

Connecting Albert County

November 2018



Image by J. Wallace

Return of the Salmon

Press release from Fundy National Park

Fundy Salmon Recovery recently released over 600 wild endangered inner Bay of Fundy Atlantic salmon into the Upper Salmon River in Fundy National Park as part of its ground-breaking, collaborative recovery program.

In October, project partners and community members gathered in the national park to celebrate the homecoming of these Atlantic salmon and the on-going conservation work. This year marked the return of over 70 salmon to the national park. This is a 29-year-high in salmon returns to the Upper Salmon River, higher than most rivers of the inner Bay of Fundy population.

The fish that were released had been collected from the Upper Salmon River as juve-

niles and grown to maturity in the ocean environment on the world's first wild Atlantic Salmon Marine Conservation Site in Grand Manan. Research has shown that salmon with the most exposure to wild conditions have a better chance of survival than fish that spend more time in captivity.

The release in Fundy National Park follows the release of 128 wild salmon into the Petitcodiac River by Fort Folly Habitat Recovery earlier this month. Fort Folly First Nation is leading recovery efforts on the Petitcodiac River system.

Scientists are already seeing positive results in these rivers. Monitoring shows that multiple age classes of wild-hatched juvenile salmon are once again present throughout the Upper

November 2018 Featuring:

- ~ **Hallowe'en Past & Present;**
- ~ **Credit Union may come to Albert County;**
- ~ **Elgin Eats;**
- ~ **Updates from Hillsborough Library, Fundy Curling Club, Christmas in the Country & Hillsborough Market;**
- ~ **Community Calendar.**

Salmon River and Petitcodiac River. Research by University of New Brunswick scientist, Dr. Kurt Samways, shows that river ecosystem productivity has significantly improved due to marine nutrients attributed to the presence of high numbers of adult salmon. This research suggests that this increased productivity translates to improved feeding and survival conditions for juvenile salmon that would not exist without the nutrient input.

Continued on page 3

Connecting Albert County

November 2018. Vol. 4. No. 11
ISSN 2369-1174/1182 (digital)

Our Mission: To connect rural Albert County through online and print communication.

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CAC Part-time coordinator/ editor: Janet Wallace

Contributors: Donna Alward, Samantha Christensen, Alan Demaline, Ruth Dewolfe, Joseph Gallant, Angela MacDougall, Erin Musgrave, Kevin Snair, Rebekah Wheaton

To advertise, make a donation, submit articles or letters, email info@connectingalbertcounty.org or mail CAC, 8 Forestdale Rd., Riverside-Albert, NB E4H 3Y7

Distribution sites:

Limited numbers of free copies are available at the following:

Hillsborough: Hillsborough Freshmart, Library/Village Office

Riverside-Albert: Albert County Pharmacy, Crooked Creek Convenience, Forest Dale, Albert County Health & Wellness Centre

Alma: Harbour View Market and Restaurant, Fundy General Store

Copies are also at connectingalbertcounty.org/newsletter

The opinions in our newsletter and website do not necessarily reflect the views and opinions of the individuals who make up Connecting Albert County.

We thank Gary Steeves Insurance for the generous gift of printing our newsletter in full colour.

Next deadline: November 15

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Letter: Credit Union may come to Albert County

Many residents of Hillsborough and surrounding areas were disappointed to learn that our only financial institution has chosen to close its doors. This leaves our communities with no physical banking presence.

To date, Hillsborough Village Council has been in talks with OMISTA Credit Union about how we might be able to potentially work together. If OMISTA Credit Union is able to service our market area, it would have to be in a meaningful way for all involved, and one that provides ease of use and service.

More than 5 million Canadians trust their local credit union as their partner for full service and day-to-day banking. Credit unions are focused on strengthening Canada's economy; keeping money in the pockets of their members; helping communities prosper; putting people before profits; and partnering for public policy solutions. Credit unions are unique from other financial institutions in that they are not owned by shareholders; they are owned by customers who live here and work here. All credit unions share a common bond—to improve the wealth of the people and communities they serve.

OMISTA's purpose statement is Investing in Each Other. Sound like a good fit! Learn more about OMISTA at www.OMISTA.com.

Letter contributed by the Village of Hillsborough; see calendar for upcoming meeting on Nov. 13th



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"Salmon" cont. from p. 1

Through its collaborative recovery model, Fundy Salmon Recovery is looking to change the fate for Atlantic salmon in the inner Bay of Fundy and to provide a model that will aid conservation efforts around the world. Collaborating partners in Fundy Salmon Recovery are Parks Canada, Cooke Aquaculture, Atlantic Canada Fish Farmers Association, Fort Folly First Nation, the Province of New Brunswick, Fisheries and Oceans Canada, the University of New Brunswick, the Atlantic Salmon Law Enforcement Coalition, and the Village of Grand Manan.

This year's historic salmon returns are an excellent start to 2019's International Year of the Salmon. Fundy Salmon Recovery looks forward to celebrating the iconic Atlantic Salmon with special events in 2019, including an adult fish release event at Fort Folly First Nation.

The inner Bay of Fundy population of salmon has been listed as endangered under the Species at Risk Act since 2003. In an effort to save this declining population, some of the last remaining wild salmon of Fundy National Park were collected for "live gene banking". This has protected the unique genetic lineage of this population which would have otherwise been lost.

Celebrating the Launch of the Alma Fishing Fleet

Images by Ruth Dewolfe



Visit Connecting Albert County's Calendar at
www.connectingalbertcounty.org/calendar

Read stories about rural Albert County at
www.ConnectingAlbertCounty.org

Hallowe'en Past and Present

By Donna Alward

My introduction to Hallowe'en here in Albert County was not a pleasant one.

Many of you are old enough to remember the covered bridge that went to Harvey from Riverside-Albert. Yes, it used to be a long covered wooden bridge, but we all call it the Rainbow Bridge since it was rebuilt. We are not really sure why they made such a high arch above the river, but I have heard rumors that the architect who designed the bridge had used metric measurements and the engineer that was in charge of building the bridge misread the blueprints. So instead of centimeters and metres, he was reading it as inches and feet.

Everyone in the community used to make jokes about the big arch in the bridge saying they must have made it that high for the big ships that were coming up the river to dock in the Calhoun marsh to unload. This was around the time the metric system had been introduced to us and I can see how such a mistake could be made.

I can remember the old bridge because it was the first year we moved here from Ontario, our first Hallowe'en in the community. It started to rain that night and I felt sorry for all the children who were stopping at our store and collecting their candy treats in the rain, piling in and out of their parents' cars and running in to get their treats. Some said that they had come up through Albert where a bunch of kids were throwing eggs at the cars.



*The burning of the Harvey Bridge, Oct. 31, 1976.
Image by Larry Hughes from albertcounty.tripod.com*

I was thinking to myself that some older kids had come in earlier to buy eggs and I hoped they weren't the ones using those eggs to throw at the cars. After that, we removed the eggs from the fridge every Hallowe'en night. The next carload came in and told us that they were now piling up old tires on the road and setting them on fire just to get the firemen to come out and put out the fires. Later that night, we heard that the covered bridge to Harvey was on fire. That was the worst thing. The people who lived on the other side had to take the long winding road across the marsh at the dam and it took far longer to get back and forth.

Some of the ones who were responsible for setting the fire were caught and they were sent to jail for a while. They hadn't realized how many people in the whole community were upset by that prank or how dangerous it was.

Ever since that night, Hallowe'en has a whole different meaning to me. I am always wary on that night hoping nothing bad happens. I am glad that times have changed and things seem a lot quieter now. Last year, we didn't have a single person come to our door. It was disappointing in a way. We did go down to check out one car that seemed to be stopped in our yard in front of our old store building wondering why they were sit-

Continued on page 5



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ting there for so long. We found out it was a mother and father just waiting for their kids to make their way up the street, going from house to house, and the mum was talking to them on her cell phone as they were making their way up the street. How times have changed I thought. They were keeping track of their kids and knew exactly where they were.

Hallowe'en sure has changed. I hope there was a lesson learned from that terrible night. Maybe the ones that were involved with those bad pranks have grown up and now realize the danger that they had caused. Hallowe'en is supposed to be a fun time for the kids. I really hope that the ones that were involved in the pranks that night realize how dangerous it could have been. Maybe they learned their lesson, some learned the hard way.

Hallowe'en has really got a lot quieter here now and they have a curfew for a reason.

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Fundy Curling Club News

By Alan Demaline

With the beautiful fall colours of Albert County starting to disappear from the trees in the valleys and on the hills, it is time to start looking forward to the 2018/19 curling season at the Fundy Curling Club. Last season was one of the best ever at the club and the season ahead promises to be even better!

A huge thank you for the continued support of Chase The Ace held every Friday night at the club. With the funds raised, we are now in a position to do a major upgrade to our ice making system at the club. A new condensing unit (the main component of the ice plant) has been ordered and is set to be installed in early December. The new ice plant will be more energy efficient, use less water and, most important of all, ensure consistent ice making at the Fundy Curling Club for another 50 years and beyond! The future funds raised from Chase The Ace will continue to be put towards upgrades to the interior and exterior of the club so



we can continue to host not only curling events, but also functions, such as dances, wedding showers, weddings, business meetings, year-end parties and much more.

Stay tuned to Connecting Albert County for updates on the 2018/19 curling season including membership information, dates for our various leagues, and other new and exciting things coming to the club this year! Until then, drop by

the Fundy Curling Club at 16 Mill St., Riverside-Albert any Friday night from 6:00 to 7:30 pm to enjoy a meal cooked up by Chef Steve, play cards with friends, meet new folks in the community and have your chance to be the next winner at Chase The Ace.

Alan Demaline for the Fundy Curling Club. Image by Kevin Snair of Creative Imagery, www.creativeimagery.ca



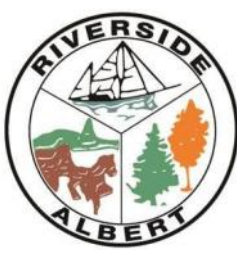
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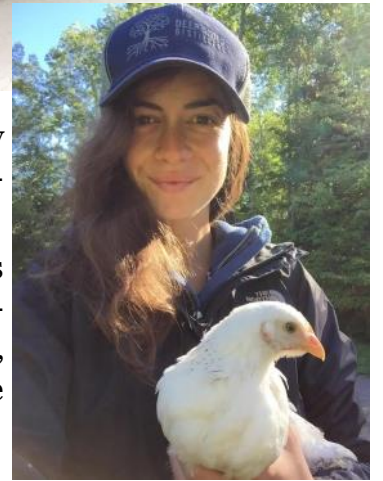
Elgin Eats

By Samantha Christensen

Elgin Eats is a government-funded (New Horizons for Seniors) community outreach project that is working in partnership with the Elgin Eco Association, the Elgin Seniors Club and the Elgin Women's Institute.

The mission of this project is to socialize the community members of Elgin in an intergenerational setting while increasing food skills and knowledge through sharing of traditions and recipes. The heritage enrichment and focus on cooking from scratch are an asset to individuals both young and old. This has been achieved through weekly community cooking sessions, overseen by the program facilitator and coordinator Samantha Christensen (picture at right).

Elgin Eats is still fresh having only started in May of this year. This summer Samantha had great success and often hosted more than one gathering a week to accommodate the demand. The lacto-fermentation, kombucha, sourdough and foraging sessions (or kitchen parties as they are regularly referred to) were by far the most popular to date!



ALAINA LOCKHART
MEMBER OF PARLIAMENT FOR FUNDY ROYAL

Active Service Members, Veterans, and their families have all given so much to protect and defend the values we hold dear as Canadians. It is up to all of us to ensure that their sacrifice is always remembered and honoured.

There are many ways to Remember. I encourage you to have a chat with local Veterans. Listen to their stories and share how much you value their contributions to our country. Take the time to visit your local cenotaph and think about the people behind those names. Contact your local Legion branch to volunteer or invite a Veteran to speak to your class or organization.

Above all, thank a Veteran for their service and sacrifice.

Lest We Forget

(506) 832-4200 fundyroyal.ca alaina.lockhart@parl.gc.ca 599 Main Street, Suite 104 Hampton NB

Meet Erin Musgrave: The New Diabetes Educator at Albert County Health and Wellness Centre

Erin Musgrave, MN RN CDE, is the new Diabetes Educator at the Albert County Health and Wellness Centre. Erin graduated from UPEI School of Nursing in 1999, received her Masters of Nursing from Athabasca University in 2012 and passed her Certified Diabetes Educator exam in May 2018.


Erin spent more than 15 years in emergency nursing before taking a position at the Diabetes Education Centre at the Moncton Hospital in 2016. She was named an honorary life member of the National Emergency Nurses Association in 2018 for her contribution to emergency nursing in Canada. Outside of work, Erin enjoys playing golf and travelling with her husband.

Erin is pleased to provide Diabetes Education services at the Albert County Health and Wellness Centre each month. She is available to meet with adults in the community who are living with, or who are at risk of developing, diabetes. Erin will answer questions about diabetes, diabetes medications, diabetes blood work, managing blood glucose, and preventing complications of diabetes. For an appointment, call 882-3100.



The Bennett and Albert County Health Care (BACH) Foundation raises funds to support the services provided by the Albert County Health and Wellness Centre including equipment and staff education. www.bachfoundation.com

Yes, I want to help
have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre



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Hillsborough Christmas & Farmers Market

By Angela MacDougall

What a fantastic market season we have had! You came out. You ate, you shopped, you socialized. You SUPPORTED! A great big thank you to all who made our 2018 market season a success. A special thank you to the talented musicians from Fundy Ceilidh who volunteered to play beautiful music for us every weekend. We are very grateful and lucky to have you!

BUT! The fun isn't over just yet. Our Old-Fashioned Christmas Market is still to come on December 1-2 as part of Christmas in the Country. Worried about lunch? The famous Foods of the Fundy Valley soup bar will be available all weekend at the market. If you're looking to give local gifts for Christmas, you will find them here, packed with local artists, crafters, makers and producers. You will definitely find something for everyone on your list. Watch the Hillsborough Farmers Market Facebook and Instagram pages for updates on vendors and activities. See you there!



Christmas in the Country

It's the Albert County event of the season! It's the perfect weekend to spend with friends and family touring the area seeking out one-of-a-kind gifts for loved ones and meeting the people that made them.

Christmas in the Country is about community and supporting the amazing artists and crafters we have right here in Albert County. There will be lunch and beverage stops along the way, as well as sweet treats and samples.


Maps will be available at Briggs Maples in Riverview, the first location on the map, along with others to be announced. Watch our Christmas in the Country Facebook page for details.

When: Saturday, December 1st, 10am-5pm & Sunday, December 2nd, 11am-4pm

Where: Albert County

Why: Local Shopping


Information on markets and Christmas in the Country provided by Angela MacDougall.



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Safe Affordable Housing for Albert County

The Albert County Community Health Needs Assessment was conducted in 2016 to identify opportunities to improve the wellness and satisfaction of the people living in our local communities. The Assessment identified 10 priority areas that needed to be addressed. Priority #4 indicated that, “There is an insufficient amount of safe, affordable housing options in the communities.” To look at this issue, a committee was established in June 2017. The Housing Committee is made up of the Mayors of Hillsborough, Riverside-Albert and Alma, plus representatives from the Albert County Health and Wellness Centre, the Chipoudy Communities Revitalization Committee, and interested community members.

The mandates of the committee are:

- To work with community leadership, representatives from the Department of Social Development and current housing operators, such as landlords, to assess the current availability of housing, waiting lists and gaps;
- Develop a strategy to address housing needs in the communities; and,
- Develop a work plan and evaluation framework to allow for the ability to monitor and celebrate success.

From June to December 2017, the committee met with a large number of the government and non-governmental agencies that are involved in dealing with a variety of housing issues. Between January and April 2018, the committee developed a draft of the Albert County Area Housing Needs Assessment. Several focus groups then re-

viewed and revised the survey to ensure that the answers to the questions would provide the information needed and protect the confidentiality of the people completing the survey. The committee then met with representatives from APHL, Inc. to evaluate and revise the survey. APHL, Inc. has worked extensively with communities in the Maritime Provinces regarding socially responsible real estate development and enterprise management services.

On May 1st, 2018, the Albert County Area Housing Needs Assessment was circulated through Canada Post to every household from Stoney Creek to Alma (the catchment area of the Albert County Health and Wellness Centre). The survey was also available online, through social media and could be dropped off at locations in each municipality. The deadline for completion was June 30th, 2018. The survey was jointly funded by the Bennett and Albert County Health Care (BACH) Foundation and the Chipoudy Communities Revitalization Committee.

The results of the Housing Needs Assessment have now been evaluated and the committee is scheduling presentations of the results to the three municipal councils during early November. It will then schedule a public meeting to present the survey results to all interested parties. The presentation will include examples of the types of housing developments that other communities have chosen.

We want to thank all of the people who completed the survey. We think that you will find it very interesting to see the types of housing that could be developed to increase the availability of safe, affordable housing in our area.

*Housing Committee, Albert County Area
Community Advisory Committee*



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Hillsborough Public Library: November 2018

LEGO Drop-in (Tues. 2:15-4:30 pm). Ages 5+. Build with LEGO!

Toddler Time (Tuesdays & Wednesdays), 10-11:30am). Up to age 4. Join us for a fun time of play and socialization.

Adult Hobby Program (Wednesdays, 10-11am). Ages 19 & up. Are you interested in finding a new hobby, or enjoy trying new things? Share in the fun and join us on Wednesdays at the library where we will try out a new, interesting hobby every week!

After-school Chess Club (Nov. 13th & 27th, 3:30-4:45pm). Ages 7+. Drop by the library after school to compete in a friendly chess tournament! All skill levels welcome!

French Conversation Circle (Thursday, Nov. 8th & 22nd, 3-4pm). Join us in practicing French in a no-pressure environment. This is not a class. All ages and ability levels are welcome!

Story Time (Thursdays, 2:15-3pm). Up to age 7. Children and their guardians are invited to the library for stories, crafts & more!

Technology Help (Fridays, 10-11:45am). All ages. Drop by the library for help with your old and new technology, including devices and/or programs.

Arts & Crafts (Friday, Nov. 2nd, 16th & 30th, 3:30-4:45pm). Ages 5+. Show off your creative side with exciting crafts every 2nd week!

STEAM Drop-in (Friday, Nov. 9th and 23rd, 3:30-4:30pm). Ages 6+. Challenge yourself with activities and experiments in Science, Technology, Engineering, Art, and Mathematics!

Special Programs:

Colouring Drop-in (Nov. 7th, 2-5pm). All ages welcome. Take some time to relax and get creative with colouring!

Let's Get Crafty! (Nov. 24th, 2-3 pm). Ages 5+. Show off your creative side!

Adult Craft Night (Nov. 22nd, 6:30-7:30pm). Ages 19+. Join us for a fun evening of DIY creativity.

All activities are **free**. Activities vary weekly. Check out the schedule on Facebook or contact the library for details!

Hillsborough Public Library

(506) 734-3722

Hillsborough.PublicLibrary@gnb.ca

2849 Main St, Hillsborough, NB

Tuesday, Wednesday, Friday & Saturday: 9am-noon & 1-5pm;

Thursday: 1-5pm & 6-8pm

Library News

The Hillsborough Public Library Board recently received a grant of \$7000 from the NB Children's Foundation in support of the Board's free Literacy Express program for preschoolers.

The Hillsborough Public Library Board is also pleased to have received a grant of \$1000 from the Bennett and Albert County Health Care (BACH) Foundation this past summer. The Literacy Express program is a free outreach of the Library Board and is currently serving 17 children (3-4 years old) on Tuesday and Wednesday mornings.

Front row (L-R): Lois Snider, Program Assistant; Jennifer Machum, Foundation Director; Nancy Land, Program Director; Barry Snider, Hillsborough Mayor; Back row: Roland Hutchinson, Library Board member; Rebekah Wheaton, Acting Library Manager; Art Buck, Foundation Director; Jeff Land, Hillsborough Village Councillor.



COMMUNITY CALENDAR FOR NOVEMBER 2018

Mon Oct 29

Flu Campaign - Albert County Health and Wellness Centre Riverside-Albert 9am-5pm. Bring your Medicare card. For details, please call 506-882-3100. No appointment necessary.

Pickleball* 6:30pm

Good Grief!* 6:30pm. Hillsborough

Tue Oct 30

Flu Campaign-Albert County Health and Wellness Centre 9-5. See Oct 29.

Wed Oct 31

Flu Campaign-Albert County Health and Wellness Centre 9-5. See Oct 29.

"North of 55" * 10am - 11:30am

Shepody Food Bank* 1pm - 3pm

Hillsborough Kiwanis Bingo* 5:30pm

Hillsborough Baptist Church Trunk or Treat 6 -8pm. 26 Braam Cres. Hillsborough Baptist Church invites you & your family to Trunk or Treat. Donation of a non-perishable food item is greatly appreciated. All proceeds go to the Albert County Food Bank.

Grief and Bereavement Support Group* 6:30pm. Riverside-Albert

Thu Nov 1

Flu Campaign-Albert County Health and Wellness Centre 9-5. See Oct 29.

Friends of the Hillsborough Arena - Chase the Ace* 4:30pm - 7:30pm

Country & Gospel Music Evening*

Fri Nov 2

Flu Campaign-Albert County Health and Wellness Centre 9-5. See Oct 29.

Chase the Ace - Riverside-Albert*

Card Games - Alma Leisure Centre*

Mon Nov 5

Pickleball* 6:30pm

Good Grief!* 6:30pm - 8pm

Wed Nov 7

Shepody Food Bank* 1pm - 3pm

Hillsborough Kiwanis Bingo* 5:30pm

Grief & Bereavement Support Group* 6:30pm - 8pm

Thu Nov 8

Friends of the Hillsborough Arena - Chase the Ace* 4:30pm - 7:30pm

Country & Gospel Music Evening*

Fri Nov 9

Chase the Ace-Riverside-Albert*

Card Games - Alma Leisure Centre*

Mon Nov 12

Pickleball* 6:30pm

Good Grief!* 6:30pm - 8pm

Tues Nov 13

Town Hall 6:30pm. OMISTA & the Village of Hillsborough invite residents of Alma, Riverside-Albert and Hillsborough to discuss how a credit union could work in the area. Hillsborough Kiwanis Center. See p. 2.

Wed Nov 14

"North of 55" Seniors Group * 10am

Shepody Food Bank* 1pm - 3pm

Hillsborough Kiwanis Bingo* 5:30pm

Let's TALK: Anxiety 7- 8pm, Caledonia Regional High School, Hillsborough. One of a series of conversational evenings where we can learn about our mental health and ask the questions that we would love to have answers for. This is an opportunity to get to know our mental health. Remember, not everyone has mental illness but everyone has mental health. About every 2 months, we'll have a different topic. Join us and be part of the conversation.

Thu Nov 15

Forest Dale Home Annual Craft Sale 1-4pm. Brookside Room, Forest Dale Home. Come out & support local!

EcoDepot

The mobile EcoDepot visits a different community each month. For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to ½ tonne truck/utility trailer):

- Appliances
- Electronic waste
- Furniture
- Small household machinery (emptied of gas and oil)
- Construction/renovation waste
- Household hazardous waste
- Car and small truck tires
- Brush/branches and yard waste
- Clear glass, metal
- Cardboard and paper
- Cooking oil

**No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste.

See details at www.eco360.ca/mobile-eco-depot-program

Friends of the Hillsborough Arena - Chase the Ace* 4:30pm - 7:30pm

Country & Gospel Music Evening*

Fri Nov 16

Chase the Ace - Riverside-Albert*

Card Games - Alma Leisure Centre*

Sat Nov 17

Hillsborough United Church UCW Christmas Bazaar. 11am-2 pm. 2891 Main St. Bake Table, Silent Auction, Christmas Baskets and lunch (choice of corn chowder, turkey soup or chili with roll and dessert for \$10).

Gospel Music Evening 7-9:30pm Hillsborough Kiwanis Center. Featuring Megan Allen & Dustin Steeves, Edgetts Landing; Burning Bush; For the Cross. Admission \$7. Proceeds to assist with treats at Kiwanis Center after Christmas Parade. Organized by Down Home Gospel group.

* See Weekly Events Page for details.

Mon Nov 19

Pickleball* 6:30pm

Good Grief!* 6:30pm - 8pm

Wed Nov 21

EcoDepot Noon- 8pm

Hillsborough. See box on page 12.

Shepody Food Bank* 1pm - 3pm

Hillsborough Kiwanis Bingo*

Thu Nov 22

EcoDepot Noon - 8pm

Hillsborough. See box on page 12.

Friends of the Hillsborough Arena -

Chase the Ace* 4:30pm - 7:30pm

Country & Gospel Music Evening*

Fri Nov 23

Chase the Ace - Riverside-Albert*

Card Games - Alma Leisure Centre*

Sun Nov 25

**10th Annual Christmas Concert at
Albert County Museum** 2pm- 4pm

Enjoy festive music, singing, drama and dancing at the Christmas Concert held in the historic community hall. A traditional concert reminiscent of years ago when community concerts featured performers of all ages sharing their talents. Following the concert, enjoy a cup of hot cider with home-baked cookies as you chat with friends and neighbours. Tickets \$12. To reserve tickets call Dawne McLean at 734-3105.

Mon Nov 26

Pickleball* 6:30pm

Wed Nov 28

"North of 55" * 10am - 11:30am

Shepody Food Bank* 1pm - 3pm

Public Meeting 2pm - 4pm

Brookside Room, Forest Dale Home
To all Residents of Albert County

* Is healthy aging important to you?

* Is staying in your home or in your community important to you?

*Do you have needs that could prevent you from staying in your home?

*Do you need services you can't access?

If you have answered yes to any of the above questions, Forest Dale Home, Riverside-Albert, invites you to a free public meeting. Meet Suzanne Dupuis-Blanchard, a nurse and aging specialist, to discuss aging at home and planning for future services seniors in our community may need. We want to learn about your needs for staying at home! Your opinion is important to us, so please come and share your ideas & experiences! Questions or want more information? Contact Vicki Caissie 882-3047 or Mindy Holmstrom 882-3001 at Forest Dale Home to register &/or with questions. Refreshments will be served!

Hillsborough Kiwanis Bingo*

Thu Nov 29

Friends of the Hillsborough Arena -

Chase the Ace* 4:30pm - 7:30pm

Country & Gospel Music Evening*

Fri Nov 30

Chase the Ace - Riverside-Albert*

Card Games - Alma Leisure Centre*

Sat Dec 1

Christmas in the Country 10am-5pm
Albert County. A tour of shops, artists, crafters, makers and producers in Albert County. This is great time to pick up local items for everyone on your Christmas list and maybe pick up some treats for yourself! There are lunch, coffee and beverage available along the way! A guaranteed fun day! The tour starts at Briggs Maples in Riverview and runs to Alma.

Sun Dec 2

Christmas in the Country

11am-4pm, Albert County,

See Dec. 1st for details.

WEEKLY EVENTS

Mondays

Free Grocery Trips Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. Contact: 875-1190 or teledriveac@gmail.com.

Good Grief! Is there such a thing? 6:30-8pm, Hillsborough Visitor Info. Centre. An open and confidential group. Learn how to bring perspective to the grieving process. Sponsor: Hospice Greater Moncton.

Pickle Ball 6:30pm Host: Riverside-Albert Recreation Centre. \$2. First night is free!

Wednesdays

"North of 55" 10-11:30am. Hillsborough Baptist Church. If you are 55+, come enjoy snacks, games, stories & more (Oct 31, Nov 14 & Nov 28).

Shepody Food Bank 1-3pm. Albert County Health & Wellness Centre, Riverside-Albert. Bring Medicare numbers for every household member.

Grief and Bereavement Support Group 6:30pm. Albert County Health and Wellness Centre, Riverside-Albert. Free support group for those dealing with the loss of family and/or friends. All welcome! Hosted by volunteers from Hospice Greater Moncton. Contact Cynthia at 866-6247.

Hillsborough Kiwanis Bingo Doors open 5:30, games begin 6:30.

Thursdays

Friends of the Hillsborough Arena Chase the Ace 4:30-7:30pm. Hillsborough Golf Course. Raffle tickets 3/\$5.

Country & Gospel Music Night 7pm. Hillsborough Kiwanis Center. Canteen, 50/50 & door prizes. Open mic; join us with your singing voice/instrument. \$7

Fridays

Chase the Ace Riverside-Albert 6pm, Fundy Curling Club. CCRC & Curling Club raise money for ice plant & lifelong learning centre at Riverside Consolidated School. Call 882-2573, 882-2052, 882-2626.

Card Games 6:30pm. Alma Leisure Centre. Playing Auction 45. All ages welcome. Refreshments are part of the game night.

Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters.
With their help, we can spread the news of rural Albert County.

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East Coast Kids Child Care & Learning Centre www.eastcoastkids.ca

Farmer Brown's Greenhouse www.farmerbrowns.ca

Foods of the Fundy Valley foodsofthefundyvalley.ca

Fundy Highlands Motel and Chalets www.fundyhighlandchalets.com

OMISTA Credit Union www.OMISTA.com

Village of Hillsborough villageofhillsborough.ca

Village of Riverside-Albert www.riverside-albert.ca

Albert County Museum albertcountymuseum.com

Chipoudy Communities Revitalization Committee www.chipoudycrc.org

Forest Dale Home www.forestdalehome.ca

Jeff MacDougall, SouthEastern Mutual Insurance jeff.macdougall@semutual.nb.ca

Village of Alma villageofalma.ca

Catherine Black, Liberal Party—Albert Candidate www.facebook.com/CatherineBlackAlbert

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To spread the word about your business or organization's work in rural Albert County, see connectingalbertcounty.org/advertising. We also welcome donations.