

Grampie's Lighthouse By Bonnie-Lee Armstrong

As the granddaughter of a lighthouse keeper, I come by my love of lighthouses honestly. Anyone who knows about the early 20th century lighthouse keepers understands it was the vocation of the whole family, not just the keepers. It was more than a job: it was a lifestyle. Often romanticized, the truth is it was hard work and a position that bore great responsibility. It was through the dedication of the keepers that these lighthouses remained functional and in good repair in order to save and protect the lives of mariners. I would like to share the story of one of those lighthouses, which I affectionately call "Grampie's Lighthouse."

My connection with it began in my childhood in the early 60's when I used to play in the lighthouse that stood beside my grandparent's home in Waterside. It was a magical playhouse full of adventure and imagination. I would climb the steep ladder stairs to the landing, where the old lantern would have hung. I imagined myself being the



keeper, lighting the lantern or searching the waters below Anderson Hollow for sailors. My grandfather died before I had the opportunity to know him so I associated the lighthouse with

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Image top of page: Anderson Hollow Lighthouse in its current location (by Bonnie-Lee Armstrong); left: Mansel Armstrong plowing by the lighthouse on the Armstrong property c1940 (courtesy Armstrong family)

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Connecting Albert County

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Thanking Our Frontline Workers

Recently, I've been thinking about the frontline workers in our community...the people behind the masks at the health care centre, pharmacies, convenience stores, schools and so many other places. I am concerned about their health. After a year and a half of COVID-19 stress and extra work, some are experiencing burn-out or exhaustion. I also feel a sense of gratitude to the frontline workers who have been helping us through this difficult time.

In upcoming issues of Connecting Albert County, we would like to shine a spotlight on these workers - nurses, teachers, convenience store employees, nursing home workers and the many others whose lives have been upended by COVID-19 while they continue to contribute to our community.

We invite you to submit ideas of who we could write about or, better yet, your own stories about Albert County's frontline workers; please send these to info@ConnectingAlbertCounty.org.

Janet Wallace, Coordinator, Connecting Albert County

Hillsborough Public Library

2849 Main St., Hillsborough, 734-3722

Email: Hillsborough. publiclibrary@gnb.ca Facebook: Bibliothèque Publique de Hillsborough Public Library

Open Hours:

Tuesday: 12pm-4pm & 5pm-7pm;

Wednesday to Saturday: 10am-12pm & 1pm-5pm.

There are multiple ways to access the library:

- Visit in person (one person/ bubble; masks required)
- Use the Curbside Pickup service by contacting the library to arrange a time
- Have your books sent directly to your home using the Books By Mail service by ordering online and choosing Mail to Patron or contacting the library directly for assistance.

Library staff encourage people to use the online resources and services at www.gnb.ca/publiclibraries

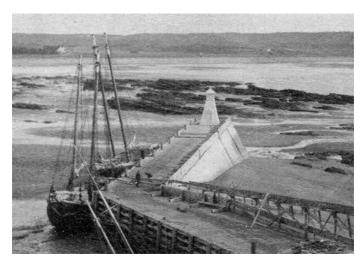
("Lighthouse" cont. from page 1)

him and began to call it Grampie's Lighthouse. For me, it came to represent my grandfather and the history of my family as keepers before they moved from the Martin Head Lighthouse to Waterside in 1932. It wasn't until years later that I discovered the lighthouse was actually called the Anderson Hollow Lighthouse.

The original Anderson Hollow Lighthouse was built in 1889 at the end of the former Waterside Wharf near where Anderson Hollow Brook drains into the Bay of Fundy. The lighthouse was damaged twice by storms and was eventually swept away in 1895 during a gale. In 1898, a second lighthouse was constructed, also at the end of the wharf, only to be destroyed in a harsh January storm in 1902. Realizing the seas could be quite unforgiving in that rocky rugged portion of Waterside Beach, it was decided to re-build the Anderson Hollow Lighthouse on the bluff above the wharf in 1903. It was lit nightly until 1909 when the lighthouse service was discontinued and replaced by a navigational mast lantern at the end of the wharf.

Sometime between about 1909 and 1915, the lighthouse was moved from the bluff, across the road (now Route 915) to beside the home of Allan O. Richardson (later the Armstrong house 1932-1964). Around 1985, the Tener family, the owners at that time, donated the lighthouse to the Albert County Historical Trust. With the help of a grant, it was moved next to the old Bank of New Brunswick Museum in Albert at the intersection of Routes 114 and 915. In the fall of 2001, the lighthouse was on the move again, this time it was moved near the Harvey Dam on Mary's Point Road in what would become the Harvey Bank Heritage Shipyard Park on the site of the former Turner Shipyard.

In recent years, the Anderson Hollow Lighthouse has been in decline. Time, the elements and vandalism have not been kind to it. Like a lot of historical preservation projects in our province, the Anderson Hollow Lighthouse relies solely on volunteerism, and the donation of supplies and materials and other resources for upkeep and



maintenance. The site requires volunteers willing to do the jobs, like weekly mowing and garbage removal in the summer, general painting and replacement of missing pieces, as well as monitoring the lighthouse for frequent vandalism and repairing the subsequent damage.

I'm sure it feels like an exercise in futility when repairs are made only to have them vandalized a short time later. Volunteer numbers in small communities are dwindling or often stretched very thinly as they try to tend to the things they feel passionate about. After recently viewing the state





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of the Anderson Hollow Lighthouse, I realized the very place that ignited my imagination as a child, Grampie's lighthouse, needed my help. Just like the lighthouses in the past, Anderson Hollow Lighthouse needs a lighthouse keeper and its family to care for it. This is not only my heritage; it is the heritage of the family we call Albert County. I believe the lighthouse deserves our time and attention. It will receive mine as I step forward with paint brush and hammer in hand.

If you would like to volunteer or be involved with the lighthouse maintenance or repair, email andersonhollowlight@



gmail.com. Contact information will be used to inform volunteers of future meetings and work sessions.

Images on page 3: top: Anderson Hollow Lighthouse at the end of Waterside Wharf c1895 (source unknown); bottom: Allan Richardson house with Anderson Hollow Lighthouse c1915 (courtesy of Carolyn Vankampen).

Image above: Schooners at Waterside below Anderson Hollow Light 1907 (source unknown).



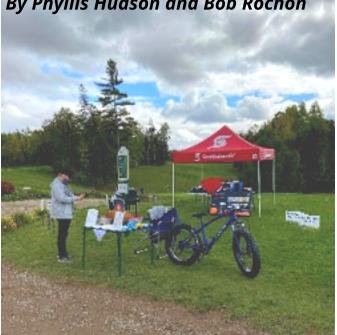
Golf Tournament for Healthcare By Phyllis Hudson and Bob Rochon

On October 2, 2021, the Bennett and Albert County Health Care Foundation partnered with the Eric Steeves Memorial Charity Golf Tournament in support of health-care. The four-person scramble golf tournament held at the Hillsborough Golf Course draws the most golfers of any tournament at the course. The 20th anniversary event attracted 156 golfers from around the region to compete for prizes including best overall score, longest drive, closest to the hole and longest putt in men's and ladies' categories.

Tournament organizers Danny Jonah and Kim Hoar of Hillsborough work tirelessly each year to organize the event that supports community charities. Local and area businesses give generously each year to support the event that has raised more than \$80,000 over twenty years.

Hillsborough Mayor Bob Rochon spoke to participants about former Hillsborough resident and Mayor, the late Eric Steeves. Eric was a councillor for three years and mayor for 15 years. Mayor Rochon remembered Eric as a devoted husband and father, a great friend to many and a dedicated community leader. Sadly, former Mayor Steeves passed away on September 10, 2001.

This year's tournament raised \$7,000 for healthcarerelated programs and initiatives in Hillsborough. As well, the Bennett and Albert County Health Care Foundation held a prize draw during the event. A maximum of 300 tickets were sold for two prizes that included an Algon-



Above: BACH Chairman Warren Williams by the prize table, waiting for golfers to finish playing

quin Resort two-night vacation golf and whale watching package, and a 55-inch Smart TV. The vacation package was won by Nancy Smith of Weldon and the Smart TV went to Mark Nelson of Hopewell Cape. Thank you to all who purchased tickets which helped raise \$4,225 in support of area healthcare.

The Board of Directors of the Bennett and Albert County Health Care Foundation would like to express their appreciation to Danny Jonah and Kim Hoar for their hard work and dedication, to Jason Pugh and his

Yes, I want I would like to contribute a monthly amount of \$ TO BE DEDUCTED ON: 10 or 15th of the month to help I would like to contribute a one-time gift of \$ have a positive Name: Telephone: impact on health Address: and wellness City/Town: Province: Postal Code: for the people E-mail: served by the Albert County I have enclosed a cheque made payable to the Bennett and Albert County Health Care Foundation Bennett and Albert County Health Care Foundation B Forestdale Road, Riverside-Albert, NB E4H 3Y7 Health and Tel 506-882-3100 Fax: 506-882-3101 I prefer to use my: VISA MasterCard Wellness Centre Donate online at www.bachfoundation.com Card Number: Expiry Date (month/year): BENNETT & ALBERT COUNTY Charitable Registration: 869019133 RR0001



Above: BACH Foundation Chairperson Warren Williams (R) and Mark Nelson (L), winner of the Toshiba 55-inch Smart TV

("Golf" continued from page 5.) team at the Hillsborough Golf Course for hosting the tournament, to the many sponsors that made the tournament a huge success, and to all the golfers for their participation.

The Bennett and Albert County Health Care (BACH) Foundation helps create a healthy, vibrant community. The BACH Foundation improves access to health care services in rural Albert County and supports programs that improve community health including Albert County Community Health Centre in Riverside-Albert & satellite clinic

in Hillsborough; Connecting Albert County; Literacy Express and the Imagination Library. The BACH Foundation has also supported Little Rocks Curling School; Spin Bikes; Tele-Health; Forest Dale Home Van; Sistema Hillsborough; Youth Impact Drug Intervention in Albert County; and more.

By donating to the Bennett and Albert County Health Care (BACH) Foundation, you are investing in a healthier community.

bachfoundation@horizonnb.ca, 882-3100, bachfoundation.com

News from Albert County Historical Society (ACHS)

On October 14, 2021, David Christie was presented a Life Membership in the Albert County Historical Society by President Dawne McLean. (See image below.)



Back in the Day: Submissions

Connecting Albert County would like to include more photographs and stories about experiences "back in the day." Stories from our past may help us better appreciate and understand our community and environment.

To share a story or an image, email info@ConnectingAlbertCounty.org.

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Last Wishes Drive

By Alan Demaline



On a late summer day in September, Antoinette was able to sit on the deck of her cottage surrounded by family and friends overlooking the water in beautiful Cap Bimet, east of Shediac. At 99 years of age, Antoinette has enjoyed this type of gathering countless times over the years. What made this day different, however, was that it required the collaboration of three organizations and their volunteers.

After a lifetime of living in her home in Moncton and cottage in Cap Bimet, Antoinette recently moved to Maison Albert House, a facility of Hospice SENB (Southeastern New Brunswick). This wonderful new facility in Moncton features ten resident rooms, four family rooms, indoor and outdoor public areas, a commercial kitchen, a non-denominational meditation room and medical personnel areas.

The residents and their families are cared for in a truly home-like atmosphere in the final chapter of their lives thanks to the staff, an incredible team of health care professionals. Volunteers play a large part at the residence and several formed the "Last Wishes" Hospice Committee. Committee members Kristin Shortt and Liette LeBlanc-Brewer connected with Antoinette and set out to make her "Last Wish" happen.

Antoinette's Last Wish was a daytrip to her cottage. This required a volunteer driver and a mobility van capable of transporting a person who uses a wheelchair. To find these, the Hospice Committee volunteers looked no further than Urban Rural Rides. Through a network of volunteer drivers, this registered charity provides safe, affordable and reliable transportation to clients throughout SENB. Drives include getting to and from medical appointments and the food bank, as well as to various other services. Urban Rural Rides was honoured to be asked by the Hospice to take part in this very special trip. After a few emails, Annie Beauregard-Choinière, Ride Coordinator for Urban Rural Rides, found that volunteer driver Alan Demaline was available to drive.

But what about a mobility van? Fortunately, Urban Rural Rides has previously partnered with Forest Dale Home in Riverside-Albert to use their van to transport clients who require the use of a wheelchair to medical appointments.

Forest Dale plays a vital role in the community; the staff at the 50-bed facility are second to none in providing quality care within a safe and home-like environment. Forest Dale is supported by a dedicated group of volunteers who help in various activities with the wonderful residents. Urban





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Village of Hillsborough

Robert Rochon–Mayor Jeff Jonah–Councillor Jeff Land–Councillor Melody Land–Councillor

Trent A. Steeves-Councillor



506-882-3022 villra@nbnet.nb.ca 5823 King St., Riverside-Albert NB E4H 4B4

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Fundy Historic Village

www.riverside-albert.ca

Successful Project Management

By Zoey Hughes, Cyber PR Army, www.cyberprarmy.com

[This is an excerpt of the article at ConnectingAlbert County.org/learning--literacy/how-to-manage-a-project-successfully]

Managing a project effectively doesn't happen by luck and it can be overwhelming depending on the scope of the project, and your level of experience. We hope these tips will help you manage projects successfully.

Project management is a complex dance of resource management and deadlines, all while watching the costs... but don't panic; we've got your back. Try implementing some of these into your routine and systems to successfully manage your current project and future endeavours.

Define your goal

It may seem obvious, but countless projects have been started before setting a concrete and obtainable goal. This is often seen in social media strategies–people jump in without knowing what they are trying to achieve –but is also common in project management. It's not enough to have a vague idea of the target. You need to drill down and have an iron-clad declaration of what you want to achieve, and in what timeframe. If it's not going to be feasible, now is the time adjust, before you put the work in.

Identify who does what

You can very rarely do everything yourself, and even if you could, you probably shouldn't. Everyone brings unique skills, so ascertain what skills those around you have, reach out and decide which project areas they will control. By setting clear borders, no one will be treading on anyone's toes, and everyone will know exactly where they stand.

Plan diligently

There are many project management apps out there (we like <u>Monday</u>)–you can use Trello, Asana, Podio, or even an Excel spreadsheet if that's

what floats your boat. It may seem like unnecessary administration work, but we promise you that having a clear overview of what has been assigned to everyone and when it is due will dramatically improve your chances of project managing successfully, with relatively little work.

Communicate

Communication is key in any team, but a project team may involve people who aren't usually part of your operation. This makes it more important that you communicate consistently and effectively.... See ConnectingAlbert County.org/learning--literacy/how-to-manage-a-project-successfully.



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("Last wishes" cont. from p.7)
Rural Rides is extremely grateful
to Vicki Caissie, Forest Dale's
Administrator, for enthusiastically agreeing to supply the
mobility van for the day.

With everything in place, the big day arrived with sunny skies and warm temperatures: a perfect day for a trip to the beach! Antoinette enjoyed a leisurely drive to Cap Bimet and upon arrival was greeted with balloons, decorations and the smiling faces of the family and friends she so wanted to spend time with at her cottage. The afternoon passed quickly and words cannot express the joy and love that was felt that day as this family was able to truly enjoy Antoinette's Last Wish. The sounds of laughter from that afternoon will long echo across the waters of Cap Bimet.

A heartfelt thank-you to the family for trusting Hospice, Urban Rural Rides and Forest Dale Home to make this day come true. Being the driver for the day, I can confidently say that for all the volunteers involved, it was a privilege and honour to be asked and an uplifting experience to be able to help.

Volunteer groups working together really do make dreams come true. There are volunteer opportunities available at all the organizations who participated and if you have a bit of time they would love to hear from you!

Hospice NB: 688-6017, hospicesenb.ca

Urban Rural Rides: 962-3073, urbanruralrides.ca

Forest Dale Home: 882-3001,

forestdalehome.ca



SELF-EMPLOYMENT BENEFIT PROGRAM (SEB)

The Workforce Expansion Self-Employment Benefit Program helps unemployed individuals create a job for themselves by starting a new business. The program provides various types of support during the initial development phase of the business including financial assistance, coaching and ongoing technical advice. Coaching is tailored to meet individual needs and can include subjects such as business plan development, accounting, and marketing.

Contact us today for more information!

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Tel: 506-532-8312 1-800-925-6677



Michel Gallant michel.gallant@cbdc.ca



Kynan Philippe kynan.philippe@cbdc.ca



Myriam Sonier myriam.sonier@ebde.ea





Funded by the Government of Canada and the Province of New Brunswick through the Canada-New Brunswick Labour Market Agreements.

Connecting Albert County's Guide to Healthy Eating

Finding Reliable Nutrition Information on the Internet

By Brittany Butland, RD

Every day we are bombarded with conflicting nutrition messages from family and friends, media and the internet. How can you ensure the information you are hearing or reading is trust-worthy and evidence-based? Unfortunately, many of the latest nutrition trends are not based on the best available science or may only tell you part of the story.

Tips to help you spot nutrition misinformation:

- 1. Is there a promise of a quick fix, such as fast weight loss or a miracle cure? If a diet or product sounds too good to be true, it likely is! Making changes to your health means a long-term commitment to healthy eating and physical activity.
- 2. Does the advice include buying "must have" products, such as special foods or supplements? The wellness industry is unregulated and worth \$4.5 trillion. Its goal is to maximize profits. Food is the best source of nutrients; special products and supplements are rarely needed to improve your health.
- 3. Is the information based on personal stories or testimonials? It may be nice to hear a success story from a friend or a celebrity, but it's not proof that something works or is true. Nutrition advice should be based on the best available research.
- 4. Is the claim based on a single study? The more studies that arrive at the same conclusion, the stronger the evidence that something is true. Additionally, the stronger the study design (observational vs. randomized control trial), the more people in the study, and the longer its duration, the stronger the results will be.
- 5. What are the writer's qualifications? You wouldn't ask a celebrity how to design a bridge; you'd ask an engineer. The same thinking should apply to nutrition advice. Dig a little deeper and ask for credentials. Across Canada, the title "dietitian" (but not nutritionist in most provinces) is protected by law, just like a nurse, dentist or pharmacist.

Who are dietitians?

Registered dietitians are regulated health care professionals who have a university degree from an accredited university program and more than 1000 hours of supervised training. They are accountable to a regulatory body and have to keep their skills up to date. They use the best available scientific evidence to provide guidance and recommendations to clients according to their unique values and circumstances.

Why do nutrition recommendations change?

Recommendations change over time as we learn more about nutritional science. It is important to remember that one new study or theory is rarely enough to change our advice. The basic advice has remained unchanged: eat a variety of foods daily, including vegetables, fruits, protein foods and whole grains.

Brittany Butland provides Dietitian Services at Horizon's Albert County Community Health Centre. For more tips on nutrition and healthy eating, you can book an appointment with Brittany at 506-882-3100.

The Bennett and Albert County Health Care (BACH) Foundation raises funds to support the services and programs provided by the Albert County Community Health Centre including equipment and staff education. www.bachfoundation.com

Do you have a favourite recipe to share?

We welcome recipes for healthy meals made with locally available ingredients. Please send your recipe to info@ConnectingAlbertCounty.org.

Connecting Albert County's Guide to Healthy Meals project is supported with a Community Food Action Grant from the Province of New Brunswick.



WITH THE ALBERT COUNTY CHAMBER OF COMMERCE AND PARTICIPATING RETAILERS.

The Albert County Chamber of Commerce and participating businesses are excited to welcome you to shop local! We developed a passport program to drive traffic to local businesses. From October 15 to December 20, it's your chance to support Albert County organizations and get something in return! Shop local and fill out or scan your visits to complete your virtual passport to win.

Each time you visit a participating shop (physical or online) in Albert County, you can fill in a ballot on-site or scan a QR code from the campaign poster. If it's an online retailer, you can click the Albert County Chamber of Commerce link to enter. Your passport will be full once you have visited each participating business. You will be entered into a draw to win one of 50 \$20-gift cards from the retailer of your choice, and entered into our grand draw for the chance to win one of our two grand prizes of \$500 in local gift cards. To find participating retailers, look for Shop Local posters in store windows and business websites.

Hon. Mike Holland Minister MLA-Albert

1037 Rte 114 Lower Coverdale, NB E1J 1A1 Constituency Office: (506) 856-4961

mike.holland@gnb.ca

Tosh Taylor, Chair of the Albert County Chamber's Buy Local Committee exclaims "As we proudly launch our 'Tis the season to shop local campaign, we at the Chamber are so excited to share with everyone the incredibly talented artists, creators, producers and labourers in Albert County. We are people who work so hard and ask for so little. It is time Albert County is celebrated for what we know it is, a treasure. The campaign comes just in time to help support our shoulder season and ensures participants will return time and time again."

Here are the participating businesses, who are all excited to welcome you to their physical or virtual stores:

Falcon Ridge Inn, Albert County Museum, Riverview Arts Centre, ABConnect Travel & Tourism Services, Ponderosa Pines Campground, Cynsational Bites, Village of Riverside-Albert, Town of Riverview, Darren Phillips Auto Repair, Collins Lobster, Briggs Maples, Scott's Kitchen, Brokerlink/ MCT Insurance, CBDC Westmorland Albert Inc, Cyber PR Army, Darlene Smith Training, Friends of Fundy, R&R Solution, Elgin Country Store, Fundy Undies, Jaylee Variety, Muddy Rudder, Tipsy Tails, Farmer Brown's Greenhouse, Wendy Johnston Pottery, Albert County Clay Company, Farm Life Studio, Studio on the Marsh, Jean Coutu Hillsborough, Angel Mist Antiques, Hillsborough Public Library, Fundy Farms Local Harvest, Relaxing River Aesthetics & Spa!, Mother of Metal, Oliver's German Bakery, Oh Baby. (Continued on page 12.)

("'Tis the Season" continued from page 11.)

"We are directing people to our local business' doors and websites! With support from the Federal Shop Local fund, it's important to our board of directors, our members and our community that we focus on driving business forward within our community. Our economy has been stretched enough, this campaign is designed to build awareness, drive purchases and support our members and businesses. Influencers have been brought in to experience and boost our unique experiences, gift cards are purchased from local businesses hoping that people will buy even more once they get them, and the passport program is directly driving business to the doors of our stores, restaurants, markets, producers, artists, accommodations, retailers and service providers."

Annick Butland, President of the Albert County Chamber of Commerce.





ALBERT COUNTY PHARMACY

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To Help You, We Have to Find You By Donald Alward

The New Brunswick 9-1-1 project began in October 1994 and was fully implemented in September 1997. At that time, New Brunswick was the second jurisdiction in Canada, and fourth in North America to establish a province- or state-wide enhanced 9-1-1 system. To make this valuable service work, a system of civic addresses had to be established.

A civic address consists of the number, the street or road name, and the community name assigned to residential, commercial, institutional and industrial buildings. These addresses are not randomly generated; they are assigned with a great deal of planning in mind.

The way the civic numbers are designated in rural areas helps emergency responders know how far they are away from a scene. As an example, the number 2800 is about 1 km from 2900. There are a few places where this does not hold 100% true, but it is accurate enough that it is very useful to know. Whether the number is even or odd also tells us what side of the road you are on. It is how we find you when you need us.

According to New Brunswick Regulation 96-104 under the *Emergency 911 Act*, every owner of a residence or business in the Province of New Brunswick must display their civic address number in a way that is clearly visible from the main roadway leading to the home or business.

Civic numbers should be displayed:

- •In a high position that has year-round visibility, but low enough to be seen with vehicle headlights at night;
- In a place that does not become obstructed by growing bushes or trees;
- In a colour that contrasts with the building, mailbox or signpost that it is attached to (reflective numbers are best);
- •On the same side of the road that the building is located on (if your mailbox is on the opposite side, it would be best to have an additional civic number sign on the same side as the building for emergency purposes);

In a size large enough to be easily seen from the road (recommended minimum of 4-inch height);
In a manner that is readable from both directions.

One common misconception with regard to civic numbers is that you only have to have the sign facing the direction the fire truck would come from. The fact is that any emergency vehicle could approach from either direction so having two signs, one facing each direction, is optimal.

It is vitally important to always display a valid civic address number so emergency service providers, such as police, ambulance and fire departments, can find the address quickly. It is not just 9-1-1 emergency services that use these numbers; Canada Post and other delivery services use them too. If you don't have a visible number, Amazon won't be able to deliver that special purchase.

So, what do you do if you build a new building but don't know your civic number? If you live in a city, town or village, contact your local municipal office for your civic number. If you live outside a municipality, in a rural or unincorporated area, such as a Local Service District, contact the NB 9-1-1 Bureau (1-888-353-4444 or NB9-1-1@gnb.ca). They can help determine your civic number. Note: You should never assign yourself a civic address. This could cause confusion and you may not be found in an emergency. All civic numbers have to be registered in the system properly for it to work. Also, you may end up with the wrong postal code and have problems receiving your mail.

Highly visible reflective civic number plates, commonly known as 'blue number plates,' are the best format for civic numbers. The local fire departments use the sale of these signs as fundraising activities so the proceeds stay in the community.

(Continued at bottom of page 15.)

Community Calendar

Wednesday-Thursday, Nov. 3-4

Mobile EnviroDepot Alma. Noon-8pm. Activity Center parking lot, 8 School St.

Thursday, November 11

Remembrance Day-Albert County Museum. Flag Lowering at Sunrise 7:15am. Hopewell Cape Square.

County of Heroes Exhibit-Albert County Museum.1-3pm. 3940 Rte.114, Hopewell Cape. Admission by donation. All donations gifted to Hillsborough Legion's Poppy Fund. info@albertcountymuseum.com

Wednesday-Thursday, Dec. 1-2

Mobile EnviroDepot Hillsborough. Noon-8pm. Hillsborough Kiwanis, 47 Legion St.

Saturday-Sunday, Dec. 4-5

Christmas Tree Lighting. Dusk.

Albert County Museum Community Hall, 3940 Route 114, Hopewell Cape. Free hot chocolate and carol singing. <u>albertcountymuseum.com</u>

Saturday-Sunday, Dec. 4-5

Foods of the Fundy Valley Holiday Market. Dec. 4 (10am-6pm) & Dec. 5 (10am-4pm). Christmas in the Country at Farmer Brown's Greenhouse, 371 Osborne Corner, Dawson Settlement. Local artisans, food & beverage vendors, farm tours and more.

("To help you" continued from page 14.)

To get them, simply stop at the Alma, Riverside-Albert or Hillsborough Fire Hall when you see us there or you can call: Alma: James Lyman (506-852-6347)

Riverside-Albert: Danny O'Hara (Schultz) 506-870-0409;

Hillsborough: Troy Collins 506-874-2990 or Donald Alward 506-875-2902;

Whether you need a new number to begin with, want to add a second one for visibility, or have to replace the one destroyed last year by a snow plow, we would love to hear from you.

Remember: To help you, we have to find you! Stay Safe!

Donald Alward is the Fire Prevention Officer at the Hillsborough Fire Department.

Mobile Enviro Depot

Residents of Westmorland and Albert Counties are welcome at any Mobile Eco-Depot event, not just the one in their community. The depot alternates between Alma, Riverside-Albert and Hillsborough.

For no fee, residents will be able to visit any Mobile Eco-Depot to dispose of the following (up to a 1/2-tonne truck and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small household machinery (must be emptied of gas and oil)
- Construction, demolition and renovation waste
- Household Hazardous Waste: Batteries, aerosols, paint, light bulbs, fertilizers, chemicals, CFL bulbs, propane tanks, cooking oil.
- Car/truck tires
- Brush, branches, yard waste, ashes
- Glass, cardboard, paper, metal
 *No car parts, gas tanks, residential oil tanks, regular curbside waste or commercial waste

Residents are asked to sort and separate their loads by material type. eco360.ca/mobile-eco-depot-program



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