

"Love Your Covered Bridge" Day By Dawne McLean

The Albert County Historical Society invites one and all to "Love Your Covered Bridge" Day on Sunday, August 1st from 2pm-4pm at the Sawmill Creek Bridge in Hopewell Hill.

This will be a community event for celebration and appreciation of the Sawmill Creek Bridge following the completion of a major work project by the Department of Transportation and Infrastructure. The roof of the covered bridge was replaced to ensure that our historic bridge will remain for many years to come. The Sawmill Creek Bridge, still standing after 113 years, is a testament to the construction skills of the covered bridge builder, A.E. Syme, and the men who constructed the bridge in 1907 and 1908. The wooden covered bridges of New Brunswick are iconic symbols of the past, and are also important tourist attractions.

Preserving the covered bridges within New Brunswick is preserving an important part of our heritage! Today, only 58 covered bridges remain in our province. We gratefully acknowledge and say a huge thank you to New Brunswick's Department of Transportation and Infrastructure for the new roof to preserve

our Sawmill Creek Bridge. Thanks to the community members who joined the Albert County Historical Society and Albert County Tourism Association in support of the bridge project.

"It is so important to work together to preserve the proud heritage of our individual communities within our province," expressed Dawne McLean, President of the Albert County Historical Society. "It is events such as this that provide a perfect opportunity to join together and celebrate our rich heritage!"

Don't miss this heritage celebration! Bring your lawn chair and join us for a festive afternoon.

Tap your toes to lively music played by Sara and James Nelson. Listen to the interesting history of the construction of the bridge. Enjoy canteen refreshments provided by Riverside-Albert Volunteer Fire Department and also ice-cream from S&C! It will be a special community day "at the bridge" and perhaps it could become an annual celebration!

The Sawmill Creek Bridge is located at 5431 Route 114.

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Connecting Albert County

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Who, what, where: A guide to services, organizations, health programs and community resources in rural Albert County

Connecting Albert County is embarking on a new and exciting project. We will create *Who, what, where: A guide to services, organizations, health programs and community resources in rural Albert County*.

The directory, created with support from the NB Community Investment Fund, will describe the free community services available in rural Albert County including:

- Non-profit and charitable organizations including groups focused on community well-being, food security, physical activity, community transportation, public gardens, local economic development, environmental protection and more.
- Programs to help seniors and people living with low incomes, such as food banks, community transportation programs involving volunteer drivers, subsidized home care services, access to community computers, etc.
- Support groups for youth and adults (e.g., for mental health issues, addiction).
- Recreational infrastructure, including rinks, pools, parks, boat launches and trails.
- Community centres with examples of the types of activities offered (concerts, meals, meeting venue) with a description of the type of community support (financial, volunteers) they need.
- Health services.

If you would like to be included in our upcoming directory, please email info@ ConnectingAlbertCounty.org.

Janet Wallace, Coordinator/Editor, Connecting Albert County

CCRC Welcome Committee

From March 13 through July 15, 2021, the Welcome Committee sponsored by the Chipoudy Communities Revitalization Committee (CCRC) visited and welcomed ten new families to the area (Upper Albert Mines Road to Alma). We offered a welcome bag containing information, gifts and offers from local businesses, organizations and attractions. Our purpose is to welcome and familiarize newcomers with the many resources available in this area, from local shopping and services to recreational and wellness facilities. We aim to help newcomers feel comfortable and informed about their new home. Welcome to the Chipoudy Communities!

If you know of anyone who has moved to the area since March and would like a Welcome Bag, you can email welcome2AlbertCounty@gmail.com.

CCRC thanks the following businesses, organizations and attractions for their generous support: Albert County Chamber of Commerce, Albert County Clay Co., Albert County Community Health Centre, Albert County Funeral Home, Albert County Museum, Albert County Pharmacy (Guardian), An Octopus' Garden Cafe, Broadleaf Ranch, Buddha Bear Coffee Roasters and Café, Cape Enrage, Cleveland Place, Connecting Albert County, Farm Life Studio and B&B, Florentine Manor Heritage B&B, Friends of Fundy, Fundy Flair for Hair, Hopewell Community Church, Peck Colonial House Bed & Breakfast, Red Roof Restaurant, Riverside-Albert Volunteer Fire Department, Sapranos Pizza, Southeast Eco360, Studio on the Marsh, Tansy Lane Herb Farm, The Hopewell Rocks, The Pink Church Boutique, Tides Restaurant (Parklands Village Inn), Village of Alma, Village of Riverside-Albert, Wendy Johnston Pottery and Art Effects Fine Craft Gallery.

Linda Lindsay, CCRC

See images of the newcomers on the next page.

A Collage of New Faces (see CCRC on page 2)

Row 1 (left-right): Beatrice Campbell, Riverside-Albert; Darren Mahussier, Lower Cape; Phillipa Munari & Rick Hebert with Shirley Meldrum, Riverside-Albert

<u>Row 2:</u> Sam, Nicole & Anala Jaib with Laura Tucker, Riverside-Albert;

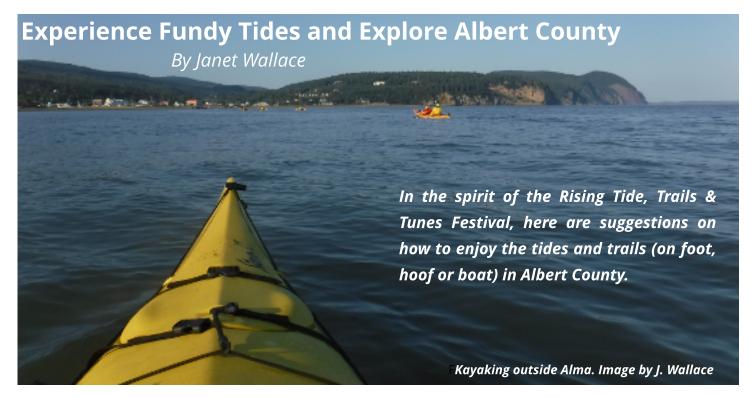
Mary Louise Vinet & Vanrick Dupras, Riverside-Albert; Alex Barlow with Bev Lockhart, Riverside-Albert; Laura Lefaivre & Zoé Dumas, Route 915

<u>Row 3:</u> Adrienne Sharp & Derek Lackey, Alma; Madeline Taylor & Mitchell Kingsley, Albert Mines

Not Pictured: The Shelley Clarke Family, Route 114



www.ConnectingAlbertCounty.org ~ 3



While walking on a sandy beach, you pause and look up at the sea cliffs. Seaweed, still glistening with seawater, hangs from the rocky outcrops far above your head. Welcome to the Bay of Fundy!

You read the stats about the greatest tides in the world, but it's hard to fully appreciate what the numbers mean until you are on the shores of the Bay of the Fundy. You can walk on the ocean floor and just six hours later, kayak over the same spot, your footsteps covered by up to 15 m (50 feet) of cold seawater.

To best observe the great Fundy tides, choose a reference point you can see at high and low tide, such as the wharf in Alma. At high tide, the decks of the fishing boats are nearly level with the wharf.

Explore Albert County

ladders to get to their vessels.

lowed up by the water.

From rocky shorelines to lush pastoral valleys, from sandy beaches to dense woodlands, Albert County contains a rich diversity of landscapes. The county is home to several rare or threatened ecosystems including saltwater marshes, 'fog forests' and old-growth Acadian forests.

At low tide, the boats sit on the seafloor nestled in

The Hopewell Rocks provide a spectacular backdrop to the tides. Walk at the base of the huge

'flowerpot' rocks at low tide. Six hours later, return

to see all but the tops of the rock formations swal-

wooden cradles and the fishermen climb down

History is reflected in the landscape. Throughout the area, dykes which were built by the Acadians in the 1700s still separate pastures and farmland from rivers and bays. Covered bridges cross rivers. Lighthouses, such as the 140-year-old tower at Cape Enrage, provide vistas of the Bay of Fundy.

Albert County can be pictured as a rough diamond shape bordered by water on two sides. From Riverview (next to Moncton) at the top, the county follows the shores of the Petitcodiac River



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Nearby attractions include Cape Enrage, Fundy National Park, Alma and the world-famous Hopewell Rocks. as its northeastern edge. The Petitcodiac spills into Shepody Bay, then Chignecto Bay, forming the southeastern boundary of the county.

Albert County Adventures

From easy to challenging, relaxing to daring, Albert County provides adventures for all appetites.

- Thrill seekers can rappel down seaside cliffs or soar along the Bay of Fundy coastline on a zipline at Cape Enrage Adventures.
- For a more relaxing time, join a trail ride or canoe trip at Broadleaf Ranch or take your own canoe or kayak for a relaxing paddle down the gently flowing Shepody River outside Riverside-Albert (see map on the next page).
- Go for a multi-day excursion with Fresh Air Adventures. Kayak during the day, camp at night and the guides will prepare your meals.
- Day sea kayakers can tour the Hopewell Rocks with Baymount Adventures or along the coast of Fundy National Park with Fresh Air Adventures.
- Fundy National Park has hiking and mountain bike trails for all skill levels, as well as boat rentals at Bennett Lake. Coastal hiking trails meander along clifftops between cobblestone and sandy beaches. Inland hiking trails traverse through dense forests and often feature waterfalls. You can tent in campgrounds or stay in a yurt or oTENTik (a cross between a tent and furnished cabin).

For people who want to create their own adventure, Albert County is perfect. You can follow a back road and discover a spectacularly beautiful spot to have a picnic or go for a walk. To create

your own adventure, check out the Fundy Biosphere's Amazing Places.

Tech-savvy travel

Albert County is at the heart of the UNESCO-designated Fundy Biosphere. You can arrange your visit around 50 "Amazing Places" which are ecologically significant and visually striking. At fbramazingplaces.ca, you can view the Amazing Places overlay on Google Earth and find GPS coordinates and driving directions to the sites. On the ground, each Amazing Place is marked by a sign with a QR code. Use a smartphone to access the code and learn about the site's natural and historic features.

Many of the Amazing Places can be reached by road or a short hike. Visitors can map out a series of Amazing Places and "connect the dots" by car, foot, bike or boat.

The stars are the limit

One of the treats of getting away from the city is seeing the night sky full of stars. Visitors to Fundy National Park can see the Milky Way and more stars, thanks to an initiative to reduce outdoor artificial lighting. Fundy has been designated as a Dark Sky Preserve by the Royal Astronomical Society of Canada.

Shorebird show

The mudflats of the Bay of Fundy are home to one of the world's most spectacular natural displays. Every summer from late July to mid-August, one to two million shorebirds arrive at the mudflats to feed on tiny crustaceans. The birds are en route from their breeding grounds in the Canadian arctic to wintering sites in Central and South





2849 Main St Unit 1 Hillsborough NB E4H 2X7 (506) 734-3733 www.villageofhillsborough.ca

Village of Hillsborough

Robert Rochon–Mayor Jeff Jonah–Councillor Jeff Land–Councillor Melody Land–Councillor

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America. Flocks of up to 200,000 birds can be seen at Mary's Point.

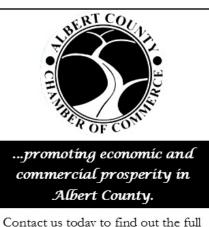
Like the magnitude of the tides, the numbers are impressive but witnessing the phenomenon is a staggering experience. The air is filled with the sound of wings and peeps as the birds whirl and sweep through the sky in massive flocks. The birds' flight seems choreographed. The flocks twist and turn in a mesmerizing display.

To discover more beautiful places and great trails, check out Connecting Albert County's Exploring Our Trails. ConnectingAlbert-County.org/trails contains maps, articles and images of local trails.

Links

Baymount Adventures baymountadventures.com Broadleaf Ranch broadleafranch.ca FreshAir Adventure freshairadventure.com Fundy Biosphere fundy-biosphere.ca Fundy National Park pc.gc.ca/en/pn-np/nb/fundy Fundy's Cape Enrage capeenrage.ca **Hopewell Rocks** thehopewellrocks.ca Mary's Point canada.ca/en/ environment-climate-change/

services/national-wildlife-areas/



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Tips to Reduce Food Waste at Home By Brittany Butland

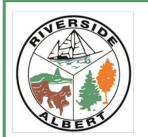
Plan ahead

Meal planning is one of the most effective ways to prevent food waste. Start by inspecting your fridge and pantry. Then base your meals around the food that needs to be used up first. For example, if you shop on weekends, plan to use fresh produce earlier in the week and frozen and canned foods later in the week. Keep an ongoing grocery list and write down items as you run out of them and/or while you are planning meals.

Remember to consider your schedule for the upcoming week. If it looks like a busy week, adjust your meal plan and buy less food. It's okay to eat out or use convenience items, such as rotisserie chicken, minute rice and frozen vegetables. You don't have to plan every meal; planning for four or five meals allows for flexibility and leftovers.

Use the "First in, first out" rule

When unpacking groceries, move older products to the front so they are used first, and put the newer products in the back. Even if a "best by" or "use by" date has passed on a food you have at home, it should be safe to eat if stored and handled properly. Except for the dates on infant formulas, "best by" or "use by" dates are not expiration dates; these dates indicate when a product should be used for best flavour or quality. Remember to check food labels on packaged, canned or bottled foods that may need refrigeration after opening, like soy sauce.



506-882-3022 villra@nbnet.nb.ca Village of Riverside-Albert

5823 King St., Riverside-Albert

NB E4H 4B4

Fundy Historic Village

www.riverside-albert.ca

Store your food to last

The way we store our food can have a big impact on how long it lasts. It is important to make sure your fridge is set between 0-4°C to preserve the food's freshness. Make sure to keep milk and other dairy products inside the main compartment rather than in the shelves on the door where the temperature is the warmest. Avoid washing and slicing food until you are ready to use it; foods such as cheese, fruit and vegetables will spoil faster after being sliced or washed.

The adjustable levers on the produce drawers in certain fridges change humidity levels; set one to high and one to low. The high-humidity drawer prevents air from coming in and is the best place for vegetables that wilt, such as carrots, leafy greens, peppers, broccoli, asparagus, cabbage, cucumbers, green beans, and summer squash (including zucchini). However, don't give up on your vegetables if they are wilted. Fill your sink or a large container with ice water and soak wilted vegetables for 5-10 minutes. A quick soak is often enough to revive droopy veggies; lettuce will once again crunch, and bendy carrots will strengthen. If an ice bath doesn't do the trick, wilted veggies can still be used in a stir-fry or other cooked dishes.

The low-humidity drawer is best for fruits that give off a gas called ethylene, which speeds the ripening process. Keep ethylene producers away from vegetables and other fruits that don't need to be ripened quickly. Examples of ethylene producers



include avocados, apples, pears, melons, tomatoes, peaches, plums and mangoes.

Remember to check stored produce throughout the week and throw away any spoiled pieces. If a fruit or vegetable has gone bad, it can cause nearby fruit and vegetables to go bad.

Brittany Butland, RD, is a Horizon-registered dietitian.

The Bennett and Albert County Health Care (BACH) Foundation raises funds to support the services provided by the Albert County Community Health Centre including equipment and staff education. www.bachfoundation.com.

Connecting Albert County's Guide to Healthy Meals project is supported with a Community Food Action Grant from the Province of New Brunswick.

From the kitchen of Brittany Butland Tuna Fishcakes

These tasty fishcakes use pantry essentials, like tinned tuna and sweetcorn, for a Friday night dinner that's low-cost but seriously satisfying! Total time: 30 minutes. Serves four.

Ingredients

mashed potato)

2 Tbsp mayonnaise

2 x 185g cans tuna, drained

Small bunch of chives. chopped

2 eggs, beaten

1/2 cup dried breadcrumbs (can be made from a stale loaf of bread)

Sunflower oil, for frying

Directions

2 cups diced potato (or leftover Cook the potatoes in boiling salted water until very tender. Drain and allow to steam-dry in a colander. Tip into a bowl, season and mash. Stir in the mayonnaise, tuna, sweetcorn and chives. Shape into 4 cakes and chill until cold and firm.

1 x 198g can sweetcorn, drained Dip each cake into the egg, letting the excess drip off, then coat in the breadcrumbs. Chill for 15 mins.

> Heat a little of the oil in a pan and gently fry the cakes for 2-3 mins on each side until golden. You may need to do this in batches – keep warm in a low oven. Serve with extra mayonnaise and lettuce leaves

Recipe adapted from scotland.lovefoodhatewaste.com/recipe/ tuna-fishcakes

Do you have a favourite recipe to share? Please send your recipes to info@ConnectingAlbertCounty.org. We particularly welcome healthy recipes made with locally available ingredients.





From the kitchen of Shannon Gaythorpe

Ingredients

1-2 cans chickpeas, drained

1/2 green pepper, chopped

1/2 red pepper, chopped

1/4 cup chopped celery

1/2 medium red onion, chopped

1/2 cup small cauliflower florets

1/2 cup small broccoli florets

1/4 cup olive oil

1/4 cup lemon juice

1 tsp or more chopped garlic

1 tsp fresh dill, chopped

1 tsp salt

1/8 tsp red pepper flakes

Chickpea salad

(serves 8)

Shannon, who now lives in Hopewell Cape, served these recipes to guests at a ranch in BC's Chilcotin Mountain where she used to work. The recipes can be cut in half or quarters to make smaller amounts.

Directions

Rinse chickpeas and place in large bowl.

Add chopped vegetables to bowl.

In separate bowl, whisk together oil, lemon juice, chopped garlic, dill, salt, and red pepper flakes. Pour over chickpea mix.

From the kitchen of Shannon Gaythorpe

Ingredients

8 cups rolled oats

11/2 cups unsweetened coconut

2 Tbsp cinnamon

11/2 tsp nutmeg

1 tsp ground cloves

1/4 cup honey (heated)

1/2 cup oil (e.g., vegetable oil)

2 Tbsp vanilla extract

1 1/4 cup sliced almonds

1/2 cup raisins

Granola

Directions

Preheat oven to 325F.

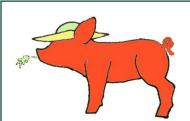
Mix oats, coconut, cinnamon, nutmeg and cloves.

Add honey, oil, vanilla and almonds. Mix well and spread on large foiled baking sheet (or several sheets).

Stir granola often until it is golden brown; watch carefully as will burn quickly.

Let cool, add raisins (or any other dry fruit).

Store in sealed container.



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From the kitchen of Shannon Gaythorpe

Tomato salad (serves 10-12)

Ingredients

12 tomatoes, cut into wedges 1 red onion, sliced thinly

Dressing

2 tsp chopped fresh basil 2 tsp minced garlic 1/4-1/2 cup (4-8 Tbsp) balsamic vinegar 3-5 Tbsp olive oil 2 tsp sugar 1 tsp pepper

Directions

Whisk basil, garlic, vinegar, olive oil, sugar and pepper together in bowl.

Garnish salad with feta cheese.

Dress salad just before serving or serve the dressing on the side.





HURRR!! at Harvey Hall

By Jane Chrysostom

Laughter, challenges, purpose...that sums up the volunteer efforts that surrounded the creation of the Harvey Hall Sea Shanty. Starting from a mere suggestion in casual conversation to a final professional digital video production, its evolution was a thoroughly fulfilling and successful effort.

Early this spring, social media's TikTok viewers spread the widely successful Wellerman Sea Shanty video online around the world, and folks soon started making and sharing their own versions. Based on its global firestorm of popularity, local advocate and history buff, Alison Elias, suggested that Harvey Hall put out a Sea Shanty Challenge competition for area musicians to create their own version of the catchy tune for fun – and most pressing and necessary – fundraising for the Hall's restoration efforts.

Regrettably, due to a lack of volunteers, the idea didn't launch, but the familiar tune was ringing in someone's ears. On a rainy Saturday in April, Jane Chrysostom couldn't get the tune or Alison's idea out of her head and sat down to put some relevant Harvey Hall lyrics to the song. Steve Chrysostom helped fine-tune the rhythm and rhyme of Jane's adaptation.

At the weekly music session with their steady-15 Covid social group, the talented Dorothy Brzezicki at the Art Haus Café spied the Harvey Hall Sea Shanty paper in Steve's music folder. All other music was quickly set aside due to the immediate interest in this new idea. Dorothy's harp, Peter Brzezicki's bodhran, Rick Morcom's flute, Steve's guitar, Dejah Morcom's wood recorder and Jane's viola were tuned, and a recognizable version was soon arranged for all instruments.

Peter shared his vision for a music video that included the musicians, the interior and exterior architecture of Harvey Hall, the surrounding beauty of its location, and other talented area musicians. Peter got busy inviting cellist Tim Isaac, piper Ian Duncan, banjo



Hon. Mike Holland Minister MLA-Albert

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4130 Route 114, Hopewell Cape, NB E4H 3K2 (506) 734 2780 www.albertcountyfh.com player Joseph Bridge, singer Paul Toner and Brian Woodworth to carry the beat with a resounding and steady drum. The idea that this video could generate some serious exposure, interest and funding for the Harvey Hall soon became the focus and purpose of the small group.

Practice sessions, uncoiling metres of recording cables, coordinating Covid protocols, directing drones, perfecting iambic pentameter, arranging harmony, creating the Harvey Hall HURRR t-shirt, developing and syncing layers of instrumentals, vocals, and visuals took hours and hours...and hours...of volunteer talent and time for several weeks.

In early May, the reveal of the Craig Norris video was an exciting and emotional culmination of a handful of people's efforts and devotion to bring attention to a worthy community cause – saving and restoring the Harvey Hall. Fundraising efforts are still on-going and volunteers are still needed to re-open those doors.



Watch at youtube.com/watch?v=VyQmEdsPqo4, share and join in the camaraderie of your neighbours so we can once again gather in the Harvey Hall.

There will always be challenges in life; when we gather as a community, we can meet and overcome them!

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We will contact you when we are able to book your appointment.

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www.ConnectingAlbertCounty.org ~ 13

Fundy Strategic Tourism Plan Excerpt from GNB press release, July 20, 2021

The provincial and federal governments announced an investment of \$394,900 to allow Fundy Guild Inc., also known as the Friends of Fundy, to develop a strategic tourism plan for the Upper Bay of Fundy region.

"The Department of Tourism, Heritage and Culture has recognized in its strategic planning that each region is unique and requires a customized approach when developing their tourism plans," said Social Development Minister Bruce Fitch on behalf of Tourism, Heritage and Culture Minister Tammy Scott-Wallace. "To succeed, industry leaders and community stakeholders need to be informed, engaged, connected and supported, which is what Friends of Fundy will do. We are happy to support the collaborative efforts to bring together the Upper Bay of Fundy region to prepare for travel to the region in the years to come."

The provincial and federal governments invested non-repayable contributions of \$98,725 and \$296,175 respectively. The plan will focus on aligning and integrating approaches taking place in communities throughout the Upper Bay of Fundy region.

"Friends of Fundy is grateful for the support of both our provincial and federal partners and their ability to see the opportunity in investing in collaborative and community-led approaches to destination development," said Micha Fardy, Fundy Guild Inc. executive director. "We believe that great experiences come from great communities—whether that be a large region of small rural communities spanning 200 km or many small mountain bike communities spanning four Atlantic provinces. When community stewardship and pride of place are at the core of destination development and communities are supported to collaborate on what is most important to them environmentally, culturally and economically, they will develop and share world-class experiences to visitors from near and far."

The Friends of Fundy, in collaboration with community partners, will align and build stories and themes across attractions, products and experiences from St. Martins to Hillsborough, including the Sussex region; support community economic development; and honour their community and place.

DISCOVER THE PEOPLE OF THE TIDES. DÉCOUVREZ LE PEUPLE DES MARÉES.





24 exhibits in 8 historic buildings on a 6 acre site.

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The history of the people of Albert County is as powerful as the mighty tides that shape its coast! Just 2 minutes from the Hopewell Rocks, we're home to stories of amazing pioneers, explorers, innovators, war heroes, sea captains, a prime minister, a pirate and a convicted axe murderer – who many feel was innocent! Visit us today for a learning adventure!

Albert County Museum & RB Bennett Commemorative Centre - 3940 Route 114, Hopewell Cape, NB - 506-734-2003 - info@albertcountymuseum.com -

www.albertcountymuseum.com

Community Calendar

Saturday, July 24 - August 2

Artisan Showcase and Sale. 9:30am-5:30pm. Albert County Museum Court House (3940 Rte. 114). For details: 506-734-2003, <u>info@albertcountymuseum.com.</u>

Sunday, August 1

Love Your Covered Bridge Day. 2-4pm. Sawmill Creek Covered Bridge, Hopewell Hill. See page 1.

Monday, August 2

NB Day Family Promotion. 9:30am-5:30pm. Albert County Museum. For details call 506-734-2003 or email info@albertcountymuseum.com

Saturday, August 7-August 15

Rising Tide, Trails & Tunes. Events hosted from Hillsborough to Alma and beyond. See following pages.

Saturday, August 21

Reid Brothers Architects-From Harvey to
Hollywood. Heritage Talk with John Leroux. Albert
County Museum. For details call 506-734-2003 or email
info@albertcountymuseum.com

Saturday, September 4

Rik Reese Kitchen Party. 7-10pm. Live music. Broadleaf Ranch Restaurant. 5526 Rte.114. 882-2349

Saturday, September 25

World Ghost Hunting Day. 9:30am-5:30pm. Albert County Museum. For details call 506-734-2003 or email info@albertcountymuseum.com

Hillsborough Public Library

2849 Main St., Hillsborough, 734-3722

Hillsborough.publiclibrary@gnb.ca Facebook: Bibliothéque Publique de Hillsborough Public Library

Starting Tuesday, July 6th we will have new hours!

Tuesdays: 12pm-4pm and 5pm-7pm; Wednesday to Saturday:10am-12pm and 1pm-5pm.

One family/bubble at a time, with masks and social distancing. Curbside pickup will still be available upon

request during open hours.

Library staff encourage people to use the online resources and services at www.gnb.ca/publiclibraries

Every Saturday until Thanksgiving

The Old Church Farmers' Market. 9am-2pm at The Old Village Church (2807 Main Street, Hillsborough). Stock up for the week's supply of veggies, meats, breads, cheese, eggs, preserves, baked goods and more. Find locally made hand-crafted gifts.

Let the community know about the events you're hosting. Add events directly to our calendar at www.ConnectingAlbertCounty.org/calendar



PROGRAM AT A GLANCE

SOME EVENTS REQUIRE TICKETS OR REGISTRATION - FOLLOW THE RISING TIDE FESTIVAL ON FACEBOOK FOR DETAILS!



KEEP AN EYE OUT FOR A FUNDY FRESH OPTION FOR FOOD GROWN, CAUGHT, OR HARVESTED IN THIS REGION!

Saturday, August 7th:

Hidden Gems of Hillsborough

Take a historic bike tour along the dykes or partake in Food Forest fun! Enjoy local lore with storytelling and song with author Jennifer McGrath and singer/songwriter Paul Toner and some **fundy fresh** soup.

ABConnect Travel / Artisan Village Hillsborough, NB • 1p.m. – 4p.m.

Sunday, August 8th:

Bike Trails and Lobster Tails!

Geared toward riders age 8 and up, this event has something for the big kid riders as well! Enjoy early afternoon tunes with Kevin Chase and fundy fresh lobster rolls. Poley Mountain • 11a.m. – 2p.m.

Sunday, August 8th:

People of the Tides

Tour the museum and grounds with resident historians and then enjoy musical works by Colin Fowlie, the Road Kings, and TOMATO / TOMATO! Albert County Museum Hopewell Cape, NB • 11a.m. – 5p.m.

Monday August 9th:

Tales by the Bay

Dig in to some **fundy fresh** cuisine and take in readings by local authors at the Kayak Fundy Café.

Alma, NB . Afternoon

Tuesday, August 10th:

Waves of Wellness

Soak up the calming Waves of Wellness at sunrise on the beach at the Hopewell Rocks Provincial Park. 5:45a.m. – 9:00a.m.

Tuesday, August 10th: Tipsy Tales Fundy Feed & Kitchen Party

Join us at Tipsy Tails Restaurant for a country kitchen party, featuring a fundy fresh table feed live performance from Chris Colepaugh! Alma, NB • 6p.m. 'till late

Wednesday, August 11th: Pedals, Pints, & The Divorcees

Join us in Sussex for an evening of Pedals, Pints, fundy fresh charcuterie and live music by the Divorcees! Sussex Ale Works Sussex, NB • 6p.m. – 7:30p.m.

Thursday, August 12th:

Fundy Fusion Jam

Chow down on a **fundy fresh** creation from Fundy Farms with live music from Gareth Pearson, Jesse Mea, and Fundy Cellidh. Painted Haus Art Café! Riverside Albert, NB • 6p.m. – 9p.m.

Friday, August 13th:

St. Martins Mélange

Explore the Village of St. Martins' full day of art, music, and activities, leading up to a Historic Harbour Walk and live music by the Chatham Family Band!

St. Martins, NB • 10a.m. – 8:30p.m.

Saturday, August 14th:

Sunrise at Mary's Point

Embark on a guided hike near the Shepody Wildlife Area and enjoy a **fundy fresh** Country Continental breakfast! Mary's Point, NB • 5:30a.m. – 8:30a.m.

Saturday, August 14th: Spirit of Molly Kool

The Town of Alma will be buzzing with interactive art with Laura Lamey, Tintype photography by Karen Stentaford, and live music from the Molly Kool Trio! Alma, NB • 12p.m. - 6p.m.

Sunday, August 15th:

Art on the Farm

Stop by Fundy Farms to meet creators and creatures alike; featuring local artisans, fundy fresh Hodge Podge, and lan the Piper! Edgett's Landing, NB • 11a.m. – 4p.m.

The Rising Tide Trails & Tunes Festival would like to acknowledge and thank its sponsors and partners:





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The Old Church Farmers' Market Facebook.com/The-Old-Church-Farmers-Market-110454250674986

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