

Connecting Albert County

July 2019



*Fog rolling into Alma
Image by J. Wallace*

Focus on Fundy Ceilidh *By Steve Arsenault, Sara Liptay & Ian Duncan*

Music is a curious thing; a few notes can capture your imagination, telling you a story and stirring up emotions without a single word. From simple folk tunes to vast symphonic suites, music points back to the culture from which it grew, but also builds bridges between the players and the listeners. Celtic music is a prime example of this as it draws from a history stretching back to before music was written down and has been carried forward, influenced by countless cultures, to keep it very much alive today.

Music of any kind connects us and brings people and communities closer together. In the Celtic world, we call this a “Ceilidh” (pronounced like Kay-lee). A Ceilidh is a social gathering at which there is Scottish or Irish Folk music and singing, traditional dancing, and storytelling. This would be close to what we Maritimers would call a “kitchen party.” Usually, traditional acoustic instruments are played such as vi-

olins, harps, guitars, mandolins, flutes, whistles and, of course, the Scottish pipes. A Ceilidh can last a couple hours, or wrap up after an entire weekend of fun.

Fundy Ceilidh is a new Celtic ensemble that has been playing locally and gaining momentum for over two years. Starting out as a jam session on Saturday mornings on the little stage of the Hillsborough Farmers Market, the group has quickly grown into an ensemble that has a repertoire

rich in Scottish, Irish and Canadian Celtic Music. Drawing on the

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Features:

- **Sandpiper Migration**
- **Art at the Park**
- **Fireflies**
- **Indigenous Uses of Local Plants**
- **Making Hanging Baskets**
- **New Faces at Forest Dale Home**
- **Banking while Travelling**
- **Community Events**



Connecting Albert County

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Building connections and fostering pride of place and culture in rural Albert County by publishing in print & online. Connecting Albert County Inc. is a registered non-profit organization.

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Janet Wallace

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Editorial *by Janet Wallace*

Throughout rural Albert County, there's so much going on! From meals at community halls to concerts and public meetings, there's a lot happening in our part of the world. But how do you find out events and news in your community? It's a challenge given that we don't have a newspaper or radio station that covers our area.

Six years ago, a group of individuals with varied ages, backgrounds and skills volunteered to tackle this issue. Our efforts resulted in Connecting Albert County.

Our first step was to create a simple monthly calendar and list of events. The ultimate goal was a regular publication featuring articles that celebrate the wonderful people, places and stories of our region. After more than fifty issues, I feel we're just tapping into this wealth of great material. There is so much going on here and so much more to discover.

As with so many other groups, we initially struggled with volunteer burn-out. But, just as the rising tide lifts up boats moored at the wharf, the support of the community carried us up and allowed us to steer our own path. After much hard work by volunteers and financial support from local businesses, groups and individuals, we have found our feet.

Two advertisers in particular, Trent Steeves of Gary Steeves Insurance and Charles Beaver of Albert County Pharmacy in Riverside-Albert, wanted to book ads a year in advance and give us larger ads than we had tried to sell. The funds and their implicit vote of confidence helped us immensely. For the last few years, our major patron has been the Bennett and Albert County Health Care (BACH) Foundation. We will be forever grateful for their assistance.

What we do

Connecting Albert County produces this publication each month. Once a year, we mail a copy to all households in rural Albert County (the BACH Foundation covers the printing). For the other 11 months of the year, Gary Steeves

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diverse backgrounds and interests of the band members, the group also pushes into non-traditional music to challenge each other and surprise audiences. Fundy Ceilidh has performed at festivals, fundraisers and concerts, sharing the stage with folk, bluegrass, fiddle and Celtic musicians, such as Eddie Poirier, Samantha Robichaud, Ivan & Vivian Hicks, and George Belliveau.

The members of Fundy Ceilidh enjoy playing together in all different types of scenarios and venues, but the Farmers' Market in Hillsborough and the Buddha Bear Café/Holy Whale Brewery in Alma are band favourites. These two venues allow the musicians to play together in a relaxed environment for an appreciative crowd that encourages them to feel at home and stretch their wings musically. These are good places to try new configurations, tunes and instruments.

The band currently has four members, who, between them, entertain on harp, bagpipes, whistles, violin, guitar and percussion.

Harpist Dorothy Brzezicki has dedicated her life to music since she was seven. She was born in Poland and received her master's degree in music (Harp Performance) from the Frederic Chopin University of Music in Warsaw. She teaches harp and often plays solo for weddings and events.

Dorothy has played for royalty, rock stars and symphonies, but Celtic music is her greatest passion. As a young student, she recalls asking her instructor to teach her a Celtic piece, and she continues to entertain us with her exceptional musicality and effortless mastery. Her harp stands 6 feet tall with a wood and metal frame weighing 78 lbs., and strung with nylon and gut. It has a series of pedals on the bottom that are used to change the pitch of cer-

tain strings to facilitate key changes within a piece. She carts this instrument around on a wooden dolly and tunes all 47 strings before each performance.

Ian Duncan is the bagpiper and wind section of Fundy Ceilidh. His formative piping years were spent in Saint John, NB, and at the Gaelic College in St. Anne's, Cape Breton, where he both studied and taught. He has performed and competed as a solo piper and bandsman, most recently with the Simonds Lions Caledonia Pipe Band at the 2018 World Pipe Band Championships in Glasgow, Scotland. He loves delving into and sharing the history and folklore of traditional music, as well as exploring the instruments out of their standard contexts. Ian bends notes and improvises without hesitation. His grounding in traditional and modern Celtic music makes him one of the main sources of the band's repertoire.

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With Fundy Ceilidh, Ian plays the Scottish smallpipes. This instrument is much quieter than the Great Highland bagpipe and more suited to playing with a group. Not only are these pipes smaller in size, they use bellows to provide air rather than being mouth-blown which greatly reduces moisture and temperature variance for the reeds. The Scottish smallpipes can still be a temperamental instrument and often require fine-tuning of both the drones and the chanter.

Ian also plays tin whistles, which are more flexible musically and add to the richness and diversity of Fundy Ceilidh's unique sound. He plays solo for events and offers lessons, but most of his time is devoted to developing music for the ensemble.

Sara Liptay is Fundy Ceilidh's violinist and fiddler. She holds a Master's degree from Memorial University in performance and pedagogy, as well as a certificate in Baroque violin from the University of Toronto. She is a passionate and award-winning music educator and advocate (Music NB's 2018 "Educator of the Year"). Sara is a founder of Sistema New Brunswick, a program that, since

2009, brings music to hundreds of youth every day after school, teaching out of centres including Moncton and Hillsborough.

Sara plays many styles, ranging from Baroque to modern, and performs as a member of Symphony New Brunswick and Tutta Musica. While Sara is classically trained, Baroque music of the 17th century informs her approach to Celtic music. Technique from that era employs many of the same quick bow strokes fast, fingerings and lyrical melodies. Having grown up with both classical and traditional music, she is thrilled to combine them both into the magic moment when the violin becomes a fiddle.

Steve Arsenault brings a wealth of knowledge and musicality to the group, adding layers of texture, rhythm and vibrancy. He plays acoustic guitar and percussion with Fundy Ceilidh, and has studied a wide variety of music and instruments, most recently with lessons in jazz guitar. His deep love for music harkens back to his childhood where he was influenced by performers such as Jethro Tull, Phish and Moncton's own Eric's Trip. When he's not jamming with Fundy Ceilidh, Steven can be found writing his


own music, with nearly 60 pieces to his credit. Steve's sensitive guitar accompaniment offers the other band members a solid and consistent playing field where they have the freedom to improvise, experiment and demand the best from their instruments. He shapes the musical momentum so that the quartet rarely plays a piece the same way twice. Steve challenges the band to interpret works from new genres and delights audiences with his flair on guitar.

Fundy Ceilidh has a busy summer concert season planned and its members are very excited to play for communities in the region. You can find Fundy Ceilidh on Facebook for video clips, concert listings and if you would like to reach them for booking information, their email address is fundyceilidh@gmail.com. Also, look for updates on Connecting Albert County's online calendar, www.connectingalbertcounty.org/calendar.

Photos by Christine Donovan, Donovanphotos@gmail.com



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The Pipers are Coming, the Pipers are Coming *By Paul Gaudet*

Not the bagpipers, nor the pied pipers, but sandpipers are the topic of this piece. You see, we are full-on into summer here in Albert County and at the Hopewell Cape Rocks, so I thought it might be time to remind people of the amazing bird migration that will begin around mid-July, peak mid-August and continue well into September and even early October.



I realize that the subject of this migration of semipalmated sandpipers and many other shorebirds of their ilk is an oft-repeated narrative this time of year (by the way, "semipalmated" means "partially webbed feet"). I want to bring you up-to-date information that research has brought to light over the last few years. It seems that we are finding out more and more about them every year.

First some facts (and speculation) about these birds. They arrive in our region around mid-July in small numbers. The first to arrive are the females. In recent years, however, the trend is that their arrival has been delayed, probably because of warmer weather

in the arctic. Most fly from the lower arctic after they have laid three to four eggs. The young are precocial, which is a fancy word meaning they can look after themselves, including foraging, only hours after hatching. This frees up the females to leave the males in charge after a few days and head out on their migratory route. When the females arrive in the upper reaches of the Bay of Fundy, their long journey to wintering grounds in Northern South America (e.g., Suriname, Guyana, Brazil) is about halfway complete.

These birds and their reserves of fat and energy are horribly depleted by the time they arrive. They stay here for around three weeks and do nothing but rest and eat. They eat corofium (tiny mud shrimp about the size of a piece of long grain rice), that are full of the fatty acids that they need. They also eat biofilm, that they scoop up off the surface of the mud, as well as whatever other kind of worm or tiny crustacean that they can find.

The dining takes place when the mudflats are exposed at varying degrees of low tide. At high tide, they roost along the edge of the tide line while waiting for the tide to go out again. This roosting time is vital to their well being and it is important that they not be disturbed during this period. They are, of course, disturbed by various birds of prey, primarily peregrine falcons and merlins. It is not the number of sandpipers that are caught and eaten by birds of prey that has the most negative effect on their survival.

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Rather, the main concern is the number of times that they are forced to take flight and burn energy.

The 'peeps' (as many call them) weigh 20-30 grams when they arrive and can double their weight during their three-week stay. They soar up into the sky when the winds are favourable and fly pretty much non-stop to South America in three to four days.



Image above by Kevin Snair of Creative Imagery, www.creativeimagery.ca

The males arrive next and then the juveniles (most of them in September). They go through the same routine as the females. It is estimated that approximately 30-35% of the world's semipalmated sandpipers come through our region each year.

The spring return trip to the arctic does not include our beaches and mudflats. Many go through Delaware Bay (between the States of New Jersey and Delaware) in time to feed on horseshoe crab larvae, while others may go

through other parts of the eastern seaboard and some through Saskatchewan.

All that is interesting enough, but without a doubt the most interesting part of this migration for most people is the unbelievable sight of seeing tens of thousands of these birds in flight at the same time. If you have not witnessed this aerial ballet, I urge you to visit the Hopewell Rocks, Mary's Point or Johnson's Mills across the bay in early to late August.

The coordinated aerial manoeuvres of these birds are breathtaking. Think of a large school of small fish darting instantly this way and that, up and down, right and left without bumping into one another. Now picture this being done by small birds while airborne. They can soar and dive, merge in to a bulbous smudge in the sky, or string out like a strand of DNA. Add the drama of merlins and peregrines diving and chasing them: it is an unforgettable experience. The truth is the birds of

prey have a low success rate in their quest for dinner, but when they are successful, it epitomizes the harsh reality of nature. We can feel sadness for the sandpiper, but at the same time appreciate that nature has been served and that the intricate cycle of life and death is necessary in the grand scheme of things.

One last note, the birds are, and have been for some time, on the decline. When I first became employed at the Hopewell Rocks in 2004 and for quite a few years after that, I used to say that 1-1.5 million of these marvels of flight would visit us each year. Several years later, it was 750,000 to 1 million birds that I would estimate. Last year, I was saying between 500,000 and 750,000 birds and sadly even then I was overestimating according to the latest numbers. This year I will be saying 300,000-400,000. I cannot give you a satisfactory reason why this is happening (nor can the scientific community), but suffice it to say let us do everything from our end to make sure that we are not contributing to their depletion, so if you have not witnessed the spectacle before, make this the year.

p.s. The Shepody National Wildlife Area at Mary's Point has a new interpretive centre and will be a great place to go to see the sandpipers and many other species.

Story and images on p.5 by Paul F. Gaudet. Paul is the Interpretive Services and Reception Manager at the Hopewell Rocks Tidal Exploration Site, Vice-Chairman of the UNESCO Fundy Biosphere Reserve and a freelance writer.

Banking While You Travel *By Victoria Antle*

It's finally summer! The days are longer. Barbeque season's in full swing. The kids are home from school (and already getting bored). Perfect beach weather. What could make this more perfect? Oh yeah! You're on vacation next week and can't wait to relax and enjoy some fun-in-the-sun. Whether you're packing up the car for a road trip or getting on a plane to your desired destination, the last thing you want to worry about is your finances.

You're looking forward to stopping at your favourite ice cream shop en route and remember they only take cash; there's none in your wallet. Luckily, you've got a mobile banking app with an ATM locator feature on your smartphone; you can find the closest ATM in seconds. Now you can get some cash out of your account and avoid the three-year-old's meltdown (pun intended). Next stop, Uncle Bob's cottage!

You arrive and are surprised to see your cousin (who borrowed money from you months ago) is there. Long-time-no-see, and we're talking about what he owes you too. He pulls a cheque out of his wallet for the full amount. Bonus! You don't want to lose the cheque, you're in a different province, and can't get to your bank. No problem. Your financial institution offers a mobile deposit feature on their app. All you have to do is take a picture of the front and back of the cheque, click 'Submit,' and you're done. Simple and convenient. Time to hit the water!

Heading to the amusement park you decide to stop at a local flea market. Fresh berries, tomatoes, cucumbers, and more. You think, "Yeah, fresh veggies with dinner, berries for dessert. Sounds delicious."

Well...you end up getting more than you planned and are about \$4.00 short. Your partner turns their pockets inside out: nothing but lint fuzz. Great, not enough. The seller mentions they take e-Transfers. Awesome! Your partner agrees to do it. They're not at a computer, but thanks to the banking app on your smartphone, you can perform an e-Transfer anywhere. Just type in an amount, an e-mail address, and get a confirmation from the seller that it was received. Done. Farm-fresh dinner, here we come!

Well, vacation's just about over. You've laughed, had amazing weather, got a little sunburned (oops), and made memories that will last a life-time. Time to pack up and head home...back to work on Monday. It's your partner's turn to do some of the driving; you switched about 200 km ago when you stopped for gas. Out of nowhere you think, "Did I put my card back in my wallet after I paid?"

In a bit of a panic but quietly because the kids are asleep in the backseat, you rummage around in the dark for your wallet to check. It's at that moment your face goes pale, a knot forms in your stomach, and you tell your partner what happened.

It's too far to turn back, it's the middle of the night, the branch is closed (not that you're close to it anyhow), and now you really start to panic. What to do, what to do? Your phone; yes, get out your phone! If you're lucky enough to have a financial institution that offers a mobile fraud-

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You've been home two days now and think back to what an amazing vacation you had and how, financially, worry-free it was thanks to all the services financial institutions provide while you're on the go.

Would you like to know more about managing and protecting your account when away from home? OMISTA Credit Union offers MemberDirect® Online banking using your desktop or their Mobile App. It

includes features like e-Transfers, bill payments, and Deposit Anywhere for cheques. The ding-free ATM locator lets you locate thousands of surcharge-free or 'ding-free' ATMs on the credit union system across Canada. The unique Lock'N'Block service allows you to lock and block your card from anywhere. Fun fact: credit unions were the first financial institutions to provide this type of service. To learn more about Lock'N'Block and how it can protect you, search "Lock'N'Block" at OMISTA.com

Victoria Antle, a Marketing Student at NBCC Moncton, enjoys letting her creativity flow. Writing is a great outlet and she hopes her writing can brighten someone's day.

Editorial. Continued from page 2.

Insurance prints colour copies and we distribute them throughout rural Albert County. You can pick them up for free at the grocery store, health centre, library, as well as at many other stores, village offices and restaurants. We print a limited number, so visit venues frequently to find a copy, and support local businesses at the same time.

We also produce a digital version. Sign up at www.connectingalbertcounty.org/newsletter. Every month, you will receive a link to the publication by email. As with the print version, this is free.

At www.connectingalbertcounty.org, you will find our community calendar along with articles about local artisans and farmers, news about events, features on our natural wonders, and so much more.

Who is behind Connecting Albert County

Connecting Albert County Inc. is a registered non-profit organization. Our board consists of Joseph Gallant (President), Victoria Stroud-Arsenault, Kate Merlin and Lisa Brown.

In addition to the board members, several volunteers help us, some every month, others just when they can find the time. Catherine Rhyno distributes the publications, Kathy Chapman helps proofread, Heather Fraser coordinates the calendar, and Deb Carr helps post articles. Our current success reflects the contributions of past volunteers, particularly Joanne Butland, Susan Quinn and Mindy Holmstrom.

In addition, countless people help out by entering events on our calendar, writing articles and submitting pictures. Some are professional writers and

photographers, but most have never before seen their name in print. We welcome anyone who wants to submit a story, photograph or letter to contact us.

Like what you see?

If you would like to help us continue sharing the stories of Albert County, please consider supporting us. We welcome donations, ads and volunteers. On our website, you can find information on ads and donations, and you can find our address on page 2.

Currently, we are looking for volunteers to help fill the following roles.

- Posting articles on our website: 1-2 hours/month using Weebly. Training is provided.
- Board members: 4-5 meetings/year plus work by email in between meetings when required.
- Distribution: help distribute newsletters when our regular volunteer cannot. Drive from Hillsborough to Alma once a month and dropping off publications at stores and other locations along the way.
- Proofreading: additional proofreaders are welcome.
- Editing/formatting: editing articles and/or formatting the publication's calendar using Word.
- Posting events: simply adding events from your community to our online calendar. Takes less than 5 minutes per event.
- Advertising manager: help solicit ads. Most of the work is done over the winter.

If you are interested in helping out in any way, please email me. Please let me know what you think of our work and how we can better meet your needs.

Janet Wallace Coordinator/editor, Connecting Albert County, info@ConnectingAlbertCounty.org

Hillsborough Farmers Market *by Angela MacDougall*

The Hillsborough Farmers Market, now in its 3rd year, is home to small local businesses including crafters, producers, artisans and makers, as well as Oliver's German Bakery.

You can often hear the musical talents of Fundy Ceilidh accompanying you as you browse or sit with a Buddha Bear coffee and home-made treat. The beautiful atmosphere at 2807 Main St. Hillsborough with the stained glass windows, vaulted wooden ceilings and friendly chatter is a cozy place to gather with friends and catch up.



New for 2019, we are implementing a new green initiative that includes eliminating disposable cups, and instead offering a Mug Library where people can 'take out' a mug for the day and return it at the day's end to be cleaned and re-used. We also have a Waste Sorting Station including a redeemables bin where funds collected will go to the Green Thumbs Garden Club at the Hillsborough Elementary School. As well, there is a conscious effort from the vendors to minimize the use of plastics.

Also new is our Art Wall, a wonderful feature. As you sip coffee, you can view pieces from local artists.

Come and see us for your groceries, gifts, sweet treats, home décor and shopping needs. Follow us

on Facebook and Instagram for upcoming events, vendor spotlights, recipes and more!

Vendors for 2019 include Jems Preserves, Hyp-bags, Jibber Jabber Jewelry, Life is Sweet, S&K Creations Metalwork, Pumpkin Hill Farm, Farmer Brown's Greenhouse, AnC Meat, Knit Snax, Fundy Redhead Wirework, Ruth-Ann Linocuts, Fundy Mud Pottery, Berrybrook Farm, Brooklynd Creations, Get Slimed, Sadies Sweets, Cedar House Apiaries, The Crafted Woodsman, Country Memories Creations, Oliver's German Bakery, Glass Roots Inc., Creative Imagery, Briggs Maples, Fundy Farms: local harvest and Herb n' Joy.

For inquiries on becoming a vendor or other information on market please contact us at market@foodsofthefundyvalley.ca.



Volunteer at the Community Garden

The Community Garden at Forest Dale Home in Riverside-Albert is always in need of volunteers to help with the Shepody Food Bank and Forest Dale Home garden plots. If you would like to spend some time in the gardens, please contact Stacey or Tatum by email at foodsofthefundyvalley@gmail.com or www.facebook.com/FoodsOfTheFundyValley.


Hillsborough Farmer's Market



Victoria Day to Thanksgiving

Saturdays 9am-2pm

2807 Main St. Hillsborough
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Caring for Hanging Baskets *By Micheal McBurnie*

It's now time to think about planting your pots, window boxes and hanging baskets. There are a number of key factors to consider before racing off to the garden centre. What location will the plants be living in? Are they in morning sun until noon or are they in the afternoon sun from noon until sun-down? There's a huge difference. The morning sun is not as strong as the afternoon sun, so if you are getting sun until noon, consider shade plants. If you have hot afternoon sun, select full sun plants.



When creating your hanging baskets, window boxes and containers, the possibilities are endless. You can combine perennials with annuals, as well as small shrubs like cedars or boxwood. You may choose to just combine foliage or leafy plant material instead of flowers. There are upright plants like geraniums, marigolds and Salvia just to name a few. Trailing plants include potato vine, licorice plants, creeping Jenny, variegated vinca, Swedish ivy... the list goes on and on.

You can virtually grow anything you want in a pot, window box or hanging basket. If you choose trees, shrubs or perennials for your containers, keep in mind it's difficult to overwinter in a pot so it's best to transfer that plant into the garden around Oct. 15th.

Soil is very important for your pots and containers. Choose a good quality potting soil based on peat moss. Usually these also contain vermiculite and perlite for water retention and good drainage. The reason why you need to choose good quality soil is simple. The plants have a tiny fine root system and require a very light soil to grow and mature. Also, a

light soil does not add unnecessary weight to your hanging baskets and window boxes.

Fertilizer is crucial. How many times a week do you water? Three times, four times or daily? Every time you water, you flush nutrients out of your pots. So if you do not feed your plants regularly, they will begin to starve showing signs of stress and weakness.

I push my plants to the max. I use a 20-20-20 water soluble fertilizer (meaning blue powder mixed in water) and pelletized slow release which is a 14-14-14. Now when feeding it is imperative to always water first and then mix your 20-20-20 with water according to the instructions. Then you can feed. If you fertilize your plants when they are dry, you can burn them. A plant with re-moistened roots will always accept the food much much better.

Once I plant my pots, I sprinkle the slow-release fertilizer in and around the plants on top of the soil. Once a week, I mix my water-soluble fertilizer and feed as well. The results are amazing.

Watering is crucial. Always use a watering wand with a nice soft shower head. Water at the base of your plants and never water the leaves or flowers as this can create mould and mildew. A nice slow steady water will help guarantee success. It is best to water in the morning or late evening.

Best of luck with your containers, window boxes and hanging baskets and get creative. Visit my Facebook Page 'The Green Guy' for more inspiration

Cheers, Micheal McBurnie, The Garden Guy

Photo by Janet Wallace



Albert County Community Health Centre Services

Clinical Services - Referral Required

A referral or an order is required from a physician or nurse practitioner for the following:

- X-ray and Lab Services (on-site blood and specimen collection)
- Nursing Services (i.e., wound care)
- ECG • Physiotherapy
- Holter monitoring (heart test)
- Clinical Telehealth Services
- 24 Hour blood pressure monitoring

Clinical Services - Self-Referral

A referral is not required for the following:

- Nutrition Counselling • Social Worker
- Diabetes Education
- Respiratory Therapy
- Smoking Cessation Program
- Chronic Obstructive Pulmonary Disease (COPD) Education

Albert County Community Health Centre

8 Forestdale Rd, Riverside-Albert
882-3100

Mon.-Thurs.: 7:00am- 4:30pm
Friday: 8:00am-4:30pm

Lab and Specimen Drop-off:

Riverside-Albert:

Mon.-Thurs. 7-11:30am

Hillsborough (2807 Main St.):

Tues. & Thurs. 8:30-11:30am

The Bennett and Albert County Health Care (BACH) Foundation raises funds to support the services provided by the Albert County Community Health Centre including equipment and staff education. www.bachfoundation.com

Tele-Drive: Affordable Transportation for Albert County Residents

Tele-Drive's mission is to provide affordable access to transportation for residents of Albert County that is dependable, courteous, safe, efficient, inclusive and sensitive to the needs of all individuals, and respectful of the privacy of all concerned.

What is Tele-Drive? The registered charity is a volunteer-based system providing mobility to people in our area. People who use the service pay a fee per ride. The service is designed to improve the quality of life for people with little or no access to affordable transportation.

Everyone is eligible to join including seniors; non-drivers; college/university students; persons with mobility issues; non-car owners; persons looking to eliminate their second car; residents with low/ fixed incomes; seniors' groups, clubs and societies; the environmentally concerned; and people temporarily without a vehicle.

If access to transportation causes you hardship for any reason, Tele-Drive can help.

How does it work? Give us a call and we will gladly come and visit with you; we will supply you with the registration form and answer your questions. After that, when you need a ride, call our dispatcher 48 hours in advance. The dispatcher will arrange for a volunteer driver to come to your door, drive you to your destination and take you back home.

Where does Tele-Drive go? Within Albert County and to the Moncton area, Sussex and Saint John Regional Hospital. Contact Tele-Drive for special ride requests.

Supporters provide additional funding to help ensure Tele-Drive can serve Albert County well. They are entitled to vote at the annual meeting and will receive a tax-deductible receipt. Contribution rates are: Friend (\$25-49/yr), Bronze (\$50-199/yr), Silver (\$200-499/yr), Gold (\$500-999/yr) and Platinum (\$1000+/yr).

Tele-Drive is looking for volunteer drivers, particularly around Hillsborough. Even if you can provide one or two rides a month, Tele-Drive would be delighted to have you join! Drivers volunteer their time but are reimbursed 35 cents/km to help with the cost of gas; this begins when you leave your driveway.

The Bennett and Albert County Health Care (BACH) Foundation is a strong supporter of Tele-Drive Albert County.

For information on using the service or volunteering, call 875-1190, email teledriveac@gmail.com or visit Tele-Drive Albert County's Facebook page.

New Faces at Forest Dale *by Vicki Caissie*

Forest Dale Home was recently recognized for showing “exceptional leadership in recruiting Internationally Educated Nurses” by the New Brunswick Association of Nursing Homes in May 2019. The award came after Forest Dale Home was approved as a Designated Employer by the Province of New Brunswick to participate in the Atlantic Immigration Pilot Program.

We are now eligible to identify foreign nationals to fill our labour needs. Consequently, we have hired and helped settle five qualified individuals to work at Forest Dale Home and

live in the community of Riverside-Albert. The five, all from India, are working part-time: four as Licensed Practical Nurses (LPNs) and one as a resident attendant. They include Niji and Rony (a married couple), Ambili (a married woman who would love to bring her husband and children to Canada), Romario (a man who arrived in a snowstorm in late December) and Anju (a young woman who arrived in the spring).

Forest Dale Home historically has had difficulty attracting enough LPNs to meet our staffing ratios required by government. We have no casual LPNs! When someone is injured or becomes sick, we have no LPNs for replacement.

All five of the workers are experienced registered nurses (RNs) in India. The training in India is a four-year program similar to what Canadian registered nurses do. Their studies are in English in India. [RNs require four years of study to get their degree whereas LPNs require two years.] The Indian degrees, however, are not recognized in Canada. All but Rony have studied at Omni College in Vancouver and are currently registered in New Brunswick as Licensed Practical Nurses. They are enrolled in programs to gain their nursing registration in Canada. It will take them about two years to become RNs. Rony, who worked as a nurse in operating rooms in India, has not yet completed the Canadian training and testing to be licensed as an LPN, but is trained and qualified to work as a resident attendant.

They are fitting in very well and the residents seem to enjoy them.



Left to right: Rony, Niji, Ambili, Anju and Romario

“Riverside-Albert, in a nutshell, for me and my husband Rony is a ‘Network of Support,’” writes Niji. “There are times in life when you are in need of a particular service, advice, support or understanding. When you are in a strong community, it is highly likely that someone may be able to help you out or just share your celebratory moments. Apparently, this means a lot for people like us who are away from our near and dear ones.”

“When it comes to Forest Dale Home,” Niji writes, “we both were overwhelmed to witness the competent and dedicated care the staff gives to each resident to make the residents feel at home. Also we understand their guidance is very crucial and appreciate for accepting us as a part of their team.”

“We both would be always grateful for giving us the opportunity to be a part of this wonderful small world and looking forward for starting the new chapter of our life,” adds the couple.

“I am really thankful for the opportunity to work at Forest Dale Home,” writes Anju. She adds that she “really enjoys working at Forest Dale and the new experience of living on the East Coast of Canada.”

Ambili says, “It’s an immense pleasure to be part of the Riverside-Albert community. It’s really an amazing and beautiful place to live. And the local people over here are really helpful and friendly. It’s a great privilege to work in Forest Dale Home.”

Ambili appreciates “the sense of camaraderie among the co-workers” along with the support from the home’s management. *Cont. bottom of next page*

July 1st at the Museum *By Janet Clouston*

Join us on Monday, July 1st from 12-4pm for the Annual Canada Day Festivities and the birthday of RB Bennett. This year's event includes a celebration of the 100th Anniversary of the joyous return of soldiers to New Brunswick in 1919 at the end of World War One. A highlight was the visit of the Prince of Wales and Albert County's success in the Victory Loans Campaign that resulted in a gift of a German cannon captured at Vimy Ridge. A guest speaker will share stories of the 26th Battalion.

All guests who join us on July 1st will receive complimentary admission to the Albert County Museum and will be treated to live entertainment, lunch served fresh from the BBQ, and the best Canada birthday cake anywhere on the Fundy Coast! A special invited guest is William Herridge, nephew of Prime Minister RB Bennett. We will also hear from author Brent Wilson, Emeritus Professor of History, University of New Brunswick, who wrote *A Family of Brothers*, a book about the Albert County's 26th Battalion. He will be autographing copies of his book for sale at the event.

"We are very proud to have the Victory Loans Flag that was awarded to Albert County for money raised in the community, which is now on display in the 'County of Heroes' area in our Exhibition Hall," said Stuart Liptay, President of the Albert County Historical Society. "We invite you to visit to see this, as well as the Victory Cannons we were awarded, which share a place of distinction near the RB Bennett Monument."

The Albert County Museum is located in Hopewell Cape, New Brunswick. The Museum consists of eight buildings on a six-acre site and features twenty-three themed galleries. All of the buildings are original to the site and are part of the overall historical Shiretown of Albert County. The County Tax Office, County Records Office and County Gaol (jail) are from the time of the creation of Albert County in 1845.

The museum also features a Visitor Info Centre located in an historic Library Building, the Hopewell Cape Community Hall and the beautiful County Court House built in 1904. Several special events take place at the Museum including the Annual Quilt and Fibre Arts Fair and the Royalty Tea.



Along with the new "Acadians in Albert County" exhibit, is a recent addition "County of Heroes WWI Featuring Canadian Hero Lt. Col. Cyrus Peck VC." We are also starting preparations for the 175th Anniversary of Albert County that will take place in 2020, and will involve a unique "Barn Quilt" project.

If you would like to visit the Museum, we are open daily 9:30am- 5:30pm until late September. We are located only two minutes north of the Hopewell Rocks. Admission to the Museum is \$10 for adults, \$8 for students and seniors, \$25 for families; admission for children under 5 is free. (Group rates are available.) The Community Hall and Court House are available for private bookings and events.

Albert County Museum & RB Bennett Centre

3940 Route 114, Hopewell Cape, NB
www.albertcountymuseum.com, 506-734-2003
info@albertcountymuseum.com

"New faces at Forest Dale" Continued from last page

The newcomers all express their gratitude to be able to live in a peaceful friendly community in a beautiful location with no pollution. They come from small towns in India and are used to living in rural areas. After living in Vancouver, they find Riverside-Albert very friendly by contrast.

The workers say that they are excited to experience summer in Albert County after hearing people talk so much about summer activities and social events.

Vicki Caissie, BN RN, is the Administrator of Forest Dale Home Inc. in Riverside-Albert.

Preparing for Albert County's 175th Birthday *By Janet Clouston*

The Albert County Historical Society is forming a Steering Committee to plan celebrations and activities for Albert County's 175th Birthday, taking place in 2020.

Albert County 175 is a celebration of the 175th Anniversary of the founding of Albert County. The act to found the county was passed

by the New Brunswick Legislature on March 23, 1845, and gained Royal Assent on August 8, 1845, making Albert County officially a county. This makes us older than Canada by 22 years—now that is worthy of a party!

Albert County has so much to celebrate! Our natural spaces are some of the best in Canada and include Fundy National Park, Dobson Trail, Cape Enrage, White Rock Recreation Area and the Hopewell Rocks. Our communities are great places to live. They feature arts and creativity, rich agriculture, and abundance from the sea. Our history speaks volumes with Founding Fathers (visit the Steeves House Museum to learn more), the only Canadian Prime Minister to come from New Brunswick (visit Albert County Museum), and the first female sea captain in North America (learn more at the Molly Kool Centre). And that's only a few of the amazing things about us!

We want everyone to share in the excitement of our 175th and we'll be looking for inspiring ways to commemorate our shared past, to celebrate today, and look ahead to our bright future. We're looking to gather a great group of volunteers and we want to hear from people across Albert County who have ideas for events, projects or other initiatives. Options for funding will also be explored.

We're forming the Albert County 175 Celebration Committee. The committee will work to generate ideas and to inspire others to contribute thoughts and events to the Albert County 175 Celebrations. If you would be willing to take part in this committee, or if you know of someone who would be like to be involved, email AC175@albertcountymuseum.com. We are planning for a great year!

Help us celebrate Albert County's 175th birthday!



Images of the majestic beauty of Albert County past and present. Postcard of Hopewell Rocks from 1930.

Left: Sunset at the Rocks. Image by Kevin Snair of Creative Imagery.

Fundy Studio Tour

The summer is always a great time to get out and see the beautiful scenery of Albert County. You can also take in our culture with the Fundy Studio Tour.

Dotted along the tour route, you will find artisans, artist shops and studios showing a variety of talents and skills including pottery, painting, photography, herbal products and glass blowing. Some (not all) will even invite you into their working studios where things are in progress. The group have worked towards supporting each other for more than 20 years and have put out a brochure to help people find their locations.

Grab a brochure at any of the major locations (Hopewell Rocks, Cape Enrage and Fundy National Park) and set out for your Albert County adventure. Find the Fundy Studio Tour on Facebook for details.

Submitted by Ruth Bradford



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The advertisement for Gary Steeves Insurance features a black background with red and white text and graphics. At the top, the name "Gary Steeves Insurance" is written in a bold, white, sans-serif font, flanked by three horizontal red bars on each side. Below the name is a detailed illustration of a classic red and white convertible car with a travel trailer attached to its back. The trailer is white with a red stripe and a red door. Below the car and trailer, the slogan "Old Fashioned Good Service" is written in a white, italicized serif font, with "Since 1980" underneath it in a similar font. A red horizontal bar contains the text "New Brunswick • Nova Scotia • Prince Edward Island • Newfoundland & Labrador" in white. Below this bar, a white box contains the text "Home • Auto • Classic Car Travel Trailer • Motorhome Motorcycle • Boat • Cottage • Commercial Hole-In-One Golf • Travel Insurance" in bold black font. Underneath this box, the toll-free number "1-800-595-3403" and the local number "506-734-3403" are listed, followed by the address "11 Simpson St. Hillsborough". At the bottom, a red horizontal bar contains the website "www.garysteevesinsurance.com" in white.

On the Road Again

The summer of 2020 will be an exciting time for ten local girls and their four leaders as they travel as a part of a group of 30 going to Ireland, Scotland, Netherlands, Belgium, France and England. These girls and their leaders are part of the local Girl Guide Movement, a world-wide organization that encourages self confidence, empowerment, new skills and much more in more than 140 countries.

Over the past year and a half, we have been fundraising by catering, collecting bottles, selling lemonade and much more. While on this trip, we hope to visit zoos, art galleries, castles, windmills, historic sites, etc. It will be a trip of a lifetime and one which hopefully they will never forget.

Cheryl Anderson is one of the leaders for the Sparks, Brownies and Guides in Albert. For further information, call Cheryl at 887-2705.

Indigenous Uses of Local Plants *Text and images by Kat Hallett*

The Fundy region boasts a number of trees and plants typical of the Acadian Forest. While early European settlers to the area used the native trees primarily for building ships, Indigenous peoples have traditional and medicinal uses for almost every plant that grows in the region.

Red Spruce *Picea rubens*

The Red Spruce is a predominant tree in the Fundy region. Spruce gum, the older, dried resin on the bark, was used by Indigenous peoples to patch holes and leaking seams in birch bark canoes or containers. Medicinally, Spruce gum tea was used as a remedy for sore throats and upset stomachs. The gum can also be made into a salve to heal cuts, sores and rashes. Today, Red Spruce is the preferred wood in the making of stringed musical instruments.

Balsam Fir *Abies balsamea*

The Balsam Fir is New Brunswick's provincial tree, and was used by all Indigenous peoples in North America. Similar to Red Spruce, its resin has a wide array of medicinal properties, such as a treatment for cuts and burns, and as a remedy for colds, coughs and asthma when applied as a salve to the chest. The needles were used to make pillows as the aroma was believed to promote good health. Today, Balsam Fir is the most common Christmas tree.

Striped Maple *Acer pensylvanicum*

Striped Maple is a relatively common native tree in New Brunswick, although it is sparsely distributed in the Fundy region. It is a small tree with limited uses, especially in comparison to its relative the Sugar Maple. Indigenous peoples in Canada reportedly used the wood to make arrows, and boiled the bark to make a beverage. Striped Maple is also called Moosewood because it is an important food source for moose and deer, especially in the winter.

Yellow Birch *Betula alleghaniensis*

The Yellow Birch is a long-lived tree native to New Brunswick. Indigenous peoples used the bark as a building material in the same way they used Paper Birch bark. A decoction made from the bark has cleansing properties, and was used by Indigenous peoples as a blood purifier. The Yellow Birch is a

favourite food of white-tailed deer, and is an important source of hardwood lumber.

Paper Birch *Betula papyrifera*

The Paper Birch is native to the area, although not as common as Yellow Birch. Indigenous peoples used its bark to build a great number of things from baskets to their



famous birch bark canoes. They also used the bark to wrap and store food, and drank the sap as a medicine for colds. Today, this tree is harvested primarily for pulp.

Tree Lungwort *Lobaria pulmonaria*



Tree Lungwort is a widely distributed lichen native to the majority of the northern hemisphere. Indigenous peoples in Canada would boil its leaves to make a tea that served as a remedy for many types of lung ailments such as coughs, asthma and bronchial infections. This tea was also used as an anti-inflammatory.

Tinder Polypore *Fomes fomentarius*

Tinder Polypore is a fungus that grows most commonly on birch trees from New Brunswick, across North America, to around the world. It was used by

Indigenous peoples in Canada in its dry and powdered form to stop bleeding, and was also recognized for its anti-bacterial and anti-viral properties. Tinder Polypore gets its name from its extremely flammable quality, and has been used as a fire starter by Indigenous peoples in Canada and European immigrants.

Old Man's Beard *Usnea trichodea*

Old Man's Beard is a lichen found worldwide that resembles grey-green tufts of hair. It is an effective natural indicator of air quality as the



lichen is very sensitive to airborne pollutants. Indigenous peoples in Canada used the moistened lichen as a bandage applied directly to wounds. Scientific research has found that the lichen contains usnic acid, a very effective anti-bacterial and anti-viral agent.

Hammered Shield Lichen *Parmelia sulcata*

Hammered Shield Lichen is one of the most common lichens in the world, and it grows primarily on tree bark and occasionally on rocks. Despite its global distribution, there are very few known uses for Hammered Shield Lichen. Some lichens of the same family are



used as a spice in India.

Fireflies *by Jennifer Shelby*

My daughter's hand was warm and sweet inside my own as she peered into the dark forest. "It's not as dark as I thought it would be," she announced.

I tried to point out the fireflies among the wildflowers, but her eyes never left the seldom-seen stars of the hazy night sky, devouring them with her entire being. "Wow," she whispered, transfixed.

We walked further along the wooded lane, with her looking over her shoulder now and again to make certain that the moon was still there. "It's my friend, the Moon." She would say this in a whisper, only to shout "Hi Moon!" and wave to the jolly orb. Now and then the moon winked at her with wisps of fog, much to her delight.

A green firefly lit up in a patch of clover not far from us. She gasped. "A firefly!" The green light flashed again, and again, as she counted...poorly.

"I want to see another one mummy!" she said. So we circled our lawn, traipsing through the wet grass as we watched for fairy lights in wild places.

"We have to whisper, and tiptoe. Whisper and tiptoe." She hissed the words as she stomped through the wet in her beloved rubber boots.

She squeezed my hand tight as a moth flew too close to her face and they startled one another, but it's easy to be brave when you're old enough to be out in the dark and your friend the Moon is right there and your mummy is holding your hand. "What was that?"

"It was a moth."

"Was it a fairy moth?"

"It might have been, it's hard to tell in the dark."

As we neared our little pond a handful of fireflies whispered their luminescent greetings and we settled in to watch their frolic of twinkling phosphorescence. Some nestled in the devil's paintbrush, while the bolder ones soared as high as the branches of the nearby trees. Her eyes, glazed with the sleepiness of one who has always been in bed before dark, wandered back up to the stars in wonder.

In sitting still, the mosquitoes discovered us and began their irritating feast. We swatted until she suggested we go back inside. Hand in hand we walked back to the house.

"So what did you think of the fireflies?" I asked her.

"I thought there'd be less bugs. And more fairies," she said, "But I liked them very much."

Jennifer Shelby is a speculative fiction writer who hunts for stories in the beetled undergrowth of Albert County's fairy-infested forests. jennifer-shelby.blog, twitter @jenniferdshelby

Image of the firefly by Denis Doucet.



Government of Canada invests \$6.6 million in Fundy National Park

Excerpt of Parks Canada Press Release, May 31, 2019.

Nature is our most precious resource yet it is increasingly under threat from climate change, human activity, and habitat loss. Since 1970, the world has lost approximately 60% of the populations of mammals, birds, fish, reptiles and amphibians. We know we need to take action to protect the species and habitats that are home to the wildlife we love. Parks Canada does important work for species recovery and habitat restoration, including through collaboration with Indigenous communities and local organizations.

Alaina Lockhart, Parliamentary Secretary to the Minister of Tourism, Official Languages and La Francophonie and Member of Parliament for Fundy Royal, on behalf of the Minister of Environment and Climate Change and Minister responsible for Parks Canada, announced a federal investment of \$6.6 million for Fundy National Park. This funding will support restoration of Atlantic salmon in Fundy National Park, while streamlining operations with improvements to park infrastructure.

The Government of Canada is investing \$1.8 million to restore the salmon population in the park. A decline in the number of adult Atlantic salmon returning to spawn in the Point Wolfe River and Upper Salmon River watersheds is putting this population at risk. The Fundy Salmon Recovery team collects young fish from the wild and raises them at a marine farm site custom designed for wild Atlantic salmon, the first of its kind in the world. These salmon will be released by 2024. The goal is that in five years, salmon will run the Point Wolfe and Upper Salmon Rivers again, spawning on their own. Atlantic national parks work with Indigenous partners and stakeholders to restore the Atlantic Salmon population.

The Government of Canada will also invest \$4.8 million to combine maintenance and storage facilities into one new energy efficient facility. The existing structures were built between 1942 and 1972 and the new facilities will save money and streamline maintenance activities in the park, supporting Parks Canada efforts in offering visitors the best possible experience.

National parks represent the very best Canada has to offer. All Canadians are encouraged to visit them and discover the beauty of Canada's natural treasures.




ALAINA LOCKHART
YOUR MEMBER OF PARLIAMENT
FOR FUNDY ROYAL


**Happy Canada Day,
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 (506) 832-4200  fundyroyal.ca
 alaina.lockhart@parl.gc.ca





Seniors on the go Learning in motion

Event Date: Wednesday July 10th, 2019

43rd annual Quilt and fibre art Show at the Albert County Museum where there will be over 100 quilts featured. Making this the largest quilt show in the area!

Theme: "Christmas in July"

Cost: FREE - Includes transportation, guided tour, activities at the museum and lunch

Register by: June 21st, 2019 by contacting Kim Beers at 875-1190



Tele-Drive Albert County Inc.

Canada

The Devil's Loft: A Makers' Space *Story and image by Kat Hallett*

It doesn't take much to recognize that the Fundy region is home to some incredible artists. One need only pick up a Fundy Studio Tour map and stop at one or several of the studios en route to know this fact to be true. Per capita, it seems we have—and have always had—an excess of talent in our small but beautiful corner of the world, and more and more artists are choosing to live and create in Albert County. Fine art and craft has been integral to the fabric of the Fundy region for quite some time. In fact, in the 1950s, Fundy National Park was home to a thriving summer craft school, that would later evolve into the NB College of Craft and Design.



This summer, the Friends of Fundy are thrilled to host two Interns from Mount Allison University's Fine Arts Department. The interns will work to advocate for and carry on the legacy of arts and culture in the Fundy region. Emma Delaney of Riverview has just completed her third year at Mount Allison. She is a multidisciplinary artist focusing on performance and installation. She is interested in exploring Albert County culture and the ways in which it has been

shaped by the landscape. Brookie Martin of Fredericton has just completed her first year at Mount Allison, specializing in sculpture and painting. She is interested in exploring the environmental crisis through her work, and highlighting the importance of the human-nature relationship through abstraction.

You can meet Brookie and Emma at The Devil's Loft: A Makers' Space upstairs at the Octopus' Garden Café in Alma. The name of the space is a nod to the Devil's Half Acre area of Fundy National Park, where the earliest inception of the NB College of Craft and Design stood in the 1950s. In May 2019, Brookie and Emma worked to transform the loft into an open and inviting space where everyone can feel welcome to create, converse, or simply enjoy their coffee. The space is a home base for Brookie and Emma to create their own works of art, and engage in a dialogue about arts in the Fundy region with tourists and local visitors to the café. The space will also feature works of art from Fundy Studio Tour artists so tour-goers can have a sneak peek and plan their Albert County art explorations.

The Devil's Loft has comfy chairs and a large work table. Brookie and Emma invite you to bring your knitting supplies, drawing materials, or whatever creative practice you enjoy—or simply a glass of wine or cup of coffee—and spend time in the space. "It's like a good bar," they say. "People are going to want to come here because it's cool and fun, with a happy atmosphere—somewhere to talk openly."

"Every town needs to have a safe and creative space," they say, and that applies to villages as well.

Brookie and Emma will be joining Fundy National Park Interpreters for weekly "Art in the Park" programs running through July and August. These workshop-style programs will cover a variety of topics like needle felting, making fairy homes, puppet making and nature journalling. Some of the workshops will be geared more towards adults, whereas others will be designed for the entire family. Check the Interpretation schedule at the Park Visitor Centre for specific details that week, especially given that some of these programs will require registration. In addition, you may have heard that the annual Rising Tide Festival at Fundy National Park is expanding. To celebrate

its tenth year and with help from the Building Community through Arts and Heritage Grant, the festival will reach outside of the Park and into surrounding communities, where there will be musical performances August 12-16th, the week leading up to the finale in the Park. Emma and Brookie will be coordinating the art workshops component of the Rising Tide Festival Community expansion.

This is not the first time that Fine Arts students from Mount Allison have worked in and around Fundy National Park. Since 2015, a third-year photography class has been visiting the Park at least once a year for a work weekend, creating art inspired by place and the breathtaking landscapes of Fundy for classroom assignments.

In 2017, the partnership was formalized and the first student art exhibition—LandMarks 2017—was on display in the Park. Site-specific work was installed in the Headquarters Visitor Centre, the Salt & Fir Centre, and on a number of trails throughout the Park. The following year, the photography students

were joined by a sculpture class, and their work was installed in both the Headquarters' and Wolfe Lake Visitor Centres, and on the Blackhorse Trail.

This year, photography and sculpture students will once again have exhibitions in these three locations. In November, during this year's group's first visit to Fundy National Park, the Friends of Fundy facilitated a panel discussion with local artists at the Holy Whale Brewing Co. in Alma. The partnership between Fundy National Park and Mount Allison—including this community panel discussion and Brookie and Emma's work this summer with the Friends of Fundy—is part of an ongoing effort to help build awareness around the legacy of arts and culture in the Fundy region, and the artists and artisans who currently call Albert County home.

Kat Hallett is the PR & Community Engagement Coordinator at the Friends of Fundy/Fundy Guild Inc. The Friends of Fundy work to increase public awareness & enjoyment of the natural and cultural heritage of Fundy National Park & surrounding communities.

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Community Initiative: what does that look like? *By Joanne Butland*

Albert County is blessed with many volunteer organizations that all do amazing things. These organizations are full of talented, passionate people all working to move our community forward and to prosper.

The Chipoudy Communities Revitalization Committee (CCRC) is just one of these organizations. We meet monthly, usually the third Tuesday of the month at the Riverside-Albert Recreation Centre. All members, potential members and people with ideas are welcome and encouraged to attend meetings.

One of the bigger events CCRC is responsible for is Chase the Ace. Partnering with the Fundy Curling Club allows us to use their facilities every Friday night to co-host this event. With the support of the community, Chase the Ace has allowed the CCRC to contribute funds that have helped support many projects and initiatives in our community.

The CCRC is an active participant on the Safe Affordable Housing Committee (see p. 28). CCRC was instrumental in obtaining the Health Needs Assessment mailed out in 2018. It was through this assessment that the housing need was identified, the committee formed, and actions are now being taken.

The CCRC has a few other projects on the go we would like to share:

Available this July are the Albert County Scenic Calendars. With the support of local business advertising, some talented camera buffs and a little leg-work, we plan to give half of the profit raised through this venture to the community playground project.

In late summer or early fall, watch for Artists in the Village (of Riverside-Albert). This event is still in the

planning stages and the CCRC is looking for groups and individuals to partner with us to help make this an annual event.

If you would like to keep up-to-date on our initiatives, please 'like' us at www.Facebook.com/CommunityRevitalization and keep checking www.ConnectingAlbertCounty.org/calendar.

If you are looking for a way to become involved more in our community, please come join us, or check out Connecting Albert County's online Groups and Services page for other organizations that may interest you.

"The greatness of a community is most accurately measured by the compassionate actions of its members."

Coretta Scott King




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Funding Curling Club: Little Rocks Coming to Town! *By Alan Demaline*

Even though the sun is shining and we are all out enjoying wonderful summer activities, the Fundy Curling Club has been busy making plans for the upcoming curling season. In particular, we have been concentrating on our Little Rocks Curling program for kids aged 6 to 12. As many of you may remember, we offered a mini four-week Little Rocks program last year to determine how much interest there would be in the community. The response was so overwhelming that we immediately decided that for the 2020 season we wanted to offer a full ten-week program for our "Fundy Little Rockers."

We realized that to successfully operate a Little Rocks Program, we had almost everything in place: a group of great local kids who want to learn the game, volunteer instructors eager to get the kids out on the ice, and a curling facility with a strong history in the community. The one thing we did not have was a set of 16 Lite Rock curling stones that are essential to the program. These curling stones look and react on the ice just like regular curling stones but weigh only half of what a regular stone weighs. Their lighter weight allows younger kids to safely and properly learn all aspects of the game.

We set out to purchase a set of Lite Rocks but the price tag was well beyond our reach. The Fundy Curling Club put in a grant request to the Bennett and Albert County Health Care (BACH) Foundation for funds



to purchase a set of Lite Rocks. We are very pleased to announce that the Bennett and Albert County Health Care Foundation has donated the full amount of \$4200 to our club for the purchase of a set of curling stones for our Little Rocks program. The Fundy Curling Club would like to express our sincere thanks and appreciation to the Foundation for making our Little Rocks Program a reality!

Full details on the Little Rocks program will be announced in the fall!

Alan Demaline for the Fundy Curling Club. Photo by Jennifer Shelby.

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Yes, I want to help
have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre

BENNETT & ALBERT COUNTY HEALTH CARE FOUNDATION

I would like to contribute a monthly amount of \$ _____ TO BE DEDUCTED ON: 1st or 15th of the month
 I would like to contribute a one-time gift of \$ _____

Name: _____ Telephone: _____
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I have enclosed a cheque made payable to the Bennett and Albert County Health Care Foundation
 I prefer to use my: VISA MasterCard
 Card Number: _____
 Expiry Date (month/year): _____
 Signature: _____
 Charitable Registration: 869019133 RR0001

Bennett and Albert County Health Care Foundation
 8 Forestdale Road, Riverside-Albert, NB E4H 3Y7
 Tel 506-882-3100 Fax: 506-882-3101
 Donate online at www.bachfoundation.com



Hillsborough Public Library

Alma Celebrations Days (Fri. June 28: 11am-3pm). The Hillsborough Public Library will be in Alma on June 28th hosting several activities for children of all ages during the day. We will also have information available about the library and its services for anyone in the community who is interested. More details to be released. Please contact the library for information.

Hillsborough Homecoming Days (Sat. June 29: 2:30pm-4pm) The library will be hosting a story-time for all ages, followed by the creation of mud paints for children to create their own unique works of art.

Join the 2019 Summer Reading Club! Registration has begun for the summer reading club. Register at the library or online at www.gnb.ca/publiclibraries. This year's theme is the environment and our slogan is "Read: It's in your nature." When people register they receive a logbook to use to track how much they read throughout the summer. Children who cannot read can also participate by having someone read to them. During the summer months the library will hold a variety of fun and entertaining activities.

Summer Reading Club Launch Party (Sat. June 22: 1:30-3:30pm) Come out for activities, face painting and snacks to kick off the events for this summer!

All activities are free. Activities vary weekly. Check out the schedule on Facebook or contact the library for more details!

Did you know that throughout the year your library card could allow you to check out passes to local and provincial attractions? Come in and see what might be available!

Hillsborough Public Library

2849 Main St, Hillsborough, 734-3722

Hillsborough.PublicLibrary@gnb.ca

Tuesday, Wednesday, Friday & Saturday:

9am-12pm, 1pm-5pm;

Thursday: 1pm-5pm, 6pm-8pm

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Do you want to promote your business in rural Albert County?

Show the community you care, and reach a target audience by advertising in our monthly mini-magazine.

Every month, Connecting Albert County is read by residents of rural Albert County and beyond. The electronic issue of our mini-magazine is e-mailed to nearly 500 subscribers. Many other people read our issue online and share it on Facebook. Hundreds of free full-colour print copies are distributed each month throughout rural Albert County.

In July, we mail the issue to every household in rural Albert County—that's more than 2300 homes from Stoney Creek to Alma, Parkindale and Elgin. We also share stories on Facebook and our website, www.ConnectingAlbertCounty.org.

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Advertisers and supporters are acknowledged online, in each e-publication and on the back cover of each printed issue.

NEW: Ask about our discount for members of the Albert County Chamber of Commerce.

Contact us today at info@connectingalbertcounty.org.

Community Calendar ~ July 2019

Tuesday, June 25

Hopewell Cape Kitchen Party 7pm Hopewell Cape Community Hall, Albert County Museum. Old Fashion Kitchen Party featuring Samantha Robichaud & Sara & James Nelson. Tickets: \$10 at the door. Canteen on site. Samantha Robichaud is a spirited performer, composer & recording artist, professional fiddler player, step-dancer, vocalist & all round entertainer. Sara & James Nelson have been performing as part of the Molly Kool Kitchen Party at Fundy Park. Both have won the Maritime Fiddle Competition for their class. Sara enjoys fiddle & piano, while James enjoys playing guitar, fiddle & occasionally mandolin & harmonica.

Wednesday, June 26

- *Shepody Food Bank
- *Hillsborough Kiwanis Bingo

Thursday, June 27

- Hillsborough Homecoming Days**
- *Friends of the Hillsborough Arena - Chase the Ace
 - *Country & Gospel Music Evening

Friday, June 28

- Hillsborough Homecoming Days**
- 1st Annual Emily Rossiter Memorial Co-ed Ball Tournament and Dance** Hillsborough Kiwanis Ballfield. From 6pm Friday to 5pm Sunday June 30. All proceeds from the event this year will go to the Albert County Community Playground Project. Organizers would like to say a very big Thank you to everyone for their support and donations to our event. Hope to see you all there! See Facebook for details.
- *Chase the Ace - Riverside-Albert
 - *Weekly Card Games - Alma Leisure Centre

Saturday, June 29

Hillsborough Homecoming Days

1st Annual Emily Rossiter Memorial Co-ed Ball Tournament & Dance See June 28. "The Acadian Way" food truck on-site. 50/50 all day to be drawn at Dance.

9pm-1am **Dance!** With KISS Music DJ Services! Hillsborough Kiwanis. Minimum \$5 donation at door (19 yrs or older to attend, ID may be required).

Alma Celebration Days (see box)

- *Hillsborough Farmers Market

Sunday, June 30

Hillsborough Homecoming Days

1st Annual Emily Rossiter Memorial Co-ed Ball Tournament (see June 28)

Alma Celebration Days (see box)

Monday, July 1

Hillsborough Homecoming Days

Alma Celebration Days (see box)

Canada Day in Hillsborough

9:30am-5pm. **Free Admission** to the NB Railway Museum & William Henry Steeves House Museum.

Noon-2pm. Free Community **BBQ** at the Artisan's Village, sponsored by the Village of Hillsborough.

6pm. Doll Carriage & Bicycle **Parade**.

6:30pm-9:30pm. **Canada Day activities** at the Hillsborough Kiwanis Ball Field: Bouncy Castles, Backyard game zone, Balloon Twister, Face Painting, Birthday Cake, Musical Entertainment by Unforeseen and a free BBQ sponsored by the Hillsborough Kiwanis (while supplies last).

10pm. **Fireworks** display from the Main Street ball field.

Albert County Museum Canada Day Festivities and the Birthday of RB Bennett See page 13 for details.

- *Pickleball

Wednesday, July 3

- *Shepody Food Bank
- *Hillsborough Kiwanis Bingo

**Alma Celebration Days
~ Canada Day
Weekend**

Tentative schedule

Saturday, June 29

9am-2pm **Make it, bake it or grow it market** at Alma Activity Centre. Call Catherine Rhyno (609-2574) to book a table (\$10). Also, a drop-in pollinator workshop.

5pm-8pm **Buskers** in Alma;
Magic show at Alma Activity Centre

Sunday, June 30

9:30am-11am **Church service**. Alma Activity Centre

Afternoon **Beach walk** or other activity at Fundy Park

6pm-8pm **Board games** at the Alma Rink

9pm **Family movie night** at the Alma Rink

Monday, July 1

11am **Red & White Canada Day March** from Alma Rink to pavilion. *Any business or group of businesses that would like to have a float or join in the march should contact Catherine Rhyno (609-2574)*

Late morning **Canada Day cake** at the pavilion

Afternoon **Children's entertainment** at Fundy Park

~3pm **Duck race** at the Upper Salmon River

9pm **Fireworks** at the Alma wharf (weather permitting)

By Susan MacCallum

Thursday, July 4

*Friends of the Hillsborough Arena
- Chase the Ace

*Country & Gospel Music Evening

Friday, July 5

*Chase the Ace - Riverside-Albert

*Weekly Card Games - Alma Leisure Centre

Saturday, July 6

*Hillsborough Farmers Market

Bee Wise workshop. 10am-3pm
Harper's U-Pick. Cost: \$20 includes lunch. Event will take place rain or shine. Instructors: Fletcher and Mary Colpitts, George Wheatley. Topics: 10am-noon: Queen Rearing. 1-3pm: Mite monitoring/control.

Monday, July 8

*Pickleball

Friends of Fundy Events

The Friends of Fundy, in partnership with Fundy National Park and numerous community groups, have fun events planned for July! Make sure to check the online Connecting Albert County community calendar for the most up-to-date details.

Alma Celebration Days, Canada Day weekend with the Village of Alma, includes Make it, Bake it, Grow it Market and Fundy Pollinator Trail workshop!

Molly Kool Kitchen Parties

"Art in the Park" with Emma & Brookie

Take a Hike on Parks Day. July 20

Fundy All Nations Pow Wow in Fundy National Park-August long weekend

Rising Tide Festival. Concerts and music & art workshops at Fundy National Park & surrounding communities. August 12-18.

Tuesday, July 9

43rd Annual Quilt & Fibre Arts Show and Sale 9:30am-5:30pm
Albert County Museum. This one of the largest and longest running quilt fairs in Atlantic Canada! Admission \$3 (Children under 12 free). 100+ quilts are featured making it the largest quilt show and sale of its kind in the area. Quilt tops, baby quilts and other small items are also on display and for sale. This year's theme is "Christmas in July." Visit www.albertcountymuseum.com, or follow www.facebook.com/albert-countymuseum to learn more.

Wednesday, July 10

43rd Annual Quilt & Fibre Arts Show and Sale See July 9.

Seniors on the Go - Learning in Motion Event See page 19.

*Shepody Food Bank

*Hillsborough Kiwanis Bingo

Thursday, July 11

43rd Annual Quilt & Fibre Arts Show and Sale See July 9.

*Friends of the Hillsborough Arena
- Chase the Ace

*Country & Gospel Music Evening

Friday, July 12

43rd Annual Quilt & Fibre Arts Show and Sale See July 9.

*Chase the Ace - Riverside-Albert

*Weekly Card Games - Alma Leisure Centre

Saturday, July 13

43rd Annual Quilt & Fibre Arts Show and Sale See July 9.

Shepody River Day 2019
See page 27 for details.

*Library events are listed on page 24. *Regular events are on page 28. Locations are listed on page 29. Enter your community events on www.ConnectingAlbertCounty.org/calendar*

www.ConnectingAlbertCounty.org

*Hillsborough Farmers Market

Monday, July 15

*Pickleball

Wednesday, July 17

Mobile Enviro Depot Noon-8pm
See page 27 for details.

*Shepody Food Bank

*Hillsborough Kiwanis Bingo

Thursday, July 18

Mobile Enviro Depot Noon-8pm
See page 27 for details.

*Friends of the Hillsborough Arena
- Chase the Ace

*Country & Gospel Music Evening

Friday, July 19

*Chase the Ace - Riverside-Albert

*Weekly Card Games - Alma Leisure Centre

Saturday, July 20

*Hillsborough Farmers Market

Take a Hike on Parks Day. Fundy National Park. Details to come.

Monday, July 22

*Pickleball

Wednesday, July 24

*Shepody Food Bank

*Hillsborough Kiwanis Bingo

Thursday, July 25

*Friends of the Hillsborough Arena
- Chase the Ace

*Country & Gospel Music Evening

Friday, July 26

*Chase the Ace - Riverside-Albert

*Weekly Card Games - Alma Leisure Centre

Saturday, July 27

*Hillsborough Farmers Market

Monday, July 29

*Pickleball

Wednesday, July 31

*Shepody Food Bank

**To learn about events in rural
Albert County, visit [www.
ConnectingAlbertCounty.org/
Calendar](http://www.ConnectingAlbertCounty.org/Calendar).**

**Feel free to enter your events;
just click on 'submit' events
and fill out the details.**



The Village of Riverside-Albert will host the 9th annual Shepody Day Celebration on Saturday, July 13th. This is a community event with activities for all ages. This year's celebration will highlight the Shepody River and its historical importance in our village. Kayak race teams will be raising money for the Riverside-Albert Community Playground Project. Races begin at 1pm with viewing from the riverbank adjacent to the Riverside Consolidated School. Everyone is invited to come out for the day. Lunch will be available on-site from the Riverside-Albert Fire Department's hot dog truck and free strawberry shortcake will be served for dessert. Shepody Day will also have fireworks at dusk on Water Street followed by a dance at Fundy Curling Club. For a detailed list of times and events, see the [Riverside Albert Recreation Council – FB page](#). Teams interested in registering for the kayak races should contact Mindy at the Recreation Council by emailing re.rec.council@gmail.com.

See you on the river!

Submitted by Joanne Butland

Save the date

Royalty Tea August 8th (Thursday) starting at 2pm. An Albert County Museum favourite! Enjoy a delightful afternoon tea held in honour of Her Majesty, Queen Elizabeth II. Formal afternoon tea service. Very British! Tickets in Advance: \$15

See info on upcoming Friends of Fundy events on page 26.

Information was provided by organizations in early June; check out our online calendar for the most current information.

Mobile Enviro Depot

Residents of Westmorland and Albert Counties are welcome at any Mobile Eco- Depot event, not just the one closest to them or in their community. In rural Albert County, the depot rotates between Alma, Riverside-Albert and Hillsborough.

What can you drop off?

For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to a ½ tonne truck and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic Waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small Household Machinery (must be emptied of gas and oil)
- Construction, Demolition and Renovation Waste
- Household Hazardous Waste: Batteries, cooking oil, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, etc.
- Car and truck tires (maximum of 20" diameter, limit 8 per customer)
- Brush/Branches and yard waste
- Ashes
- Glass
- Cardboard and paper
- Cooking oil
- Metal

*No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste

Service is for residential customers only. Commercial waste or regular curbside household waste will not be accepted. Residents are asked to sort and separate their loads sorted by material type.

Find details at www.eco360.ca/mobile-eco-depot-program

Recurring Events

Mondays

Pickleball: 6:30-8:30pm

Riverside-Albert Recreation Centre. Sport for all ages. \$2/night-First night is free!

Wednesdays

Shepody Food Bank: 1-3pm

Albert County Community Health Centre. Bring Medicare #'s for every household member.

Hillsborough Kiwanis

Bingo. Doors open at 5:30 pm, games begin at 6:30pm. Hillsborough Kiwanis Club.

Thursdays

Friends of the Hillsborough Arena-Chase the Ace.

Doors open 5:30pm, games start 6:30pm. Hillsborough Golf Course. Raffle tickets 3 for \$5. No need to be present to win but you must leave 2 phone numbers where you can be reached if your ticket is drawn. You can buy tickets outside the restaurant during the week or from committee members. Proceeds for upgrades & improvements to Hillsborough Arena. Lottery license: 10571 0456 003.

Country & Gospel Music Evening: 7-9pm. \$7

Hillsborough Kiwanis Club. Featuring the Rocky Cape Band with Jerry Richard, Darrell MacAulay, Willis McKinley, Charles O'Hara, Hazel Bulman, Tom Gould, David Smith & Ken Eagles+ guests. Open mic: join us with your voice and/or instrument.

Fridays

Yoga on Fridays. 10am.

At Forest Dale Home, led by Beth Dobson. \$72 for 6 sessions. Walk-ins welcome, \$15 per session. Email beth@massosoma.com.

Chase the Ace-Riverside-Albert: 6-7:30pm.

Fundy Curling Club. CCRC & Curling Club raise money for curling club upgrades & community initiatives. 3 tickets/\$5. Get together with friends, enjoy a delicious supper, play cards, and have a beverage with our community while supporting two excellent community causes! Info: facebook.com/communityrevitalization, 882-2653, 882-1892, 882-2626.

Alma Weekly Card Games:

6:30-8:30pm. Alma Leisure Centre. Playing Auction 45. Refreshments served. All ages welcome.

Saturdays

Hillsborough Farmers Market.

9am-2pm. The Market is filled with quality goods that showcase the 'Make it, Bake it, Grow it' motto. Meet with friends for a coffee and treat, chat at our sitting area & catch the occasional talents of local musicians on stage. Contact: market@foodsofthefundyvalley.ca/www.facebook.com/Hillsboroughnbfarmersmarket

Report on Safe Affordable Housing for Albert County

By Roy Ries

The 2016 Albert County Community Health Needs Assessment identified the need for safe affordable housing. To address this need, the Safe Affordable Housing Committee was established to (i) assess the actual housing needs; and (ii) recommend a strategy by which these needs could be met. The committee includes the three village mayors; Phyllis Hudson and Joe Gallant (Albert County Community Health Centre); and Roy Ries (Chipoudy Communities Revitalization Committee). Stephen Davies, President of Atlantic Peoples' Housing Ltd. is an advisor.

In May 2018, a Housing Needs Assessment was sent to all households between Hillsborough and Alma. The following five needs were identified:

- shortage of quality rental housing for the general population;
- shortage of housing for seniors who want to transition from living in their own homes but not ready to live in a nursing home;
- shortage of housing for individuals and families with low to medium incomes;
- shortage of housing for seasonal workers;
- need for renovations to homes that would enable people to continue living in their own homes.

At a community meeting on May 28, 2019, the committee presented the survey results to members of the community. Jessica Forbes, Housing Program Supervisor for the NB Department of Social Development, made a presentation of her department's programs that support the development and management of housing. Stephen Davies presented images of designs other communities have developed to address a variety of housing needs. There was a good deal of positive response and questions from the 40 community members who attended this meeting.

The committee has applied for a Pre-Development Grant from the Canadian Mortgage and Housing Corporation to develop a business plan and project management plan to guide the development of housing that will address the community's needs. When the plans are complete, the committee will present their recommendations to the community.

The committee members hope that housing construction to meet the identified needs could begin in 2020. In the meantime, they hope that members of the community will begin to think and plan for a move to the new housing when it is completed.

BENNETT AND ALBERT COUNTY HEALTH CARE (BACH) FOUNDATION

The Bennett and Albert County Health Care (BACH) Foundation helps create a healthy, vibrant community. The BACH Foundation improves access to health care services in rural Albert County and supports programs that improve community health.

BACH Foundation supports:

- Albert County Community Health Centre in Riverside-Albert & satellite clinic in Hillsborough.
- Tele-Drive
- Little Rocks Curling
- School Spin Bikes
- Connecting Albert County
- Tele-Health
- Forest Dale Home Van
- Literacy Express
- Sistema Hillsborough
- Imagination Library

By donating to the Bennett and Albert County Health Care Foundation, you are investing in a healthier community.

882-3100 bachfoundation.com



**BENNETT & ALBERT COUNTY
HEALTH CARE FOUNDATION**



Locations

In our Community Calendar, we refer to some of the following locations.

Albert County Community Health Centre 8 Forestdale Rd, Riverside- Albert

Albert Mines Baptist Church, 386 Albert Mines Rd

Alma Leisure Centre, 8564 Main St., Alma

Alma Village Office, 8 School St., Alma

Broadleaf Guest Ranch Restaurant, 5526 Route 114, Hopewell Hill

Curryville Community Center, 786 Albert Mines Rd, Curryville.

Fundy Curling Club, 16 Mill St, Riverside-Albert

Harper's U-Pick, 2937 Main St., Hillsborough

Hillsborough Baptist Church, 26 Braam Crescent, Hillsborough

Hillsborough Farmers Market, 2807 Main St. Hillsborough

Hillsborough Golf Course, 443 Golf Club Rd, Hillsborough

Hillsborough Kiwanis Club, 47 Legion St, Hillsborough

Hillsborough Public Library, 2849 Main St, Hillsborough

New Brunswick Railway Museum, 2847 Main Street, Hillsborough

Riverside-Albert Recreation Centre, 9 Bicentennial Rd., Riverside-Albert

Riverside-Albert Village Office, 5823 King St., Riverside-Albert

Riverside Consolidated School, 90 Water Street, Riverside-Albert

Steeves House Museum, 40 Mill Street, Hillsborough

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Connecting Albert County would like to thank the following supporters. With their help, we can spread the news of rural Albert County. To spread the word about your business or organization's work in rural Albert County, see connectingalbertcounty.org/advertising. We also welcome donations.

Bennett and Albert County Health Care (BACH) Foundation

www.bachfoundation.com

Alaina Lockhart, MP Fundy Royal fundyroyal.ca

Albert County Pharmacy facebook.com/AlbertCountyPharmacy

Gary Steeves Insurance www.garysteevesinsurance.com

OMISTA Credit Union www.OMISTA.ca

Tele-Drive Albert County Inc. [Tele-Drive Albert County on Facebook](#)

Albert County Chamber of Commerce www.albertcountychamber.com

Crooked Creek Convenience www.facebook.com/ccconvenience

East Coast Kids Child Care & Learning Centre www.eastcoastkids.ca

Hopewell Rocks www.thehopewellrocks.ca

The Garden Guy (Micheal McBurnie) www.facebook.com/thegardenguymicheal

Ponderosa Pines Campground www.ponderosapines.ca

Village of Hillsborough villageofhillsborough.ca

Village of Riverside-Albert www.riverside-albert.ca

Farmer Brown's Greenhouse www.farmerbrowns.ca

Foods of the Fundy Valley foodsofthefundyvalley.ca

Albert County Museum albertcountymuseum.com

Broadleaf Guest Ranch www.broadleafranch.ca

Chipoudy Communities Revitalization Committee www.facebook.com/communityrevitalization

Forest Dale Home www.forestdalehome.ca

Friends of Fundy/Fundy Guild www.facebook.com/FundyGuild

Fundy Highlands Motel and Chalets www.fundyhighlandchalets.com

Jeff MacDougall, SouthEastern Mutual Insurance jeff.macdougall@semutual.nb.ca

Village of Alma villageofalma.ca