

CONNECTING ALBERT COUNTY

October 2016



Grindstone Island as seen from Mary's Point.
Photo by J. Wallace. See story on p. 4

USE THEM . . . OR LOSE THEM by 'Grandpa' Pike

I lived in rural Albert County for twenty-some years—at Hopewell Cape, Weldon and finally in Hillsborough. Most of that time I travelled in Sales and Marketing for Hardware and Building Material distributors, but for several years I operated Grandpa Pike's, a general store in Riverside-Albert. I got to know a wonderful lot of people from one end of the County to the other.

There were many more retail businesses then, than there are now. Why? Many of the owners grew older and if their business was only marginal, they could find no one to

buy them out. Others failed. We tend to blame it on 'the times'. More people go to town to shop.

The real reason though, is we take what we have for granted. That restaurant, that canteen, that building supply store will always be there. 'Let's go to town where there's more variety—and save enough to pay for the gas.' How much will you save, and how much does that cost your community?

Every time a business closes, the community loses tax dollars, older people and others without vehicles must find a way to get to a bigger

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Want to know what is going on in rural Albert County?

You might be surprised to discover how much is going on from Stoney Creek to Alma, NB. Check out the articles & calendar and subscribe to our monthly e-newsletter at www.ConnectingAlbertCounty.org



Connecting Albert County

October 2016. Volume 2. No. 9
ISSN 2369-1174/1182 (digital)

Connecting Albert County reflects the passion and hard work of many people in rural Albert County, including Joanne Butland, Deborah Carr, Joseph Gallant, Mindy Holmstrom, Susan Quinn, Jenn Shelby & Janet Wallace (Coordinator & Editor).

We appreciate the support of the Bennett and Albert County Health Care (BACH) Foundation, Albert County Health and Wellness Centre, Forest Dale Home, Village of Hillsborough, and the supporters listed on the back cover.

To donate, submit articles or provide feedback, email us at **info@connectingalbertcounty.org** or send mail to CAC, 5836 King Street, Riverside-Albert, NB E4H 4B9

www.ConnectingAlbertCounty.org

Distribution sites:

Limited numbers of free copies are available at the following sites:

Hillsborough: Scotia Bank, Hillsborough Freshmart, Hillsborough Village Office

Riverside-Albert: Albert County Pharmacy, Crooked Creek Convenience, Forest Dale Home, Albert County Health & Wellness Centre, Riverside-Albert Village Office

Alma: Harbour View Market and Restaurant, Fundy General Store, Alma Village Office

Copies are also available at www.connectingalbertcounty.org/newsletter

Continued from page 1.

centre to shop. The community loses jobs. People move away— closer to town because so many conveniences have disappeared. It becomes a downward spiral that is almost impossible to arrest.

We did really well when we had the store in Riverside-Albert—but we should have done better. Does that sound greedy? We operated that store 363 days a year, closing only for Good Friday and Christmas Day. I worked seven days a week. If someone really needed something on the only two days a year that we were closed, I would drive down and get it for them. You'd laugh if I told you how much I paid myself.

There was one thing though, that always bothered me. Sometimes a delivery truck from a Moncton building supply store would pull up in front of our store and ask directions to customers' homes. That, in itself, wasn't a problem. Sometimes I even got in my vehicle and led the driver to where they lived—like a good neighbour would.

So, what bothered me? On the back of that truck there'd be lumber, plywood, and other building materials which I had in my own yard! Did they buy it cheaper somewhere else? I don't know. I wasn't given the opportunity to quote that job. Competition is

Grandpa Pike, a former Albert County resident, is a full-time writer living in Placentia, NL. He operated Grandpa Pike's at Riverside-Albert in the mid-80s. He is not a grandfather but he is, indeed, very old. He may be reached at Grandpapike.com or lblackwood-pike@netscape.net

fine. It keeps a businessperson honest. It keeps prices down.

If, however, you assume that the deals are better in the bigger centre, you'll do yourself a disservice when that business closes and you have to buy your product in town.

Every time a business closes, the community loses tax dollars, older people and others without vehicles must find a way to get to a bigger centre to shop. The community loses jobs. People move away...It becomes a downward spiral that is almost impossible to arrest.

I don't live in Albert County anymore. I left for employment elsewhere. I'd live there again in a heartbeat, if circumstances permitted.

But, folks, I urge you to support Albert County by supporting local businesses including the Freshmart in Hillsborough, Albert County Hardware and many others. Don't forget the smaller businesses either, like Lindsay Butland's Crooked Creek Convenience in Riverside-Albert. She needs your business too. You'll find her in the building where Grandpa Pike's used to be.



THE CAPE ENRAGE FIGURINE - A MYSTERY REVEALED

By Susan Quinn

Who carved the Cape Enrage figurine? What does it mean? Are there other pieces like it? These were some of the questions that got answered on September 10th, 2016, at the Albert County Museum in Hopewell Cape.

Dr. David Black, who just recently retired from the Department of Anthropology at the University of New Brunswick, gave the talk to a room full of guests.

The figurine was found in 1998 on the cliff face of Cape Enrage, overlooking Waterside Beach by Daniel Kane who was looking for fossils. The small figurine was found on a rocky ledge, just above the water line. It is only 4.75 cm tall (just under 2 inches) and when Daniel found it, he thought at first it was a chess piece. It looked polished and was off-white in colour. From the back, you see just a column with points on the top, resembling a crown. However, when you look at the front of the figurine, there is much more carving — the crown, two eyes, a nose and a mouth that looks partially open. Definitely not a chess piece.

Daniel asked around about it and took it to Dr. Black in 1999, who describes the figurine as “the most unusual

artifact” that had ever been brought to him.

Dr. Black described the process he and his colleagues used to try to uncover what this figurine was all about. Trying to classify artifacts is a lengthy and complicated process. A lot of research and scientific testing went on for years.

They discovered that the piece was carved out of the left jaw of a white-tailed deer, a wild animal that had existed in the area. The nature of the cut marks used for the carving led the researchers to believe that a tool of either iron or steel had been used. They ruled out the possibility that it was carved using a flaked stone tool. This helps to identify the age of the



figurine.

There are no other pieces like it, which also makes it very difficult to be able to say exactly what this figurine is. Without having a comparison, researchers can only guess what it is—guesses based on their years of experience and research.

Dr. Black feels that the figurine was carved by an aboriginal between 300-600 years ago. He showed pictures comparing the figurine’s headdress, the nose and the eyes to various other images and artifacts that are aboriginal in nature. He classifies it as an “art” object, rather than it being a smoking pipe or a musical instrument. He also feels that it might have been used for religious purposes or in healing. He went on to say that it might have been a “sucking tube” used by shamans (medicine men) for healing people. It was a very enjoyable evening of learning. Are there other objects out there? We don’t know.

We all left wondering what else might be out there, waiting to be discovered.

ALBERT
COUNTY
PHARMACY

Guardian

Feeling Better Starts Here

Save Smart, Shop Local.

- Fill your prescriptions at Albert County Pharmacy and get Guardian Rewards.
- Receiving high-priced prescriptions from another pharmacy? Ask us how to keep your business **local** and get **better value**.

Ask our pharmacist how you can pick up your prescriptions on Saturdays.

Meet Craig McDermott- Pharmacist

Craig has over 20 years experience as a community pharmacist. Craig has a particular interest in helping seniors manage their medications.

Family life keeps Craig & his wife Anne-Marie busy with three children still at home. The kids all enjoy outdoor activities, so he can't wait until they visit Albert County & view the Hopewell Rocks, stay at the Ponderosa Campground & bike along the trails.

Craig welcomes current and new customers alike to call or drop by to discuss any of their medication concerns. Of particular note, we have a new graduate pharmacist, Chelsea, who will be helping us offer more Medication Reviews and vaccinations. Seniors and other clients who are covered under the New Brunswick Drug Program are eligible for a free medication review once yearly; others receive a tax-deductible receipt for this service.



ALBERT COUNTY PHARMACY

5883 King Street, Riverside-Albert, NB, E4H 4B5

Ph: (506) 882-2226 Fax: (506) 882-2101

WEEKLY EVENTS

Mondays

Free Grocery Trips. Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested in this free service, call 875-1190 or email teledriveac@gmail.com.

Wellness Walkers. Join the group at 6:15 at the Old Bank in Riverside-Albert. Duration is up to 90 minutes, less depending on what you wish & available daylight.

Tuesdays

Zumba, Riverside Albert - Drop-ins welcome. 7:30-8:30pm. Riverside Consolidated School. For details, contact Evelyn Sachs at 882-2831.

Wednesdays

Shepody Food Bank. 1-3pm. Albert Cty Health & Wellness Centre, Riverside-Albert. Bring Medicare numbers for all household members.

Little Tigers Sports Camp. Hosted by Riverside-Albert Recreation Council from 5:30 -6:30pm at the RA Rec. Centre Gym. All children grade K-2; cost: \$60. Contact: Mindy Holmstrom 866-9788

CBDC Business Information Sessions

Planning on going into business? Are you thinking about expanding? Canadian Business Development Corp staff hosts business information sessions which cover topics such as preparing a business plan, how to access and qualify for government programs, and the role of the CBDC in helping you towards the road of entrepreneurship. Sessions are free of charge and strictly confidential. To register, phone 506-532-8312 or 1-800-925-6677. Held Sept. 28 in Hillsborough and Oct. 11 in Riverside-Albert. Details on calendar.

Wellness Walkers. Join the group at 6:15 at the Covered Bridge in Hopewell Hill. Duration is up to 90 minutes.

Thursdays

Free Community Playgroup 9:30-11:30am. At Hillsborough Baptist Church open to anyone caring for children 0-6 years old. No advance registration needed. Bring indoor shoes & healthy snack. See Hillsborough Playgroup on Facebook.

Forest Dale Home - Seniors Club.

A free support program for seniors living in the community who would otherwise be unable to participate in community activities. Seniors will participate in activities, receive a nutritional snack and have the option of a full course meal at noon for a minimal fee. Contact Amanda Rositer at 882-3017 or by email at dayprogram@forestdalehome.ca

Chase The Ace - Friends of the Hillsborough Arena. At the Hillsborough Golf Course. From 6pm to 7pm, purchase raffle tickets (3 for \$5.) Draw 7:15pm. You must be present to win. Proceeds towards up-

grades and improvements to the Hillsborough Arena.

Zumba, Riverside Albert - Drop-ins welcome. 7:30-8:30pm. Check CAC calendar for location. For details, contact Evelyn Sachs at 882-2831.

Fridays

Chase the Ace. 6pm-7:30pm. Last ticket sale 7:15. Joint effort of CCRC and Fundy Curling Club to raise money for the ice plant & Lifelong Learning Centre at Riverside Consolidated School. At Fundy Curling Club, RA. 3 tickets/\$5. Light supper available. 882-2573, 882-2052, 882-2626.

Saturdays

Farmers & Crafters Museum Market. Foods of the Fundy Valley hosts a farmers and crafters market from 9am -1pm, featuring locally sourced products at the Albert County Museum, Hopewell Cape. **Last market: October 8th.**

Breakfast at the Museum. Featuring locally sourced ingredients; 9am-noon at Albert County Museum, Hopewell Cape. Cost: \$7. **Last breakfast: October 8th.**

Grindstone— An Evening of History, Tales and Photography

Have you ever wondered about that little Island in the Shepody Bay? Join the Friends of Grindstone Island for an evening of history, tales, and photography.

The event will be from 6:30-8:30pm September 28th at the Albert County Museum. Sweets from Apple Blossom Café will be provided. There will be a silent auction and guest speakers including David Christie and Roger Leblanc. Proceeds from ticket sales will be donated to the Friends of Grindstone Island to help cover the costs of their next monitoring trip.

Tickets are available at Apple Blossom Cafe or online. If you have any questions, contact Kelly-Sue at ksoconnor@hotmail.com.

SOLD OUT at the time of printing

COMMUNITY CALENDAR

Wednesday, September 28

Business Information Session

Details p. 4. Hillsborough Village Office from noon until 1pm.

Fundy Blades Skating Club

6-8pm. Register for the Fundy Blades at the Hillsborough Arena - upstairs in Fundy Blades Room (or Oct. 1 at the Hills. Golf Course.) For a registration form or details, call Bev White at 734-3253 or fundy-bladesfsc1@gmail.com

Grindstone Island Evening

6:30pm. Details page 4. SOLD OUT

Thursday, Sep 29

Forest Dale Home Movie Night

6pm. 'The Little Prince' \$2 admission. Canteen available. Children to be accompanied by an adult.

Opening Windows to Our Past

7:30pm. The Albert County Museum visits the past through Diaries from Albert County.

Friday-Sunday, Sept. 30 to Oct. 2

Fundy Bike Fest Mountain-bike themed events for riders of all ability levels at Fundy National Park. See www.pc.gc.ca/eng/pn-np/nb/fundy/activ/special/velo-bike.aspx

Saturday, October 1

Fundy Blades Skating Club

Register for the Fundy Blades from 10am to 12pm at the Hillsborough Golf Course. For a registration form or details, call Bev White, 734-3253 or fundybladesfsc1@gmail.com

Annual Turkey Supper

3pm-7pm. Turkey supper with all the trimmings! At the Lower Cape Community Centre, 4480 Route 114. Adults \$14, children \$7. Proceeds to the community centre maintenance and community projects.

Saturday, October 1 (cont)

Riverside-Albert Benefit Jamboree

7pm. RA Fire Department annual music Jamboree at Fundy Curling Club. \$10; children under 12 free.

Monday, October 3

Hillsborough Village Council

6:30pm. Held in the Council Chamber, Hillsborough Village Office, 2849 Main St. Open to the public.

Wednesday, October 5

Happy Birthday Canada 150th Celebration Garden Planting Ceremony.

All ages are invited at 11am to plant 1000 tulip bulbs which will bloom in 2017 at the Peace Garden in Hillsborough at the corner of Legion and Main Streets.

Sunday, October 9

Broadleaf Sunday Brunch

10am-2pm. Last Sunday Brunch in 2016; celebrate Thanksgiving Broadleaf style. Broadleaf Guest Ranch, 5526 New Brunswick 114

Tuesday, October 11

CBDC Business Information Session

Details p. 4. Riverside Albert Rec Centre from noon-1pm.

Riverside Albert Village Council Meeting.

7pm. Monthly meeting, open to the public. Lower level, RA Recreation Centre.

Friday, October 14

Alma Fleet Launch

8am Celebrate the opening of the fall lobster season. Boats can leave the harbour at 8:45 am.

Saturday, October 15

Oktoberfest. See details on page 6.

Monday, October 17

Riverside Albert hazardous waste collection

3pm-7pm. Recreation Centre. For details, call the Riverside-Albert Village Office at 882-3022.

Thursday, October 20

Albert County Historical Society

AGM 7:30pm at the Albert County Museum in Hopewell Cape.

Monday, October 24

Big Fall Clean-up - Riverside Albert

Put out all those household items that you want to get rid of!

Thursday, October 27

Forest Dale Home Movie Night

6pm. \$2 admission. Canteen available. Children are to be accompanied by an adult.

Friday, October 28

Comedy Night at the Kiwanis

8pm. Canadian Comedy Legend Mike MacDonald gives an evening of laughs at Hillsborough Kiwanis. \$25 tickets available at Cookes Quikmart, Hillsborough Irving, Fords Pharmacy & Hillsborough Kiwanis Community Centre.

Saturday, October 29

Halloween Classic Rock Dance Party

10pm-2am. Loaded Dice! At the Hillsborough Golf Club, 443 Golf Club Road. Free admission for all.

Monday, October 31 -Friday, Nov. 4

Flu Campaign

9am-5pm. Albert County Health & Wellness Centre. Riverside-Albert. No appointment required.

Monday, November 7

Hillsborough Village Council Meeting 6:30 pm.

Monday, November 14

Riverside Albert Village Council Meeting. 7pm, RA Rec. Centre.

Sun, November 20

Christmas Memories Concert

2-4pm. Festive music, singing, dancing, drama and refreshments at the Albert County Museum.

ALMA LOBSTER SEASON STARTING SOON

By Joanne Butland

As captains and crews are busy preparing for the upcoming lobster season, work on the new wharf continues. Much work has been completed since the end of the summer season in July but this new facility will not be ready for the fall launch. Construction may slow down or even stop for the first couple of busy weeks of the season to allow the fishermen access to the existing wharf.

Anticipation for a good season is high with the current media price talk, but the fishermen all know from years gone by that, unfortunately, talk does not always equate to dollars. The spring season catch rate was slow compared to recent years for both District 35 & 36 out of Alma. No one knows what the fall will bring and only Mother Nature and time will reveal how prosperous fall will be. District 35 opens on Oc-

tober 14th, 2016, and District 36 opens the second Tuesday in November (the 8th).

Details on this year's fall fleet launch are still incomplete but definitely in the works. Launch time is Friday, October 14th at 8:45am. There will be no fireworks as it is a daytime launch but rest assured the

planning committee will have some interesting things up their sleeve and guaranteed coffee and treats for everyone. The fleet launch is an exciting event to celebrate the fall lobster harvest and well worth some travel time to see.



By Joanne Butland

FOODS OF THE FUNDY VALLEY INVITES YOU TO OKTOBERFEST

Oktoberfest plans are well underway for our third annual gala fundraising event on Saturday, October 15th. Don't miss this fun-filled evening, with an authentic Oktoberfest dinner prepared by local chefs Rosie Schaller and Oliver Hofer, as well as a full cash bar featuring local beer from the Pump House Brewery in Moncton.

Dancing and live entertainment will again be provided by The Swell Guys, a popular and talented band from Halifax. Contests (and prizes) will include yodeling, chicken dancing, best costume, and the ever popular stein-holding, or masskrugstemmen competition, where contestants show off their strength and

stamina by holding a full 1-litre stein of beer out in front of them at shoulder level for as long as they can without spilling. Start training now!

Visit Foods of the Fundy Valley on Facebook to learn how to enter the Oktoberfest Costume Contest! We're giving out two full tickets to the Oktoberfest dinner and dance to two people (can be a couple) with the best Oktoberfest costume. To enter, email us a photo of yourself (or you with your date-there are two tickets to win!) in full Oktoberfest costume. You can also send them to us on our Facebook page. We will share them on Facebook. Winners will be announced by October 7th!

Tickets are \$40 for dinner, dancing and entertainment. Tables of 8 (\$320) and 10 (\$400) may also be reserved. Bring a group of relatives, friends, co-workers, neighbours — you'll have a blast!

This year, we are also offering a limited number of tickets for dinner only (\$30, 5-8pm) or dance only (\$10, 8:30pm to midnight). Grilled bratwurst will be available for purchase after 8:30pm. For more information, or to purchase tickets, call 734-3358 or email foodsofthefundyvalley@gmail.com.

Submitted by Foods of the Fundy Valley

THE PASSION BEHIND THE BACH FOUNDATION

By Janet Wallace & Phyllis Hudson

Think, for a moment, about the foundation of your house. The foundation supports the house. It provides strength for the building, and not just one room, but the whole structure. In a similar way, the Bennett and Albert County Health Care (BACH) Foundation supports the health and wellness of our community – from infants to seniors.

Health and wellness takes many forms and the BACH Foundation understands that. The charitable organization is probably best known for its work supporting the Albert County Health and Wellness Centre. Over the years, BACH has purchased an enormous amount of equipment for the Centre, most recently a blood pressure monitor and Tele-Health equipment. BACH also supports the ongoing education of the Centre's healthcare staff members, who are encouraged to attend conferences and workshops to learn the latest approaches to keeping us healthy. For example, just recently, a registered nurse was supported in becoming a Lactation Consultant, part of the team to help support mothers with breastfeeding.

Lately BACH has supported the expansion of the Health and Wellness Centre's work from Riverside-Albert to Hillsborough by furnishing and equipping the new satellite office in Hillsborough. People can now have blood samples and other

lab services done at the Hillsborough Satellite Office (located in the former Hillsborough Baptist Church) on Tuesdays and Thursdays from 8:30-11:30 am. The Hillsborough Office will soon offer other health care services as well.

Although BACH's work with the Health & Wellness Centre is critically important to the health care in our community, BACH does much more. "BACH board members want to support healthy living in our community; they are passionate about creating a thriving, vibrant community," says Allen McWilliams, Vice Chair of BACH's Board of Directors.

"Rural communities are under attack," he says. "Albert County is fighting back, but in a positive way."

"We are way ahead of many other rural communities," explains McWilliams. The Albert County Health and Wellness Centre is often used as a model community health centre. The Foundation also supports other community efforts, such as the Save the School Campaign for Riverside Consolidated School in the spring of 2016.

"We are concerned about the vulnerable members of our society," McWilliams states, "such as the elderly who can't live in their own homes without support, single parents, struggling families and those living with mental health conditions."

To address all these needs is a monumental task – far too big for one foundation. So the BACH Foundation works with the Albert County Health & Wellness Centre and many community groups to help all work towards a healthier community. "BACH supports community groups so those groups can do even more," says Phyllis Hudson, Facility Administrator.

Over the last few years, BACH has provided funding to groups so they could embark on the community projects. These include:

- Tele-Drive Albert County –improved access to affordable transportation;
- Hillsborough Elementary School and Riverside Consolidated School – Spin bikes to help students focus;
- Forest Dale Home – acquisition of the new van to help take residents to medical appointments and social outings. The van is also used by Tele-Drive for local grocery trips;
- Connecting Albert County – newsletters and website celebrating and sharing news of rural Albert County;
- Imagination Library – providing a book a month to children from birth to age five;
- Riverside Consolidated School – breakfast program;
- Literacy Express – free literacy outreach program for preschoolers.

BACH is building the foundation for a healthier community but needs support. The Foundation encourages people to make a gift today to support the health and wellness of our communities. Donors receive tax-deductible receipts and recognition of their support.

*Bennett & Albert County Health Care Foundation. 8 Forestdale Rd., PO Box 28 Riverside-Albert NB E4H 3Y7, 882-3100, bachfoundation@serha.ca
bachfoundation.com*

The Hopewell Rocks

Walk on the Ocean Floor!
Marchez sur le fond marin!

Route 114, Hopewell Cape
Albert County/Comté d'Albert

1 877 734-3429
www.thehopewellrocks.ca

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Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters. Learn how you can support our work at www.connectingalbertcounty.org/supporters.html

Platinum Support

Bennett and Albert County Health Care (BACH) Foundation

BACH Vision: To have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre with the support of our community and the satisfaction of our donors.

The funds are used “to enhance the health and wellness of the people served by the Albert County Health and Wellness Centre.” The Bennett and Albert County Health Care (BACH) Foundation raises funds to help the Albert County Health and Wellness Centre. BACH has financed the Telehealth and TeleHomeCare programs, as well as purchasing new equipment, including X-ray and digital imaging equipment. The foundation also supports many great community initiatives including Tele-Drive Albert County, Literacy Express, the Imagination Library, spin bikes in classrooms, and Connecting Albert County. www.bachfoundation.com



BENNETT & ALBERT COUNTY
HEALTH CARE FOUNDATION

Gold Support

Albert County Pharmacy: locally-owned Guardian pharmacy offering prescription services for over 30 years. Post office, gift ideas, treats, household and personal needs. www.albertcountypharmacy.ca (see pp. 3)

The Hopewell Rocks: Enjoy full access to this unique provincial icon for two consecutive days; providing you the flexibility to view both high and low tide. www.thehopewellrocks.ca

Tele-Drive Albert County Inc.: The registered charitable organization provides affordable transportation to rural Albert County with door-to-door pick-up service. If you are interested in donating, volunteering or getting a ride, find Tele-Drive on Facebook. call 875-1190 or email teledriveac@gmail.com.

Silver Support

Albert County Hardware & Cooke's Quik Mart: Hillsborough's Community Hardware Store, established in 2012 and committed to providing outstanding customer service to neighbours and friends. www.facebook.com/AlbertCountyAceHardware

Broadleaf Guest Ranch: Country Style Cabins, Full Service Campground, Ranch Restaurant and Outdoor Adventures including Horseback Riding, Canoeing and Biking. www.broadleafranch.com

Chocolate River Publishing: Telling our New Brunswick story to our children and the world. www.chocolateriver.ca

Crooked Creek Convenience: The place to find gluten-free, celiac-safe foods, fresh coffee, snacks, groceries, along with free books and welcoming smiles. crookedcreekconvenience.wordpress.com

Hillsborough Freshmart: Full-variety grocery store with meat, produce and bakery. Store-made sausage, pizza, chicken & popcorn. Open 7 days/week 8am till 9pm Find [Hillsborough Freshmart on Facebook](#)

Peter & Sybil Wentzell

Bronze Support

Chipoudy Communities Revitalization Committee (CCRC)
www.facebook.com/communityrevitalization

Cinnamon Soul Café & Bakery www.facebook.com/CinnamonSoulCafe

The Maple Monarchists
maplemonarchists.weebly.com

Point Park Petro Canada www.facebook.com/Pointparkpetro

Village of Riverside-Albert: www.riverside-albert.ca

Learn more, subscribe or donate to our work at www.ConnectingAlbertCounty.org