

Roots of Empathy at Riverside Consolidated School



As the fifth Roots of Empathy program at Riverside Consolidated School wrapped up, students reflected on what they had experienced with baby Andie Ada Sanford, daughter of Alicia (O'Hara) and Jon Sanford.

Baby Andie was just six weeks old when she made her first visit to the school. As the children greeted her with the special Hello Song, she seemed unperturbed by it all. As they touched the butterfly sock she wore, they hoped for eye contact with the special visitor, but to no avail.

A tiny newborn, she was able to lie on the special Green Blanket, and make sounds. The list the students had created, of what they thought she might be able to do, contained mostly "not yet" comments rather than a "yes" – sitting up – not yet, walking – not yet.

But by June – what a change in our baby – sitting up, crawling, making eye contact, holding fingers, interacting with vocalizations, smiling, laughing, eating a wide variety of foods!

Learn more at <u>www.connectingalbertcounty.org/wellness--recreation/roots-of-empathy-at-riverside-consolidated-school</u>

Irisnova Dionne (former Roots of Empathy baby now in Grade 1), Barbara Gebuhr (Program Facilitator), Andie Sanford, current Roots of Empathy baby





Rallying behind the Rink ~ An Alma Success Story

The Alma Rink is a great example of what small communities can do for themselves. Learn more at <a href="https://www.connectingalbertcounty.org/wellness--recreation/rallying-behind-the-rink-wellness--recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallying-behind-the-recreation/rallyi

Telehealth at Albert County Health & Wellness Centre

New video technology allows patients in Riverside-Albert to communicate with medical specialists without having to travel.

Telehealth is a valuable service made available through the Horizon Health Network that provides patients and physicians with audio-visual meeting spaces for health care not requiring physical exams.

Learn more at www.connectingalbertcounty.org/wellness--recreation/video-technology-provides-treatment-without-travel

Forest Dale Home Celebrates 35th Anniversary

"It's hard to believe that it's been 35 years since the original home opened," said Board Chair, Barb Sinclair. "A lot of work by politicians and community members went into the construction of the first home and it served the residents well until the building of our new Home completed four years ago. There have been a lot of other changes in all those 35 years."

Read the full article and see the pictures at www.connectingalbertcounty.org/current-news/forest-dale-homes-35th-anniversary-celebration

Looking for work? See job listings at www.connectingalbertcounty.org/job-opportunities **Looking for workers?** We'll post your listing. Email connectingalbertcounty@gmail.com

Weekly events

Thursdays, Music Night

7pm. The Rocky Cape Band with Charlie O'Hara, Willis McKinley, Dale Terris, Tom Gould, Darrell McAulay, Dave Smith and Jerry Richard hosts a country & gospel music night at the Lower Cape Community Center, 4480 Rte 114. Along with the band is an open mic where anyone wishing to sing or play an instrument is welcome. Canteen available.

Saturdays, **Albert County Museum Farmer's Market** & Breakfast

9am-1pm. The Museum Market is held at the Albert County Museum in Hopewell Cape. In the Exhibition Hall, you will find vendors set up amongst the museum's exhibits of farming equipment and tools from our past. Local foods and crafts...grown, harvested and made right here in Albert County.

Delicious breakfast made with local ingredients, served in the Community Hall from 9am-noon.

Home-cooked pizza made with all local ingredients and baked in the outdoor cob oven from 11am-1pm. Personal sized pizza \$7 by Foods of the Fundy Valley. (May to Oct.)

Saturdays, **Community Breakfast and Market** 9am-1pm. At the ACE Fairgrounds in Riverside-Albert, enjoy a delicious breakfast cooked by Albert County non-profit groups, and then visit the vendors and pick up fresh vegetables, baked goods, eggs, honey, maple syrup, crafts and lots more! (June 27-Sept. 12)

Sundays, Alma Market

9am-2pm. The Alma Market is held at the Vista Ridge Barn, in partnership with Foods of the Fundy Valley. Local foods and crafts, including eggs, meat, Fundy Fresh seasonal produce. Stop in for breakfast and savour Chris' delicious Belgian Waffles, made in the authentic, traditional way, with yeast. Served with locally made sausages from AnC meats, and local maple syrup! (May to Oct.)



Upcoming Events

Event information was submitted by community groups. To post an event on our calendar or submit information for our next e-bulletin, please visit www.ConnectingAlbertCounty.org

Thurs, June 18. Music Night*

Sat, June 20. Albert County Museum Farmer's Market & Breakfast. Hopewell Cape.*

Sun, June 21. Alma Market*

Sun, June 21. Father's Day Supper

6pm. Treat Dad to a delicious lasagna dinner at the Albert County Museum. Advance Tickets \$12 (no tickets at door). Call 734-2003 to reserve your seats.

Wed, June 24. Forest Dale Home AGM

7pm. Forest Dale Home's Annual General Meeting in the Great Room of Forest Dale Home.

Thurs, June 25. Music Night*

Fri., June 26. Mystery Box Talks

7:30-9:30pm. Treasures from the Vault of the Albert County Museum. What's in the box? We don't know!

Sat.-Tues., June 27-July 1. Alma Celebration Days. See page 4

Sat, June 27. Albert County Museum Farmer's Market & Breakfast Hopewell Cape.*

Sat, June 27. Community Breakfast and Market Riverside-Albert. *

Sat, June 27. 1st Annual Golf Tournament

10am. The Bennett and Albert County Health Care Foundation will be holding their 1st Annual Golf Tournament at the Hillsborough Golf Club. Contact Danny Jonah, Golf Tournament Chair, for details 734-2526.

Sun, June 28. Alma Market*

Wed, Jul 1. Canada Day Celebrations at the Steeves **House Museum**

Hillsborough, is having free tours from 9am - 5pm and cake and refreshments from 11am - 5pm to celebrate Canada Day.

Thu, Jul 2. Music Night*

Sat, Jul 4. Fifth Annual R. B. Bennett Day

Come out to celebrate the birthday of Canada's 11th Prime Minister at the Albert County Museum in Hopewell Cape. Enjoy free admission to the museum all day.

Sat, Jul 4. Albert County Museum Farmer's Market & Breakfast. Hopewell Cape.*

Sun, July 5. Alma Market*

Tue-Sat, July 7-11. Albert County Historical Society **Quilt Show & Sale**

9:30am-5:30pm.Over 100 quilts are featured at the show, making it the largest quilt show and sale of its kind in the area. Quilt tops, baby quilts and other small items are also on display and for sale. Albert County Museum

Thu, July 9. Music Night*

Fri-Sun, Jul 10-12. Shepody Days.

See page 5 for details.

Sun, July 12. Alma Market*

Mon, July 13. Hillsborough Homecoming Days Garden Party. 6pm-8pm. Hillsborough Homecoming Days open at the Steeves House Museum with the annual Garden Party! Bring the whole family for a fun time with music, games and bbq. There will be a cake walk, fish pond for prizes, face painting, cookie decorating, hot dogs, beverages, and live music. Tickets are \$1 and most events/food/beverages are 1 ticket.

Thu, July 16. Music Night*

Sat, July 18. Summer Bazaar

9am-5pm. The Steeves House Museum, in the Village of 9am-12pm. St. Mary's Anglican Church Women are hosting their annual Summer Bazaar in the church basement Mill St. Hillsborough. Baked goods, books and more!

^{*}See Weekly Events on page 2.

Alma Celebration Days 2015 June 27-July 1[~] Celebrating the Spirit of Alma and 50 Years of the Canadian Flag

Welcome to the beautiful village of Alma, where our Celebration Days have been an annual feature for almost forty years. Come join in the fun, win prizes, and make sure you get to our 3rd annual chowder cook-off. The whole famiactivities of the long weekend!

ly will enjoy the many events and

Saturday, June 27

10am-3pm. Craft Sale. Jams, baked goods, handcrafts, and treasures of all kinds, new and used at the upper level of the Alma Activity Centre.

1pm. Parade. "The Spirit of Alma" Floats, vintage vehicles, horses, free candy, and more on Main Street! (Please park vehicles in lot on

School Street, not Main Street, to allow families to experience the parade.) Lineup at the Baptist church at 12:45. Winners announced at 1:45pm at Alma Activity Centre (upper level).

2pm. Firemen's Muster and BBQ. It's Alma versus Riverside-Albert! Come cheer on your favourites as they show off their training and skill! Alma Recreation Centre (rink)

9pm-1am. Karaoke Night! Emmy-Lou Rogerson DJs the music, while you get to be the star. Cash bar for beer and wine; homemade wings and hot pretzels to munch on! Alma Activity Centre, upper level

Sunday, June 28

9am- 1pm. Farmers' Market. Locally produced foods, crafts, and goods. Enjoy a waffle and sausage breakfast with local maple syrup. A great way to start a busy day! Vista Ridge Barn, Foster Road

11am-2pm. Family Homecoming Picnic. By invitation at **Fundy Park Headquarters**

4pm-6pm. Chowder Cook-Off. Sample the delicious varieties of chowders from Albert County cooks competing for the biggest prize of the whole weekend. Try them all (\$10 for unlimited sampling!) and cast your vote for the very best. Don't miss this fun family event. Alma Activity Centre, upper level.

7pm. Sunday Evening Service. Informal; campers and visitors welcome. Alma Baptist Church

Monday, June 29: Family Day

11am. Cakewalk. Strut round the circle to some upbeat tunes, wait till the music stops, and win a delicious cake or two! Alma Activity Centre, upper level



level

Tuesday, June 30

11am. Duck Race. Join in reviving this delightful family event. A fleet of cheerful yellow rubber ducks will be released on the Salmon River near the Molly Kool Center and race to the sea, from where Fresh Air Adventure kayakers will catch them. The first and the last ducks under the bridge win cash prizes!

you like! Alma Activity Centre, upper

Noon- 5pm. **Lobster shops.** Demonstrations, tales of the sea, and photo opportunities with fresh live lobsters, and the families who fish for them! At Alma Lobster Shop and Collins Lobster Shop

8:30pm. Molly Kool Kitchen Party. Song and dance and music and fun for everyone! Tickets are available at the Fundy Park Visitor Reception Center. Molly Kool Center, by Fundy Park east gate.

Wednesday, July 1: Canada Day

All day: Free admission to Fundy National Park!

10:30am. Red & White Children's Parade. Dress up and decorate in red and white, then meet at the former St. Stephen's parking lot, and parade to the village square in the heart of Alma. Please bring your parents!

11:00am. Canada Day Cake. Come on and sing the national anthem with the kids, and share a celebratory cake! Alma village square, Main Street

7:30pm. **Concert**. Enjoy the unique maritime-inspired sounds of "Before the Mast" as they sing a capella sea shanties like the sailors who sang them in the days of sailing ships. Fundy Park amphitheatre

9:30pm. Fireworks. Come to ooh and aah at the sights and sounds of spectacular fireworks in the evening skies, even bigger and better than last year. Alma Beach

Sat, July 18. **Albert County Museum Farmer's Market & Breakfast.** Hopewell Cape*

Sat, July 18. **Community Breakfast and Market.** Riverside-Albert.*

Sun, July 19. Alma Market*

Thu, July 23. Music Night*

Sat, July 25. **Albert County Museum Farmer's Market & Breakfast.** Hopewell Cape.*

Sat, July 25. **Community Breakfast and Market.** Riverside-Albert.*

Sun, July 26. Alma Market*

Thu, July 30. Music Night *

Fri, July 31. **Mystery Box Talks** 7:30pm-9:30 pm. Treasures from the Vault of the Albert County Museum. What's in the box? We don't know!

Sat, Aug 1. Albert County Museum Farmer's Market & Breakfast. Hopewell Cape.*

Sat, Aug 1. **Community Breakfast and Market** Riverside-Albert.*

Sun, Aug 2. Alma Market*.

Mon, Aug 3. **NB Day Lobster Supper** 5pm-8pm. Celebrate New Brunswick Day with a traditional Lobster Supper at the Albert County Museum. For those who don't enjoy lobster, we also offer delicious garlic roasted half-chicken dinners. Advance Tickets \$25 (also tickets at door)

Thu, Aug 6. Music Night*

Sat, Aug 8. Garden Tour

Enjoy a trip through Albert County, touring a variety of flower and vegetable gardens, along with delicious strawberry shortcake. More details to come!

Sat, Aug 8. Albert County Museum Farmer's Market & Breakfast. Hopewell Cape.*

*See Weekly Events on page 2.

Shepody Days 2015

The weekend of July 10-12 will find the village of Riverside -Albert alive with activities of all kinds.

<u>Friday-Sunday</u>: First annual **Flea Market** at the Albert County Exhibition Fairgrounds, 5895 King St., Riverside-Albert. Vendors of all types – auto parts, crafts, collectibles, antiques and so much more.

Admission is \$2; children under 12 are free if accompanied by an adult. No dogs are allowed. Sponsored by Chipoudy Communities Revitalization Committee. Booth Rentals (30ftX20ft space): \$40. Contact Sandra Nelson, 882-2626, sandra.nelson47@gmail.com.

Friday:

8am-8pm. Flea market with canteen all day

9am-11am. Breakfast

Afternoon: **Antique cars** visit the village, and stop for photo-ops and closer looks at the fairgrounds.

5pm-7pm: **Soup Bar Buffet** by the Foods of the Fundy Valley at the dining hall on the fairgrounds.

6pm: **Soap Box Derby**, sponsored by the Volunteer Fire Departments of Alma and Riverside Albert will take place near Betts General Store, 5717 King St. and Church St. Dusk: **Fireworks** sponsored by Darrell and Kathy Weir near the school, 90 Water Street.

Saturday:

8am-8pm. **Flea market** continues (with **canteen** all day)
9am-11am: **Breakfast** at the dining hall on the fairgrounds
(as a benefit for Forest Dale Home). \$7 adults, \$5 kids.

1pm-4pm: **Fourth Annual Kayak Races** for charity, sponsored by Crooked Creek Adventures, at the boat landing near the school, 90 Water St. Enter a team and paddle for a cause, or just come out to watch all the fun! Details and registration at www.crookedcreekadventures.com/4th-annual-kayak-races/

5pm-7pm: **Steak Barbeque** catered by the Curling Club and Chef Stephen Land at fairgrounds' dining hall.

Sunday:

8am-3pm: **Flea Market** with **breakfast** and **canteen**. For details, visit the Chipoudy Communities Revitalization Committee Facebook page www.facebook.com/ communityrevitalization

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Folks from the city love to head to Albert County to cool down, relax and enjoy our many beautiful outdoor landscapes and attractions. We're lucky because we get to enjoy them all the time!

Read more about some of the attractions and interesting places in Albert County and find tide tables at

www.connectingalbertcounty.org/attractions.html

Subscribe to our monthly e-bulletin to receive a copy of this newsletter in your email inbox. Visit www.ConnectingAlbertCounty.org to subscribe and learn about events, job postings, news and more.

Connecting Albert County reflects the passion and hard work of many individuals in rural Albert County, including Joanne Butland, Deborah Carr, Joseph Gallant, Barb Gebuhr, Mindy Holmstrom, Susan Quinn, Phyllis Sutherland, Janine Underhill & Janet Wallace (Coordinator).

We thank the Albert County Health & Wellness Centre, Forest Dale Home and our regional community partners, Micha Fardy (United Way Greater Moncton SENB) and Joanna Brown (Westmorland-Albert Community Inclusion Network) for their support.





Collin's

In Alma, Collins Lobster Shop carries Fundy scallops, smoked salmon, fresh fish and, of course, lobster straight from the Bay of Fundy (live or cooked).

