

## Sistema: A noteworthy program By Janet Wallace

Reeping elementary students focused on one activity for an hour is a challenge, particularly when they've been in classes all morning, yet Sara Liptay succeeds.

At Hillsborough Elementary School, 21 students from grades one to three spend every lunch hour learning to play the violin.

Sistema-NB, a program of the New Brunswick Youth Orchestra, was inspired by the highly successful El Sistema initiative in Venezuela. The concept is to create social change through music. Sistema-inspired programs are in sixty countries; Sistema-NB is the largest such program in Canada and one of the largest in North America.

For a successful orchestra, you need focus, discipline, respect for others, and an ability to work as a team, explains Ken MacLeod, Sistema-NB's founder and president. These values are also the basis of a healthy community. By teaching children how to participate in an orchestra, Sistema prepares students for their future.

For the first month, the Hills-borough students use violins made from papier-mâché. Once they treat the instruments with care and respect, they start to use small violins. The instruments, as with the whole program, are provided for free. Any student can join but expectations are high.

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## Public Meeting: Route 114 Detour Wednesday, March 29 at 7:00 pm

Kiwanis Centre, Hillsborough
Learn about the plans to fix Route 114
from NB Transportation & Infrastructure.

#### **Connecting Albert County**

April 2017. Volume 3. No. 3 ISSN 2369-1174/1182 (digital)

**Our Mission:** To connect rural Albert County through on-line and print communication.

#### **Connecting Albert County**

reflects the passion and hard work of many people in rural Albert County including Lisa Brown, Joanne Butland, Deborah Carr, Joseph Gallant, Mindy Holmstrom, Susan Quinn, Victoria Stroud & Janet Wallace (Coordinator/Editor).

To donate funds, submit articles or provide feedback, email info @connectingalbertcounty.org or send mail to CAC, 5836 King St.,

#### **Distribution sites:**

Limited numbers of free copies are available at the following:

Riverside-Albert, NB E4H 4B9

**Hillsborough:** Scotia Bank, Hillsborough Freshmart, Hillsborough Village Office

Riverside-Albert: Albert County Pharmacy, Crooked Creek Convenience, Forest Dale Home, Albert County Health & Wellness Centre, Riverside-Albert Village Office

**Alma:** Harbour View Market and Restaurant, Fundy General Store, Alma Village Office

Copies are also available at www.connectingalbertcounty. org/newsletter

The opinions in our newsletter and website do not necessarily reflect the views and opinions of the individuals who make up Connecting Albert County.

## Looking for work? Looking for workers?

Connecting Albert County posts job opportunities as a free service to local businesses. Visit our job page at <a href="www.connectingalbertcounty.org/jobs">www.connectingalbertcounty.org/jobs</a>. At the time of printing, the jobs openings include:

Nurses Home care providers Herbal remedy ambassadors Kayak leader Cleaner Summer Reading Club Activity
Leader at the library
Parks Canada media officer
Admissions clerk at Hopewell Rocks
And many more.

## Job Fair, April 11th

Are you looking for a part-time or a full-time job?

Are you an employer looking for part-time or full-time employees? The following event may be the answer for you.

On Tuesday, April 11th, 2017, from 5-7pm, Chipoudy Communities Revitalization Committee (CCRC) will be holding its third annual job fair at the Recreation Centre in Riverside-Albert. Last year, more than 20 businesses attended, providing opportunities for over 80 jobs.

The variety of jobs included summer tourism jobs, home care, nursing home positions and outside work. This year, there will be many opportunities. Whether you are a senior looking for part-time work, or an adult looking for something full-time, there may be something available for you.

If you are searching for work for the first time, the event also includes a resumé writing centre with an attendant to help you develop a resumé or update the one you have.

## Horizon Health's CEO Visits Albert County

On February 10th, 2017, Karen McGrath, Horizon Health Network's new President and CEO, visited the Albert County Health and Wellness Centre in Riverside-Albert. During her visit, she met with staff of the facility, members of the Bennett and Albert County Health Care (BACH) Foundation Board, and the local mayors.

Ms. McGrath also stopped at the Hillsborough Satellite Office of the Albert County Health and Wellness Centre. She was clear in saying that community-based health care was important. She was very impressed at the commitment of the staff and its engagement with the community. Ms. McGrath was equally impressed with the BACH Foundation's activity and support of community initiatives that work to address the many factors that affect community health, such as literacy, access to transportation and social inclusion.

Before leaving, she said that she would be visit again and looked forward to sharing what she learned with the Horizon Executive Leadership Team and Board of Directors.

#### **Sistema** Cont. from page 1.

The students take the onehour class five days a week, giving up some of their lunch time and play time. Also, there is a demand for excellence.

"Being good enough is not good enough," explains Mac-Leod. "We have high expectations and they rise to it."

# By teaching children how to participate in an orchestra, Sistema prepares students for their future.

Sara Liptay was amazed by how well the Hillsborough students performed under pressure and says, "The Christmas concert was almost perfect." By then, the children had only been playing their instruments for a couple months.

Liptay is a "teaching artist." She has been performing with Symphony New Bruns-

wick for ten years and the New Brunswick Youth Orchestra before that. Sistema hires professional musicians so they can teach and inspire students.

Principal Susan Wilmot says she is grateful to have the program at her school. She points to studies that show intensive music programs help students in other classes, including reading and math. Participants also develop greater self-confidence and learn invaluable skills, such as focus and teamwork.

Wilmot recalls a parent saying, "What a gift my child has been given."

The gift of the music program in Hillsborough is largely funded by the community. Individuals, businesses, churches and the school district contribute, along with a substantial donation from the Bennett and Albert County Health



Care (BACH) Foundation. Sistema–NB also provides assistance.

In the class, students repeat the same passages over and over until they get it right. They are learning to read music and also know some of the pieces by memory. It's hard work but also fun, according to grade two student Hunter

Kingston.

"I like playing the violin, I like playing in the concert," Hunter continues. "I get to use the bow and pluck strings."

Sarina Jones, a grade 3 student, enjoys learning to play an instrument. She also likes how "Mrs. Sara" spends so much time with them.



Continued on page 4.

"They come in with smiles on their faces," says Liptay, smiling herself, "and they leave with smiles on their faces."

More than that, the children leave standing a bit straighter— not just because of Liptay's emphasis on good posture, but because they feel good about the music they are making.

You can see and hear Sistema at their Spring Concert on Tuesday, April 4th in the Hillsborough Elementary School gym from 6:30-7:30pm. Everyone is welcome to attend this free concert.

The Bennett and Albert County Health Care (BACH) Foundation supports Sistema's Hillsborough program, Connecting Albert County and many other community initiatives that have a positive impact on health and wellness in rural Albert County. To learn more about the BACH Foundation, call 882-3100 or visit bachfoundation.com. To support BACH and the projects it supports, please use the donation form on page 10.

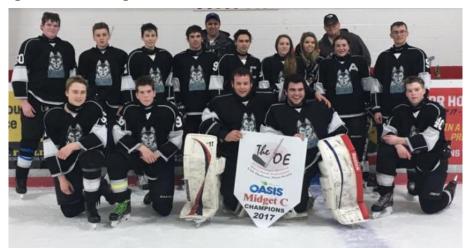
A donation to the Bennett and Albert County Health Care Foundation is an investment in the health of your community and future generations.

Story and pictures by Janet Wallace.

## Caledonia Regional High School Sports

Lots of winning teams from CRHS!

Midget Hillsborough Huskies won the Division C banner.



Caledonia Tigers U13 won silver at Div. 6 BNB Provincials.



Caledonia Tigers U14 won silver at Div.5 BNB Provincials.



## Tapping into a Treasure

#### Story & photos by Deborah Carr

There can be no greater harbinger of a New Brunswick spring than the sight of silver buckets affixed to the majestic sugar maple (*Acer sac-charum*). They bring visions of sticky sweet maple taffy, creamy butter, blocks of sugar, or buttermilk pancakes swimming in pure fragrant syrup.

And there is nothing that enlivens the winter-weary heart more than an excursion to the sugar woods on a sunny, warm spring day. Search out one of these traditional wooden sugar shacks and you'll find a social springtime gathering place where wood smoke competes with the maple steam,



and the 'one-upping' stories compete with the sugaring chores.

These camps have a rustic charm all their own and are part of the back country sugaring experience that no New Brunswick child (young or old) should grow up without.

Indigenous peoples were first to 'tap' into this springtime bounty and they shared their knowledge with the early settlers. In fact, March is called *Siwkewikús* in Mi'kmaq, the maple sugar month. Traditionally, they placed birch bark buckets at the foot of the tree. A slash made in the flesh of the tree with a stone tool or knife, and a sliver of wood or a reed inserted into the slash, drew out the sap so it dripped into the bark container.

The collected liquid was heated in a large hollowed-out log or birch tray by repeatedly adding hot rocks until it boiled and reached the syrup stage. When a drizzle on snow hardened to form taffy, it was ready to churn and cool into caked sugar for storage and transport.

## **Maple Syrup Baked Beans**

For the health conscious, concerned with the nutritional value of this delicacy, pure, filtered maple syrup contains calcium, manganese, phosphorus, magnesium and iron, and is an excellent source of potassium. It is equivalent calorie-wise to brown sugar (50 cal/15 ml) and has trace amounts of vitamins and amino acids.

2 cups dried beans

1/2 lb salt pork or bacon cut in small pieces

1 medium onion, chopped

1/2 cup molasses

1/4 cup New Brunswick Maple Syrup

2 tsp dry mustard

1/4 tsp black pepper

Cover beans with cold water and let soak overnight. In morning, add more water and cook over low heat until the skins break if you blow on then (about 2 hours). Check frequently to ensure they do not go dry. Drain the beans, reserving the liquid. Alternate layers of beans, pork and onion in a crockpot. Mix remaining ingredients with 2 cups of bean liquid. Pour mixture over the beans, cover crockpot and bake at 300F for 5-6 hours. Halfway through, check consistency. Add more water or bean liquid if they appear dry. Uncover for last hour to brown nicely.

*Tapping continued from page 5.* 

You can learn more about early maple syrup production and how it evolved in Albert County on the Albert County Museum website, www.albertcountymuseum.com/maple-syrup.

Our ancestors accepted it as a gift, but we now know that trees undergo metabolic and chemical changes as the temperatures nudge them from winter dormancy. These changes cause differences in maple syrup flavour as the season progresses. Syrup made at the beginning of the season has a light colour and mild flavour. It is normally the best for making maple candy and sugar. As the season progresses, the syrup darkens and the flavour becomes stronger. Normally the end of the sugaring season is signaled by the buds beginning to form on the trees.

Today, the introduction of plastic spiles and tubing has made gathering sap much easier for larger production. Trees can be tapped any time in the winter, thus avoiding the springtime rush. Small plastic tubes are attached to the spiles and run from tree to tree. The small tubes join into larger pipes and usually are laid out so the sap flows downhill to a collecting tank. Although syrup producers need to frequently check lines for leaks and animal or weather damage, the daily emptying of buckets is no longer necessary.

To be classed as maple syrup in Canada, syrup must be made entirely of maple sap, with at least 66 percent sugar. It takes approximately 40 gallons of sap to make one gallon of maple syrup. In the modern sugar house, improvements to the sugaring process include shiny chrome evaporators, steam hoods to preheat the sap as it passes through the steam, and reverse osmosis machines, which remove some of the water before boiling takes place, thus shortening the time required for evaporation. Normally, sap directly

from the tree will be, on average, 2% sugar/98% water; after filtration in the osmosis machine sugar content might reach 8%, cutting down on the evaporation time. But even with the advent of time-saving equipment, many still enjoy maple sugaring in the old methods.

You can still find the time-honoured, greyed and weather-beaten sugar shack, with its tell-tale plume of smoke, scattered through Albert County maple ridges, looking as if it grew from the very trees that surround it. Most sugar shack operators welcome drop-in visitors who are interested in seeing a sugaring operation. The old and broken trees are cut and split for firewood, and the silver buckets are emptied by hand. Inside, you'll find the folk stoking the fires, and breathing in the steam. They are the ones who enjoy the work, tradition and camaraderie as much as the outcome.

We hope that they never go away.



## Feeling Better Starts Here

## Save Smart, Shop Local.

- · Fill your prescriptions at Albert County Pharmacy and get Guardian Rewards.
- Receiving high-priced prescriptions from another pharmacy?
   Ask us how to keep your business local and get better value.
   Ask our pharmacist how you can pick up your prescriptions on Saturdays.

**Seniors' Day** is the last Wednesday of every month! Seniors save 20% on most regular priced items in the store (some conditions apply, see Jackie or Kelly for details).

#### Wednesday, April 26th is Seniors' Day!

"Customer Appreciation Days" will be held Saturday, April 8th and Saturday, April 22nd. On these days, all our valued customers will receive 20% off most regularly priced items in the store!

We have also sourced some special deals just for our special customers! There will be some amazing <u>one day</u> <u>only</u> Customer Appreciation Day specials on household items, pop, and household paper!

Come in and see, you won't believe the deals!

\*Some conditions apply, see Kelly or Jackie for details.

ALBERT COUNTY PHARMACY 5883 King Street, Riverside-Albert, NB, E4H 4B5 Ph: (506) 882-2226 Fax: (506) 882-2101

#### **WEEKLY EVENTS**

#### Mondays

Free Grocery Trips. Door-to-door service for residents from Alma to Hillsborough to Hillsborough Fresh Mart. If interested in this free service, call 875-1190 or email teledriveac@gmail.com.

**Spring Basketball** 5:30-7pm R-A Rec Centre, 6 week program. All children grades 2-5 welcome. Come out for skill and scrimmage!

#### Tuesdays

**Zumba, Riverside Albert** - Drop-ins welcome. 7:30-8:30pm. Riverside Consolidated School. For details, contact Evelyn Wachs at 882-2831.

Free After School Program 2-6pm Hillsborough Baptist Church, open to all children grades K-5. Snacks, arts & crafts, gym time, bible lesson and supper are provided. For details, call New Life mission at 859-4277 or 734-2379

#### Wednesdays

Shepody Food Bank. 1-3pm. Albert County Health & Wellness Centre. Bring Medicare numbers for household members.

**Little Tigers Sports Camp**. Hosted by Riverside-Albert Rec. Council,5:30 -6:30pm at the RA Rec.

#### Need a high school diploma?

The South East Regional Adult Learning Board provides GED courses, equivalent to a high school diploma, for adults. Funding may be available.

Classes are held at the Albert County Health and Wellness Centre in Riverside-Albert. For details, call 882 -1010. opendoorsged.ca

Centre Gym. All children grade K-2; Contact: Mindy Holmstrom 866-9788

Hillsborough Kiwanis Bingo 5:30-8:30 pm Doors open at 5:40pm and games begin at 6:30pm

#### **Thursdays**

Chase The Ace - Friends of the Hillsborough Arena. At Hillsborough Golf Course. Buy raffle tickets (3 for \$5) 6-7pm. Draw 7:15 pm. You must be present to win. Proceeds to upgrades & improvements to Hillsborough Arena.

**Zumba, Riverside Albert** - Drop-ins welcome. 7:30-8:30pm. Check CAC calendar for location. For details, contact Evelyn Wachs at 882-2831.

**Dart Night** 7:30-8:30 at Riverside-Albert Recreation Centre. \$5 membership needed to participate.

#### **Fridays**

Chase the Ace. 6pm-7:30pm. Last ticket sale 7:15. Effort of CCRC & Fundy Curling Club to raise money for the ice plant & Lifelong Learning Centre at Riverside Consolidated School. At Curling Club, RA. 3 tickets/\$5. Light supper available. 882-2573, 882-2052, 882-2626.

## Hillsborough Public Library – April Events

**Easter Drop-in Craft**. Easter-themed crafts for kids available during library open hours. April 1-15.

**Afterschool STEAM Drop-in**. April 6 & 12, 2-4:30pm. Try out our new STEAM items. STEAM stands for Science, Technology, Engineering, Art and Math.

**Story Time**. April 7 & 21, 10:30-11:15am. A time for stories and songs every other Friday

All Ages Craft. April 7, 2-4pm. Come learn how to code your name into a unique necklace

**Lego® Night**. April 20, 6-7:30pm. We provide the blocks, the kids provide the ideas.

**Earth Day Seed Planting**. April 22, 1:30-4pm. To celebrate Earth Day visit the library and plant seeds.

Wii Tournament. April 28, 1-5pm. Ages 11-18....Come join us for our Mario Kart® Tournament....limited spaces. Call 734-3722 or visit the library to register.

#### **Hillsborough Library Hours**

Tuesday, Wednesday, Friday & Saturday: 10am-12pm & 1-5pm Thursday: 1pm-5pm & 6pm-8pm Follow us @ Facebook.com/hillsboroughpubliclibrary

#### **CBDC Information Sessions**

Planning on going into business? Thinking about expanding? Community Business Development Corporations (CBDC) staff host business information sessions which cover topics such as preparing a business plan and how to access and qualify for government programs. They will also discuss the role of the CBDC and how they play a role in helping you towards the road of entrepreneurship. These sessions are free of charge and strictly confidential.

12pm—1pm at the village offices on the following dates
April 6: Hillsborough, April 18: Riverside-Albert, April 26: Alma

#### **COMMUNITY CALENDAR**

#### Monday, March 27

BACH Annual General Meeting
7pm Bennett and Albert County
Health Care (BACH) Foundation

AGM. Community Room – Albert County Health & Wellness Centre

#### Wednesday, March 29

**Public Meeting - Route 114 Detour** 7pm. A public information session at the Hillsborough Kiwanis Centre by the Department of Transportation & Infrastructure re: Route 114 detour.

#### Thursday, March 30

Forest Dale Home Movie Night 6pm. Feature "*Trolls*" \$2 admission. Canteen available. Children to be accompanied by an adult.

Fundy Curling Club -Skins Game 7-11pm. "Skins" is a game with teams of 4 with special rules.\*

#### **Tele-Drive AGM**

6:30pm. At Albert County Health & Wellness Centre. All are welcome. For details, call 875-1190 or email teledriveac@gmail.com.

#### Tuesday, April 4

**Sistema Spring Concert** 

6:30-7:30pm Hillsborough Elementary School Gym. All welcome. Free. For details, see p. 1.

Thursday, April 6

**CBDC Information Session.** 

Hillsborough. See p. 7 for details.

Afterschool STEAM Drop-in. P. 7.

Friday, April 7

**Story Time at the library Kids Crafts at the library**. See p. 7.

Tuesday, April 11

**CCRC Job Fair.** 5-7pm at R-A Rec Centre. See page 2 for details.

Wednesday, April 14

Afterschool STEAM Drop-in. 2:00 -4:30pm at the library. See p. 7.

#### Friday, April 14

**Easter Cantata**, Power of the Cross 7-8pm Hopewell Hill Baptist Church. Drama, choral & special music.

Tuesday, April 18

**CBDC Information Session** 

Riverside-Alma. Details p.7.

Thursday, April 20

**Lego® Night** at library. See p. 7.

#### Saturday, April 22

Earth Day Seed Planting. 1:30-4pm. Celebrate Earth Day by planting seeds at the library.

#### **Tele-Drive Variety Show**

7pm Come out for a night of fun and entertainment! Tele-Drive Albert County's 3rd Annual Variety Show fundraiser at the Harvey Hall. Canteen on site & 50/50 ticket sales. Cost: Donation at the door. 29 Marys Point Rd, Harvey

#### Sunday, April 23

**Beekeeping Equipment Building** 

**Course** 8am. Queen's Farm, Riverside-Albert. www.facebook.com/ QueensFarmFundy

Wednesday, April 26

**CBDC Information Session** 

Alma. See p.7 for details.

Thursday, April 27

**Forest Dale Home Movie Night** 

6pm. Feature "*Moana*" \$2 admission. Canteen available. Children to be accompanied by an adult.

Friday, April 21

Story Time at the library. See p. 7.

Thursday, April 27

Forest Dale Home Foundation

Annual Fashion Show 7pm. Fashions provided by Boutique Manteaux Madame. \$15 admission. Purchase tickets in advance.

Friday, April 28

Wii Tournament at library. P. 7.

Saturday, April 29

**Spaghetti Supper** at Hillsborough United Church (4:30-6:30 pm) Spaghetti and homemade sauce, garlic bread, rolls. Free Will Offering. Everyone welcome!

#### **Gospel Music Concert**

7pm. Hillsborough Kiwanis Centre, \$7. Proceeds to Hillsborough School Breakfast program.

#### Saturday, May 20

Hopewell Rocks 8k'ish Run or

Walk 12:30pm. Register 11am on race day or pre-register with Garth & Helena Millar, 721-1553, or events.running room.com. Volunteers welcome and wanted.

#### Saturday, June 17

#### **BACH Golf Tournament**

Bennett and Albert County Health Care (BACH) Foundation's 3rd Annual Golf Tournament at the Hillsborough Golf Club. This is a fun fundraiser. BACH supports the Albert County Health and Wellness Centre and many community programs – all with the goal of improving the health & wellness of people in rural Albert County.

For details on sponsorship & registration, call Bob Rochon BACH Foundation, 734-3491 or see connectingalbertcounty.org/news. Individuals or teams of 4 can register. Cost: \$20/person for members, \$50pp for non-members (+\$15pp for PowerCart if needed).

\*Fundy Curling Club. You do not need to be a club member to play. Teams must be registered at least 2 days prior to event. Contact Ivan Keirstead @ 734-2127 to register. Spectators are welcome!

## Celebrating Canadian Culture in Food & Seeds

Seeds are a connection between the past and the future. When you save seed from one crop, you anticipate planting, growing and harvesting more food in the future. But seeds can be more — they can connect us to our heritage.

For centuries, people from other nations have immigrated to what is now New Brunswick. Some were wealthy immigrants who brought huge loads of possessions to the New World. Others were refugees, fleeing political turmoil, poverty or famine. Some came to our land with only the clothes on their backsbut sometimes treasures were hidden in the clothes. Sewn into the hem of a dress or tucked under a hatband, there could be gold coins, a diamond or seeds. For an immigrant, seeds were precious links to their homeland and culture, and a promise for their future.

The Albert County Museum is honouring and celebrating

Canada's heritage as we approach the 150th Anniversary of Confederation. New Brunswick culture is a tapestry of influences from the Mi'kmaq, Wolastoqiyik (Mali-seet) and Passamaquoddy First Nations; settlers from what are now France, Germany, Ireland, Scotland, England and the U.S.; and more recent immigrants from all around the globe. Our rich cultural heritage is reflected in the diversity of foods we eat and the plants we grow.

In 2017, we will bring the stories of these cultures alive as we create a historical garden at the Albert County Museum in Hopewell Cape, NB. The garden will include plants with historical significance for the Maritimes and particularly Albert County, NB. We will plant crops that represent snapshots of Canada's history, including:

- Crops and wild plants harvested by First Nations;
- Grain grown by Acadians;





Herbs passed from French settlers to Mi'kmaq and then to Acadian farmers;

- Vegetables brought by German settlers 250 years ago;
- Potatoes grown before and after the Irish Potato Famine, which brought many immigrants to Canada;
- Vegetables brought by recent immigrants to Canada.

With each type of plant, we will tell a story about its possible link to our history. The sharing of stories and seeds can strengthen our culture as we look towards the future.

If you would like to share your stories of past gardens and farms in rural Albert County, or if you have seeds or plants to share, please contact Janet Wallace at garden@albertcountymuseum. com. Learn more at the website: www.albertcountymuseum.com/seed-stories

We acknowledge the financial support of the Government of





## **Supporters of Connecting Albert County**

Connecting Albert County would like to thank the following supporters. Learn how you can support our work at <a href="https://www.connectingalbertcounty.org/supporters">www.connectingalbertcounty.org/supporters</a>

#### Platinum Support

#### Bennett and Albert County Health Care (BACH) Foundation

The Bennett and Albert County Health Care (BACH) Foundation raises funds to help the Albert County Health and Wellness Centre. The foundation also

supports community initiatives including Sistema in Hillsborough, Tele-Drive, Literacy Express, the Imagination Library, spin bikes in classrooms and Connecting Albert County. <a href="https://www.bachfoundation.com">www.bachfoundation.com</a>

## **Gold Support**

**Albert County Pharmacy:** locally-owned Guardian pharmacy offering prescription services for over 30 years. Post office, gift ideas, treats, household and personal needs. <a href="https://www.albertcountypharmacy.ca">www.albertcountypharmacy.ca</a>

**Tele-Drive Albert County Inc**. The registered charitable organization provides affordable transportation in rural Albert County with door-to-door pick-up service. <u>Tele-Drive Facebook</u>, 875-1190, teledrive-ac@gmail.com

## Silver Support

**Albert County Chamber of Commerce:** The mission of the Albert County Chamber of Commerce is to promote economic and commercial prosperity in Albert County, NB. www.albertcountychamber.com

**OMISTA Credit Union**: Complete banking for people who want to bank local while making the place they live even better. <a href="https://www.OMISTA.com">www.OMISTA.com</a>

**Village of Riverside-Albert:** The Village of Riverside-Albert is located on Shepody river, which flows into Shepody Bay, at the upper reaches of the Bay of Fundy. <a href="https://www.riverside-albert.ca">www.riverside-albert.ca</a>

**Crooked Creek Convenience:** The place to find gluten-free, celiac-safe food, fresh coffee, snacks, groceries, along with free books and welcoming smiles. crookedcreekconvenience.wordpress.com

#### **Bronze Support**

Chipoudy Communities Revitalization Committee (CCRC):

www.chipoudycrc.org

Fundy Highlands Motel & Chalets:

fundyhighlandchalets.com

South East Regional Adult Learning Board:

opendoorsged.ca

#### Yes, I want to help

have a positive impact on health and wellness for the people served by the Albert County Health and Wellness Centre



I would like to contribute a monthly amount of \$  I would like to contribute a one-time gift of \$	TO BE I	DEDUCTED ON: 1st or 15th of the month
Name:	Telephone:	
Address:		
City/Town:	Province:	Postal Code:
E-mail:		
□ I have enclosed a cheque made payable to the Bennett and Albert County Health Care Foundation I prefer to use my: □ VISA □ MasterCard Card Number:		Bennett and Albert County Health Care Foundation 8 Forestdale Road, Riverside-Albert, NB E4H 3Y7 Tel 506-882-3100 Fax: 506-882-3101 Donate online at www.bachfoundation.com
Expiry Date (month/year):	=======================================	Other was
Signature:		
Charitable Registration: 869019133 RR0001		