

Thanking our Generous Supporters

We, at Connecting Albert County, would like to thank our supporters from 2015 for their generosity! Your support has made it possible for us to begin to meet our mission – to connect rural Albert County through on-line and print communication – and to start to reach further into rural Albert County to connect more people to what is happening in our region. See details on page 4.

Bennett and Albert County Health Care Foundation

To begin 2016, we would like to particularly thank the Bennett and Albert County Health Care (BACH) Foundation for its generous support of our initiative. The Foundation's donation will help us to continue to meet our mission and to improve the way in which we connect rural Albert County. As part of our "thank-you," we will highlight stories from the BACH Foundation in each newsletter starting with a description of the Foundation, examples of what it supports, and its purpose.

The BACH Foundation raises funds to fill equipment needs and support programs offered by the <u>Albert County Health & Wellness Centre</u>. The Foundation also supports continuing education for staff of the Health & Wellness Centre that will, in turn, benefit patients of the Centre. Additionally, the Foundation supports and partners with groups on local health care, school, and community initiatives. Such initiatives include the Dolly Parton Imagination Library, the Literacy Express, the Riverside Consolidated School Breakfast Program and Tele-Drive Albert County Inc.

BACH Mission: To enhance the health and wellness of the people served by the Albert County Health and Wellness Centre through raising funds and managing assets in the spirit of our benefactor, Judge Bennett's vision.

BACH Vision: To have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre with the support of our community and the satisfaction of our donors.

BACH Donor Recognition: All donors, regardless of their level of giving, are recognized under the Donor Recognition Program. All gifts are important and appreciated and a monetary gift is never more important than individual relationships with our supporters. Thank you for helping us to support the Health & Wellness Centre in making a difference in our communities!

Bennett and Albert County Health Care (BACH) Foundation

8 Forestdale Rd. Riverside-Albert NB E4H 3Y7 <u>bachfoundation@horizonnb.ca</u> Tel: 506-882-3100 Fax: 506-882-3101 <u>www.bachfoundation.com</u>

Seeking Seeds and Stories

Seeds and stories are passed down between generations. Traditionally, gardeners saved much of their own seed and shared it with friends, families and neighbours. The names of varieties often reflect the story behind the seed. For example, Wild Goose beans were found in the gullet of a goose. Mortgage Lifter tomatoes sold so well they allowed the farmer who developed them to pay off his mortgage.

We're looking for Albert County seeds and stories. Learn more at www.connectingalbertcounty.org/local-food/seeking-seeds-and-stories. If you have seeds or stories to share, please email Janet Wallace at janetwallace@xplornet.com.

The Growth of Community Gardens

Community gardens are popping up all over Albert County. In addition to the gardens at all three schools in Riverside-Albert and Hillsborough, there will now be a community garden at Forest Dale Home in Riverside-Albert. Plots will be available to people in the community. Learn more about this program, a partnership between Forest Dale Home, Foods of the Fundy Valley and the Ecology Action Centre, at www.connectingalbertcounty.org/local-food/community-gardens-are-growing

Need groceries but don't like winter driving? No problem!

Residents of rural Albert County can get free rides to and from the grocery store in Hillsborough. This amazing door-to-door service is being provided by a partnership between Tele-Drive Albert County, Forest Dale Home (which supplies the van), and Hillsborough Fresh Mart. Anyone from Alma to Hillsborough can be picked up at their home, taken to the store and brought back home again.

The program will run on Mondays starting January 18th. If you are

interested in this free service, call 875-1190.

Steeves 250

When Johann Heinrich Stieff (Steeves) was born in 1718 in a German village, there was nothing that hinted he would father a family whose legacy includes hundreds of thousands of descendants, located around the World. This global group of relatives are known today as the "Steeves (Steves) Cousins" and will reunite July 22-29, 2016, in Moncton to Hillsborough. Learn more at these sites.

www.connectingalbertcounty.org/culture--heritage/the-steeves-family-a-brief-history-of-growth

 $\underline{www.connecting albert county.org/current-news/world-record-attempt-during-2016-family-reunion}$



Ethan holds out the bucket for more seed so he can continue planting.

Looking for work or workers?

Looking for work? See job listings at www.connectingalbertcounty.org/job-opportunities We already have job openings for 2016. Fundy Highlands is seeking housekeeping attendants. See details at www.connectingalbertcounty.org/job-opportunities

Looking for workers? Send us a job description and we'll post it at www.connectingalbertcounty.org/job-opportunities. For details or to submit information, send an email to info@connectingalbertcounty.com

What are the Top Ten Historical Events in Albert County?

Find out by visiting the following: www.connectingalbertcounty.org/culture--heritage/top-ten-historical-events-in-albert-county

Weekly events

Mondays. Free Grocery Trips

Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested in this free service, call Teledrive at 875-1190.

Tuesdays. Healthy Lifestyle Club

6pm-7pm. Special speakers, menu planning, stress management, activities, exercise, chronic conditions information, cooking, etc. Meet at lower level of Albert County Health & Wellness Centre (8 Forest-dale Rd., Riverside-Albert) Contact Cynthia Stevens at 882-3100 or Cynthia.stevens@horizonnb.ca

Tuesdays. Alma Village Playgroup

10am-12pm. Playgroup gathers at the lower level of Alma Activity Centre. Everyone welcome -- caregivers, grandparents, parents, babysitters. Get the kids together to be social beings in a playtime setting, and the adults can visit with each other. This is an important part of community life in a small village -- play, connect, visit, explore, stories and snack. Contact Alicia Cadieux at An Octopus' Garden Cafe or Nick & Tiffany Bowron at Vista Ridge 887-2808.

Upcoming Events

Weds., Jan. 20. Learn and Share Natural Remedies For Our Children

7pm. Tansy Lane Herb Farm. This is the start of a group for young mothers who want to learn about making natural products for their children. The group may meet on a different night so if you can't come and are interested call Carole 734-3006

Sat., Feb. 6. **Riverside-Albert Winter Carnival**. 10am-5pm. Come and join us for a winter family fun day! Games and activities for everyone!

Sat., Feb. 20. **Art of Traditional Archery** 10am-4pm. Introduction to Traditional Archery Seminar. See <u>connectingalbertcounty.org/calendar</u>

Sat., Feb. 27. **Kiwanis Annual 4X4 Draw** 6pm-10pm. Tickets \$60 each. Winners choice. ATV or Side-by-side. Includes all you can eat roast beef buffet. Tickets available from all Kiwanis members or at the Kiwanis building. For details, visit Hillsborough Kiwanis Club at Facebook.

Wednesdays. **Pilates class** (starting Feb. 3) 5:30-6:45pm. Pilates class taught by certified Yoga & Pilates Instructor/Registered Massage Therapist, Sasha Rooney, at Riverside Consolidated School. 10-week session. Cost: 10 weeks for \$100, 5 classes for \$65 (to be used within the session),\$15 for drop in. Bring your own mat. Call 872-0403 for details.

Thursdays. **Free Community Playgroup** 9:30-11:30am. Free playgroup at Hillsborough Baptist Church open to anyone caring for children 0-6 years old. No advance registration needed. Drop-in program includes musical morning, active kids, crafts, reading, free play and time for caregivers to chat with others. Offered by Early Childhood Family Resource Centre of Westmorland-Albert. Bring indoor shoes and healthy snack for your child(ren). Info at www.facebook.com/hillsboroughplaygroup

Thursdays. Alma Handwork Evenings

7pm. The Alma Leisure Centre on Main Street hosts a gaggle of gals doing handwork. If you sew, knit, crochet, rug hook, spin, weave, mend, Sudoku, darn, quilt, tatt, embroider, chat, smock, whittle, sketch, or just enjoy the social nature of gathering, join in. Contact: Jane Chrysostom, 887-2213.

Thursdays. **Music Evening Open Mic** 7pm. William Henry Steeves House, Hillsborough. Admission \$5. House band: Gerry Richard, David Smith, Darrell MacAulay, Charlie O'Hara, Willis McKinley & Dale Terris. Canteen available

Fridays. Chase the Ace.

6-7:30pm. Joint effort of CCRC & Fundy Curling Club to raise money for the ailing ice plant & Riverside Consolidated School preschool at Fundy Curling Club in Riverside-Albert. Buy 3 tickets for \$5 for chance to have your number drawn. The 50/50 winner gets 20% of the night's donations; 30% goes to the ACE pot. If Ace of Spades isn't drawn, 30% carries over week to week. Light supper available. Get together with friends to play cards while waiting for the draw (& support 2 excellent community causes). For details, call 882-2573, 882-2960, 882-2626.

Supporters of Connecting Albert County

Connecting Albert County thanks the following for their support.

Platinum Support

Bennett and Albert County Health Care Foundation (BACH)

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BACH Vision: To have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre with the support of our community and the satisfaction of our donors. www.bachfoundation.com

Silver Support

Crooked Creek Convenience: the place to find gluten-free, celiac-safe foods, fresh coffee, snacks, groceries, along with free books and welcoming smiles. www.facebook.com/crookedcreekconvenience

Fundy Highlands Motel & Chalets: cozy chalets and efficiency in the heart of Fundy National Park, surrounded by the peace and serenity of nature. www.fundyhighlandchalets.com, www.fundyhighlandchalets.com, www.facebook.com/FundyHighlands

Bronze Support

Leslie Tracy, Century 21 Countryside Realty <u>www.leslietracy.com</u>

Want to support Connecting Albert County?

ConnectingAlbertCounty.org has become a well-used communications hub in rural Albert County. We've been online for a year and, in that time, have become the go-to resource for events and community happenings. We've covered county news, job listings, local stories, events and 'gosh-l-didn't-know-that' stuff.

We also produce a newsletter to complement the website. The electronic version is emailed to hundreds of subscribers, and print versions are available for free throughout rural Albert County.

Here is the important part: Beyond sharing news, we are helping to build community by bringing people together, sharing what's important to all of us, and celebrating what we love about Albert County. Sharing the love, you might say.

Subscribe to our monthly e-bulletin to receive a copy of this newsletter by email. See past issues and subscribe at www.ConnectingAlbertCounty.org/
e-bulletin.

When we share our stories on social media, we drive people to our website. And, when we drive them to our website, they see our supporters. Some stories have received more than 1500 hits in a single day. And we are just getting started.

We want to expand, but need community partner-ships between individuals, organizations and businesses. You know how that works. You support us. We grow. You grow. Everyone benefits. Everyone is happy. If you believe in the power of words to build community, here's how we can work together. See www.connectingalbertcounty.org/supporters.html or email info@connectingalbertcounty.org

Want to volunteer with Connecting Albert County?

We welcome volunteers to help with a variety of tasks, such as the following. Computer experience is not necessary. Please email info@connectingalbertcounty.org for details.

- ~ Finding out what events are happening in your community
- ~ Submitting events to our community calendar
- ~ Delivering copies of our print newsletter
- ~ Writing articles about news, businesses, events, peoples and places of interest in rural Albert County
- ~ Technical troubleshooting and website design