

Connecting Albert County



December 2019

FREE PUBLICATION

Memories of Christmas *By Idella Steeves-Lazar*

Christmas was magical for me in our farm family of three girls and one younger boy in Elgin. There wasn't much money for treats and presents that weren't necessary back then in the 40s. My parents had experienced the Great Depression. I remember the outhouse and having no running water or bathroom. I remember the excitement of getting a bathtub...who would be the first to have a bath? We girls really appreciated what we received! We knew that things did not come easy and that our parents sacrificed for us.

Our Christmas dinners were shared with our mother's two siblings, taking turns hosting the dinner. It was truly about family! One year, we had to postpone our Christmas Day plans for a day due to a bad blizzard. Oh, the waiting and whining and looking out the window hoping that the snow would stop!

Grocery shopping for Christmas was a special time with an air of excitement and anticipation. The village store was crowded with our neighbours buying special treats and splurging on items we usually couldn't afford. The owner of the store we went to, Mr. Geldart, even advertised with a hand-made flyer. Back then we had a choice of which store to support. Unfortunately, today there is no choice: we have to drive to Moncton or Sussex.

Living on a farm with a woodlot enabled our father to cut our Christmas tree in our own forest. It was exciting to watch him coming through the pasture with it in tow. The tree wasn't well-shaped like the ones we buy nowadays but it reached up to our 10-foot living room ceiling. It smelled so

(Continued on page 3.)

Table of Contents:

- **Memories of Christmas~1**
- **A Christmas Card from the Front~2**
- **Letter: 100th Anniversary of Remembrance Day~2**
- **Fundy Curling Club~5**
- **RCS Derby~6**
- **Albert County Christmas Aid Boxes~6**
- **DIY Christmas Presents~7**
- **Buy Nothing FB Group~9**
- **Lobster Recipes~10**
- **Library Events~11**
- **Old Fashioned Christmas & Christmas in the Country~12**
- **CCRC Christmas Market~12**
- **Community Calendar~13**
- **Weekly/biweekly Events~15**
- **Addresses for Events~16**
- **Hillsborough Rink Hours~16**
- **Deepening Community in Riverside-Albert~17**
- **Supporters of CAC~18**

Connecting Albert County

December 2019. Vol. 5. No. 12
ISSN 2369-1174/1182 (digital)

Our Mission:

Building connections and fostering pride of place and culture in rural Albert County by publishing in print & online. Connecting Albert County Inc. is a registered non-profit organization.

Connecting Albert County Board:

Lisa Brown, Ronda Fraser, Joseph Gallant & Victoria Stroud-Arsenault

CAC part-time coordinator/editor:

Janet Wallace

Contributors:

Régis Brun, Alan Demaline, Hanna Downey, Lynne Greenblatt, Kat Hallett, Gordon James, Angela MacDougall, Dawne McLean, Lucie Peaker, Fabi Robichaud, Idella Steeves/Lazar, Jennifer Shelby, Victoria Stroud-Arsenault, Amy Woodard

To advertise, submit articles or letters, email **info@connectingalbertcounty.org** or mail CAC, 8 Forestdale Rd., Riverside-Albert, NB E4H 3Y7

Letters and articles may be edited. Statements in our publication and website do not necessarily reflect the views and opinions of Connecting Albert County's volunteers and staff.

Distribution sites:

Limited numbers of free copies are available throughout Albert County. Digital copies can be found at connectingalbertcounty.org/newsletter

We thank Gary Steeves Insurance for the generous gift of printing our publication.

Happy Holidays

On behalf of the team of Connecting Albert County, I wish you happy holidays. December is a time to gather with friends and family to celebrate Christmas, Winter Solstice, Hanukkah, Kwanza or just the start of winter. In rural Albert County, winter is beautiful. It's a time for enjoying sitting by the woodstove, skiing and snowshoeing, enjoying the brilliance of sunshine on a snowy landscape, appreciating the night skies filled with stars (and often meteorites!), eating fresh lobster, and just taking time to relax after a busy summer. Happy Holidays! *Janet Wallace, Editor, CAC.*

A Christmas Card from the Front

The embroidered silk Christmas card (shown on page 1) was sent on Nov. 24, 1915 from France by Hugh Wright, Dawne (Wright) McLean's great uncle. The flags of Britain, France and Belgium form the colourful bow on the basket of holly. For the whole story, see www.connectingalbertcounty.org/culture--heritage/first-world-war-remembered.

Dawne writes "Hugh Wright from Shepody, Albert County, enlisted in November 1914 at the age of 19 years. Hugh received his discharge on May 10, 1919 on his 24th birthday and returned to the family farm in Shepody. Years later, from 1936-1950, he was the lightkeeper on Grindstone Island...During the First World War (1914-1918) when the soldiers had to spend Christmas far from home, separated from their families and friends, Christmas cards were important reminders that there was life outside the trenches and outside of the war."

Letter: 100th Anniversary of Remembrance Day: Nov. 11, '19

One hundred years ago, the announcement that World War I had ended brought victory celebrations that filled streets with cheering people. As soldiers returned, there were community welcomes and tears, 'home-coming' family meals, shock from the physical and emotional state of most soldiers, and difficult reintegration into community, jobs or joblessness. The first year of peace slipped by as returned men, their families and communities discovered that war had not ended in some ways. Internal battles were being fought in the heads of returnees traumatized by war, and by grief over those loved ones lost in battle and the returned ones who now had what we know as Post Traumatic Stress Disorder. The conflict had past; the war continued internalized! Memories remained of those who returned and those who didn't, thankful memories and sad. Victory and peace mingle with loss of lives laid down and lives laid aside. The price of war was high; the cost kept going up. The cost we must always remember!

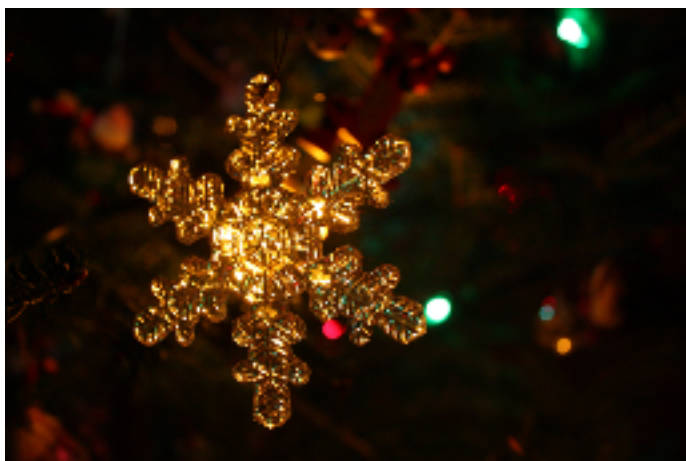
A first year of strange 'world at peace' was ending. People tried to forget the searing physical and internal pain. But the conflict of the four years leading to peace and victory didn't quite feel like victory. Some wanted to leave it in the past, out of mind except for the hope and prayer that such would never happen again. But the loss from it overcame the victory that had been announced. The carry-over from the

(Cont. bottom of page 8.)

("Christmas Memories" continued from page 1.)

grand and had lots of branches to decorate! It was always decorated on Christmas Eve by our mother and us three girls.

We decorated the house with curled paper streamers and strings of Christmas cards from friends and relatives. Mom sent many cards, always a letter inside. Decorations on the tree were ornaments which were mostly breakable, electric lights shaped like candles that bubbled when they got hot (fascinating for us!). We hated it when an ornament fell and broke! Some ornaments were old and handed down from Dad's family. My favourite were shiny metallic birds with tail 'feathers' made of shiny 'threads.' Who else remembers those? There were strands of silver and coloured tinsel, and the finishing touch was icicles! Our mother didn't have much patience with those so that job fell to me. I still use them on my tree because I love how they shimmer. A star was on the top of the tree.



When we finished the tree and hung our stockings (Dad's hand-knitted wool socks) on the back of the living room chairs with string, the living room door was closed. We put out our letters to Santa with home-made cookies and milk and went to bed. Later our parents put the gifts under the tree. For a few years, our mother would hide our so-called "main present." It was fun looking for it. Of course, the "lunch" was gone in the morning and sometimes replaced with a thank-you note!

There was no peeking into that room in the morning until our father came up from the barn after doing the chores and we then had our usual breakfast of oatmeal. It was hard to wait but, afterwards, the



lights, presents, decorations and stockings were such a special sight. The stockings always had an orange (a treat in those days) in the toe, along with nuts and candy. Wool fibres from the stocking were stuck to the hard candy and ribbon candy. Lifesavers in little fold-out boxes were also common.

For our Christmas meal, we always had turkey, lots of home-grown vegetables, preserves of pickles and beets, pies, sweet breads and other desserts. Our mother always made fudge, which some said was the best in Elgin! My favourite pie was home-made mincemeat. It was kept in a roast pan out in the cold verandah because we didn't have a refrigerator. For Christmas, we three girls each made a special treat; mine was a cherry nut loaf.

Another special event was the school Christmas concert. Each of us girls would get a new dress for it. We spent many hours looking in the Eaton's catalogue for that dress. One year, the parcel was late and my mother had to make special arrangements



East Coast Kids
Child Care & Learning Centre

**Play
Laugh
Learn**

Safe & fun environments that offer quality care
& programs/activities for children ages 2-12 yrs.

Licensed Centres in Hillsborough & Riverside-Albert

childcare@eastcoastkids.ca 506-962-5868

("Christmas Memories" continued from page 3.)

with the postmaster on the day of the concert to get my sister dressed and over to the church in time. Good thing it wasn't backordered and that it fit!

At the Baptist Church where our family attended, Mrs. Collier's class performed a pantomime to the strains of "Silent Night, Holy Night." We were dressed as angels in long white gowns decorated with tinsel and a halo. Another class sang the words and we acted out the words. They used a spotlight and we felt very special!

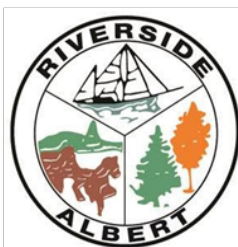
Our tree stayed up until the middle of January. We could not use anything from under that tree until that day! How frustrating since we wanted to show off our special gifts like everyone else at school. By mid-January, a lot of the Christmas excitement had worn off!

My mother, sisters and I visited our neighbours a few days after Christmas. The lady of the house would pull everything out from under the tree and say, "This came from so and so, and this is for so and

so." Naturally, we would get a treat of candy or cookies at each home.

Our mother was a very busy person especially at Christmas time and I have so many memories of family times. Today it seems there is too much emphasis on "getting" and not enough on sharing. What are your memories?

You can reach Idella at ilazar@sympatico.ca. Pictures by Kat Hallett.



5823 King St., Riverside-Albert
NB E4H 4B4

**Village of
Riverside-Albert**
Fundy Historic Village

506-882-3022

villra@nbnet.nb.ca

www.riverside-albert.ca

**ALBERT
COUNTY
PHARMACY**

Guardian

Feeling Better Starts Here

Save Smart, Shop Local.

THE FLU CAN BE SERIOUS

"The flu? I'll be just fine after a few days of rest." That might be true for the common cold, but the flu is much more serious. If you get the influenza virus, you're likely to experience high fevers, extreme fatigue, muscle aches and severe headaches, in addition to the usual cough and runny nose. The flu shot is the best way to protect you and your family against getting the flu in the first place.

THE FLU VIRUS CHANGES EVERY YEAR, AND SO DOES THE FLU VACCINE

The flu virus circulates all around the world, and evolves very quickly. So quickly, in fact, that new strains of the flu are constantly emerging. Every year, scientists and health experts create a new flu vaccine designed to fight the most prevalent flu strains. For the best protection for the current flu season, get your up-to-date flu shot.

YOUR FLU SHOT HELPS EVERYONE, NOT JUST YOU

Some groups, such as infants, seniors, and those with weakened immune systems, are much more vulnerable to getting the flu. By not getting the flu shot, you're increasing their chances of getting sick as well. To minimize their risk, you can do your part by getting the flu shot. You won't just protect yourself, but you'll also help protect others around you.

IT'S EASY!

Getting a flu shot is quick and easy. Just visit Albert County Pharmacy to get your flu shot today!

Albert County Pharmacy

Store Hours:

Monday-Friday

9am-6pm

Saturdays

9am-3pm

Pharmacist on Duty:

Monday-Friday

9am-6pm

ALBERT COUNTY PHARMACY
5823 King Street, Riverside-Albert, NB, E4H 4B5
Ph: (506) 882-2226 Fax: (506) 882-2101

www.ConnectingAlbertCounty.org

Fundy Curling Club *By Alan Demaline*

With December bringing colder temperatures and snowflakes flying about, all good little boys and girls are getting excited and turning their attention to curling at the Fundy Curling Club! Santa is coming too...but really, the young and young at heart can't wait to get back on the ice for another exciting year at the Fundy Curling Club (FCC).

First, Little Rocks registration is now open for kids aged 6-12. Three of our members upgraded their coaching qualifications; now all we need are excited and energetic kids who want to learn how to curl! The program will run Sunday afternoons from 1:30-3pm starting January 5th. Participants require clean sneakers, helmet, hat, gloves and warm comfortable clothes. All curling equipment will be supplied by the FCC. The curling stones were



Picture by Jennifer Shelby

purchased with a generous gift from the Bennett and Albert County Health Care (BACH) Foundation. The cost of the ten-week program is \$50/child, which includes HST as well as memberships to the FCC and Curl Canada. Pre-registration by December 14th is required. The program is limited to 20 participants so don't delay in registering your child.

For adults, we are offering a Learn to Curl program on December 8th, 9th and 10th from 7-9pm. Participants require clean sneakers, hat, gloves and warm comfortable clothes. All curling equipment will be supplied by the FCC. The total cost of the three-session program is \$20 (includes HST). Following the program, should you join as a member of the club, the fee will be deducted from your membership. Pre-registration is required. To help us schedule instructors, please register ASAP (deadline is December 6th).

We hope to host events in December; regular league play will begin in January. Check our Facebook page, Connecting Albert County's calendar, posters in the community, or drop into the club for a full schedule. To register, or if you have questions about these programs, please call Alan at 882-1182 or email eademaline@gmail.com.

Wishing you and yours a very Merry Christmas and Happy New Year, and we will see you on the ice!

LOOKING FOR A NEW ADVENTURE IN BUSINESS



Come & meet our team to discuss our programs

Loan Programs:

- CBDC Youth Loan
- CBDC First-Time Entrepreneur Loan
- CBDC General Business Loan
- CBDC Innovation Loan
- CBDC Social Enterprise Loan

Also offering other programs:

- The Self-Employment Benefit Program (SEB)
- Business Development Seminars (BDS)



Community Business Development Corporation
Corporation au bénéfice du développement communautaire
Westmorland Albert

337, rue Main Street, Shediac, NB E4P 2B1
506-532-8312 • Toll Free 1-800-925-6677 • www.cbdc.ca

RCS Derby

By Gordon James

Students at Riverside Consolidated School (RCS) challenged adults in a pine-wood derby. They carved small race cars out of blocks of wood. After painting, adding wheels and fine-tuning their car for performance, the only thing left was their day at the races (Nov. 16th). Thanks to Scout leader Jeff Melvin from the First Moncton Traditional Boy Scouts for providing the race track and making the race day a success.

Among our Albert County youth, our top racers were: Jason Dixon, Summer Stannard, Isaac Hubbard, Destiny Stannard, Carter McKinley, Dawson McKinley, David Stannard, Madison Dixon, Garret Stanley and Angus Dixon.

Among the Albert County adults, Mayor Jim Campbell, Debbie James, Scott Tingley, Tim Rossiter and Arnold Morrissey did well. In last place was Gordon James, the new pastor of the Hopewell Community Church, who hosted the event.

Many thanks to our sponsors who gave prizes including Acadia Toyota, Rallye Motors, Torque Powersports, Scholars Choice, Work & Play, and Hopewell Community Church.



Albert County Christmas Aid

Thanks to generous donors and volunteers, Albert County Christmas Aid is again providing Christmas Boxes for individuals and families in need. These boxes contain enough food for families to enjoy a Christmas dinner: turkey, trimmings, potatoes, bread, vegetables and dessert. For more information, or to request a box, please call Albert County Christmas Aid at 386-1771 only from 10am to 4pm on the following dates: Monday, Nov. 25 to Friday, Nov. 29 and Monday, Dec. 2 to Friday, Dec. 6.

Families with children can also request toys from Toyland. Details are available by calling the Christmas Aid number during the times listed above.

Please encourage anyone you know who would like to receive a box to call by the deadline of Dec. 6th. Note that this program is organized by Albert County Christmas Aid in Riverview, and you need not be a client of Shepody Food Bank in order to make a request.

On another note, the Shepody Food Bank will be closed on Christmas Day and New Year's Day. We will open again on Wednesday, Jan. 8, 2020.

Contributed by the Shepody Food Bank



DIY Christmas Gift Ideas *By Kat Hallett*

Christmas is a wonderful time of year, from spending time with family and friends to eating our weight in turkey and treats. In all the excitement it's easy to get carried away spending money and showering our loved ones with gifts.

For several years now, I've been trying to make sure that at least one part of every gift I give is home-made. Sometimes that's as simple as making the gift tag or wrapping it using craft paper, twine and greens. Lately, however, I've been diving deeper into DIY projects around Christmas time. Not only do I have fun doing it, but I save a little money and usually get really positive reactions from the giftees.

Here are a few examples of some of my favourite home-made gifts from over the years. My favourite part? You don't have to be an artist or have a garage full of woodworking tools to make them.

Home-made Candles

I have always liked the idea of trying to make home-made candles, then one day while perusing Pinterest, I saw photos of these stunning candles that had dried herbs and flowers visible in the wax. I immediately thought of some dried lavender that I had saved for years, and had to try it. I was able to buy everything I needed at Michael's craft store (soy wax, lavender fragrance oil, wicks and candle putty) and used a few other items already on hand (thermometer, wooden spoon and Mason jars). To prepare, I used the candle putty to position the wick in the middle of the jar, and to stick sprigs of lavender to the glass. I used a double-boiler to melt the wax, adding the fragrance oil once it was liquid, and then poured the mixture into the jars.

When the wax was cool (24 hours later), I was disappointed to see that it had become too opaque and I couldn't see the lavender stuck to the sides of the jars. I figured that although the lavender I used was dry, it wasn't flat, so it didn't sit flush to the jar. It was winter at the time and I couldn't get any more flowers or herbs, so I went for a drive on Mary's Point Road and harvested a few balsam fir branches. I pressed them in large books, switching out the newspaper every day to help speed the drying process along. A week or two later I tried again but using balsam fir

fragrance oil this time. The verdict: great success.

There are a few nuances you need to know to successfully make candles, like at what temperature you should pour the wax and the size of the wick in relation to the diameter of your glass jar. If you google 'home-made soy candles', there are tons of resources online to help guide you.

Mason Jar Photo Library



I love this one because it is so easy. All you need are a few Mason jars in sizes of your choice, some of your favourite photos, a printer and photo paper (or a Walmart), and a jug of vegetable oil. Print your photos, trim them to the right size, place them in a jar and then fill the jar with vegetable oil. Put the lid on the jar, and voila! As it turns out, vegetable oil doesn't penetrate photo paper, and the photos end up suspended in the oil. If you choose a type of oil with a yellowish tint, the end result will have a vintage flare to it. If you like, you can dress them up a bit by covering the top of the jar with fabric or adding a bow.

Personalized Clocks

A couple years ago, my best friend told me she was going to attempt to make clocks for her family for Christmas, and asked if I wanted to join in. We put our heads together, and using extremely amateur woodworking skills, we were able to create a few quirky little clocks. Since then, we've honed the craft, and made some pretty refined and polished pieces.

Last year, I purchased a couple live edge rounds of walnut, and the clock mechanisms and hands at Michael's. You can also order these from Lee Valley; they have tons of different hands to choose from. The first order of business is to find the centre of the clock face and drilling a hole through it that's wide enough for the screw part of the clock mechanism (where the hands will attach) to get through.

Depending on the thickness of the wood, you might have to do a little extra work. If the screw part isn't long enough to get through the wood, you'll have to cut partway through the clock's back so the mechanism can be set into the back of the wood and the screw can reach through. The easiest way I've found to do this is using a hand router with a plain tip and a guard on it to ensure I don't cut too deep into the wood and accidentally go all the way through. Trace the shape of the mechanism on the back of the clock and then get to work with the router. It takes time and patience to do this part, but it's worth it.

Once that part is sorted out, the fun part begins. Sand the wood down, and then use a woodburning tool or paint to add designs and numbers to the face of the clock. Not an artist? No problem. You can use



graphite transfer paper to trace drawings and images onto your clock face before going over them with paint or a wood burner. You can also download clock templates online to make sure you place the numbers in the exact right spots to properly keep time. Finally, I treat the wood with a beeswax finish, install the mechanism and hands, and add hardware so that it can hang. Finito!

Text and pictures by Kat Hallett. Kat has recently moved away from Albert County, but still has tons to say about the 2.5 years she spent living in Alma. She enjoys hiking, camping and fishing, and this love of nature is reflected in most of her writing.

(Cont. from page 2.) war was enormous and the cost never-ending in the memories of both the returned and onlookers. It was emotionally staggering for the most traumatized of the returned. The Victory and the Return could not, must not, be forgotten. There had to be an anniversary! Continue to celebrate the returned, and to mourn the lost and the traumatized! Always: Remember The Cost Of The Victory! Remember The Sacrifice Of Those Who Battled To Attain The Victory!

The cost of salvation is always paid for by human life! That truth has forever been known but often forgotten by nations and individuals. Wars and conflicts continue between nations, between businesses, in schoolyards and classrooms because sick-minded bullies still exist! Parents, teachers, leaders, employees, sportspeople, investors exploit people, resources, situations, cultures, workplaces and playgrounds. Some people merely say "Tut, tut." Others ignore.

It is the few of good intent who shout out against

the many perpetrators. We see it in the situation in Hong Kong. It's there in the Greta Thunbergs. It was there in the one who gave a meal as a visual and acted remembrance of a life of peace and healing that had been taken by a conquering world power. Political and playground, economic and environmental bullies are always confronted by that mealtime resurrection message: 'Come in, have a meal, bless it, share it with thankfulness, go out rejoicing, speak with others a message of resurrection, go into the world in peace, live goodwill to all.'

That's ultimately Remembrance Day's message: Endeavour to live resurrection. As we do, the sacrifice made in the 'War to End all Wars' (World War I's nickname) will finally succeed in making just that! Then all people will be able to proclaim in true victory: "Thanks be to God!" and with a loud acclamation, we will all be able to proclaim, without any prejudice, the Hebrew word "Amen!" which means: "So be it!" Amen!

Rev. Roland Hutchinson, Hillsborough, NB

Buy Nothing Facebook Group *By Amy Woodard*

The Hillsborough and Area Buy Nothing Group is a new Facebook group that will give you a hands-on chance to take part in a social movement spreading across the globe, enabling people and communities to commit acts of daily good together. The gift economies are sharing groups, where members of a community get to know each other by giving, asking and expressing their gratitude.

People give clothes, dinners, crockpots, plants and garden tools. There have been used and clean Ziploc bags offered, laundry detergent, antiques, bicycles, canoes, kombucha, branches, flowers, cement blocks, eggs, beds, broccoli, custard and crickets. There's no limit to what you can give or receive!

It's the type of services offered and offbeat requests that are perhaps the most touching, enabling people to give in the most precious ways. Members use their words, rather than abbreviations, which can feel alienating to those who don't typically join buy/sell/trade groups. No trades or swaps are allowed, as all gifts are freely given.

We have been learning about tithing at church in a bible study course called The Blessed Life and this is so relevant. I'm certain that the blessings of the Buy Nothing Group will be multiplied for so much good through our area!

Recent survey results indicated that after participating in a buy-nothing project, people seemed to have more money in the bank and feel more comfortable spending that money on essentials. After saving money for their own expenses, the people spent their savings in local businesses. The exciting result is that local businesses also benefited.

The goal of this organization is not to dominate the giving economy but actually to fade away as communities become strengthened and empowered to continue supporting themselves independently. All the materials are 'gifted' and available for free to communities around the world. I've been taking an online free training course with the organization and am looking for a co-admin (or two!). Please contact me if you are interested and I'll let you know when the next training sessions starts. It takes approximately two weeks at your own pace.


Here is a link to the website which contains many examples of giving, asking and gratitude: buynothingproject.org. The Buy Nothing page for Hillsborough and surrounding areas (Stoney Creek to Lower Cape along the 114 and Albert Mines Road) is at www.facebook.com/groups/2655759504473651.



CROOKED CREEK

CONVENIENCE

NB Liquor Agency & Gas
Coffee, Groceries, Gas, Gluten-free food
Produce, Lotto tickets 882-2918



Stop. Lock. And Block.

If you lose your debit card, Lock'N'Block™ will help you find peace of mind. Simply log in to your credit union account and lock your card to block any transactions. It's that easy!

Contact us to learn more about the added security of Lock'N'Block™.
Hillsborough@OMISTA.com
506-878-6421
OMISTA.com

CREDIT UNION
OMISTA

LOCK'N'BLOCK is a trademark of Interlink Payment Solutions.

Lobster Recipes

It's Lobster Season in Alma...and time to share recipes from *Fiddleheads, Fricot & Frittata: A Hodgepodge of Atlantic Canadian Recipes: A Canada150 Project of the Albert County Museum* by Janet Wallace with recipes and stories from Kent and Albert Counties, NB. (Available from the museum at Christmas in the Country for \$8.)

Lobster rolls

3 cups cold, cooked lobster meat, bite-sized pieces
¼ cup finely chopped celery
⅔ cup mayonnaise
Salt and pepper
2 cups shredded Iceberg lettuce
4 hotdog buns, toasted
Chives, chopped

Combine lobster, celery and mayonnaise in a small mixing bowl. Season with salt and pepper.

Place lettuce on rolls and fill with lobster mixture. Sprinkle chives on top. Serve with fries and coleslaw. A truly delicious Maritime lunch!

Hanna Downey

Acadian lobster chowder

Lobster
Butter, salted
Chives/green onions, chopped
Milk
Pepper

Boil lobster and remove the shell. Crumble the lobster meat.

Put salted butter (not margarine!) in a large pan or pot over heat. Once the butter melts, add chopped chives and green onions, then the lobster followed by milk and pepper.

Heat the chowder and let it simmer (20-25 minutes) until it foams.

Régis Brun



Cy's seafood casserole

Adapted from the dish served at Cy's Seafood Restaurant in Moncton.

2 cups chopped onions
Garlic*
3 cups chopped celery
3 tsp butter
1 tsp salt
¼ tsp pepper
5 cups milk
½ cup butter
¾ cup flour
1 lb cheese**
10 oz. lobster
10 oz. crab meat
¾ lb cooked shrimp
1 lb cooked scallops, quartered
**The original recipe has no garlic; add as much garlic as you like.*
***Cy used processed cheese slices but Lucie and her mother use Balderson white old cheddar.*

Sauté onions and celery in butter, salt and pepper. Bring milk to a boil. Mix in butter and flour. Add celery, onions, and cheese. Cook until cheese is melted and sauce starts to thicken. Add seafood and place in large casserole dish. Bake at 350°F until bubbly and brown.
Lucie Peaker

www.ConnectingAlbertCounty.org

Lobster casserole

⅔ cup Minute Rice or other rice
1 can cream of mushroom soup or cream of celery soup
1 can lobster or fresh lobster
Cracker crumbs
Cheese, grated
Butter

Cook rice. Moisten the cooked rice with some soup. Put in casserole. Cover with lobster. Add more soup. Cover with cracker crumbs and grated cheese. Dot with butter. Bake until hot.

Fabi Robichaud

Lobster facts

- In the fall, the lobsters are moving and hungry, and easier to catch than in the spring. Traps are pulled as often as possible, sometimes even twice a day. In the spring, the fishermen check the traps once a week because the lobsters move slowly in the cold water.

- All lobster traps have at least one entrance head, kitchen, funnel head and parlour. The kitchen has a mesh bag with bait, often herring. After eating the bait, the lobster is stuck in the parlour. An escape hatch is placed in the parlour to allow small lobsters to exit—a method used to protect stocks.

- Part of the skill in fishing lobster is predicting the location and movement of the lobster. Some crews have all their traps at one spot; others have them all over. "There's a mind game to it," says an Alma fisherman. "There's a time to be in certain places and time to move. It's like gambling. But you learn."

- In the past, potatoes were fertilized by burying 1-3 lobsters in each hill.

Hillsborough Public Library

Regular Events

Community Coffee Hour Every Friday, 10am-12pm. Visit the library for a free cup of coffee/tea and a chance to socialize. Adult colouring books, puzzles and games will be available. Come and get to know your community. All ages welcome!

After School STEAM Club Tues. Nov. 26 & Dec. 10, 3:45-4:45pm. Ages 7+. Explore Science-Technology-Engineering-Arts-Math (STEAM). Each month we focus on different areas from coding to robots and more.

Story Time Tuesday, Dec. 3 & Dec. 17, 11:15-11:45am. Story time for newborns to 5-year-olds. Fun stories, songs and more.

After School Creative Writing Club Wed., Dec. 4, 3:45-4:45pm. Kids in grades 3 and above are invited to learn different styles of writing starting with paragraphs and working up to short stories and poems. Get your creative juices flowing onto paper.

Lunch & Learn: Stay out of Fraud's Reach Thurs., Jan. 16, 12-1pm. Fraud and scams come in different forms, attend this free session to learn how to protect yourself and your family. Lunch is provided. Registration required, contact the library to guarantee your space.

Keep up to date with what is happening at the library by following Hillsborough Public Library-N.B. Canada on Facebook or by subscribing to one of the monthly email newsletters.

Hillsborough Public Library

2849 Main St., Hillsborough, 734-3722

Hillsborough.PublicLibrary@gnb.ca

Tuesday, Wednesday, Friday &
Saturday: 9am-12pm, 1pm-5pm;
Thursday: 1pm-5pm, 6pm-8pm

By Victoria Stroud-Arsenault

Special Events

Kids Crafternoon Sat., Dec. 7, 1:30-3pm. Children of all ages are invited to stop in to the library to create their own Christmas ornament. Materials provided.

Toddler Time Holiday Party Wed., Dec 11 at 10am. Holiday songs, rhymes and stories with a craft. No registration required.

Technology Help Thurs., Dec 19, 1-4:30pm. Are you having trouble using your iPad or tablet? Want to learn how to use the library online catalogue or databases? Have questions about email or social media? We are here to help! Drop in or contact us to set up a one-on-one appointment.

Holiday Pyjama Story Time Thurs., Dec. 19 at 6pm. Come in your pj's and listen to holiday stories.

Family Board Game Afternoon Thurs., Jan. 2, 1-4pm. Families are invited to the library to play family board games. Challenge your own or another family.



Ponderosa Pines Campground
1-800-822-8800
www.ponderosapines.ca
Lower Cape, New Brunswick, Canada



The Hopewell Rocks
Walk on the Ocean Floor!
Marchez sur le fond marin!
1 877 734-3429
www.thehopewellrocks.ca
Route 114, Hopewell Cape
Albert County/Comte d'Albert

An Old Fashioned Christmas at Hillsborough Farmers Market & Christmas in the Country

This year, the Hillsborough Farmers Market is holding their Christmas Market December 7th and 8th. With more than 30 vendors of hand-made or locally produced items, you're sure to find something for even the hard-to-buy-for person on your list. Peruse the booths while enjoying a hot cup of locally roasted coffee, a perfect pairing for a sweet treat!

We will be one of several stops on the Christmas in the Country-Fundy Studio Tour. Along Route 114 between Riverview and Alma, you can enjoy studio tour visits of local crafters, makers, producers and artists. This is a much anticipated Christmas tradition for many shoppers and local supporters from Albert County, Moncton and beyond!

Saturday-only features include live music with Fundy Ceildh 11am-1pm and pictures with Santa from 2-4pm.

Worried about lunch? We have you covered! Foods of the Fundy Valley (FFV) will offer their famous Soup Bar. For \$5, you get a bowl of soup, roll and dessert created by the FFV Board of Directors with love and local ingredients. So pack your car with your favourite shopping friends, grab a tour map and check out what our Albert County artisans have to offer! You won't be disappointed!

Check our Facebook page for updates on vendors, times for pictures with Santa and door prize details.



Look for brochures/maps at your closest convenience store in Albert County or at Briggs Maples, 391 Coverdale Road, Riverview.

Christmas in the Country Studio Tour

Saturday, Dec. 7: 10am-5pm

Sunday Dec. 8: 11am-4pm

At shops and studios all along Route 114 from Riverview to Alma including Albert Mines Road and Route 915.

Contributed by Angela MacDougall, Hillsborough Farmers Market Chair, Foods of the Fundy Valley

CCRC Christmas Market

The 2019 Chipoudy Communities Revitalization Committee (CCRC) Christmas Market will be held Saturday, December 7th, 9am-4pm, at Riverside Consolidated School. (Storm date: December 8th.) With more than 40 vendors, there will be something for everyone in every price range. There is no admission fee, but a donation of a non-perishable food item for the Shepody Food Bank is appreciated. Support the Caledonia Regional High School (CRHS) Prom/Safe Grad committee by purchasing breakfast, and enjoy a delicious soup bar for lunch provided by the Riverside Volunteer Fire Department. There is a wheelchair ramp and the ground floor is accessible at the back of the school, which now includes washrooms.

Bring your friends and enter the raffle for a Christmas basket containing an item from each vendor! We would also appreciate donations of non-perishable items for the food bank. Hope to see you there!

Contributed by CCRC

Community Calendar ~ December 2019

Wednesday, November 27

Fundy Curling Club Little Rocks Program. See page 5. Registration until Dec. 14. Kids 6-12. Contact Alan: 882-1182, eademaline@gmail.com.

Gentle Yoga*

Shepody Food Bank*

Hillsborough Kiwanis Bingo*

Thursday, November 28

Friends of the Hillsborough Arena - Chase the Ace*

Country & Gospel Music Evening*

Friday, November 29

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Saturday, November 30

Hillsborough United Church "Souper Saturday". 4-6pm. Soup, buns and dessert. Free will donation.

Monday, December 2

Pickleball*

Wednesday, December 4

North of 55* 11:30am-2pm

Gentle Yoga*

Shepody Food Bank*

Hillsborough Kiwanis Bingo*

Thursday, December 5

Friends of the Hillsborough Arena-Chase the Ace*

Country & Gospel Music Evening*

Friday, December 6

Chase the Ace-Riverside-Albert*

Weekly Card Games-Alma*

Fundy Curling Club Ugly Sweater Christmas Dance Party. 10pm-1:30am. Must be at least 19 years old. Ugly sweater is optional. All proceeds to Riverside Consolidated School playground fund.

Saturday, December 7

Hillsborough Kiwanis Club Buffet Breakfast. 8-10am. Full breakfast. Cost: Adults \$10, Children 6-12 \$4, Children 5 and under free.

CCRC Christmas Market. 9am-4pm. Riverside Consolidated School. Food bank donations are appreciated. More than 40 vendors, plus breakfast and soup bar lunch. See page 12.

Saint Mary's Anglican Church Women's Christmas Bazaar. 9am-1pm. Baking, crafts, books, etc.

An Old Fashioned Christmas at Hillsborough Farmers Market. 10am-5pm. Free admission. 30+ vendors of hand-made art, crafts and food. Live music with Fundy Ceildh 11am-1pm Saturday; coffee, soup bar and door prizes. Photos with Santa 2-4pm Saturday. See page 12.

Christmas in the Country Studio Tour 10am-5pm. Open studios along the route. Features local artisans and crafters who have been working to produce handmade items for your seasonal gift giving. Maps available at Briggs' Maples, convenience stores, shops and on Facebook.

Christmas at the Museum 10am-5pm in the Hopewell Cape Community Hall at the Albert County Museum. Coffee and snacks will be available for purchase. Chili and buns available for lunch. On Saturday, there will be gourmet hot dogs with "deluxe" toppings. Meat and vegetarian options available.

www.ConnectingAlbertCounty.org

Hillsborough Christmas Parade.

6:30pm. From the school entrance on Academy St. to Steeves St. Santa will visit children at the Kiwanis Community Centre afterwards.

Sunday, December 8

An Old Fashioned Christmas-Hillsborough Farmers Market.

11am-4pm. See Dec. 7.

Christmas in the Country, Fundy Studio Tour. 11am-4pm. See Dec. 7.

Christmas at the Museum 11am-4pm. See Dec. 7.

Alma Christmas in the Village & Tree Lighting Ceremony. 6:30-8pm. First annual holiday tradition in the new multi-purpose building. Santa arrives at 6:30, live nativity at 7:30 and Lobster Trap Tree lighting at 8. Live music with Fundy Ceildh.

Fundy Curling Club Adult Learn to Curl. 7-9 pm. See page 5. 3-session program Dec. 8-10 teaches basic curling rules and techniques. Bring clean sneakers; all other equipment is provided. Cost: \$20, includes HST. Registration required. Contact Alan: 882-1182, eademaline@gmail.com.

Monday, December 9

Canadian Mental Health Assoc. of NB (CMHA of NB). Denise Miller, CMHA of NB rep., holds office hours all day at the Albert County Community Health Centre every second Monday. If you're looking for information or resources, drop in.

Pickleball*

Adult Learn to Curl*

***Weekly events are on page 15, library events are on page 11, and addresses are on page 16**

Tuesday, December 10**Adult Learn to Curl*****Wednesday, December 11****Gentle Yoga*****Shepody Food Bank*****Hillsborough Kiwanis Bingo*****Thursday, December 12****Friends of the Hillsborough Arena-
Chase the Ace*****Country & Gospel Music Evening*****Friday, December 13****Chase the Ace-Riverside-Albert*
Weekly Card Games-Alma*****Saturday, December 14****Fundy Curling Club Little Rocks
Program.** Last day to register.**Monday, December 16****Pickleball*****Tuesday, December 17****Sistema Hillsborough Festive Con-
cert.** 6:30-7:30 pm. Free violin con-
cert at Hillsborough Elementary
School.**Wednesday, December 18****Shepody Food Bank*****Hillsborough Kiwanis Bingo*****Thursday, December 19****Friends of the Hillsborough Arena-
Chase the Ace*****Country & Gospel Music Evening******Weekly events are on page 15.****Library events are on page 11.****Addresses are on page 16.****Friday, December 20****Riverside-Albert Recreation
Council Christmas Tree Social.**2-6pm. Christmas tree display at
the Riverside-Albert Recreation
Centre. Complimentary refresh-
ments. Groups or individuals
wanting to decorate or donate a
tree contact: Bonnie Beck (886-
2800) or Beulah Morrissey (882-
2275). Decorating day is Dec. 19.**Chase the Ace-Riverside-
Albert*****Weekly Card Games-Alma*****Saturday, December 21****Riverside-Albert Christmas
Tree Social.** See Dec. 20.**Monday, December 23****Pickleball*****Friday, December 27****Chase the Ace-Riverside-
Albert*****Weekly Card Games-Alma*****Monday, December 30****Pickleball*****Thursday, January 2****Friends of the Hillsborough
Arena-Chase the Ace*****Country & Gospel Music*****Elgin Eco Association Monthly
Meeting (Maple Café)*****Friday, January 3****Chase the Ace-Riverside-
Albert*****Weekly Card Games-Alma****Mobile Enviro Depot**Residents of Westmorland and Albert
Counties are welcome at any Mobile
Eco-Depot event, not just the one
closest to them or in their community.
In rural Albert County, the depot ro-
tates between Alma, Riverside-Albert
and Hillsborough. **From noon to 8pm.****What can you drop off?**For no fee, residents will be able to
visit any Mobile Eco-Depot to dispose
of the following (up to a ½ tonne truck
and utility trailer load):

- Appliances (limit of 1/type): Fridge, stove, freezer, dryer, BBQ, etc.
- Electronic Waste: TVs, computer monitors, hard drives, DVD players, gaming consoles, etc.
- Furniture
- Small Household Machinery (must be emptied of gas and oil)
- Construction, Demolition and Renovation Waste
- Household Hazardous Waste: Bat-
teries, cooking oil, aerosols, paint,
light bulbs, fertilizers, chemicals, CFL
bulbs, propane tanks, etc.
- Car and truck tires (maximum of 20"
diameter, limit 8 per customer)
- Brush/Branches and yard waste
- Ashes
- Glass
- Cardboard and paper
- Cooking oil
- Metal

*No car parts, gas tanks, residential oil
tanks, regular curbside waste or com-
mercial wasteService is for residential customers
only. Commercial waste or regular
curbside household waste will not be
accepted. Residents are asked to sort
and separate their loads by material
type. For more details, visit [www.eco-360.ca /mobile-eco-depot-program](http://www.eco-360.ca/mobile-eco-depot-program)

Weekly and Biweekly Events

(Community calendar continued.)

Sundays

Little Rocks. 1:30-3pm starting Jan. 5th. Curling for kids aged 6-12. Ten-week program. All curling equipment will be supplied by the Fundy Curling Club (FCC). Cost: \$50/child. Pre-registration by Dec. 14th is required; call Alan at 882-1182 or email eademaline@gmail.com.

Mondays

Pickleball 6:30-8:30pm. Riverside-Albert Recreation Centre. Sport for all ages. \$2/night-First night is free!

Wednesdays

North of 55 Every 2nd Weds usually 10-11:30am but **Dec. 4th 11:30am-2pm.** For ladies & gentlemen 55+. Snacks, games, stories and prizes at Hillsborough Baptist Church. Contact Nettie Steeves: 380-2901, 734-2900.

Yoga 10:30-11:30am. Hillsborough Legion. Gentle restorative stretches aimed at improving/maintaining flexibility, balance, and sense of well being. No experience required. Cont-act: call or text Mona Arsenault (874-5551). Cost: \$9/wk; payment for the whole session due up front (i.e., \$45 or \$54 for a 5-wk or 6-wk session). First class is free for new members.

Shepody Food Bank 1-3pm. Albert County Community Health Centre. Bring Medicare #'s for every household member.

Hillsborough Kiwanis Bingo Doors open at 5:30 pm, games start 6:30 pm. Hillsborough Kiwanis Center.

Thursdays

Friends of the Hillsborough Arena-Chase the Ace Ticket sales: 5pm to 7:15pm. Draw at 7:30pm. Must be present to win. Raffle Tickets: \$5 each colour (5 colours available). Proceeds for upgrades and improve-ments. See Facebook for info.

Country & Gospel Music Evening 7-9pm. \$7 Hillsborough Kiwanis Center. Featuring the Rocky Cape Band with Jerry Richard, Darrell MacAulay, Willis McKinley, Charles O'Hara, Hazel Bulman, Tom Gould, David Smith, Ken Eagles & guests. Open mic: join us with your voice or instrument.

Fridays

Community Coffee Hour 10am-12pm. Visit the Hillsborough Library for a cup of coffee/tea and chance to socialize. Puzzles and games available. Come and get to know your community. All ages welcome!

Chase the Ace-Riverside-Albert 6-7:30pm. Fundy Curling Club (FCC). CCRC & FCC raise money for curling club upgrades & community initiatives. 3 tickets/\$5. Get together with friends, enjoy supper, play cards and have a beverage while supporting two excellent community causes! Facebook. com/community revitalization, 882-2653, 882-1892, 882-2626.

Alma Card Games 6:30-8:30pm. Alma Leisure Centre. Auction 45. Refreshments served. All ages welcome.

Sunday, January 5

Little Rocks Curling

Monday, January 6

Canadian Mental Health Assoc. of NB (CMHA of NB). See Dec. 9th entry.

Pickleball*

Hillsborough Kiwanis Bingo*

SAVE THE DATE

Thursday, January 16

Hillsborough Public Library Lunch & Learn: Stay out of Fraud's Reach. Noon-1pm. Free session to learn how to protect you and your family from fraud and scammers. Lunch is provided. Advance registration required. Contact library: 734-3722 or Hillsborough.PublicLibrary@gnb.ca.

To learn about events in rural Albert County, visit ConnectingAlbertCounty.org/Calendar.

Feel free to enter your events; click on 'submit' events and fill out the details.

To receive a copy of this mini-magazine in your inbox each month, subscribe at www.connectingalbert-county.org/newsletter.html.

Hillsborough Arena Public Skating

Public Skating: \$2/person or \$5/family

Hillsborough Arena: 734-3715

Monday 10-11 am: Preschool Skate (free)

Tuesday 10-11 am: Adult Skate

Thursday 10-11 am: Adult Skate

Friday 8-9pm: Public Skate

Saturday 2-3pm & 8-9pm: Public Skate

Sunday 2:15-3:15 pm: Family Skate

Children must be accompanied by an adult during Family Skate. Helmets on youth 10 & under is mandatory.

Addresses

In our calendar, we refer to the following locations.

Albert County Community Health Centre, 8 Forestdale Rd., Riverside-Albert; **Satellite office**, 2807 Main St., Hillsborough

Albert County Museum, 3940 Rte. 114, Hopewell Cape

Albert Mines Baptist Church, 386 Albert Mines Rd., Albert Mines

Alma Leisure Centre, 8564 Main St.,

Alma Multi-Purpose Building, 13 School St., Alma

Alma Village Office, 8 School St., Alma

Curryville Community Center, 786 Albert Mines Rd., Curryville

Elgin Senior Centre/Maple Tree Café, 1866 Rte. 895, Elgin

Elgin Women's Institute Hall, 32 Gowland Mountain Rd., Elgin

Fundy Curling Club, 16 Mill St., Riverside-Albert

Hillsborough Baptist Church*, 26 Braam Cres.

Hillsborough Elementary School*, 31 School Ln.

Hillsborough Farmers Market*, 2807 Main St.

Hillsborough Golf Course*, 443 Golf Club Rd.

Hillsborough Kiwanis Club*, 47 Legion St.

Hillsborough Legion*, 31 Legion St.

Hillsborough Public Library*, 2849 Main St.

Hillsborough United Church*, 2891 Main St.

Hillsborough Visitor Information Centre*, 2861 Main St.

Hopewell Cape Community Hall, Albert County Museum, 12 Hopewell Cross Rd., Hopewell Cape

New Brunswick Railway Museum, 2847 Main St., Hillsborough

Parkindale Hall, 3434 Rte. 895, Elgin

Riverside-Albert Recreation Centre, 9 Bicentennial Rd., Riverside-Albert

Riverside-Albert Village Office, 5823 King St., Riverside-Albert

Riverside Consolidated School, 90 Water St., Riverside-Albert

Saint Mary's Anglican Church*, 39 Mill St., Hillsborough

Steeves House Museum, 40 Mill St., Hillsborough

Surrey Valley Baptist Church, 3039 Main St, Hillsborough

**Hillsborough*



Gary Steeves Insurance

"Old Fashioned Good Service" Since 1980

New Brunswick • Nova Scotia • Prince Edward island • Newfoundland & Labrador

**Home • Auto • Classic Car
Travel Trailer • Motorhome
Motorcycle • Boat • Cottage • Commercial
Hole-In-One Golf • Travel Insurance**

**Toll Free 1-800-595-3403
506-734-3403
11 Simpson St. Hillsborough**

www.garysteevesinsurance.com



*...promoting economic and commercial prosperity in
Albert County.*

Contact us today to find out the full range of benefits & services we have to offer you & your business.

www.albertcountychamber.com
accofc@gmail.com
P.O. Box 3051, Hillsborough
NB. E4H 4W5

Build Connection with Your Neighbours

Deepening Community in Riverside-Albert

Strengthening connections between neighbours has been identified as a priority in many communities across New Brunswick. Here in Riverside-Albert, several organizations in the community have partnered to establish a **Local Deepening Community Initiative** to deepen a sense of community for all.

VOICES FROM THE COMMUNITY NEEDED!

We are looking for community members to host and/or participate in community conversations with neighbours, community groups, organizations, etc.



Our aim is to build consensus around our shared vision for a healthy community; to identify priorities for shared action; and to map our collective assets (gifts, talents, skills), through conversation! This conversation could happen during a pre-scheduled meeting, or at any other type of gathering that already takes place in the community.

Riverside-Albert's Local Deepening Community Initiative is supported by:



For more information contact Mindy Holmstrom

506-882-3001

office@forestdalehome.ca

Supporters of Connecting Albert County

Connecting Albert County would like to thank the following supporters. With their help, we can spread the news of rural Albert County. To spread the word about your business or organization's work in rural Albert County, see connectingalbertcounty.org/advertising. We also welcome donations.

Bennett and Albert County Health Care (BACH) Foundation

www.bachfoundation.com

Albert County Pharmacy facebook.com/AlbertCountyPharmacy

Gary Steeves Insurance www.garysteevesinsurance.com

CBDC Westmorland Albert www.CBDC.ca

OMISTA Credit Union www.OMISTA.ca

Tele-Drive Albert County Inc. [Tele-Drive Albert County on Facebook](#)

Albert County Chamber of Commerce www.albertcountychamber.com

Crooked Creek Convenience www.facebook.com/ccconvenience

East Coast Kids Child Care & Learning Centre www.eastcoastkids.ca

Hopewell Rocks www.thehopewellrocks.ca

The Garden Guy (Micheal McBurnie) www.facebook.com/thegardenguymicheal

Ponderosa Pines Campground www.ponderosapines.ca

Village of Hillsborough villageofhillsborough.ca

Village of Riverside-Albert www.riverside-albert.ca

Farmer Brown's Greenhouse www.farmerbrowns.ca

Foods of the Fundy Valley foodsofthefundyvalley.ca

Albert County Museum albertcountymuseum.com

Broadleaf Guest Ranch www.broadleafranch.ca

Chipoudy Communities Revitalization Committee www.facebook.com/communityrevitalization

Forest Dale Home www.forestdalehome.ca

Friends of Fundy/Fundy Guild www.facebook.com/FundyGuild

Fundy Highlands Motel and Chalets www.fundyhighlandchalets.com

Jeff MacDougall, SouthEastern Mutual Insurance jeff.macdougall@semutual.nb.ca

Village of Alma villageofalma.ca