graduations, the stage was decorated with our school colours, peony blossoms and real ferns. The girls wore fancy white dresses, often lacy, similar to what a bride or bridesmaid would wear. A girl and boy from Grade 1 or 2 were chosen to give bouquets of roses to the female graduates and the boys received boutonnieres. The chosen girl wore a crepe paper dress made by a local lady. We had special speakers. The graduating students were responsible for their speeches under categories of Valedictory, Prophecy, Class Will,

Grumbler, etc. which we read out loud on graduation night. We poked fun at each other! I was called the Bookworm. Our graduation classes were generally small; mine had only seven graduates.

There was no such thing as a cafeteria. We carried our tin lunch pails: some held a thermos in the lid. In our family, sandwiches were wrapped in wax paper and made with sardines, Cheese Whiz, sandwich spread, molasses or jelly. The bread was always home baked.

I could tell you more details of my school life but I hope this brought back some good memories for readers. Times sure have changed!

*Sources: The Schools of Elgin Parish by Eleanor Goggin (1994), and the memories of Idella Steeves-Lazar (ilazar@sympatico.ca) with help from her sisters.*

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# Pantry Challenge: Eat up and save! *By Angela MacDougall*

Regular readers may remember the article from last winter where we took part in a Pantry Challenge. We did a thirty-day challenge and, at the end, agreed we would definitely do it again.

Now that January is here again, it is time for our Pantry Challenge to begin. Since we received numerous comments last year, we are sharing useful information so you can do the Pantry Challenge too.

## What is the Pantry Challenge?

The idea is to not buy groceries for a set period of time and to make meals from what you have in your pantry. This could be for a week, two weeks, a month or longer. You choose.

## What are the benefits?

**Save money.** This is particularly valuable in the hardest month of the year, just after Christmas. You avoid having to buy groceries and just use what you have.

**Clear clutter.** Use up the things you've stockpiled, like all those soups that were on sale or that half-used bag of lentils.

**Avoid food waste.** Did you know that around 70 billion pounds of food are wasted every year in America alone? Instead of throwing food out, figure out ways to incorporate it into meals.

**Save time.** No need to run to the store every time you need an ingredient; use what you have.

**Improve your skills.** You can develop greater skills in cooking, meal planning and managing resources. Maybe you will learn how to make your own bread, plan meals for the week or substitute ingredients.

**Make yourself aware and/or grateful of what you do have.**

**Know where your food comes from:** your own kitchen!

**Eat a healthier diet.** Eating whole foods made from scratch instead of pre-made and packaged foods is a much healthier way to eat.

**Have fun with food!** Trying to make a meal out of limited ingredients is like solving a puzzle. It forces you to be creative, and once you figure it out, you will feel a sense of accomplishment.

## Tips

Try something new, get creative, think outside the box. Choose ingredients you wouldn't normally use and concoct a meal you can make with those ingredients. This will help you go through food items you would normally put to the side.

Don't get discouraged! If you feel like you really can't make any more meals from what you have, at least you put forth the effort, gave it a go and used up some food in your pantry. Also, make your own rules, such as allow yourself to buy fresh foods, but still use a pantry item per meal.

Use one 'old' item per meal. In the beginning it might seem like you have so many choices, but this will change nearing the end. So even in the beginning try and use one old item per meal or one dry good even while you still have fresh produce and fruit.

The biggest tip. You can make soup out of almost anything and you will likely eat meatless meals.



## Rules

First, decide your time period. If you've never done a Pantry Challenge before, perhaps start with only a week or two instead of a month.

**Limits.** Next, decide what foods you're limited to. We allow the use of any food in our household (in our pantry, freezer or cold room).

*(Continued on the bottom of page 9.)*



# Identifying the Acadian Forest in Winter *By Kat Hallett*

The Acadian forest is a cornerstone of Albert County and beautiful in every season, from the brilliant greens of early spring, to lush, full forests in the summer, and bright red maples in the fall. Primarily composed of birch, maple, balsam fir and spruce, it is often easy to identify (ID) the trees in our forests. In the winter, however, this task becomes more difficult.

While some of our trees are immediately recognizable without their leaves, like the striped maple with its distinct green and black striped bark, it is often difficult to ID a tree from its bark alone. Even the supposedly “unmistakable” birch can be difficult to properly ID by its bark in the winter, especially if it’s an older tree. In the absence of leaves, we must look for features like twig arrangement, buds and crown shape to identify tree species.

The paper birch and striped maple are perhaps the most recognizable tree species in the Acadian forest. The aptly named paper birch has white, papery thin bark that peels in large pieces from the trunk. Its slender trunk often curves before extending to a narrow, oval-shaped crown. Striped maple have distinct, bright green bark with vertical black stripes. Older striped maple lose the green colour but retain the vertical stripes, setting them apart from other species of maple. They also stay quite small, maxing out at about 10m tall and measuring 20cm in diameter.

The yellow birch, like the paper birch, is also often easily recognizable. They too have very thin bark, but it often peels from the trunk in much thinner, stringier pieces, and the bark on its limbs and trunk is silvery-yellowish in colour. The yellow birch grows much larger



than its cousin the paper birch, and the older and bigger it gets, the less distinguishable its bark becomes. Yellow birch can grow up to 21m tall and 1m in diameter. When they get this big, their bark loses its papery quality and becomes much harder, resembling sugar maples and other species of maple that aren’t as recognizable as the striped maple (*above*). One surefire way to distinguish an older yellow birch from a maple tree is twig arrangement.



*Top: Striped maple. Left: Red spruce. Below: Balsam fir. Next page: Yellow birch. Images by K. Hallett.*







Birch trees have alternate twigs, meaning they grow singly from the branch, without another twig opposite it. Maple trees, on the other hand, always have opposite twigs, meaning each twig or leaf has a “twin” on the other side of the branch.

Identifying coniferous trees in the Acadian forest is sometimes confusing, but there are a few simple ways to tell them apart. We have both black and red spruce, which are very difficult to differentiate without testing their DNA, but as a general rule, black spruce grow in low, wet areas, while red spruce adorn the hills and drier areas. Spruce needles grow all the way around the twigs. They are stiff and pointy but round; if you take a couple needles in your hand they will easily roll between your finger tips. Balsam fir needles, on the other hand, are flat and grow only from two sides of the twig, appearing to occupy a single horizontal plane. Averaging 2-3cm in length, they are soft to touch and don't roll between your fingertips.

Composed of towering spruce and riddled with gnarly old birch, the Acadian forest is enchanting in every season, providing exceptional outdoor recreation opportunities and a year-round home to many types of animals in the Fundy region.

*Kat has recently moved away from Albert County, but still has tons to say about the 2.5 years she spent living in Alma. She enjoys hiking, camping and fishing, and this love of nature is reflected in most of her writing.*

*("Pantry Challenge" continued from page 7.)*

If we really need an item, we will trade with a neighbour but only for other food to avoiding buying food. Then decide, will you avoid buying anything at all, or are there necessities that you will allow. We allow ourselves to purchase milk, but nothing else.

**Inventory.** Go through your cupboards and see what you have.

**Meal planning.** You don't have to plan every meal, but try to get an idea of the items you want to make sure you use up, like that half-bag of lentils. Try to spread out your protein/meat so that during the last four days of the challenge you're not stuck with microwave popcorn and eight bottles of sauces. Look for recipes ahead of time so during the busy week you're not stressing about getting a meal on the table. Use perishable things first, use up your salad ingredients, fresh produce, things that won't keep, etc.

#### **Let the challenge begin!**

If you are trying the Pantry Challenge, we would love to hear from you. Send us your comments about your experience, so that next month we can follow up with feedback on how the Challenge went. What were your struggles? What excess foods did you manage to use up? What new recipes did you try? What strange things did you find? What were some fun moments?

*Angela can be reached at [fundyfarmsveg@gmail.com](mailto:fundyfarmsveg@gmail.com).*



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## Cutting Ice with the Team *By "Jim Liar"*

In the early 1960s, I was moved from New Brunswick to a cabin on the Whitefish River exactly where "Rainbow Country" was filmed later in the decade. This had once been an Indian Reservation until the pure silica discovered in the adjoining La Cloche Mountains was needed in a Sudbury smelter. Regardless, the Ojibwa, who had been there at least since the Huron extermination, weren't going anywhere.

The first morning, I met the neighbour coming out of a home which had just a few intact windows. The girl, who was a little older than me, was in bare feet, wearing ripped up clothes and had a tremendous smile. We checked that we both had ten cents, then launched the canoe. She paddled across the river and we each bought a little chunk of ice, enough to last two days in our respective ice boxes. We did this several times a week. The poverty there looked like the images of Calcutta in the pages of *National Geographic*, except this was graphic colour, sound and smell. I soon fell very ill from the drinking water that we bailed out of the river that was also an open sewer. Same then more than fifty years ago as it is now in Native settlements all across Northern Ontario.

When the black-robed nuns let me out of the hospital, we had moved way up the North Channel between Manitoulin Island and the mainland. I started school by correspondence just as the ice was locking us into our island cabin. The idea was to get all your school books, pencils and such in the mail while you could still get to the Post Office by boat before the ice stranded you. You did as much as possible while the light was good before the small powerline from the mainland went down for the winter. After that, it was kerosene lamps and hard-going, even with young eyes. If you kept at it, you could finish school by the end of April, while constantly contending with the ever-present ice.

Every morning, I went to the lake with two pails. I chopped and bailed away ice at the "ice hole," which built up into a volcano shape as the winter progressed. Hauling water and wood was routine, just a break in the fresh air that you didn't think about, except after dark when the flashlight reflected strange eyes seeming to go on and off as heads



*Brownie snapshot by the late Robert Kitts of his family (1964), late wife Alice (Fullerton), daughters Colleen, Cindy, Wendy and son Jim, just beginning to clear ice before ice cutting. Alice is the author of Emily of the Bend, an English/ French picture book recently re-released by the family and Steeves House Museum. The family sponsors the Alice Kitts Memorial Award for Excellence in Children's Writing in her memory.*

turned to and away from you. But no problem. What lived in our neighbourhood knew we ate local and had good reason to be gun-shy of me.

The other duty was hard, cold and bothersome. I needed to keep a big skating rink shovelled so the ice off our docks would freeze as deeply as possible. It was more than three feet thick out there in our little pocket of Lake Huron. I had never seen ice cut before. This was a big operation scaled to deal with the refrigeration needs of the large multi-cabin summer fishing resort we were stationed on.

In those days, children were there to be "seen but not heard," so when the team of horses came jingling across the hard windswept ice, I had no idea what would happen. The big sleigh behind the horses was loaded tall with hay. The "gang," most of whom were walking, were our fishing guides coming to make very little money and eat as much as possible. It was a joyous event; Ojibwa are always like that. You don't notice their "way" until you work with someone else. The horses settled under some sheltering pine trees while the men settled into the bunkhouse to play cards.



Next morning, after a mammoth bacon and egg breakfast, the gang split up. One group began the wet and freezing job of physically busting down through ...I'm going to say...three feet of ice (above the height of my elbows but below the shoulders). They used axes and large, sharpened heavy iron bars about as tall as a man. Once they cut down to the water, they chopped a ramp into the ice to get the blocks out and switched to wooden-handled ice chisels because the iron bars froze over and got too slippery to use. Water flooded up on the ice and men danced and slid around more than they walked.

Meanwhile, the more experienced men set off the first cut line leading from the ramp. This line would control the whole job and determine the team's movements up to and away from the ramp. A straight line was scratched in the ice. That line was followed by a home-fabricated, gas-powered cutting sledge that looked and operated like a big round saw blade attached to one end of a teeter-totter. At each blade-down motion, ice chips flew skyward in a rooster tail plume dusting everybody crystal white. During the blade-up motion, the "hit-n-miss" engine picked up speed and the sledge was yanked backwards along the scratch line to continue the cut. Parallel lines two feet apart were scratched into the ice to mark the width of the block rows, then right angle lines were set off every four feet to mark the block ends.

All the chainsaws on the Reserve started up. Everybody attacked the block lines on the first row down to the depth of the chainsaw bars filling the scene with two-stroke smoke. The team followed swiftly behind using T-handled ice saws that were as tall as the men. When the smoke cleared, all the saws were shut off and thrown aside and the teeter-totter yanked out of the way.

The team of horses came down crunching their way onto the wet ice enjoying the traction of heavily-caulked shoes suitable for this work. It took a bit to coax them to back up the sledge near the ramp.

The gang chipped into the shallow saw cuts with long, wooden-handled ice chisels wedging off the blocks closest to the ramp then set them to float. Two men started tonging whole blocks up the ramp to park on the ice surface. Without words in any language (Ojibwa was the working language), a second group formed, our three best men, who downed a bit of whiskey and tonged and manhandled the wet blocks up a ramp onto the sleigh. The team finally made a first run for the ice house.

This was my signal to grab on and ride. Upon arrival, I joined up with "Old Deaf Mike," an ancient Ojibwa who specialized in packing ice houses. As the ice blocks came skidding in on tongs, he just pointed to show which blocks were keepers and which were discards to be used in packing. No one ever argued. He didn't have to pretend he couldn't hear.

Approved blocks were slid up hard to their neighbours. My job was to smash the discards into pieces to be jammed into anywhere we found a space. Then sawdust was tramped into any void that was left. We built three tiers of ice topped with about two feet of sawdust in a building the size of a barn.

The whole ice operation with horses and the gang required about a week in good weather, all the groceries you could find, significant medicinal libation and enough influence to pull the team away from other ice jobs.

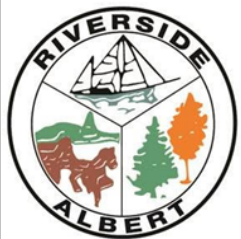
If you did it right, there was enough ice in there for a "solid" year. If I knew better at the time, I would have said "that's cool." And it was.



**CROOKED  
CREEK**

**CONVENIENCE**

**NB Liquor Agency & Gas**  
**Coffee, Groceries, Gas, Gluten-free food**  
**Produce, Lotto tickets** **882-2918**



5823 King St., Riverside-Albert  
NB E4H 4B4

**Village of  
Riverside-Albert**  
*Fundy Historic Village*

506-882-3022  
villra@nbnet.nb.ca [www.riverside-albert.ca](http://www.riverside-albert.ca)



# Protecting Shepody Mountain *Text & images provided by Deborah Carr*



Sometimes we take the permanence of the things we love for granted. This fall, local landowners along Route 114 learned sections of Shepody Mountain were slated for industrial harvest in the spring of 2020. We began talking about what this meant for the continued health of the mountain. There were concerns that clearcutting would affect the vistas and creeks, create erosion and more blowdowns, and displace the resident wildlife. A few of us talked about what we might do about it.

There's often an attitude of 'you can't fight industry' or 'government's gonna do what government's gonna do', but statements like this leave people with the false illusion that they're mired in a place of weakness and powerlessness. There's always something that can be done, and nothing more satisfying than knowing you've been part of positive action to preserve something for present and future generations. As long as we're working to protect what's important, Mary Majka's legacy lives on in Albert County.

In late October, we received a gift and an open door when Minister Mike Holland announced a Federal/Provincial partnership to increase conserved lands in New Brunswick to 10% of the province's landbase. Minister Holland said that, for the first time, the department was working with long-standing conservation groups in the province to identify potential sites. We contacted him immediately to say Water & Environmental Protection for Albert County (WEPAC) wanted to submit a nomination for Shepody Mountain. We invited him to attend a small meeting with adjacent landowners.

During that meeting, Minister Holland assured those present that increasing protected forestlands and enacting changes to benefit private woodlot owners were among his main objectives. He also added that this nomination was the first received by his department and he commended WEPAC for being quick out of the gate. We had his wholehearted support.

*(Continued on next page.)*

Following this meeting, WEPAC submitted a formal request to protect 700 hectares of Crown land on Shepody Mountain under this new conservation program.

Nominations will be assessed individually, but several points are critically important for success:

**Community support:** Being able to quantify the level of community support is essential, so we're soliciting letters of support from local organizations and groups. We'll also circulate a petition to be presented in the Legislature in February. As well, Minister Holland said that it's particularly impactful when individuals send a brief personal email or phone call, indicating their support for the nomination and why. "It doesn't have to be formal or long," he said. "Just a few personal words will suffice."

**Connectivity:** When Crown land is close to other protected areas, this improves the connectivity and chances for wildlife corridors between them. Shepody Mountain is in close proximity to Caledonia Gorge Natural Protected Area, Ducks Unlimited protected marshlands, and Hopewell Rocks Provincial Park. As well, the marine environment is designated as protected by Fisheries and Oceans Canada. If the neighbouring private landowners are also committed to sustainable harvesting, this gives greater effectiveness to the protected lands, as they're surrounded by healthy, vibrant forests.

**Cultural connection:** Shepody Mountain is a solid presence in our community. The first Acadian settlement was at its base. It's a visible landmark and



many locals say they feel a profound connection to it. Some hunt on its slopes, others hike, bike, ski or snowshoe it regularly. We're collecting short stories and memories that illustrate this connection.

**Sensitive landscape & imminent threat:**

The impact of industrial harvest on Shepody would be profound, and the pending cuts add a sense of the urgency to the nomination. The threat of erosion and impacts on waterways (Hamilton and Chemical Creeks, Daniels and Tingley Brooks, plus other unnamed creeks and brooks) and the downstream impact on the marshes is significant, particularly as our climate changes and rain/wind events increase.

**How you can help:**

Attend the public meeting on January 8, 6:30pm at the Riverside-Albert Rec. Centre when we'll explain the current situation, what we've done and plan to do next, the nomination process, and the involvement needed from the community. (Snow date: Thurs. Jan 9th, same time and place.)

Send a letter or email of support for the nomination to Mike Holland, or call and tell him yourself. His email is [mike.holland@gnb.ca](mailto:mike.holland@gnb.ca); office# 856-4961.

Sign a petition or help collect signatures. We'll organize this soon, but are now looking for volunteers in each area who can help by going door to door.

Write a short story or memory of Shepody that illustrates your connection to it or experience on it ...maybe a special hike, or family memory, a snippet of history or how, when you crest the hill at the Hopewell Rocks and see its forested slopes, it signals that you're almost home. Send your stories to [wepac.nb@gmail.com](mailto:wepac.nb@gmail.com)

*(Image at left: Guy Russell homestead built in 1873; top image: Shepody ~1930. Continued on next page.)*





## Hillsborough Wellness Drop-in

Free, confidential information sessions with a Social Worker or Registered Nurse from the Albert County Community Health Centre focused on helping with personal wellness goals and connecting to community services. For ages 16 and up.

This is a drop-in service that works on a first come, first serve basis. Just walk in and register upon arrival, you do not need to be a patient of the health centre.

**Where: Hillsborough Satellite Office,**  
2807 Main St., Hillsborough

**When: Jan. 22; Feb. 5; Feb. 19; March 4 and March 18 Time: 2-6 pm**

Offering information on the following topics:

- Brief intervention for mental health and addictions including referrals to services
- Referrals to services for seniors
- Discussion/advocacy/support for income assistance, services, housing and health cards
- Smoking cessation
- "My Health Plan"
- Stress and sleep
- School/work life balance

For details, contact Alicia O'Hara or Jacquelyn DuPlessis at the Albert County Community Health Centre 882- 3100. This service is provided in part with the support of the Bennett & Albert County Health Care (BACH) Foundation.

*(Shepody Mountain continued from last page.)*

Talk about this to others who may not have internet access.

Check the WEPAC website (wepac.ca) or Facebook page for updates on our progress, or contact us to see how you can help or get on our mailing list at [wepac.nb@gmail.com](mailto:wepac.nb@gmail.com).

Share news on social media and get the conversation going!

If Shepody is approved for low-impact, multi-use protection, it could be another gem on the string of beautiful icons along the Fundy Coast...an accomplishment made even more special in celebration of our 175th anniversary in 2020.

*Deborah Carr is a member of Water and Environmental Protection for Albert County. [wepac.ca](http://wepac.ca)*



**Are you considering starting your own business?** CBDC is offering a series of Business Development Seminars.

**January 6-10th & March 9-13th** at the Riverview Town Hall, 30 Honour House Court

**TOPICS:** Business Plan, Cash Flow & Accounting, "SWOT" Analysis, Marketing, Customer Management, Financing, Legal counseling, and more! Participants must register before attending classes. For more information, contact 532-8312.

### LOOKING FOR A NEW ADVENTURE IN BUSINESS



Come & meet our team to discuss our programs

<b>Loan Programs:</b> <ul style="list-style-type: none"><li>- CBDC Youth Loan</li><li>- CBDC First-Time Entrepreneur Loan</li><li>- CBDC General Business Loan</li><li>- CBDC Innovation Loan</li><li>- CBDC Social Enterprise Loan</li></ul>	<b>Also offering other programs:</b> <ul style="list-style-type: none"><li>- The Self-Employment Benefit Program (SEB)</li><li>- Business Development Seminars (BDS)</li></ul>
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337, rue Main Street, Shediac, NB E4P 2B1  
506-532-8312 • Toll Free 1-800-925-6677 • [www.cbdc.ca](http://www.cbdc.ca)



## **Birds of Fundy** *Text by Julie Ouellette, pictures by Denis Doucet, both of Fundy National Park*

Fundy National Park published the **Twelve Birds of Christmas** in December. We are reprinting these in *Connecting Albert County*.

**Bird #1: The Black-capped Chickadee** hides seeds and other food items to eat later. Each item is placed in a different spot and the chickadee can remember thousands of hiding places!



**Bird #2: The Common Redpoll** can survive in -50C and can tunnel into the snow to stay warm!



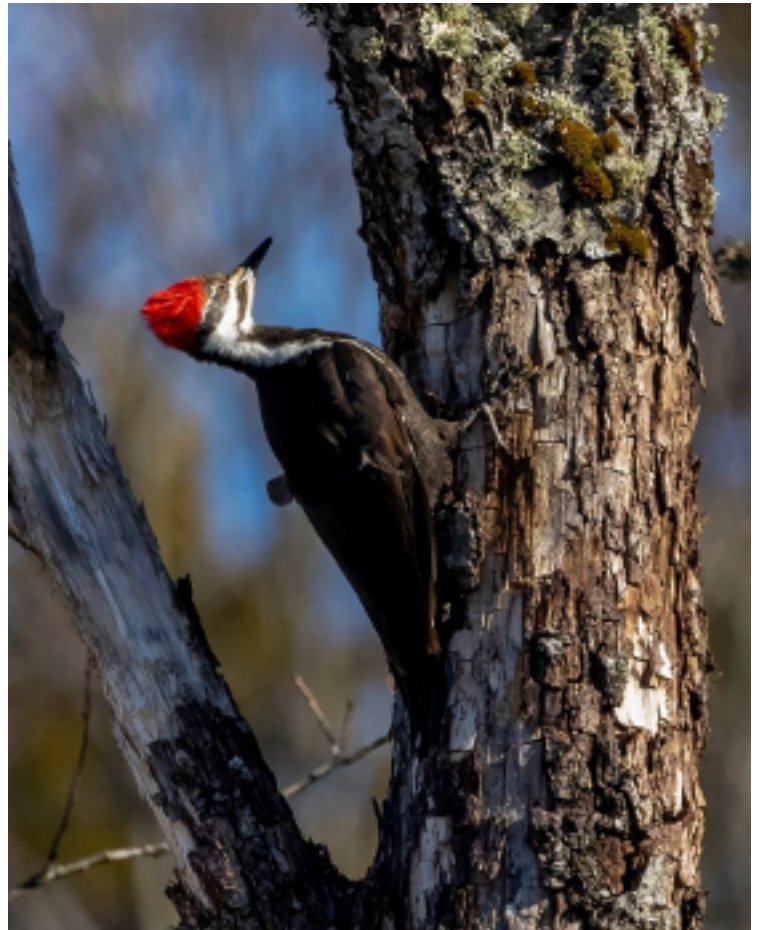
**Bird #3: The Iceland Gull.** Not all seagulls hang out at McDonald's trying to steal your fries! Iceland Gulls are great travellers: they nest in the far northern arctic, and migrate south to Atlantic Canada to spend their winters in "warmer" waters!



**Bird #4: The Red-breasted Nuthatch** collects resin globules from coniferous trees and plasters them around the entrance of its nest hole. It may carry the resin in its bill or on pieces of bark that it uses as an applicator. The male puts the resin primarily around the outside of the hole while the female puts it around the inside. The resin may help to keep out predators or competitors; the nuthatch avoids the resin by diving directly through the hole!



**Bird #5 : The Pileated Woodpecker** is the largest woodpecker in North America, nearly the size of a crow! The famous cartoon character Woody

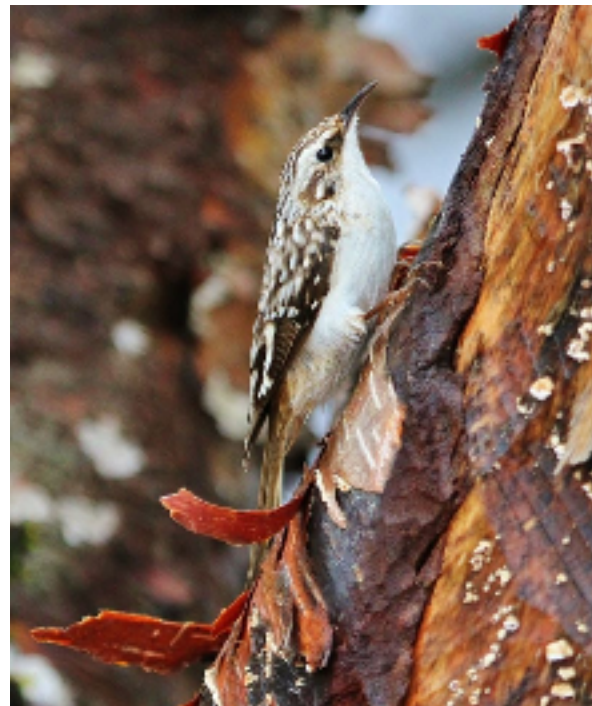




Woodpecker shares many characteristics in common with the pileated woodpecker in terms of both physical appearance as well as his characteristic laugh, which resembles the call of the pileated woodpecker.

**Bird #6: The Spruce Grouse**

has great confidence in its camouflage, and will often stay still even when approached within a few feet before taking flight! It is this characteristic that has earned them the nickname "Fool Hens."



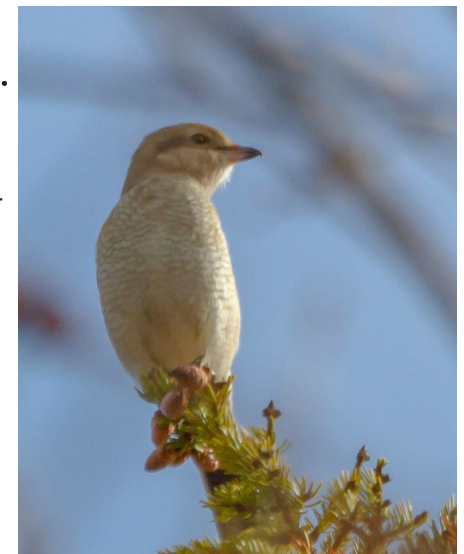
**Bird #7: The Brown Creeper** can crawl up trunks of trees, ferreting out insect eggs and crumbs missed by other active birds. Once they reach the top of a tree, they will flutter down to the base of another to begin spiraling up again!

**Bird #8: The Pine Siskin.** When eating from conifers, it usually hangs upside down from the tips of the trees!



**Bird #9: The Northern Shrike.**

This smart, predatory songbird forages by watching from an exposed perch, then darting out in swift, powerful flight after spotting its prey! Northern Shrikes feed on small birds, mammals and insects.



**Bird #10: The Barred Owl** nests in large tree cavities about 10 centimetres in diameter. In our neck of the woods, they almost always choose holes in big, old Yellow birch trees.

**Bird #11: The Song Sparrow** is one of the most familiar North American sparrows! You can find this russet-and-gray bird gliding along wetland edges and ducking into dense, low vegetation after short bursts of their distinctive, tail-pumping flight!



**Bird #12: The Blue Jay** can mimic the calls of hawks to warn other jays that a hawk is around, or to deceive other species into believing a hawk is present!



## Build Connection with Your Neighbours

Deepening Community in Riverside-Albert

Strengthening connections between neighbours has been identified as a priority in many communities across New Brunswick. Here in Riverside-Albert, several organizations in the community have partnered to establish a **Local Deepening Community Initiative** to deepen a sense of community for all.

### VOICES FROM THE COMMUNITY NEEDED!

We are looking for community members to host and/or participate in community conversations with neighbours, community groups, organizations, etc.



Our aim is to build consensus around our shared vision for a healthy community; to identify priorities for shared action; and to map our collective assets (gifts, talents, skills), through conversation! This conversation could happen during a pre-scheduled meeting, or at any other type of gathering that already takes place in the community.

Riverside-Albert's Local Deepening Community Initiative is supported by:



For more information contact Mindy Holmstrom  
506-882-3001  
office@forestdalehome.ca

## Subscribe to Connecting Albert County

Sign up at [www.connectingalbertcounty.org/newsletter](http://www.connectingalbertcounty.org/newsletter) and receive a link to this publication every month in your email inbox.

Better yet, get involved! We welcome volunteers to help edit and proofread, post articles online, and join our Board of Directors.

We also welcome articles, photographs, letters, as well as donations and advertisements.

Visit our website to find articles, past issues of our publication and much more. [connectingalbertcounty.org](http://connectingalbertcounty.org)



## The Mystery of the Flying Flyers *By Anna Holdaway*

It all began right around the time of the first Santa parade of 2019. As we turned into our rural driveway there it lay, all prettily packaged in pink plastic, a large bundle of colourful commercial flyers.

How strange, I thought. Many years ago, when we used to have our own mailbox, there was a period when flyers would periodically appear in it along with my personal mail. I remember mentioning to our friendly mail lady that I preferred not to receive flyers. That's all it took. I never received one again. Why would someone suddenly start throwing them into my driveway now? And if they kept doing it, what would I do about it?

"The neighbours will know," I decided. But my neighbours, usually a font of information, were just as mystified as me. So I broadened the search to my Facebook friends and fellow Route 114/915 inhabitants. Most replies were from people as puzzled as I was as to why somebody was suddenly being paid to throw flyers into driveways of people who had never requested them, or in some cases (like mine) had formerly requested not to receive them. A few people who responded were happy with the development, but most were wondering how to make it stop. Most mysterious to me was that no one seemed to know the name of the delivery person; this is unusual in the country. It would have seemed most natural to me to just ask the delivery person to leave me out. I received a few useful leads. In the meantime, having

received two more pink packages, I had got busy with a piece of plywood and a marker and erected a big "NO FLYERS" sign by the road.

A few days later, I reached a customer service representative at the Times & Transcript (1-800-561-7166) who accepted

responsibility for the flyers and offered to put me on a list of people who do not want to receive them. She said it would take at least two weeks to take effect so we left the sign. Imagine our surprise when, a few days later, as we were walking up the road to our house, we were stopped by a very nice man in a car who introduced himself as John. He asked if we wanted to get the flyers. Evidently he had already left one in our driveway, but promised it would be the last! I asked if he had seen our sign and he said no. That mystery was solved when we reached our house to find the sign covered with a thin coating of snow from the night before and completely unreadable!

So far this week our driveway is free of plastic and paper. Fingers crossed that we have seen the last of the flying flyers.



## Appreciating Volunteers *By Kelly Taylor*

In December, Urban/Rural Rides held an appreciation breakfast for their volunteers. Each driver in attendance was given a token of appreciation for their service. Several volunteer drivers took the opportunity to talk about the positive impact volunteering for the program has had on their lives, and how they enjoy being a part of this important community service.

Each year, volunteers give thousands of hours to help their neighbours get to appointments, attend community programs and meet other needs (such as getting groceries). The dedication and effort of the volunteers doesn't go unnoticed by the staff, board of directors and clients of Urban/Rural Rides, or by

the communities in which they volunteer.

Urban/Rural Rides serves as the umbrella organization that fosters collaboration and economies of scale among Rural Rides, Tele-Drive and The Volunteer Centre of Southeastern NB driver program.

This has been a busy year with the need for transportation growing faster than can be accommodated. Urban/Rural Rides is always in need of more volunteer drivers. Most urgently, drivers are needed in Hillsborough. If you would like to volunteer please call 215-2100 or email [r.r.ruralrides@gmail.com](mailto:r.r.ruralrides@gmail.com). Drivers use their own vehicles and are reimbursed \$0.41/km for their mileage. Drivers can volunteer as much or as little as the wish. Every little bit helps.

# Hillsborough Public Library

## Regular Events

**Community Coffee Hour** Every Friday, 10am-12pm. Visit the library for a free cup of coffee/tea and a chance to socialize. Adult colouring books, puzzles and games will be available. Come and get to know your community. All ages welcome!

**Toddler Time** Wednesdays, Jan. 8 & 22, 10-11am. A fun time of rhymes, songs and books for children (18 months to 3 years) and their parent/guardian.

**In Stitches Knitting and Crochet Time** Thursday, Jan. 9, 6-8pm. Visit the library during our monthly knitting and crochet time to socialize while working on your projects. Warm drinks (coffee/tea/hot chocolate) and light snacks will be provided.

**Story Time** Tuesdays, Jan. 14 & 28, 11:15-11:45am. Story time for newborns to 5-year-olds. Fun stories, songs and more.

**After School Creative Writing Club** Wednesday, Jan. 15, 3:45-4:45pm. Kids in grades 3 and above are invited to learn different styles of writing starting with paragraphs and working up to short stories and poems. Get your creative juices flowing onto paper.

**After School STEAM Club** Tuesday, Jan. 21, 3:45-4:45pm. Ages 7+. Explore Science-Technology-Engineering-Arts-Math (STEAM). Each month we focus on different areas from coding to robots and more.

**After School Drop-in** Wednesday, Jan. 29, 3:45-4:45pm. Drop into the library after school to choose from a variety of activities including board games, STEAM items and more.

## Special Events

**Family Board Game Afternoon** Thursday, Jan. 2, 1-4pm. Families are invited to the library to play board games. Challenge your own or another family.

**Kids Crafternoon** Saturday, Jan. 11, 1:30-3pm. Children of all ages are invited to stop into the library to create their own winter-themed craft. Materials provided.

**Technology Help** Fridays, Jan. 3 & Thurs., Jan 23, 1pm-4:30pm. Are you having trouble using your iPad or tablet? Want to learn how to use the library online catalogue or databases? Have questions about email or social media? We are here to help! Drop in or contact us to set up a one-on-one appointment.

**Lunch & Learn: Stay out of Fraud's Reach** Thursday, Jan. 16, 12-1pm. Fraud and scams come in different forms; attend this free session to learn how to protect yourself and your family. Lunch is provided. Registration required; contact the library to guarantee your space.

**Adult Craft Night - Acrylic Pouring** Thursday, Jan. 30, 6-8pm. Join us for a fun paint experience. No artistic ability needed. Registration is required as spaces are limited.

Keep up to date with what is happening at the library by following Hillsborough Public Library-N.B. Canada on Facebook or by subscribing to one of the monthly email newsletters.

## **Hillsborough Public Library**

2849 Main St., Hillsborough, 734-3722

[Hillsborough.PublicLibrary@gnb.ca](mailto:Hillsborough.PublicLibrary@gnb.ca)

Tuesday, Wednesday, Friday &  
Saturday: 9am-12pm, 1pm-5pm;  
Thursday: 1pm-5pm, 6pm-8pm

*By Victoria Stroud-Arsenault*





# Community Calendar

## Monday, January 6

**Canadian Mental Health Assoc. of NB (CMHA of NB).** Denise Miller, CMHA of NB rep., holds office hours all day at the Albert County Community Health Centre every second Monday. If you're looking for information or resources, drop in.

**Dental Services.** 8:30am-4:30pm. Forest Dale Home. Teeth cleaning and related services at reduced rates for individuals with or without insurance. Insurance receipts provided. Appointments: Amber-lee at 871-5868 or avbshp@mta.ca

**Pickleball\***

## Wednesday, January 8

**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***

**Protect Shepody Mountain.** 6:30 pm. Riverside-Albert Rec. Centre. Public meeting regarding proposed industrial clearcuts on Shepody Mountain and nomination to have Crown land on Shepody Mountain designated as protected. Discuss the situation, the nomination process and community involvement. Everyone has a role to play in helping to preserve the mountain for future generations. Snow date: Jan. 9th. See page 12.

## Thursday, January 9

**Friends of the Hillsborough Arena-Chase the Ace\***

**Country & Gospel Music Evening\***

**EcoElgin Meeting.** 7pm. Elgin Seniors' Hall. For details, see facebook.com/groups/elgineco

**Protect Shepody Mountain SNOW DATE.**

6:30 pm. Riverside-Albert Rec. Centre. See details on Jan. 8th.

## Friday, January 10

**Bend 'N Stretch Seniors' Chair Yoga\***

**Chase the Ace-Riverside-Albert\***

**Weekly Card Games-Alma\***

## Monday, January 13

**Pickleball\***

## Wednesday, January 15

**North of 55\***

**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Kiwanis Bingo\***

*\*Weekly events are on page 22, library events are on page 19, and addresses are on page 23.*

## Thursday, January 16

**Hillsborough Public Library Lunch and Learn: Stay out of Fraud's Reach.** 12-1pm. Free session presented by the Financial and Consumer Services Commission. Lunch provided. Registration required. Contact the library: 734-3722 or hillsborough.publiclibrary@gnb.ca

**Friends of the Hillsborough Arena-Chase the Ace\***

**Country & Gospel Music Evening\***

## Friday, January 17

**Bend 'N Stretch Seniors' Chair Yoga\***

**Chase the Ace-Riverside-Albert\***

**Weekly Card Games-Alma\***

## Monday, January 20

**Pickleball\***

**Let's TALK Suicide Awareness.** 7-8pm. Presentation at the Albert County Community Health Centre (Education Room downstairs).

## Wednesday, January 22

**Gentle Yoga\***

**Shepody Food Bank\***

**Hillsborough Wellness Drop In.** 2-6pm. See page 14.

**Hillsborough Kiwanis Bingo\***

### **Hillsborough Arena Public Skating**

Public Skating: \$2/person or \$5/family

Hillsborough Arena: 734-3715

Monday 10-11 am: Preschool Skate (free)

Tuesday 10-11 am: Adult Skate

Thursday 10-11 am: Adult Skate

Friday 8-9pm: Public Skate

Saturday 2-3pm & 8-9pm: Public Skate

Sunday 2:15-3:15 pm: Family Skate

Children must be accompanied by an adult during Family Skate. Helmets on youth 10 & under is mandatory.

**Thursday, January 23**

**Friends of the Hillsborough  
Arena-Chase the Ace\*  
Country & Gospel Music\***

**Friday, January 24**

**Bend 'N Stretch Seniors' Chair  
Yoga\*  
Chase the Ace-Riverside-Albert\*  
Weekly Card Games-Alma\***

**Monday, January 27**

**Dental Services.** See Jan. 6.  
**Pickleball\***

**Wednesday, January 29**

**Mobile EcoDepot.** Noon-8pm.  
Alma Activity Centre. See box on  
this page.  
**North of 55\***  
**Gentle Yoga\***  
**Shepody Food Bank\***  
**Hillsborough Kiwanis Bingo\***

**Thursday, January 30**

**Mobile EcoDepot.** Noon-8pm.  
Alma Activity Centre. See box on  
this page.  
**Friends of the Hillsborough  
Arena-Chase the Ace\***  
**Country & Gospel Music\***

**Friday, January 31**

**Fundy Curling Club Mixed  
Bonspiel.** 3-day event limited to  
16 pre-registered teams. See page  
4. Contact Alan: 882-1182 or  
[eademaline@gmail.com](mailto:eademaline@gmail.com)  
**Bend 'n Stretch Seniors' Chair  
Yoga\***  
**Chase the Ace-Riverside-Albert\*  
Weekly Card Games-Alma\***

**Saturday, February 1**

**Fundy Curling Club Bonspiel\***


**Sunday, February 2**

**Fundy Curling Club Bonspiel\***

**\*Weekly events are on page 22.**

**Library events are on page 19.**

**Addresses are on page 23.**



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Contact us today to find out the full  
range of benefits & services we have  
to offer you & your business.

[www.albertcountychamber.com](http://www.albertcountychamber.com)  
[accofc@gmail.com](mailto:accofc@gmail.com)  
P.O. Box 3051, Hillsborough  
NB. E4H 4W5

**Mobile Enviro Depot**

Residents of Westmorland and Albert Counties are welcome at any Mobile Eco-Depot event, not just the one closest to them or in their community. In rural Albert County, the depot rotates between Alma, Riverside-Albert and Hillsborough. **From noon to 8pm.**

**What can you drop off?**

For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to a ½ tonne truck and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic Waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small Household Machinery (must be emptied of gas and oil)
- Construction, Demolition and Renovation Waste
- Household Hazardous Waste: Batteries, cooking oil, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, etc.
- Car and truck tires (maximum of 20" diameter, limit 8 per customer)
- Brush/Branches and yard waste
- Ashes
- Glass
- Cardboard and paper
- Cooking oil
- Metal

\*No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste

Service is for residential customers only. Commercial waste or regular curbside household waste will not be accepted. Residents are asked to sort and separate their loads by material type. For more details, visit [www.eco-360.ca/mobile-eco-depot-program](http://www.eco-360.ca/mobile-eco-depot-program)



# Weekly and Biweekly Events

## Mondays

**Pickleball** 6:30-8:30pm. Riverside-Albert Recreation Centre: \$2/night but your first night is free! Sport for all ages: learn more at [www.pickleballcanada.org](http://www.pickleballcanada.org).

## Tuesdays

**HillzKids** (Grades K-5) & **iMagine Youth** (Grades 6-12). 6:30-8pm. All welcome. Hillsborough Baptist Church.

## Wednesdays

**North of 55** *Every 2nd Weds* 10-11:30am. For ladies & gentlemen 55+. Snacks, games, stories and prizes at Hillsborough Baptist Church. Contact Nettie Steeves: 380-2901, 734-2900.

**Yoga** 10:30-11:30am. Hillsborough Legion. Gentle restorative stretches aimed at improving/maintaining flexibility, balance, and sense of well being. No experience required. Contact: call or text Mona Arsenault (874-5551). Cost: \$9/wk; payment for the whole session due up front (i.e., \$45 or \$54 for a 5-wk or 6-wk session). First class is free for new members.

**Shepody Food Bank** 1-3pm. Albert County Community Health Centre. Bring Medicare #'s for every household member.

**Hillsborough Kiwanis Bingo** Doors open at 5:30 pm, games start 6:30 pm. Hillsborough Kiwanis Center.

## Thursdays

**Celebrate Recovery.** 7pm. Hillsborough Baptist Church, "a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind. A safe place to find community and freedom from the issues that are controlling our life."

**Friends of the Hillsborough Arena-Chase the Ace** Ticket sales: 5pm to 7:15pm. Draw at 7:30pm. Must be present to win. Raffle Tickets: \$5 each colour (5 colours available). Proceeds for upgrades and improvements. See Facebook for info. Held at The Hills Restaurant.

**Country & Gospel Music Evening** 7-9pm. \$7 Hillsborough Kiwanis Center. Featuring the Rocky Cape Band with Jerry Richard, Darrell MacAulay, Willis McKinley,

Charles O'Hara, Hazel Bulman, Tom Gould, David Smith, Ken Eagles & guests. Open mic: join us with your voice or instrument.

## Fridays

**Bend 'N Stretch:** Free seniors' chair yoga classes. From Jan. 3rd to April 24th, 10-11am, Community Room, Albert County Community Health Centre. For details, contact Alicia O'Hara or Jacquelyn DuPlessis at 882-3100. There is no cost or registration required; just sign up on arrival. Classes are open to seniors age 55+. Chairs will be provided. Wear comfortable clothing and footwear. Please arrive shortly before 10 am. Water and a healthy snack will be provided. These classes are offered as a result of a successful Coin-G Grant application through Horizon Health. Coin-G provides grants for community stakeholders in partnership with Horizon Health for initiatives or projects within local communities. This is an exciting opportunity for Horizon to support our communities as they work to find innovative solutions to help New Brunswickers be healthy. This grant supports Population Health-related projects that focus on the Social Determinants of Health, and where possible, respond to the priorities determined through the Community Health Needs Assessments.

**Community Coffee Hour** 10am-12pm. Visit the Hillsborough Library for a cup of coffee/tea and chance to socialize. Puzzles and games available. Come and get to know your community. All ages welcome!

**Chase the Ace-Riverside-Albert** 6-7:30pm. Fundy Curling Club (FCC). CCRC & FCC raise money for curling club upgrades & community initiatives. 3 tickets/\$5. Get together with friends, enjoy supper, play cards and have a beverage while supporting two excellent community causes! Facebook. com/community revitalization, 882-2653, 882-1892, 882-2626.

**Alma Card Games** 6:30-8:30pm. Alma Leisure Centre. Auction 45. Refreshments served. All ages welcome.

**To learn about events in rural Albert County, visit [www.ConnectingAlbertCounty.org/](http://www.ConnectingAlbertCounty.org/) Calendar.**

**Feel free to enter your events; just click on 'submit' events and fill out the details.**

## Addresses

In our calendar, we refer to the following locations.

**Albert County Community Health Centre**, 8 Forestdale Rd., Riverside-Albert; **Satellite office**, 2807 Main St., Hillsborough

**Albert County Museum**, 3940 Rte. 114, Hopewell Cape

**Albert Mines Baptist Church**, 386 Albert Mines Rd., Albert Mines

**Alma Leisure Centre**, 8564 Main St.,

**Alma Multi-Purpose Building**, 13 School St., Alma

**Alma Village Office**, 8 School St., Alma

**Broadleaf Guest Ranch**, 5526 Route 114, Hopewell Hill

**Curryville Community Center**, 786 Albert Mines Rd., Curryville

**Elgin Senior Centre/Maple Tree Café**, 1866 Rte. 895, Elgin

**Elgin Women's Institute Hall**, 32 Gowland Mountain Rd., Elgin

**Forest Dale Home**, 5836 King St., Riverside-Albert

**Fundy Curling Club**, 16 Mill St., Riverside-Albert

**Hillsborough Arena\*** 32 Mill St.

**Hillsborough Baptist Church\*** 26 Braam Cres.

**Hillsborough Elementary School\*** 31 School Ln.

**Hillsborough Farmers Market\*** 2807 Main St.

**Hillsborough Golf Course/Hills Restaurant\*** 443 Golf Club Rd.

**Hillsborough Kiwanis Club\*** 47 Legion St.

**Hillsborough Legion\*** 31 Legion St.

**Hillsborough Public Library\*** 2849 Main St.

**Hillsborough United Church\*** 2891 Main St.

**Hillsborough Visitor Information Centre\*** 2861 Main St.

**Hopewell Cape Community Hall**, Albert County Museum, 12 Hopewell Cross Rd., Hopewell Cape

**New Brunswick Railway Museum**, 2847 Main St., Hillsborough

**Parkindale Hall**, 3434 Rte. 895, Elgin

**Riverside-Albert Recreation Centre**, 9 Bicentennial Rd.,

Riverside-Albert

**Riverside-Albert Village Office**, 5823 King St., Riverside-Albert

**Riverside Consolidated School**, 90 Water St., Riverside-Albert

**Saint Mary's Anglican Church\***, 39 Mill St., Hillsborough

**Steeves House Museum**, 40 Mill St., Hillsborough

**Surrey Valley Baptist Church**, 3039 Main St, Hillsborough

\*Hillsborough



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**Bennett and Albert County Health Care (BACH) Foundation**

[www.bachfoundation.com](http://www.bachfoundation.com)

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**OMISTA Credit Union** [www.OMISTA.ca](http://www.OMISTA.ca)

**Tele-Drive Albert County Inc.** [Tele-Drive Albert County on Facebook](#)

**Albert County Chamber of Commerce** [www.albertcountychamber.com](http://www.albertcountychamber.com)

**Crooked Creek Convenience** [www.facebook.com/ccconvenience](https://www.facebook.com/ccconvenience)

**East Coast Kids Child Care & Learning Centre** [www.eastcoastkids.ca](http://www.eastcoastkids.ca)

**Hopewell Rocks** [www.thehopewellrocks.ca](http://www.thehopewellrocks.ca)

**The Garden Guy (Micheal McBurnie)** [www.facebook.com/thegardenguymicheal](https://www.facebook.com/thegardenguymicheal)

**Ponderosa Pines Campground** [www.ponderosapines.ca](http://www.ponderosapines.ca)

**Village of Hillsborough** [villageofhillsborough.ca](http://villageofhillsborough.ca)

**Village of Riverside-Albert** [www.riverside-albert.ca](http://www.riverside-albert.ca)

**Farmer Brown's Greenhouse** [www.farmerbrowns.ca](http://www.farmerbrowns.ca)

**Foods of the Fundy Valley** [foodsofthefundyvalley.ca](http://foodsofthefundyvalley.ca)

**The Calvert Family** (private donation)

**Albert County Museum** [albertcountymuseum.com](http://albertcountymuseum.com)

**Broadleaf Guest Ranch** [www.broadleafranch.ca](http://www.broadleafranch.ca)

**Chipoudy Communities Revitalization Committee** [www.facebook.com/communityrevitalization](https://www.facebook.com/communityrevitalization)

**Forest Dale Home** [www.forestdalehome.ca](http://www.forestdalehome.ca)

**Friends of Fundy/Fundy Guild** [www.facebook.com/FundyGuild](https://www.facebook.com/FundyGuild)

**Fundy Highlands Motel and Chalets** [www.fundyhighlandchalets.com](http://www.fundyhighlandchalets.com)

**Hillsborough Baptist Church** [hillsboroughbaptist.org](http://hillsboroughbaptist.org)

**Jeff MacDougall, SouthEastern Mutual Insurance** [jeff.macdougall@semutual.nb.ca](mailto:jeff.macdougall@semutual.nb.ca)

**Village of Alma** [villageofalma.ca](http://villageofalma.ca)